The Cairn
astleton State College's Student Newspaper

Free

09.19.01

Terrorists attack U.S.

Castleton Community reaches out

By Sky Barsch
Editor-In-Chief

The Castleton community has surely been affected by the series of events last Tuesday.

The early morning attacks on the World Trade Center, the Pentagon, and an attempt on Camp David left the campus and the world in a fury of confusion and distress.

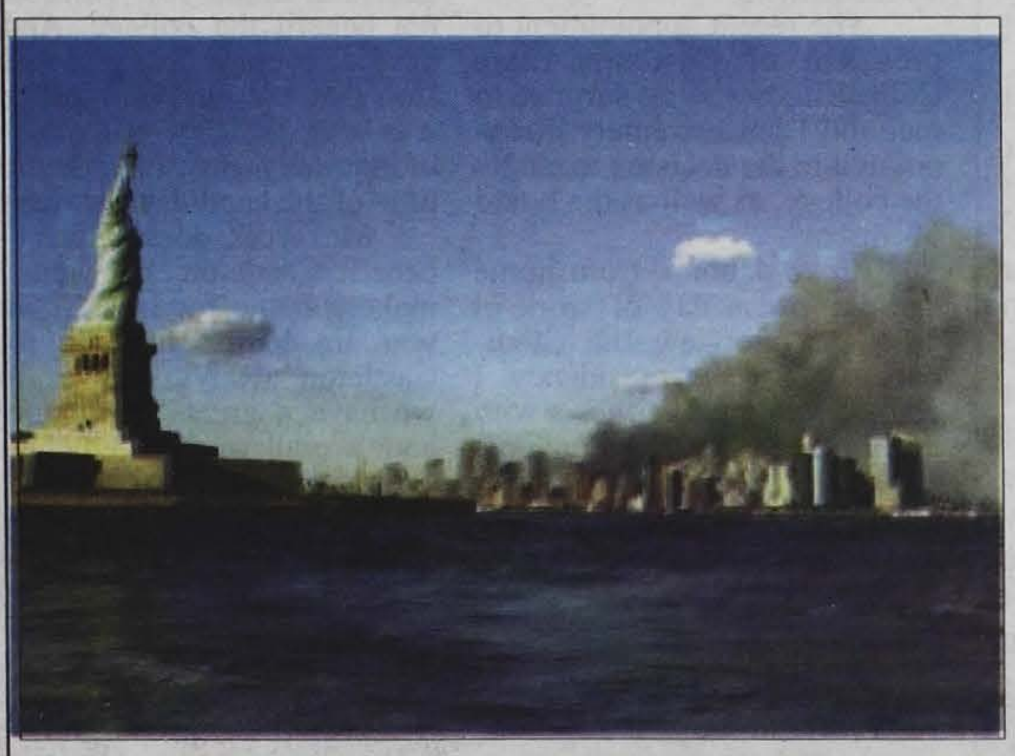
CSC President Martha Farmer said through a phone interview Tuesday the school would act as a support center for the community.

The incidents that started just before 9 a.m. left Castleton and the rest of the world very unsure of what to do next.

> "We're encouraging people who know of anyone who needs assistance to call,"
> *--CSC President Martha Farmer*

Students on their way to classes wandered into classrooms to watch television news reports.

The destruction started with two separate passenger planes crashing into the two "Twin Towers" of the World Trade Center, demolishing the buildings and causing several nearby to crumble as well.



Another passenger plane then crashed into the Pentagon at 9:30 a.m.

At 10 a.m. a United Airlines flight crashed about 80 miles north of Pittsburgh.

Coupled with car bomb threats, downed cell phone lines and slowed phone lines, the country went into a state of emergency.

Many family and friends of the Castleton community work or live in New York City and Washington, D.C. As the news broke students and faculty ran to phones to call relatives. Several were crying and hysterical.

The faculty invited Farmer to their union meeting at noon on Tuesday to discuss how the college would handle the situation. It was there that plans were made for the immediate and long term situations.

At 2 p.m. a group of six faculty worked together to implement ways to

What's inside?

- News, p. 4
- Campus Pulse, p. 6
- Features, p. 8
- Sports, p.10
- Entertainment, p. 12

MEET DAVID WOLK, NEW CSC PRESIDENT
PAGE 5

Peace is our only solution

Has it hit you yet? I've seen that plane crash scene and the people jumping from buildings so many times, my subconscious is content thinking all that has happened has been a movie.

A really gross and disgusting movie, but a movie.

What really scares me, is some of the conversations I hear people having. "We should flatten whoever did this." "Why don't we just kill those bastards?" "Let's go bomb the life out of them!"

Then what?

Should we kill every person who potentially poses a threat to the American people? Should we spend the rest of our lives fighting for freedoms we will never enjoy, knowing that we traded our soldiers and the lives of other people for them?

It's not all peace, love and Jerry Garcia man. I'm serious. When war was man to man combat, the winning side would gain what they were fighting for. If we go nuclear or biological, we're all dead and we'll leave the earth a nuclear wasteland. What good is that going to do?

After Japan bombed Pearl Harbor, the U.S. put Japanese-Americans into concentration camps just like Hitler did to the Jews. We can't let a similar situation happen again.

We must be extremely careful in our treatment to Americans of Middle-Eastern dissent. Those who live here but have nothing to do with the attacks are most likely very scared of the way other Americans will treat them.

Please do your best to be compassionate to those who look different from you. Say hello or smile at your neighbors no matter what ethnic background they have.

In times of crisis, we must remain peaceful as citizens. The outpouring of support that we have seen through rescue workers and blood doners gives me hope that America can show the world that we are, in fact, a compassionate, caring nation.

Aside from retaliation, there is a lot of good to come from the tragedy. Communities are coming together; people are uniting. Friendships are being made. Amongst all the confusion, we are remaining a strong and supportive, thinking bunch of people.

And some day, when this ends, we will know we did what we could to preserve a peaceful world worth living in.

---Sky Barsch

Editors Note:

Due to a last minute computer crash, there are some typographical mistakes. We apologize.

Also, I would rather not write the majority of stories in this paper. The Cairn will not survive without contributing authors. Please help. SB

The Cairn

Castleton State College's Student Newspaper is published five to six times per semester. Students are solely responsible for the content and distribution of the paper.

Sky Barsch.....Editor-In-Chief
Mary L. Serkalow.....Managing Editor
Gary Sloan Jr.....Entertainment Editor
Emily Colburn.....Business Manager
Andrew Buck.....Chief Photographer
Marjorie Ryerson.....Advisor

Staff Writers
Robyn Coyle
Janelle Wibur
Scott Lanpher
Jessica Eade
Kristin Pilon
April Garvey

The Cairn
Castleton State College -
Castleton, VT 05735
cairn@castleton.edu
802.468.6067

Your Voice

To the Editor,

Picture this: You wake up at 10:30 and you're craving breakfast. You have classes until dinner time and you're stomach is growling at the mere thought of food.

But there's a problem; you don't have any points, your fresh out of cash, and your meal plan will not allow you to use the Fireside Café.

Since Huden Dining Hall has stopped serving breakfast, you'll to have to starve to death or whip up some Easy Mac for the fifth time this week.

Breakfast of Champions, huh?

Fireside is supposed to be there as a convenience to students but how can it be convenient if it is the only choice we have for breakfast? Huden's serving hours are currently weekdays 11:30am-1:30pm and 4:45-6:00 and weekends 8:00am-9:00am, 10:30am-12:30pm and 4:45pm-6:-00pm. Many students either have class or simply do not have the urge to eat at the given times.

Although this sounds a bit finicky on the students' part, convenience has been stressed since I have arrived here at Castleton and the convenience may need questioning. Personally, I find it ironic that they will serve breakfast at 8:00 in the morning on weekends when students can sleep late, yet when students have an early morning class on a week day, we can't go to the dining hall.

We are lucky to have the Fireside Café' as an option. It definitely is better than no option. And although it is virtually impossible to satisfy everyone's personal hunger needs, thinking about how convenient it actually is could raise some interesting discussion.

Danielle Saleski

To the Editor,

The recent appointment to president of Castleton State College comes as no surprise to me, and I am extremely disappointed in the decision made by the college, as well as the board of trustees.

I drove 4 hours from home and skipped a day of work in order to interview the candidates up for the presidency. I walked into the interviews with no prior knowledge of anyone, especially Mr. Wolk. After meeting with Mr. Wolk, it was apparent to me who the new president was going to be, even though I thought he was wrong for the position. In talking to some students after the fact, I was informed that the Rutland Herald and other various newspapers were printing that Mr. Wolk pretty much already had the position.

Castleton State College is home to me and I am extremely disappointed that my, nor any of the students concerns mattered in the decision making process.

I am one hundred percent aware that I am not the only student that thinks Mr. Wolk will not benefit the college. And I have also come to the conclusion that the interview process was utter bullsh*t and a waste of not only my time, but the time of the candidates as well.

Mr. Wolk doesn't want to benefit Castleton, he wants to make a name for himself, and you are letting him do that. Castleton always stresses that we have a great "community" and "we all work together as a team", and I can assure you in this case you totally ripped to shreds what Castleton State College stands for. No one would help better that community than a person that loves Castleton, like Thomas Edwards or Joe Mark.

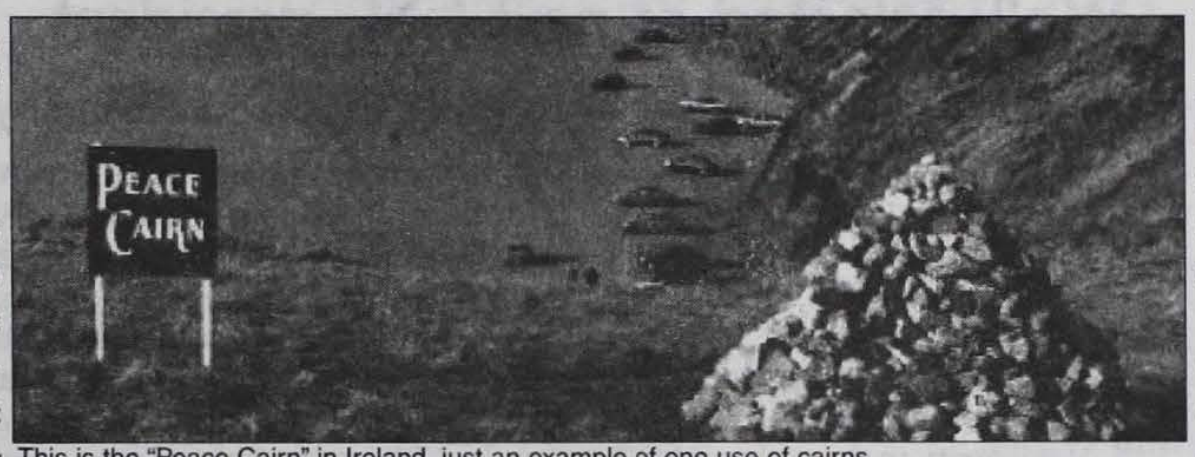
Thank you for your time, and thank you for taking the students into serious consideration, we all appreciate it.

A student who cares,
Christopher J. Kiraly

What's a Cairn, Anyway?

You're hiking Birdseye Mountain, and out of nowhere pops a pile of carefully stacked rocks.

Don't worry, it's not the Blair Witch. This is a cairn (pronounced like "care" not "karn" or "karen"), something previous hikers left behind to help you find your way through the woods.



This is the "Peace Cairn" in Ireland, just an example of one use of cairns.

Photo from the Internet

That's the idea behind the name of this paper: something to help you find your way. A newspaper represents one of the five freedoms of the First Amendment of the U.S. Constitution: the Freedom of the Press. It's goal is to be the democratic voice of the people it serves.

This paper, like a cairn, will not resurrect itself. Like a cairn it needs those who use it to add to it and build upon it. You are encouraged to add your stone to the pile.

Has a cairn ever guided you through the woods? We'd like to print your stories. Email cairn@castleton.edu.

The Commuter Corner

By Amanda Wylie
Staff Writer

The rushing sound of a tractor trailer accelerated passed me on the paved highway that would take me to my destination. I drove forward, occasionally gazing out the driver's side window to take in the beautiful surroundings of the north country. The sun was shining brightly over the mountainous backdrop of the northern countryside as I turned down the road that would lead straight to the brick buildings that cover the Castleton State College campus.

Each day starts out the same: wake up, drive an hour, go to class, drive an hour home, go to work, then homework. The same routine will repeat itself for the entire semester.

Choosing to be a commuter was a decision that took a lot of debating. Will I miss out on events that take place on campus? Will I make friends? Are there activities going on while I am on campus, or will I have to drive back up to Castleton at awkward times?

On the other hand I knew I would save a lot of money, would have my own bathroom in my own home, and would be able to spend some quiet time studying without hearing a lot of noise in the other room, which would help my G.P.A.

After wondering what decision would be best for me, I came to the decision that I would commute each day from Lake George, New York. I hoped that by making this decision wouldn't affect my overall college experience.

I soon realized that I was unaware of many of the functions and activities taking place on campus until it was too late to change my schedule at work, or I had already made plans. As a commuter I would like to know of these events, and would also like to know what resources are available to me and other commuters. I am writing this column in hopes that I can in some way make the college experience a more meaningful and pleasurable experience for commuters.

I am looking forward to informing all commuting students of services, sharing personal stories, and notifying you of upcoming events.

If you are interested in Commuters Corner or if you have any questions, comments, stories or suggestions on how we can make commuters feel more a part of the CSC community, please email them to me at commuterscorner@yahoo.com. I look forward to hearing from you soon.
Enjoy the drive!
--Amanda.

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Wolk selected as next CSC president

Current state education commissioner to join Castleton community Jan. 1

By Sky Barsch
Editor-In-Chief

Next semester, you'll be seeing a new face around campus. David Wolk, current Vermont Education Commissioner, will replace Martha Farmer as the president of Castleton State College on Jan. 1.

The Vermont State Colleges Board of Trustees decided Wolk was the man for the job on August 6 of this year. The Mendon resident was one of three finalists for the position.

Wolk's goals for CSC are clear: to increase funding for the school from sources other than the student's wallets, and to improve the quality of student life.

In an interview Thursday, Wolk expressed his interest in his new position. "I am tremendously excited to meet the students, faculty and staff," he said.

A Rutland native, Wolk has earned a B.A. in Political Science at Middlebury College, a M. Ed. Educational Administration and Planning from UVM, and attended the doctoral program at Harvard University in the early eighties.

His resume lists several higher education positions including superintendent of education, principal of Rutland High School and Barstow Memorial School, and state senator.

When Wolk moves to the President's House behind campus (which is a requirement of the job), he has high hopes for our school.

"What I'm lacking now as commissioner is the day to day connection. Part of Castleton's attraction is I want to get my arms around the school and give it a big hug."

"We are going to access as many external resources as possible," he said.

This means looking to places like the Ford Foundation and the Carnegie Hall Foundation for outside funding.

"I'll advocate for Castleton from Montpelier to Washington D.C."

Asked his immediate plans, Wolk said, "I respect Martha Farmer's last semester. I'm going to listen and learn. It would be presumptuous to make definites right now."

Wolk does plan to look at retention and graduation rates, which have been a problem for the school in the recent years.

He plans on meeting with groups of students to brainstorm ways of improving the activities on campus. "This place can be an extended family."

Current Academic Dean Joe Mark and past Associate Academic Dean Thomas Edwards were the other finalists. Along with them, Wolk participated in a series of interviews from students, faculty and the Board.

Vermont State Colleges Chancellor Robert Clarke said in an August interview "we are so excited to see David in this position. He will do wonders for the school."

After a year full of rumors of the transition of Castleton turning into a commuter college or strictly on line, Clarke commented, "there is absolutely no intention of doing that. It's students first."

What the Vermont State College Board said that could have sparked thoughts like these is the idea of strengthening the already strong programs, and taking a second look at those that aren't working.

"We want Castleton to be the premier education program in

Please see Wolk, p. 5

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New student enrollment highest since 1983

Campus-wide efforts brings desired results

By Sky Barsch
Editor-In-Chief

Castleton State College has the largest new student enrollment in almost two decades, a result of what Dean of Enrollment Bill Allen calls a "campus wide effort."

The final number is in, and 586 people have made Castleton their choice for their higher education. Eighteen students are taking courses at the Lyndon State College nursing program, but they are enrolled at Castleton.

The reason Allen believes this is the largest class since 1983 is because of a more aggressive campaign to make people aware of Castleton. "We've been quiet for a long time," he said, "and we've changed that, and it has paid off."

To increase enrollment, faculty called prospective students this past year to talk to them about choosing CSC. The financial aid office worked to get new students award packages as soon as possible.

"The new students are a neat bunch of people. They are really interesting," said Allen.

Photos from orientation activities.
Photos by Ennis Duling

Wolk looking forward to meeting the people of Castleton

from Wolk, p. 4

New England. We want people to think Castleton first when choosing a college for education," Clarke said.

This could mean the elimination of some programs. Wolk said there is no definite answer what will happen to the programs that aren't excelling.

Wolk has two children attending UVM, Adam, a senior and Jessica, a sophomore. He said he has spoken to his children and their peers at UVM to see what they want out of a campus and education.

He is married to Dr. Diane Wolk, the principal of Northeast School in Rutland, and has two other children, Laura, a senior at Rutland High School and Richie, an eighth grader at Barstow Memorial School in Chittendon.

Photos of David Wolk will appear in the next issue of The Cairn.

Random Quotes by Grouche Marx

√ I don't care to belong to a club that accepts people like me as members
√ Those are my principles. If you don't like them I have others.
√ Quote me as saying I was misquoted.
√ Hello, I must be going.
√ Well, art is art, isn't it? Still, on the other hand, water is water! And east is east and west is west and if you take cranberries and stew them like applesauce they taste much more like prunes than rhubarb does. Now, uh... Now you tell me what you know.
√ Outside of a dog, a book is man's best friend. Inside of a dog, it's too dark to read.
√ Either he's dead or my watch has stopped.
√ I have had a perfectly wonderful evening, but this wasn't it.
√ Who are you going to believe, me or your own eyes?
√ Do you think I could buy back my introduction to you?
√ I must confess, I was born at a very early age.
√ Why was I with her? She reminds me of you. In fact, she reminds me more of you than you do!
√ One morning I shot an elephant in my pyjamas. How he got into my pyjamas I'll never know.
√ Hello, I must be going.
√ He may look like an idiot and talk like an idiot but don't let that fool you. He really is an idiot.
√ Time Flies like an arrow. Fruit Flies like a banana

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STEP Center provides support

By Becky Eno,
Contributing Writer

Is school stressing you out? Are you at a loss about that English paper? Stumped by your algebra assignment? STEP is the place for you.

Success Through Academic Programs (STEP, Babcock Hall, 1347) is looking forward to a good year offering free academic help to all Castleton students. STEP got off to a great start with a successful Summer Transition Program (STP) for twenty-five students from Vermont and five other northeastern states. Through academic workshops and social activities, STP gives participants a headstart for the school year by familiarizing them with the campus and the Castleton area before the semester begins. This summer, as in past summers, some of the more popular STP events were the adventure education ropes course led by Nick Montello and the group projects which participants presented on the last day of STEP.

During the 2001-02 school year STEP hopes to increase its presence on campus. For the first time in well over a year, STEP has a full staff comprised of three veterans and four newcomers. Anita Larson, Administrative Assistant, welcomes students into the STEP center and makes sure STEP offices and programs run smoothly.

Continuing in her position as Educational Support Counselor, Becky Eno focuses on outreach and intake: getting the word out on campus about STEP services, encouraging students to come to STEP, and then helping them make strategic use of all the human and other resources STEP offers.

Miriam St. George, STEP Learning Specialist, coordinates academic accommodations and provides academic counseling for students with disabilities. Throughout her academic career, Marielle Blais, STEP's director as of August 1st, has combined her interests in special education, literature, and writing in her work with students ranging from preschoolers to graduate students. Laura Gatewood, Academic Counselor, works on keeping students in school who otherwise are at risk for dropping out because of poor study habits or low grades. The new Learning Center Director, Carol Hammond, is busy getting the Learning Center ready to open on September 10. She is joined in her efforts by Mary Margaret Welch, who serves as both Assistant Director of the Learning Center and Babcock Hall Residence Director. Currently recruiting and training Learning Center tutors for writing, math, and many other subjects, Carol and Meg encourage students to apply for tutoring positions and urge professors to nominate students who would make good tutors.

At any stage of your Castleton career, STEP has the staff, services, and workshops to help you become a better student.

"When caught between two evils I generally pick the one I've never tried before."
Mae West

"If at first you don't succeed, try, try, and try again. Then give up. There's no use being a damned fool about it."
W.C. Fields

A Tour of the Castleton Area

Helpful shopping hints for those who are unfamiliar with the area

By Mary L. Serkalow
Managing Editor

So you are a freshman. New to the area? Don't know where to go shopping or get necessities in the small little town of Castleton? Relax. Everything you need is within your reach.

For those of you who are new to the area and are without the use of a car-don't fall into a pit of despair. This does not mean that you will have to walk or hitchhike to Rutland every time you run out of mac & cheese. Yes, even the small, quaint little town of Castleton has a stock of this stuff. It is like a little slice of home that followed you to the local stores.

So for those of you who will be walking where ever you go in order to do some shopping, here are some suggestions as to what there is out there. Right in the center of town, there is a post office, a diner, a deli/pizza place, a general store (small, but still there nonetheless), a laundry mat, the town library, a film processing center and a bank. Further down the road, (still within walking distance but do be prepared to WALK and wear sneakers), are several other convenience stores, a unisex beauty shop and a seasonal snack bar. On the upside of having to walk everywhere, you will be sure to stay in shape and you are able to really take a look at the your surroundings. The downside is that you will generally pay a little more for things in the local general store then you would if you were going to a large supermarket or Wal-Mart.

For those people who do have cars, the possibilities have definitely opened up for you. As well as having the local shops for convenience, you have the shops of Rutland. If you are from an urban place, you will probably laugh at the fact that Vermonters consider Rutland one of our largest cities. Look at it in terms of Castleton and you decide. Rutland has the typical convenience stores-Citgo, Mobil, Sunoco and Stewarts. There are several large grocery stores including, Price Chopper, Hannafords and GU Markets (formerly known as Grand Union). There are several gift shops lining the downtown Rutland area that are great for window-shopping. A Movieplex 9 also sits in the middle of the downtown area. On the south end of Rutland, there is also the Diamond Run Mall, which has a variety of different chain stores and department stores if you need to do some clothes shopping, something which Castleton lacks. Pretty much anything you need to get your hands on, you will find in Rutland. You may not find many selections, but you should be able to find at least something.

Wherever you decide to go and do some shopping, Castleton or Rutland, there is one very important thing to remember. Your student perk card and student ID card. On the perk card, there are several different student friendly businesses' that, with ID proof that you are a CSC student will give you a discount. The movieplex in West Rutland offers buy one, get one deals for students, Pizza Hut offers a discount off of the entire bill, as does The Castleton Beauty Shop. These are just a few of the places in which CSC students benefit from shopping at. Hey, 10% is 10%. If you are not sure exactly what that means just yet, give it time. You soon will.

Volunteer Opportunities

Here is a current list of volunteer opportunities that are available in our local community. If you have an hour or two that you can volunteer and are interested in any of the following opportunities, please give Chrispin White a call at 468-1431 or stop by The Center for the Support and Study of the Community and we can discuss the opportunity in more detail.

America Reads Program - The program is looking for new reading partners for the Fall semester. Work-study students and volunteers are fully trained to help encourage children to read, organize book-related activities and help them improve their reading skills. The training is scheduled for Saturday, Oct. 20th from 9a.m. - 2p.m. Time commitment: 1-2 hours per week.

Fair Haven United Methodist Church - The church will have three Roast Pork dinners in the fall and are looking for volunteers to help bus tables and help some of the elderly residents with their meals. The dates are Sept. 15th, Oct. 20th and Nov. 17th. The meal will be served each day from 5p.m. - 7p.m. All volunteers will be provided with an all you can eat roast pork dinner. Time commitment: 2 hours

Elderhostel/Old Homestead Community Center - The Homestead will be hosting the Elderhostel Group this year and is in need of volunteer drivers on Thursday, Sept. 27th. The drivers are needed to transport the group to the Marble Museum in Proctor. They are needed to arrive at The Old Homestead at 8:45a.m. Volunteer drivers must be 21 years of age or older. Time commitment: 6 hours

Elderhostel/Old Homestead - The participants of Elderhostel will be staying at The Edgewater Motel on Route 30 North. Since they are elderly residents, volunteers will be needed to help them unload their luggage. The check-in dates are Sept. 9th, Sept. 16th and Sept. 23. Check-in time is from 3p.m. - 5p.m. Time commitment: 2 hours

Advocacy, Resources & Community for Citizens with Developmental Disabilities - There are a variety of volunteer opportunities available that will allow these citizens to fully participate in their community. Please stop by the The Center for more information. Time commitment: 1-3 hours per month.

Tutor for adult student with Cerebral Palsy - Student is wheelchair bound and needs help with her math and reading skills. She does math at a 3rd-4th grade level and she reads at a 5th-6th grade level. Time commitment: 2-3 hours per week

Big sister needed for 14 year old - Fourteen year old girl from Fair Haven is looking for a big sister. She has an intense love of animals, especially horses. Mother is very receptive to the idea, given the fact that she also has a 3 year old that is garnering a lot of her attention. Time commitment: 1-2 hours per week.

Hazen House - is home to 4 mentally challenged women ranging in age from 36 - 84. The director of the home is looking for volunteers to provide companionship to the ladies by watching movies with them, baking cookies, having an arts & crafts night, taking them on short shopping trips, etc. Time commitment: 1-2 hours per week.

Foundation for Excellent Schools Mentoring Program(FES) - seeks volunteers to mentor K-6 grade students in area schools. Grades to mentor, times and days are flexible. Time commitment: 1-2 hours per week

Girl Scout Council of Vermont Girls Sports Day - The Girl Scouts of Rutland County will be sponsoring a Girls Sports Day at Castleton State College on Saturday, Nov. 17th from 1p.m. - 6p.m. Over 100 girl scouts will attend and try their hand at various sports like softball, basketball, volleyball, swimming and lacrosse. They are currently looking for a student or students who will organize and run the program (could be a great internship opportunity). The program will need to include skill sessions, guest speakers, an educational component and a follow-up sports activity. Volunteers are also needed to help with the program throughout the day. Time commitment: varies with duties.

Tickets for the following events are now on sale at the Box Office:

Theatre Arts Dept. Play: Crimes of the Heart
September 20 - 23
Fine Arts Center
8:00pm except for Sept. 23 (Sunday) 2:00pm
CSC Community $4
General Public $8
Soundings (1): free Reserved Seats

Lecture & Musical Performance: Dr. Gwyneth Walker
September 27
Fine Arts Center 8:00pm
CSC Community: free
Soundings (1): free
General Public $5 General Admission

Soundings students,
Please bring your student ID to purchase your tickets. We do not reserve Soundings tickets unless purchasing additional ticket(s) at student discount price.

Box Office Hours: Mon. - Fri. 8:30am-12:00pm, 1:00pm-4:30pm.
For reservations, please call 468-1119

First Ever VTC Career Fair, 3rd CSC at CSC

VTC is hosting its first career fair and is focusing on its technical, scientific, environmental majors. It's all happening Nov. 1st! A van will leave CSC - sign up at Career Development (no charge/space limited.)

Castleton will hold its 3rd CSC Career Fair on Wednesday, Nov 7th in the Glenbrook Gym from 9 a.m. to 3 p.m. (closed 11-12). Over 40 majors represented.

There will be some overlapping of companies/majors at both career fairs. Please consider advising your students to attend BOTH Career Fairs. All 4 years are welcome!

For more information contact Judith Carruthers, Director Career Development, Castleton State College:
judith.carruthers@castleton.edu
468-1339

SHAPE Gym and Fitness Center hours

Fitness Center
Mon, Wed, & Fri: 7:30 am - 9:00 am
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4:00 pm - 8:00pm
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*Non-Members Gym use fee $3.00 per person.
*Non-Members using the Racquetball Courts must pay $10.00 per court, per hour fee.

Four CSC Women Embark on Environmental Careers

By Janelle Wilbur,
Staff Writer

So how was everyone's summer? Did you do anything fun or exciting? If you did, was it career-oriented?

Believe it or not, four female CSC students did all of these things. For 10 weeks over the summer, we busted our butts as interns for organizations in Vt. and Maine.

The New England Board of Higher Education of Boston, (NEBHE), filled 60 various environmental positions in New England.

Considering that 260 or so applications from college students all over New England were reviewed and four Castleton students chosen, it was a genuine opportunity to put Caslteton in the spotlight.

The four chosen applicants included our own Editor-in- Chief of *The Cairn*, Sky Barsch, classmate and friend Jessica Guerrette, fellow senior Deborah Wirkki, and I, a newcomer to *The Cairn*. Our internships ranged from primarily doing data entry, to wearing a hard hat and steel-toed boots.

Summer intern Sky Barsch records Sen. James Jeffords at his Burlington office.
Photo by Marci Young

The Vt. Land Trust where Janelle interned this summer.
Photo by Janelle Wilbur

Sky's internship was at the Vt. Agency of Natural Resources, Department of Environmental Conservation within the Waste Management Division in Waterbury, Vt. She worked as the Media Coordinator for America Recycles Day. She also worked on the Clean State Council Governor's Challenge to reduce paper use in state offices.

She was kept busy creating two web sties, writing and filming two television and radio public service announcements, and writing a proclamation declaring Nov. 15th America Recycles Day. Gov. Howard Dean will sign her proclamation this fall. The highlight of her internship, besides having to share a cubicle, was meeting U.S. Sen. Jim Jeffords to record a tag line from him for America Recycles Day.

Jessica's internship took place at International Paper, a pulp and paper mill in Bucksport, Maine. There she worked as a health and safety associate designing a chemical-awareness training program, as well as doing audits for existing regulatory programs.

Jessica's preconception about the mill was that it was excessively polluting the air, water, and land. By the end of the internship, however, she learned that the mill had many tough environmental practices. The company's standards, in fact, were even higher than state and government standards. Jessica said that her internship was definitely an educational experience, during which she earned credits for doing something that she enjoyed.

Deborah's internship was with the groundwater program at IBM in Burlington where she gathered location data for nearly 150 groundwater wells using a global positioning system (GPS) unit. Deborah also gained an overview of IBM's treatment systems for groundwater, wastewater, chemicals, and air pollution. She also acquired a certificate through a forty-hour training course in hazardous-waste operations and emergency response (HAZWOPER).

Deborah said that one of the best experiences of her summer internship was the day she spent in a canoe on the Winooski River helping to gather water samples for chemical analysis. Other valuable aspects of the internship included her introduction to the Environmental Careers Organization, the insight she gained into workers' skills sought by employers and what she learned about careers that are available in the environmental field.

With not all that much environmental experience behind me, other than through classes taken at Castleton, I was pretty intimidated going into a Development and Communications position at Vermont Land Trust in Montpelier. I was under the impression that I would have to make important decisions for the company based on my own knowledge.

It turned out that my fancy title didn't reflect my job description, nor did it require knowledge of environmental issues. In fact, anyone who has taken a basic computer course, like BUS 149, could have done my job. I spent the majority of time at my desk doing tedious data entry, filing, organizing, and chatting on Instant Messenger.

I spent one day in Benson with a VLT land monitor whose job it is to annually check on conserved land to make sure it hasn't been developed or drastically changed. We drove around to check on various plots of land that had been previously conserved, and to meet new members. I would have liked to spend my entire internship doing that instead of office work. It was valuable to see and interact with people who have benefited from the program.

My expectations were high going into a credited internship program, and I thought some questions about what happens to me after I graduate would be answered. But no such luck. Nonetheless, I gained two letters of recommendation, a better understanding of how a local charity organization works and a pretty cool looking line on my resume. In addition, I met some wonderful people. The highlight of my internship was the hefty 176- mile commute, four days a week, from Fair Haven to Montpelier and back in my 11-year-old Volkswagen. NEBHE was nice enough to give me traveling expenses, which almost covered the car repair bills for the 10-week period. Now, that's dedication.

Overall, Sky, Jessica, Deborah, and I had positive, educational internship experiences and would recommend the Environmental Internship Program to other students. If you would like more information, check out www.nebhe.org, or contact Susan Bryant at nebheinterns@yahoo.com.

Nalgene bottles: cruel or just unusual?

By Kristin Pilon
Staff Writer

Ah, Nalgene bottles, the trendy, environmentally friendly way to keep refreshment at one's side while on a hike, during a game, or even on campus.

These small plastic water bottles come in all colors and can even be personalized for a low, low price.

Not only are Nalgene bottles convenient, but they are also environmentally safe since they are composed of recycled computer parts, right?

Wrong.

Nalgene bottles are a direct offshoot of the Nalge company, which was started in Rochester, New York in the late 1940's by a scientist named Emanuel Goldberg; inventor of the first plastic pipette.

From the forties onward the Nalge Company blossomed and created state-of-the-art polyurethane lab equipment, some of which was rumored to have been used by scientists as handy water bottles.

In the 1970s, this new use of the equipment was noticed by a man named Marsh Hyman. Hyman's son was a Boy Scout, and soon the whole troop was using Nalgene bottles to carry water, food mixes, and other supplies.

Hyman went to the higher ups in his company and related this inventive new use of Nalgene bottles, inspiring the beginning of the now-popular water bottle.

Not everyone thinks Nalgene bottles are the greatest, however. The Rocky Mountain Animal Defense Group issued a boycott of Nalgene bottles in 1997, accusing Nalge of extreme cruelty to animals and asking people to trade their Nalgene bottles for containers that really were environmentally friendly.

Animal lovers everywhere were shocked to hear that Nalge's most popular product was not in fact water bottles, but containers that were used to restrain rabbits during antibody testing, in which rabbits ears are bled. As the boycott picked up speed and more and more people began forsaking the Nalgene bottles, the Nalge Company announced that it had stopped making the aforementioned containers, and animal testing and consumerism went on as usual.

So then, what is the real story? Is the Nalge company an evil, deceiving, corporation torturing helpless bunny rabbits under the guise of manufacturing convenient water containers, or are animal-rights groups overreacting because they have only recently found out what has been Nalge's past since the late forties?

That, informed reader, is for you to decide, and thinking is thirsty work so perhaps you'd better keep a water bottle handy.

"Truth is stranger than fiction; fiction is obliged to stick to possibilities, truth isn't."

Mark Twain

High textbook prices, meet your match

By Sky Barsch
Editor-In-Chief

Botany book: $95. Eight books authored by women: over $70.

All the knowledge you can obtain from them in one semester: More than I can afford to pay.

Hey, wasn't that last one supposed to be priceless?

Not when you're talking college textbooks. They know they have us; we need these materials to do our coursework.

I, however, am not ready to admit defeat.

Shopping online has my mind in a twist. It is such an even-sided argument that by the time I decide just where to buy my books, I'm usually a week behind in reading them.

The first college I attended, Central Conn. State University, was fully equipped with Barnes & Noble sponsored school book store and "The Other Bookstore," a place a little easier on the wallet. The privately owned bookstore sold everything for much less than the main shop. The only benefit the main store had over The Other was it guaranteed at least 50% when you sold your books back at the end of the semester.

We don't have the luxury of another bookstore here at Castleton, (business majors, there's an idea!) so we are forced to pay high prices for the required text. It's not Castleton's fault, they are selling the books at the suggested retail value. Yes, the school is making a profit, but the school needs to pay the people who help you find your books and so on.

Solution? Textbooks online.

There are several sites that sell used books as well as new books at lower costs. You probably don't have the time to check each and every site and compare notes, so go here: www.bigwords.com. The user friendly site asks for an ISBN, the author, or the title of the book, and once you give it this information, Bigwords gives you a side-by-side comparison of all the sites that have your book.

The brains behind this site even went as far to list shipping specials and coupon codes, so you can cut and paste in your online order form and get in on the savings.

The chart shows what I came up with.

The Biology of Plants, 6th Edition		
Company	New Price	Used Price
Half.com	--	$70.00
Booksamillion	$72.86	--
BN.com	$80.95	$71.25
Amazon.com	$92.30	$39.99
Al.com	$100.75	--
ecampus.com	$85.32	--
CSC Bookstore	$95.00	$71.25

The catch? The waiting game. The Botany book was for sale on Amazon.com, but not by Amazon. A user posted his book through Amazon, who acts like a contractor in the process. I pay Amazon, who pays user x, who ships my book out "within two days," but in actuality, could skip out on the deal. I am protected by Amazon so I don't lose my money, but they're not going to write a note to my professor explaining why I am not prepared for Tuesday's exam. I was a little hesitant, but to me, saving $55 is worth it.

Think About It...

This is a direct quote from one of Nostradamus' predictions:

"In the year of the new century and nine months, From the Sky will come a great King of Terror...The sky will burn at forty-five degrees. Fire approaches the great new city...In the city of York there will be great collapse, twin brothers torn apart while the fortress fall, the great leader succumb, the third big war will come when the big city is burning..."

2001 is the first year of the new century and this is the ninth month. New York is located at the 41st degree latitude. He also said that this will be the third World War and it would be bigger than the last two wars. We hope he is wrong but judging from his predictions of Hitler, Napoleon, and Pearl Harbor...

Men's Soccer Team not one to Mess with

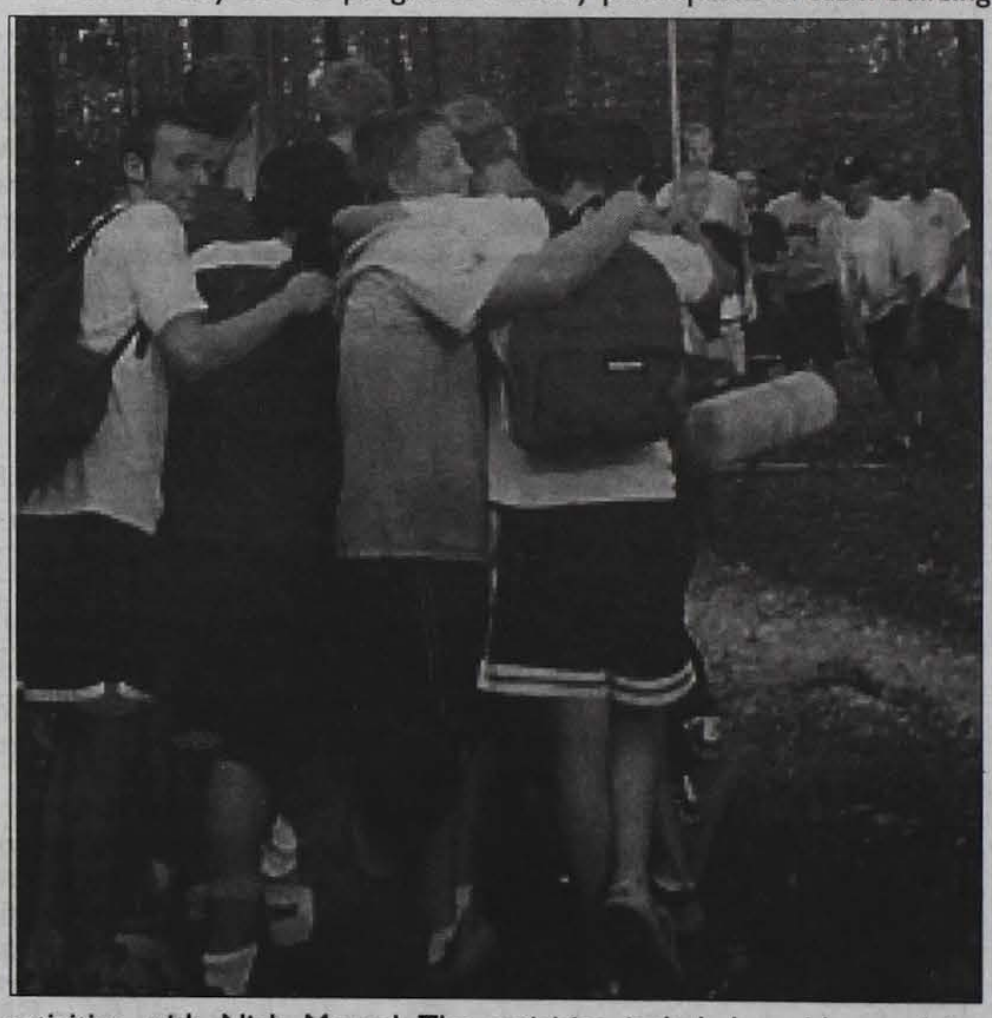
Apruzzese defends two shutouts, Laroche and Bloechle lead offense

On Saturday, Sept. 1 sophomore Luke Laroche tallied a hat trick to defeat Massachusetts College 3-0 in the first game of the SUNY-Plattsburgh Tournament. He was assisted by Adam Dion on two of the goals and Kyle WIlson on the other. Golie Jason Apruzzese, a junior, made four saves to shut out the opposing team.

On Sunday, Sept. 2, Castleton blitzed Johnson State College for an 8-0 victory for the Spartans. Senior Mike Bloechle lead scoring with three goals, followed by Laroche who scored two. Jesse Kyhill, a junior, freshman Glen Ayer and senior Lucas Tatro each scored a goal against the other Vt. school. Apruzzee had four saves once again, shutting out yet another team.

The winning didn't stop there. On Sept. 4 Castleton defeated Southern Vt. College 2-1. Laroche and Tatro split the winnings with a goal a piece. Apruzzee saved five attempts by Southern Vt.

There's more to Castleton athletics than just pure brute. The Men's and Women's Varsity Soccer programs recently participated in team building activities with Nick Montel. The activities included problem solving, games and team unity exercises. These pictures are from that day.



The Cairn did not receive a report on the Women's Soccer, Cross Country or Tennis events. We have made a conscious effort to include them.

SPORTS SCHEDULE FOR SEPTEMBER

Sept. 19			
Lyndon State University	Away	3:30 p.m.	Men's Soccer
Green Mountain College	Home	3:30 p.m.	Women's Soccer
Sept. 20			
Mass. College of Liberal Arts	Away	3:30 p.m.	Women's Tennis
Sept. 22			
Johnson State College	Home	2 p.m.	Men's Soccer
Johnson State College	Home	12 p.m.	Women's Soccer
Lyndon State College	Home	1 p.m.	Women's Tennis
Sept. 23			
Johnson State College	Home	1 p.m.	Women's Tennis
Sept. 25			
Middlebury College	Away	4 p.m.	Men's Soccer
Notre Dame College	Home	4 p.m.	Women's Soccer
Sept. 26			
Green Mountain College	Away	3:30 p.m.	Women's Tennis
Sept. 27			
College of St. Joseph's (VT)	Away	4 p.m.	Men's Soccer
Sept. 29			
SUNY-Potsdam	Home	2 p.m.	Women's Soccer
Russell Sage College	Away	2 p.m.	Women's Tennis
Sept. 30			
Felician College	Home	1 p.m.	Women's Soccer

CSC Rugby Club is Ready for the Season

By R. Coyle,
Staff Writer

The Castleton State Men's and Women's Rugby teams are at it again! Rugby, a sport which is a combination of football and soccer is one of the most physically and mentally challenging sports today. Rugby is the largest club on campus. Men and women's rugby practices are already in effect. Both teams practice four to five times a week for two hours at a time.

The teams are looking really good this year according to Tara Evans, Vice President of the women's rugby team. "We have a lot of new players with strong athletic ability which will be a positive addition," she said.

All are encouraged to come and watch through out the semester. "It's the most exciting contact sport around, played for and by gentlemen and ladies," said president Mikey "B".

Home games

Men's Rugby:
10/13 vs. U-Mass
10/20 vs. RIC
10/27 vs. Springfield

Women's Rugby
9/29 vs. Middlebury
10/27 vs. NEC

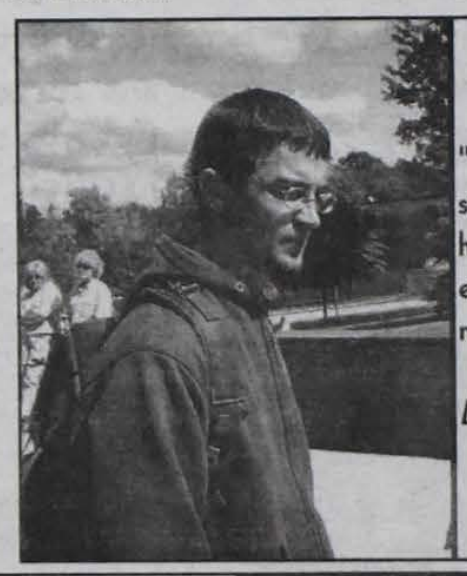
Castleton Reacts

Students speak about the attack on the United States and how Castleton is handling it

By Corrine Matarese and S. Barsch

"It's great at times of tragedy we as Americans can stand together and unite for the greater good,"

Nicole Root, (Left) sophomore.



"The moment of silence wasn't silent enough. I didn't want to hear the song. We need reverence at a time like this not nationalism,"

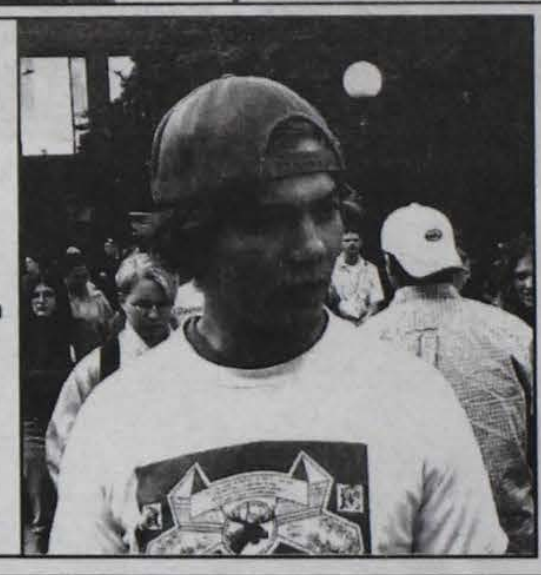
Dan Kowalski, junior.

"It was nice to have everyone together for the moment of silence. It is another display of our united nation,"

Isabel Nimtz, sophomore.

"This was the worst day in our history. Hopefully we can turn it around to focus on the good in ourselves,"

Joshua Hart, junior.



We'll Never be the Same...

An editorial by Gary Sloan, Jr.
Entertainment Editor

"We're under attack!" the words hung in the dead air, echoing in my head. I followed my classmates into the room and looked up at the television, the reality of it all slowly sinking in.

The news kept showing the plane, flying into the World Trade Center, over and over and over again. Each time, it became more real to me. I wanted to doubt it, with every fiber of my being; I wanted to deny that this was actually happening. It all seemed so surreal. We can't be under attack, no one ever attacks us.

It's always someone else's problem, terrorism is always something I read about in the news, happening to unfortunate people in other countries. It's not something I see, not here, never here.

As the news slowly settled in, I remembered my family. I knew they weren't watching television, so I immediately called them to inform them of the news. It's funny, most of the time they're the last ones I want to talk to about anything. Yet the moment I heard the news, they were the first ones I wanted to call, the first ones I needed to call.

The images flickered on the television, tattooing themselves to our memories. A tragic, painful reminder of just how horribly wrong the world can go. I remember thinking what a beautiful day it was, and how I should be thankful because we wouldn't have many more of those left. Little did I know, just how right I was. There was no trace in the sky overhead, of the horrible atrocity that was playing out only five hours away. For a little while, it was just another perfectly normal day.

Unfortunately, it'll be the last perfectly normal day for a long, long time. We, as a nation, may never truly be the same again. For once, the problems of the world have hit home. We can no longer turn a blind eye.

Like some of you, I know someone who was there. I know someone who was a heartbeat away from being just another number you'll read about in the paper. He was standing outside the building when the second plane hit. The man beside him was struck in the head by falling debris, narrowly missing my friend. This day will never leave his mind. Like a nightmare that won't go away, it'll always be there eating at the edge of his memory. How long will he replay this day every time he closes his eyes? How long will he wonder what if? What if it had been me that was hit? What if I'd been inside when it collapsed? He's only one of the thousands of people that are living and reliving this ordeal. For us it was a tragedy of epic proportions, to them it'll be a bad dream that'll haunt them for the rest of their lives.

As I sit here, numbly typing away, I find myself straining to find the words to express how I'm feeling right now. I'm still half expecting to wake up in my bed, drenched in a cold sweat, realizing it was all just a nightmare. Just a horrible nightmare. If only we could be so fortunate. Tuesday, the Eleventh of September, will always be the day that we, as Americans, learned that we are not safe. For so long, we've wrapped ourselves in our blankets of security, watching the horrors of the world from the sanctuary of our homes. Blessing god, that it wasn't us. Well, now it is us. The pain and misery we've only seen on the evening news, is now in our backyards. It is our family members crying; it is our children dying; it is us wondering why. That feeling we have now in the pit of our stomachs is fear, it's a feeling that's not going to go away anytime soon, if ever. Our days of feeling invulnerable are over. Tuesday, we were shown just how vulnerable we are. It'll be a long time before the scars go away. We may never feel truly safe ever again.

A New Man in a New Place

By Scott Lanpher,
Staff Writer

As this is my first article for The Cairn, I would like to express my insights of the college after my first week on campus.

My first week of college has been exciting, anxiety-filled, confusing, and eye-opening. This is the first time that I have been away from home for an extended period of time. Leaving family and friends behind, I came to this school feeling a little strange and wondering with whom would be friends. Fortunately, many students here are very friendly and it was not long before I had a pretty good network of friends.

There are many things I like about this college. One thing I like is the size of the campus. It is just big enough that the buildings do not appear cramped together, but small enough that it is not a long walk to anywhere on campus. Unlike big universities, this school is easy to get around and it only takes a few days to find out where everything is located.

I also like the friendliness of the students on campus. Many people are willing to talk to other people that they are not necessarily good friends with, unlike in high school when most of the school was dominated by cliques that didn't associate with other cliques. Because most freshmen don't know each other well, they are eager to talk to anyone that seems friendly. Many upperclassmen also appear friendly with each other.

Another thing I like about the school is the amount of activity that occurs on campus. Even if you're not a big partyer (which I am not), there are still plenty of things to do almost every single night. There's the Coffeehouse every Wednesday night, a variety of Soundings events, and many clubs that people can join. I have found little time over the past week when I have been bored and just sitting in my dorm (sorry, residence hall) room. There are always people to meet and things to go to.

There are a few things that I do not like about the college, however. One major thing is the food in the dining hall. While I find that I like much of the food, there seems to be very little variety. I mean, it seems like I've had either a sandwich or a pizza with every meal I've had since I've been here. Fortunately, the points system has just been activated so I can now eat lunch in the Fireside Café at least a few times a week.

On the whole, my first week of college has been a wonderful experience. I have met a lot of interesting friendly people, been to many activities, and feel good about calling myself a member of the Castleton community.

STRIKING QUOTES

"The difference between the *almost* right word & the *right* word is really a large matter-it's the difference between the lightning bug and the lightning." *Mark Twain*

"Don't tell me the moon is shining; show me the glint of the light on the broken glass." *Anton Chekhov*

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Jay and Silent Bob Do it Again

Mary L. Serkalow, *Managing Editor* & Gary Sloan Jr., *Entertainment Editor*

You laughed at Clerks, you giggled at Mallrats, you cried till you peed at Chasing Amy, and you're still trying to figure out what the hell Dogma was about. Well brace yourselves boys and girls, good ole Kevin Smith has done it again. In the latest installment of the New Jersey films, Jay and Silent Bob Strike Back, Smith had us rolling in the aisles. Sophomoric humor has never been so much fun.

The movie follows the exploits of Smith movie staples Jay and Silent Bob as they journey to Hollywood in an attempt to sabotage the film "Bluntman and Chronic", a popular comic book that was based on the characters Jay and Silent Bob. During the course of this journey, Jay and Silent Bob interact with the beloved cast of characters that the fans of Smith's movies have grown to love.

We took our seats in the back of the darkened cinema. Mary with a box of melted sour patch kids, and Gary with his gigantic smuggled bottle of water that he cleverly concealed in a fashion that would have made Ethan Hunt envious. The Mission Impossible theme ringing in his ears, we took our seats in earnest and waited like giggling schoolgirls for Mr. Smith to bring the funny. From the opening sequence with the Jay and Silent Bob babies and the oh so enlightening Jay rap, we knew we wouldn't be disappointed

As Dante and Randall made their first appearance, Gary began to squeal like a pig in sh..er..uhm..mud. A noise that would unfortunately be repeated over and over and over again during the course of the movie. Mary was most impressed with the quick -witted repertoire of one horny Jay. His baggy clothing kept Mary pondering whether one Jason Mewes has a build or not. A thought that was dangling in her mind as the mystery machine first came onscreen. Mary and Gary did a quick double take before standing and exclaiming "Zoinks!" The appearance of the cast from Scooby-Doo was just one of the many homage's, in which Kevin Smith brought in other abstract characters. Mr. Smith tips his cap to memorable movie moments of lore throughout the duration of this movie.

Kevin Smith and Jason Mewes

There were two highlights in this movie for your reviewers. Mary loved the intellectual verbatim in which Kevin Smith stunned both audience members and cast. A scene stealing turn for one Silent Bob. Now he better start practicing the ole' Oscar acceptance speech. Speaking of Oscar acceptance speeches, Gary's highlight was the scene with Hollywood's don't ask don't tell boys, Ben Affleck and Matt Damon. A glorious insight into how Hollywood's elite couple interacts with one another beneath the glare of the camera. Not to mention the golden Oscar repeating possibilities for a Good Will Hunting two, which we all hope we never see. Gary has a strong suspicion that the expressions "Lion Face" and "Lemon Face" will soon work their way into the mainstream lexicon.

To wrap things up, Mary enthusiastically gives this film a hearty thumbs up. While Gary has ditched Mary and already gone and seen this movie again, leaving Mary in tears at the injustice of this act. Another successful duo movie review that has left one in tears and another oblivious to the results of his selfish actions.

Matchbox 20 & Train Rock SPAC

Gary Sloan Jr.,
Entertainment Editor

You couldn't have asked for a nicer night than the one we had, as I ventured out to Saratoga Springs, N.Y. to see Matchbox
20 and Train in concert.

As I drove there I was reminded of just how much I hate the traffic to these SPAC shows, but after pulling off many, many illegal-driving maneuvers, I found my way inside. As I stepped through the gates at the 7 p.m. starting time I was shocked to hear Seven Mary Three already playing. I was even more shocked when the group stopped playing only 15 minutes later. WHAT????? The only major song they played was "Cumbersome," and a couple songs from their new album. Where was "River's Edge," "Lucky," "Over Your Shoulder" or even "My My"? As the band left the stage I found myself very far from my happy place, very far indeed. We (yes, this writer found some unwitting person to drag along against her will so that he wouldn't be the loser by himself at the show) found a spot nestled beneath a splendid oak (I actually have no clue as to what kind of tree it was, but I just like the sound of oak, so bear with me).

We spread our blanket out and then ventured over to the merchandise table since we had a wait ahead of us for the next
show. Unfortunately, we were both robbed at the booth. The culprits were whoever it was who thought that $32 for a T-shirt was a very good price. Due to the ridiculous prices, I only bagged one T-shirt as opposed to the two or three I had
planned to get. Gary was now very, very far removed from his happy place. We found our way back to our blanket and sat waiting for Train to arrive, a sight that was of of much relief to my concert companion, as it meant the end to my bitching about the price of my T-shirt.

The guys from Train put on quite the show. I was really surprised at how much I enjoyed them (although the first song was inaudible since some genius forgot to turn on the speakers or mic). The only two songs I really knew from them were
the overplayed "Drops of Jupiter" and "Meet Virginia," yet I found myself getting into the music as the band played. Train even did a great cover of "Whole Lotta Love" that got the crowd rocking and the guys behind me rolling.

The lead singer of Train, Pat Monahan, was great at getting the crowd involved, even mentioning that the drummer was from Saratoga Springs. He joked that they weren't getting paid for the show because the drummer had snuck into so many shows as a youngster. If you ask me, he should have shaken down those damn vendors for some of that T-shirt money.

Train left the stage after an hour of playing, and the wait began for Matchbox 20. It was a short wait as they came out after only 15-20 minutes, which was a pleasant surprise indeed. The musicians came out and went straight into a string of
hits from their two albums. The show became even better once the girl moved that we were winging acorns at for blocking our view with her inane dance. She was to "Lord of the Dance" what Monica Lewinsky was to cigars. The guys from Matchbox 20 put on a stellar show, far exceeding my expectations. I'd seen them once before in person, shortly after the release of their first album, and oh, boy, have they improved. They played every single song that anyone would have wanted them to sing, except for "Smooth," but god, I didn't want to hear that song yet again.

The boys came back out for an encore singing John Lennon's "Watching the Wheels," my favorite Lennon song. Gary was very much in his happy place at this point in time. They then finished things off with the song that got them to where they are today, "Push." We couldn't help but find ourselves singing along. We continued to sing even as we left SPAC, on that beautiful August night. A great concert if ever there was one.

"To write well, express yourself like the common people, but think like a wise man."

Aristotle

Jimmy Eat World-Bleed American

Gary Sloan Jr.
Entertainment Editor

Wow. That pretty much sums up what I thought of this album. This album has found a permanent residence in my car, more often than not in my CD player. From the opening title track "Bleed American" to the final somber track "My Sundown," the listener is taken for a fantastic audio journey. Usually when you listen to a CD, there's a track or two that you automatically skip over, I have yet to find that song on this one. I love each and every song, and find myself singing them to myself over and over again. If this CD doesn't take off, then it's a shame.

With a sound that's reminiscent of Third Eye Blind and Matchbox 20, these guys are just waiting for their chance to break out. Songs such as "A Praise Chorus," "The Middle," and "Hear You Me" will latch themselves unmercifully on your memory with their catchy choruses and infectious beats. They ring with the sound of familiarity that'll have you believing you'd heard them before, and wanting to hear them over and over again. So run, don't walk, to the store now and get this CD.

You'll thank me later.

ALBUM JACKET

Seven Nations: Rock with a Scottish-American Twist

Gary Sloan Jr.
Entertainment Editor

There's a story behind this review. The kind guys over at Seven Nations sent over a press jacket last semester when they played over at the Pickle Barrel. I was supposed to go and catch their show for a review, but unfortunately it was on the same night as the show of Our Lady Peace and American Hi-Fi at Lyndon State. I made the decision to go to the latter show. I did, however, feel bad about it and decided to get the CD from Seven Nations and see what they sounded like.

With a sound that's part Dave Matthews and part Scottish rock music, the boys from Seven Nations are quite something to behold. It is definitely a distinctive band with a unique sound that is actually very laid back and calming. This is definitely an album I can find myself listening to just to unwind. With great songs such as "All You People," "Big Dog," and "Trains," this is really a great album from a band I am now eagerly waiting to see in person. The lead singer Kirk McLeod has a great voice that crackles with vulnerability and sincerity.

The album has a few Scottish classical pieces intermeshed with the songs, which may deter the average listener. The album though is worth the price if for no other reason than the band*s beautiful cover of "Under the Milky Way." I could listen to this song continuously in a single loop and be perfectly happy. This is an album that is definitely for music lovers. If you love DMB, Blues Traveler, Scottish music, or jam bands of any sort, I urge you to add this one to your collection.

> " Anyone who has never made a mistake has never tried anything new."
>
> *Albert Einstein*

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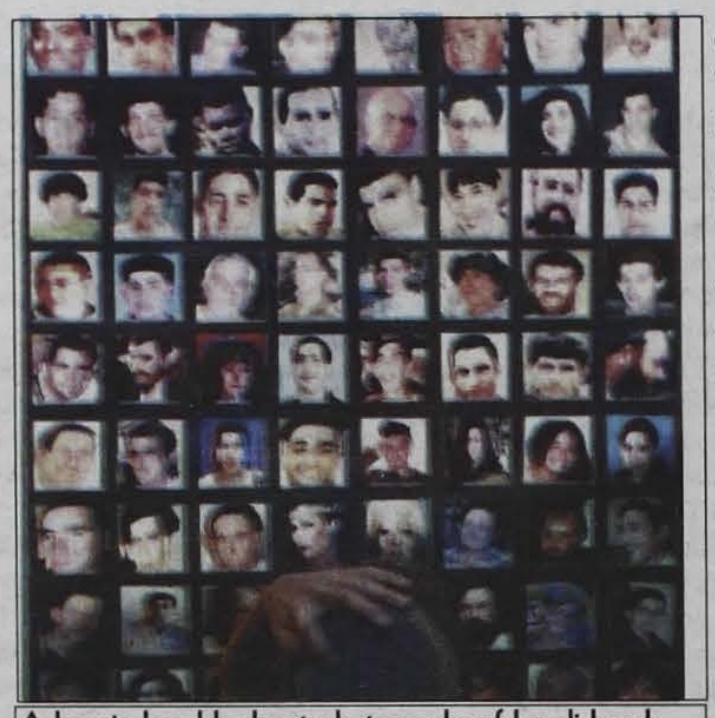
Bombing hits home for many



A boy in Israel looks at photographs of Israeli bomb victims during a memorial service for the American attacks. *AP photo.*

locate relatives of CSC , according to Farmer.

At 9 p.m. Castleton held a group counseling session in the Student Life Office. At 10 p.m. there was a candlelight vigil to honor and remember the affected.

Many colleges and universities in New England and New York cancelled classes. "Classes won't be cancelled," said Farmer, "because people need interaction. We don't want anyone to feel alone."

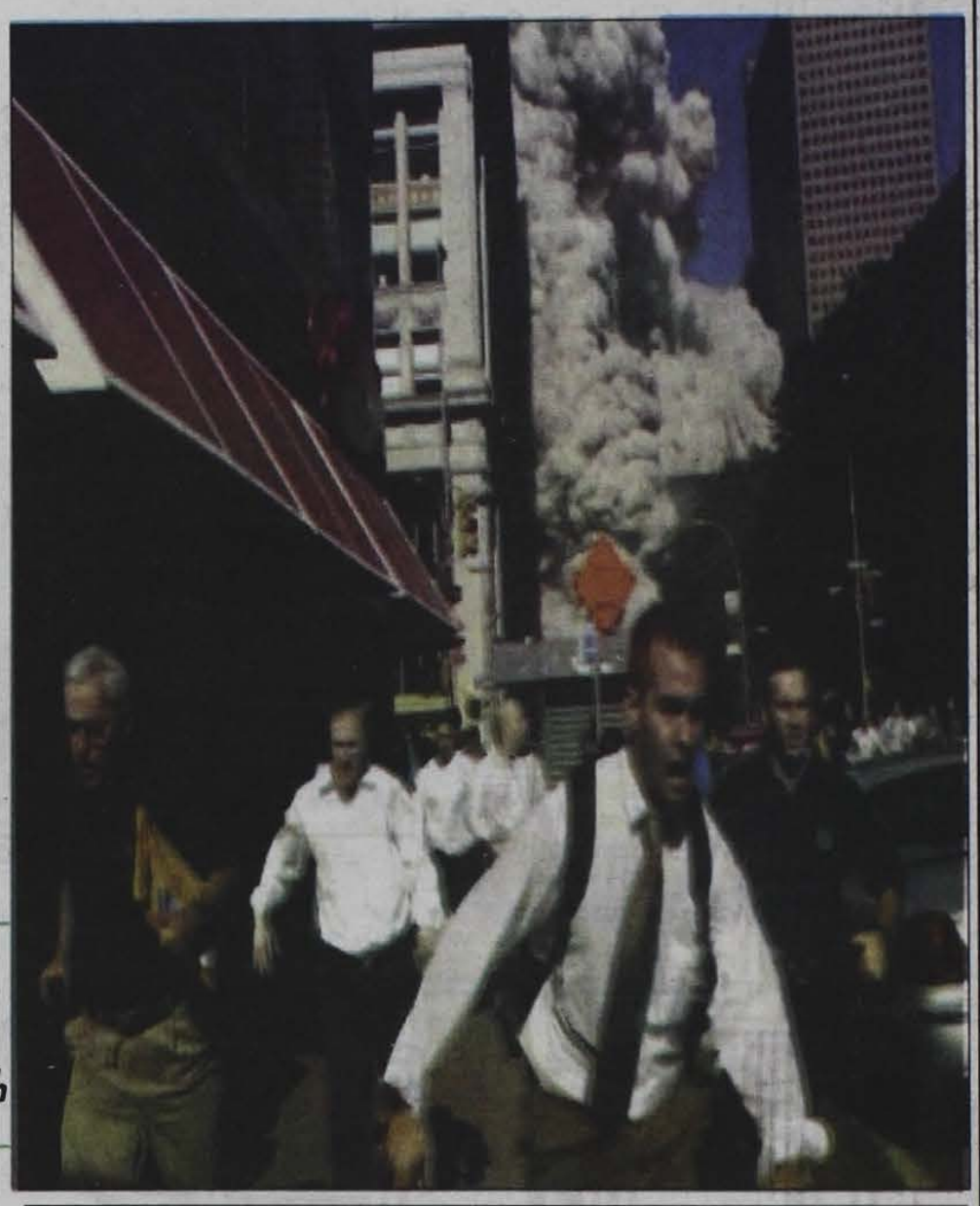
Professors were told they could use class time to talk about events at their discretion.

U.S. President Bush said of Tuesday's events, "we will hunt down the folks who committed this act."

While many pray for peace or at least alternatives to warfare, the world waits anxiously to find out what will happen next.

> "We'll show the world we can pass this test,"
>
> *--U.S. President G. W. Bush*

You can contact the Red Cross at 1-800-HELP-NOW to find out how to donate blood or money.



People run from one of the World Trade Towers as it collapses last Tuesday. *AP photo.*

On a lighter note,

These are some photographs of orientation weekend. *Photos by Ennis Duling*

The Cairn
astleton State College's Student Newspaper

Free

10.17.01

New Faculty adds to Castleton's Community

Meet the new faces on campus

Harry Chaucer, Education

By Kristen Pilon,
Staff Writer

The Cairn would like to introduce to you some of the additions to the Castleton community. One of these additions is professor Harry Chaucer.

Not only does Chaucer teach teachers how to educate others, he also teaches science and administration and leadership skills. Although Chaucer does not have classes of his own this year, he says he attends as many as he can.

This is not easy, as he is heading the organization of a summer based statewide program to be held at CSC. This program is called the Vermont Leadership Academy and is designed for teachers who wish to take on administrative positions and also for existing administrators, who wish to improve their leadership skills.

"I would like to see the Education department become more interrelated with all of the other departments, so education and all other subjects can be seen as the same enterprise," he said.

He would also love to see more student involvement in shaping the education programs, for instance students would be instrumental in restructuring the undergraduate curriculum, making the multi-disciplinary program more of

Please see Chaucer, p. 5

Flo Keyes, English

By Jessica Eade,
Staff Writer

English professor Flo Keyes is a new, full-time CSC professor, but she is not new to Castleton State College. She first began teaching at Castleton in the mid-1980s as a member of the part-time faculty. She longed, however, to expand her capabilities as a teacher and so finally decided to pursue a Doctorate degree so that she might qualify for a full-time faculty position. Three years ago she packed up her bags and moved to Drew University in New Jersey to do just that.

Keyes attained her goal, and entered CSC this fall as a full-time member of her former department. She teaches English composition, effective speaking, touchstones of western literature, and children's literature. In the future, she hopes to establish courses in science fiction, and medieval and British literature. Keyes' favorite piece of literature is Lord of the Rings by J.R.R. Tolkien. "Tolkien did a fabulous job of creating a heroic world," Keyes said. "Students read Tolkien and that reading leads them to Shakespeare, on which Tolkien

Please see Keyes, p. 5

Randal Haldeman, Music

Randal Haldeman is another new professor at Castleton. Professor Haldeman is the music professor and choral director, he also teaches Music appreciation, Ranging, voice lessons, vocal production, music history, and piano.

While in the music department he hopes to see the department get more recognition for its wonderful students and faculty. Many people are unaware that it is the largest department in the state), and he would also like to see more people get involved.

Professor Haldeman has been teaching since 1990 and has taught in Wisconsin, Idaho, Illinois, Florida, and Italy. He was attracted to Castleton because of the wonderful location, the college's commitment to the program, both resource and support- wise, and the college's impressive faculty all around.

Haldeman earned the Bachelor of Music degree in Vocal Performance from the University of Wisconsin at Whitewater, the Master of Music degree in Voice and Opera Performance from Northwestern University, and the Doctor of Philosophy degree in Music Education (choral conducting emphasis) from Florida State University. Haldeman says he teaches music because," Music and art, and the expression of

Please see Handleman, p. 5

Judith Robinson, Economics

By Scott Lanphear,
Staff Writer

If you are an upperclassman, you may have noticed a few new faces greeting you on your way to class. Along with the new freshmen, there are also some new professors on campus as well. One of these professors is Dr. Judith Robinson, who teaches Economics.

Robinson says that she has been teaching all her life. One time, she was in sixth grade and her teacher sent her down to teach the third grade class. "I love teaching," she said.

Before coming to Castleton, she taught full time at Western New England College in Springfield, Mass., and part time at Bay Path College also in Springfield. At the same time, she was finishing her Ph. D. at UMass Amherst. Her undergraduate work was done at Syracuse.

Robinson got interested in Economics when she was an environmental activist and began to realize that economics was central to other issues.

Now that Robinson has accepted the position at Castleton, she is settling in well. She said that she likes the students and faculty of Castleton very much and enjoys the friendly, welcoming atmosphere the college embodies.

What's inside?

- News, p. 4
- Campus Pulse, p. 6
- Features, p. 8
- Sports; p.10
- Entertainment, p. 12

DBB ROCKED CSC, PAGE 13

A true Cairn

Thank you to everyone who contributed to this edition of The Cairn. Our paper is so much more colorful and appealing.

This issue is an eclectic collection of odds and ends, campus happenings, cd reviews and such.

Next issue, which will come out on Halloween, will contain ghost stories from the student body and the community, that is, if you submit yours.

I'm keeping this brief, there is enough going on in the world right now to keep our minds exercised and thinking. I won't bore you with an editorial about an issue that when put up against our world's fate, would seem nothing but arbitrary.

I will encourage you to write, to either escape reality for a while or maybe to dive deeper into it.

Some day, you'll appreciate you took the time to do so. It's fun to look at artwork and assignments we did as youths. It will be even more interesting to read just what you were thinking during the time in which we live.

I don't think any of us thought we would live through something like this.

Try keeping a journal, put some magazine and newspaper clips in there, along with your thoughts, and pictures of you and your friends.

It seems like what helps us decide our future is often looking back at where we have been.

Here's to a bright tomorrow, one that will include pieces of yesterday and today.

I hope this edition of The Cairn finds you well. Maybe you will cut out something from your college newspaper to put in your journal. There are some great writers in these 16 pages, and I'm happy to say, this time, none of them had to be me!

--Sky Barsch

The Cairn
Castleton State College's Student Newspaper is published five to six times per semester. Students are solely responsible for the content and distribution of the paper.

Sky Barsch.....Editor-In-Chief
Mary L. Serkalow.....Managing Editor
Gary Sloan Jr.....Entertainment Editor
Emily Colburn.....Business Manager
Andrew Buck.....Chief Photographer
Marjorie Ryerson.....Advisor

Staff Writers
Robyn Coyle
Janelle Wibur
Scott Lanpher
Jessica Eade
Kristin Pilon
Julie Lapham

The Cairn
Castleton State College -
Castleton, VT 05735
cairn@castleton.edu
802.468.6067

Opposing Views

To the Editor,

The article about Peace being our only solution was one that was heart felt I feel, but doesn't have the best interests of Americans in mind. Our country had a sense of security for many many years now and to have that security shattered by a masked terrorist group is atrocious. They are cowards and feel the only way to harm us is to kill thousands of innocent people. I will have apprehension from now on when i get on a plane with middle eastern passengers because of what happened. I don't feel though that my feelings are unjustified.

As for what the U.S. did to the Japanese after Pearl Harbor, we did not go to the extent of what Hitler did. They were NOT concentration camps. They were holding camps to make sure that we contained any people from that country that could possibly hurt the US. I feel we should do the same to the middle easterns, but not hold them in camps. We should do background checks and make sure no one is in our country with out proper cause. We need to be thinking about OUR country here and trying to bring justice to those who did this. We are still recovering and to turn the other cheek is not what should happen. An eye for an eye is the only way to tell these terroists that we as the United States will not stand for this sort of action against our country. We are united and will defeat them. At the cost of US soldiers lives in necessary.

"Let every nation know, whether it wishes us well or ill, that we shall pay any price, bear any burden,
meet any hardship, support any friend, oppose any foe to assure the survival and the success of
liberty."-JFK

Scott Kirpan,
CSC Student

Note: While we do appreciate the time it takes to write a letter to the editor, we don't have time to fix all of your grammatical mistakes and spelling errors. Mr. Kirpan's letter was copied and pasted directly from an email, inconsistencies included.

To Mr. Kirpan

On a serious level, Mr. Kirpan, I urge you to re-evaluate your statements. When you say that the sense of security Americans once had has been shattered, therefore we should do background checks on all Middle-Easterners, how are you going to define Middle-Easterners? All those who are darker skinned, speak with an accent, practice a different religion than Americans? What is the correct skin color of an American, just so I know, for my own reference? What is the correct religion, and the correct English dialect of an American?

Timothy McVeigh, the man convicted of the Oklahoma City bombings, was caucasian. Are you going to feel threatened every time you get on a plane and see caucasian passengers? As you put it, "I don't feel though that my feelings are unjustified."

My friends from Lebanon often send me baked goods and cards for holidays. Should I have them inspected before I open the packages? Are you going to be scared when my friend from Pakistan gets in a taxi with you?

You still may be nodding your head.

Think deeper.

Do you not think Americans of a Middle-Eastern descent have lost their sense of security? They are Americans, too, who were living under the same sense of security you and I have been for years. Their security has been shattered by the Taliban.

Now, it is being shattered by you.

You have also shattered my sense of security. I hate to feel I share a campus with people who think awful, racist thoughts. No wonder the world hates our ethnocentric, one-sided "American" culture. With statements like yours, we are only proving them right.

Sky Barsch,
Editor

Send your letters to the editor to cairn@castleton.edu. Please include your name, and remember we will not fix spelling errors.

Lluvia!

By Danielle Saleski,
Staff Writer

Student profile:
Lluvia Mulvaney-Stanak

If there's one name everyone knows and loves on the campus of Castleton State College, it is Lluvia!

If you do not recognize that name, you have either been living under a rock or you have not left your room since you've arrived at Castleton. Born Lluvia Ele Mulvaney-Stanak, she is also known as LLuvs, Super LLu and The Jedi Goddess. Not only have Lluvia's efforts made a significant impact on the Castleton Community, but her sparkling yet stubborn personality has helped a countless number of her peers come out of their shells and be proud of who they are.

The senior was the first female to become General Manager of the campus radio station, WIUV. She is currently the Music Director of the station, and has held this position for two years. She has also been Sports Manager for a year. When Lluvia is missing in action she can often be found at the station doing something to make WIUV sound even better.

Lluvia is a third year Resident Assistant in Babcock Hall, a third year Student Orientation Staff (S.O.S.) Leader, second year president of the 1 in 10 club, senator in student government, vice president of the Activities Board, and chair of the JAM committee. After all this, she still finds some time to have fun with intramurals and organizing intriguing programs with fellow RA's. Is there anything she doesn't do?!?

I have had the privilege of working with Lluvia on several occasions. Working under her guidance is always a treat, for she's always got a story to tell and a lesson to teach. I feel honored to have gotten to know her thus far and I hope to have more memorable experiences with her. Lluvia is one of those people that walks into your life and one way or another leaves massive footprints on your heart. I know I speak for many when I say Lluvia is someone impossible to avoid yet impossible to forget.

Are you a student deserving a published profile? Do you know someone who is? Email cairn@castleton.edu. You could be next!

The Commuter Corner

By Amanda Wylie
Staff Writer

Were you looking forward to this issue's Commuter Corner? We were! Amanda has opened the floor to Castleton's commuters, but she did not get one response! Please write to Amanda at commutercorner@yahoo.com to discuss the fun, the problems, and the unusual encounters of commuting!

ATTENTION FACULTY!!

The Cairn wants to publish your student's scholarly work! Please encourage your students to submit research papers, opinion pieces and artwork! Please notify The Cairn of items you feel should be published for all to read. Email cairn@castleton.edu or call 468-6067. We look forward to reading and publishing the fine work of Castleton State College Students!
Next deadline: October 23, to be distributed Halloween.
After that, the next deadline will be November 14.
Topics encouraged: hate crimes, literature interpretations, education articles, nursing interests and music students have written.
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World-known artist creates in Castleton

By April Garvey,
Staff Writer

Large silver and bronze sculptures, elongated human figures, and flying acrobats. These are just a few of the pieces local artist Patrick Farrow displays in his gallery. The gallery, like Farrow, is far from mainstream in appearance.

Farrow and his wife Susan sought out a home that would double as a studio. They found such a place on Main Street in Castleton. The building, like Farrow was very unconventional: it's an old, yellow church that has been used for storage for the past 25 years.

The church also had great historical significance, being the second oldest Catholic parish established in Vermont.

Farrow said he was delighted by the fact that he would be able to produce and display his artwork in a place that appeared to be a work of art itself.

After seeing the 20-foot high ceilings and stained glass windows, the couple was sold. Within a few months, they had completely transformed the rundown old church into a beautiful art gallery.

One can see the large stained glass windows cast dramatic light form the sun on the many sculptures when walking through the front door. The large cathedral ceilings and the silence of the gallery appears museum-like. All of these characteristics make the gallery illuminate with sheer elegance.

Upon entering the gallery customers view many large metal sculptures placed on marble podiums. The sculptures act as an open invitation to passers-by, with human figures reaching their arms toward the road and well-traveled sidewalks of downtown.

Farrow, who claims to be a very unconventional artist, considers his art an outlet rather then a career. He tells the story of his time spent at U.C.L.A after graduating high school. He attended classes in premed. He also took some art classes.

"The classes never held my attention for very long,"Farrow said. He didn't like to feel restricted by other people's standards of art.

Farrow appears quite uneasy when talking about his artwork. He would rather let customers linger around the gallery at their own discretion. The artist often paces around the gallery and only looking customers in the eye when they ask about his artwork, as if he is waiting for their response. Farrow appears comfortable inside the gallery wearing his black hooded sweatshirt, and pants stained with bronze coloring. His safety goggles hang loosely around his neck as he greets each customer that comes in.

Farrow becomes quite personable when talking about his wearable jewelry. These are necklace chains with small sculptures in the center resembling a charm.

One of Farrow's favorite wearable sculptures is a garlic clove. The clove comes with an old family recipe for garlic French fries. Farrow says the wearable pieces are among the least expensive pieces in the gallery, costing between $75 and $100. Some of the larger pieces displayed in the gallery sell for up to $4,500.

Farrow says that all different kinds of people come into his gallery, but mostly elderly people who own second homes in the area. Farrow is on a first name basis with many of the customers. He speaks at length with an elderly couple that recently purchased a piece.

Customer Eleanor Hand purchased Farrow's favorite wearable piece, "the garlic." Hand says the reason the pieces are expensive is because Farrow is a world-renowned artist.

Farrow has won many awards, including Crossroads Arts Council Community Award, National Sculpture Society Exhibition Award, and was also elected Fellow of the National Sculpture Society. He was featured in many popular magazines, including People magazine and Time magazine.

However customers aren't always aware of Farrow's prestige. Farrow displays small yellow pamphlets by the entrance of the gallery, which lists his credentials and achievements. The artist clams up when asked to speak about all of his accomplishments as an artist. Farrow says he tries to lead a private life and his gallery reflects this. Snuggled between two large homes in the country setting of Castleton. Many local residents haven't even heard of Farrow gallery, Castleton resident Ryan Ashworth said.

Farrow comes from a very famous family of actors and actresses. His younger sister is actress Mia Farrow. However Farrow is consumed with his gallery and not with his famous family ties.

Farrow said he is never blinded with fame.

"Instead I do art because that's what I'm good at and I don't know what I would do if I couldn't do art".

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New Faces, New Friends

continued from the cover

Chaucer

a correlation of subjects rather than a collection of subjects, and have input in the building of the Leadership Academy.

Professor Chaucer grew up and attended high school in Glastonbury, Conn. He started college at Northeastern University in Boston, but left shortly after. He knew he was in the wrong place when he found himself sitting in a lecture hall with a multitude of other students, looking at a professor who was so far away he could barely be seen, who was giving a lecture on the ineffectiveness of large class sizes.

Chaucer then went in search of a small progressive school and settled in Plainfield to attend Goddard College. At Goddard, he got to design his course work, and really explore the processes of learning. Chaucer later went on to get a Masters in Botany from the University of Vermont and after 12 years of teaching went back to earn his Doctorate in Leadership and Curriculum.

When asked why he teaches professor Chaucer replied," because it's who I am, I can't imagine doing anything else." Chaucer spent lots of time as a small child in the school created by his great aunt, (Mrs. Gayler's School), and can remember noticing the things teachers did poorly and those that they did well as a young student. Harry Chaucer even went on to start his own school The Gayler School keeping the family name. Chaucer has been a teacher himself for over 25 years.

Harry Chaucer has extended family in both Connecticut and Boston and is married with children. He and his wife Kathleen have 5 children and share their home with a longhaired dachshund named Maple and 3 cats. If professor Chaucer were stranded on a deserted island, he says, the one thing he would bring with him would not be a soccer ball named Wilson, but his family and a boat to enjoy the water-- not to escape the island. Similarly, if Chaucer had to choose two people from history to have dinner with he would select Leonardo Da Vinci for his wide range of intellect and to speak with such genius, and Marie Curie because she was a scientist from an interesting era who brought us so much knowledge through her discoveries of Radon and Radium.

We welcome Harry Chaucer most warmly, as he is sure to strengthen and connect not only the education department but the Castleton community as well.

David Wolk will become the president of Castleton State College January 1, 2002.

Photo by Shawn Myhre

Keyes

built Lord of the Rings. Tolkien was very learned."

Keyes is also quite fond of Shakespeare's writings, and hopes in the future to have time to re-read and do research on Shakespeare's many works. Keyes has many other interests as well. She is a private pilot, an accomplishment of which very few people can boast. She has a current pilot's license, which means that she has the capability to take passengers flying. "Flying," Keyes said, "makes me feel great. I get to be off the ground, defying gravity." Keyes also enjoys gardening and is quite knowledgeable about the subject. She also enjoys theater. She said she is looking forward to being involved in many aspects of the college in which she did not previously have the time or eligibility to participate.

Keyes said any generic advice about students' papers and assignments would be challenging to offer The Cairn because each individual student makes his or her own unique mistakes. "Mistakes are not generic," she said. "If there is one suggestion I can give, the only one thing that seems to be universal, something of which I, too, was guilty as an under-grad, is procrastination. Don't procrastinate." She said that it is the worst possible thing students can do because procrastinating limits their ability to get the help they need in time to complete the work.

"If you start a paper two weeks before it's due and you get stuck, you have time to get help and fix it. If you wait until the paper is due the next day, and you come and ask us for help, there's not much we can do about it," Keyes said.

Handleman

music and art are an integral piece of what makes us human."

Professor Haldeman is married to an art teacher, Joann McDaniel and they are expecting their first son in October. The Haldeman's also own a dog named Abbey.

When asked what he would bring with him if he were stranded on a deserted island Haldeman replied," my wife." If he could have dinner with any two people from history they would be "Benjamin Franklin because of his genius and great sense of humor and Jesus."

The Castleton community is just as excited to have Randal Haldeman in the ranks of our fabulous faculty as he is glad to be here, and we welcome him with open arms. Wonderful things will continue to happen in the music department and everyone is encouraged to take part.

Did you know? The next time you are coming home from Rutland, take a good look at the sign at the end of the Exit 5 ramp. The "u" in Hubbardton is backwards.

Got your ghost stories?? Spook your friends with a haunting description of what happened the night the power went out. Please email your stories to cairn@castleton.edu ASAP for a chance to have your story published in The Cairn!!

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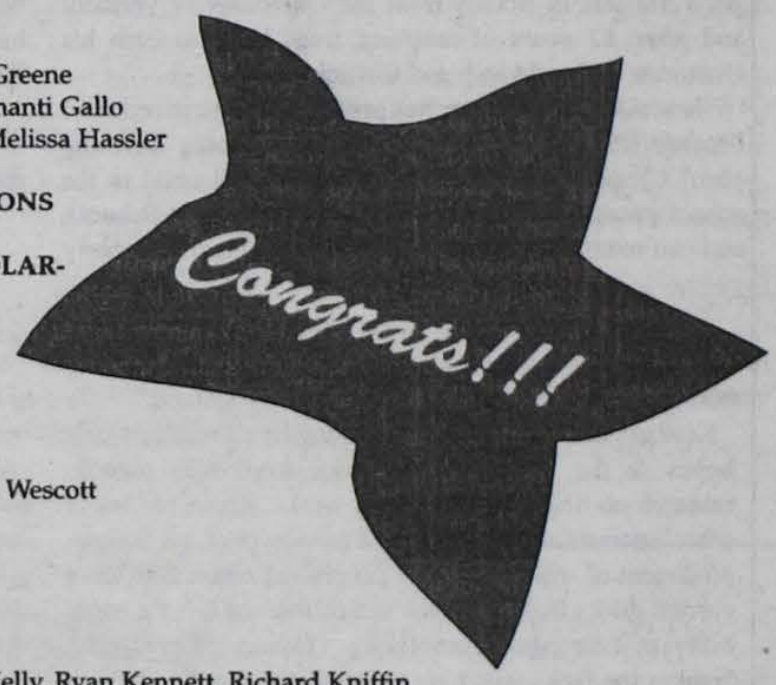
Scholarships Awarded

The following is a list of those present at the annual award dinner, Friday, September 21, to accept their scholarship. This is not a complete list of scholarship winners.

C.V. STARR SCHOLARSHIP•Gail Page, Cynthia Kilic, Sharon MacFarlane, Megan Miller, Bianca Rotmil, Kimberly Rounds, Kelli Van de Weert
PRESIDENTIAL SCHOLARSHIP•Susan Baker, Nancy Boise, Kevin Boucher, Robert Capobianco, Kathy Cassidy, Jason Chagnon, Jennifer Currier, Rebecca Dus, Sarah McDonough, Bridget McGuire, Jessica Moore, Allison Oquendo, Gail Paige, Benjamin Pomeroy, Ann Rider, Loni Ward
ARAMARK SCHOLARSHIP• James Blakely
CASTLETON BENEFACTORS SCHOLARSHIP•Thomas Sawyer
RUTLAND COUNTY GRAMMAR SCHOOL SCHOLARSHIP•Jennifer Gallagher
AGNES LINDSAY TRUST SCHOLARSHIP•Melissa Clifford, Brownyn Gagne, Gale Liker, Deborah Manning, Melinda Piper, Jay Pomykala. Rebecca Towne
KEITH JENNISON MEMORIAL SCHOLARSHIP•Christine Chestnutis
DOROTHY BEACH BARNOUW SCHOLARSHIP•Lacy Saunders
VIOLA E. AHEARN & JOHN J. AHEARN MEMORIAL SCHOLARSHIP•Jason Draine
KPMG PEAT MARWICK SCHOLARSHIP•Paulette Hatch
WILHELMINA SAVERY GAGNIER AND VICTOR J. GAGNIER SCHOLARSHIP•Melissa Clifford
GIBBS FAMILY AND NELSON LYONS SCHOLARSHIP• Amanda Wylie
THE KENNETH CLARK STEELE SCHOLARSHIP•Victoria Greene
THE ALUMNI ASSOCIATION SCHOLARSHIP•Kyle Abrahamovich
THE CARRIE COLVIN PERRY•Jesse White
CASTLETON FELLOWS•Noah Bartmess, Christopher Beardsley, Michael Bennett, Melissa Budwick, Erin Butterly, Dara Caputo, Kathryn Carnahan, Jessica Church, Heather Connor, Tim Florentine, Rebecca Garwatoski, Lisa Hasch, Hilarie Hauswirth, Megan Hildebrandt, Tara Hogue, Jennifer Knight, Carrie La Fond, Kim Lapinski, Kara Littlefield, Michael Mahar, Joshua Martin, Devin Mason, Meredith Mattern, Andrea McPherson, Melissa Moran, Stephanie Thow, Caitlin Tully, Kathryn Vreeland, Kimberly Wenta
CLASS OF 1959 SCHOLARSHIP•Brian Audet
THOMAS KEITH MEIR SCHOLARSHIP•Victoria Greene
ROBERT FOREST MEMORIAL SCHOLARSHIP•Shanti Gallo
CASTLETON WOMEN'S CLUB SCHOLARSHIP•Melissa Hassler
THE SPANISH SCHOLARSHIP•Caitlin Tully
CHRISTOPHER D. SCHNEIDER COMMUNICATIONS SCHOLARSHIP•Schuyler Barsch
CHRISTOPHER D. SCHNEIDER NURSING SCHOLARSHIP•Roxanne Shelton
ROBERT T. STAFFORD FELLOWSHIP•Jessica Guerrette
MOLLIE BEATTIE SCHOLARSHIP•Jessica Guerrette
ANNA MCGRATH PORTER FELLOWSHIP•Suzette Cyr, Scott Lanphear
VERMONT STATE COLLEGE SCHOLAR•Krystle Danforth
VIRGINIA HERRICK ELEMENTARY EDUCATION FELLOWSHIP•Katie Leining, Katie Taylor, Amy Wescott
VT STUDENT ASSISTANCE CORPORATION LEADERSHIP SCHOLARSHIP•April Gordon
FORMER NURSING FACULTY SCHOLARSHIP•Chris Arcouette
MARILYN A. CROSS MEMORIAL NURSING SCHOLARSHIP•Jody Lester
THIESER/MANOVILL SCHOLARSHIP•Jennifer Baird
THE MUSIC SCHOLARSHIP•Amber Acker
THE VALEDICTORIAN - SALUTATORIAN SCHOLARSHIP•Beth Carini, Tim Florentine, Samatha Kelly, Ryan Kennett, Richard Kniffin
THE VIDEOFEST SCHOLARSHIP•Danielle Horner, Jeremy Chilson
WILLIAM H. FEASTER MEMORIAL SCHOLARSHIP•Bethany Salerni
THE VSC SCHOLARSHIP•Suzette Cyr, Scott Lanphear, Katie Taylor



The Cairn asked a few students who live off campus just what is the best part of being dorm-free. Here is what the residents of Cemetery Rd. had to say:

"Living off campus is great because you can make good dinners, and the house can be cozy, and quiet," Kendra Sobiech, junior.

"I don't have to worry about having my school id to get into the building," Katie

"I don't have to worry about public safety," Ian Gill, senior

"I can sit in my living room in my boxers and drink a beer without a care in the world.," Mike Bache, senior.

Compiled by Emily Colburn

Volunteer Opportunities

Below, you will find a list of internships opportunities that are still available for the Fall semester. While some of the opportunities are paid or offer other benefits, the majority are unpaid. But, all of the opportunities offer a chance to gain some great experience within your degree program. If you would like more information about any of the internships listed below, please give me a call at 468-1431.

Century 21 - Web Site Intern - Intern needed to improve and enhance and connect information on 5 different web sites (vthomes.com, realtor.com, century21.com, vermontvacations.com and a multiple listing web site). Paid.

Girl Scout Girls Sports Day - Event Coordinator - The Girls Scouts will be sponsoring a Girls Sports Day at Castleton State College on November 17 from 1p.m. - 6p.m. Over 100 girl scouts will attend and try various sports like softball, basketball, volleyball, swimming and lacrosse. An intern is needed to organize and run the program.

Keytech - Marketing and Sales Intern - Compiling mailing lists, developing color flyers, phone calls to determine interest/need for company that provides on-site cleaning for all electronic and computer equipment. Paid.

Rutland Amateur Hockey Association - Accounting Internship - Payroll, budgeting, reconciliations and recording of payments. General bookkeeping using Peachtree Accounting Software 8.02. Stipend available.

PR/Marketing Internship - Organize and track sponsors for hockey team and rink signage, send out correspondence, maintain excel spreadsheet and coordinate monthly newsletter.

Web Page Coordinator - Design and update RAHA web page with Fireworks 3, Dreamworks 3 and Flash 5. Laptops welcome.

Fair Haven Fitness - Fitness Center Intern - Intern will learn all aspects of running a successful business from the ground floor. Excellent majors in Exercise Science, Physical Education or Business.

Rutland Area Visiting Nurses Association and Hospice - Editorial Assistant - Assist in planning, interviewing and writing stories for Home Care Connection, the external newsletter for RAVNAH.

Human Resource Intern - Assist in the staffing, compensation and benefits process. Will be given independent projects. Will gain experience in job description writing and evaluation, interviewing and hiring, developing compensation and benefits program and other employee relation programs.

Photo Journalist - Assist RAVNAH staff in building a photo library documenting different disciplines and services offered by RAVNAH.

Russell Corporation - CIS Assistant - Provide staff with company network, voicemail, PC, printer and web support. Paid.

I.B. Munson House B&B - Marketing Consultant - Assist owners with implementing marketing plans to help improve occupancy rate. Season ski pass to Okemo and other possibilities.

Rutland First Night - Marketing Intern - Assist with the coordination and presentation of Rutland's New Year's Eve celebration. Paid.

Health and Allied Science Publishers - Office Assistant and Accounting Intern. Bookkeeping duties using Peachtree and Quickbook Pro software. Will gain experience in shipping, processing of orders, and credit card processing. Web site knowledge helpful, but not necessary. Stipend available.

The Vermont Country Store Operations/ Production Management Intern - Assisting with day-to-day operations. Dealing with administrative, personnel and productivity issues. Paid.

The Old Homestead Community Center - Computer Intern - Develop computer training workshops for elderly residents and middle school students. Training could be in keyboarding, email, word processing, data management, and internet familiarity. Work-study eligible.

Rutland Head Start - Classroom Assistant - Assist classroom staff with daily activities, such as reading, game playing, singing with children and outdoor recess.

Video Intern - Video tape specific classes and create a 1/2 hour program, with the help of the teachers, that can be aired on Channel 15 in the Rutland area. Work-study eligible.

Tutor for Autistic boy - The family of a 3 1/2 year old autistic boy, is seeking a Special Education major who would be interested in tutoring their son on Tuesdays and Thursdays. All day is preferred, but mornings only will work as well.

Cross Roads Art Council
- **production assistants**
- **press release and article writers**
- **theater techs**
- **graphic artists**
- **digital photographers**

Paramount Theater - Theater Tech Interns - Assist the theaters technical crew in a variety of productions. Box office and administrative help is also needed.

Sherman V. Allen Petroleum Company - Marketing/Business Management Intern - Position requires receipt of customer orders via telephone and walk-ins. Data entry and retrieval of customer accounts via the company's petroleum software program, as well as standard software programs such as Lotus, MS Word, Excel, etc. Paid.

Vermont Industries - Management Intern - Customer service, order processing, order fulfillment, email management, and web updating. Paid.

Tickets for the following events are now on sale at the Box Office:

October 17 -- **Kenny Werner Jazz Trio** - In over a quarter century of performing, gifted pianist and composer Kenny Werner has played with such jazz greats as Bobby McFerrin, Dave Holland, Dizzy Gillespie, Charles Mingus and many others. FAC, 8 pm. Soundings

October 23 -- **Victoria Angis** lectures on "Hate Crimes 101." Herrick Auditorium, SACm 12:30 (limited seating). Soundings

November 5 -- **Panel Discussion, "Reflections on Election 2000."** Science Auditorium, 7 p.m. Soundings

November 8-11 -- CSC Theatre Arts Department production, "**Getting Out.**" Award winning playwright Marsha Norman creates an intriguing story exploring the ability of the individual to break free from the expectations of society.AC, Nov. 8 - 10 at 8; Nov. 11 at 2 p.m. Soundings

November 14 -- **Noche Flamenca, dance**. Born of passion, Noche Flamenca was founded in Madrid in 1993 by artistic director Martin Santangelo and his wife Soledad Barrio. FAC, 8 p.m. Soundings

Soundings students,
Please bring your student ID to purchase your tickets. We do not reserve Soundings tickets unless purchasing additional ticket(s) at student discount price.

Box Office Hours: Mon. - Fri. 8:30am-12:00pm, 1:00pm-4:30pm.
For reservations, please call 468-1119

First Ever VTC Career Fair, 3rd CSC at CSC

VTC is hosting its first career fair and is focusing on its technical, scientific, environmental majors. It's all happening Nov. 1st! A van will leave CSC - sign up at Career Development (no charge/space limited.)

Castleton will hold its 3rd CSC Career Fair on Wednesday, Nov 7th in the Glenbrook Gym from 9 a.m. to 3 p.m. (closed 11-12). Over 40 majors represented.

There will be some overlapping of companies/majors at both career fairs. Please consider advising your students to attend BOTH Career Fairs. All 4 years are welcome!

For more information contact Judith Carruthers, Director Career Development, Castleton State College:
judith.carruthers@castleton.edu
468-1339

SHAPE Gym and Fitness Center hours

Fitness Center
Mon, Wed, & Fri: 7:30 am - 9:00 am
Mon & Wed:12:00 pm - 8:00 pm
Fri: 12:00 pm - 7:00 pm
Tue & Thu: 12:30 pm - 2:00 pm,
4:00 pm - 8:00pm
Sun: 6:00 pm - 9:00 pm

Front desk, gym & racquetball courts:
Mon & Wed: 7:30am - 9:00pm
Tue & Thu: 8:30am - 9:00pm
Fri: 7:30am - 8:00pm
Sat: 1:00pm - 8:00pm
Sun:1:00pm - 9:00pm

*Non-Members Gym use fee $3.00 per person.
*Non-Members using the Racquetball Courts must pay $10.00 per court, per hour fee.

Milfoil for Lunch, Phytoplankton for Dinner

By Janelle Wilbur,
Staff Writer

Ever wondered what lives in the College Pond or the Castleton River? Could you imagine Castleton without Lake Bomoseen? Remarkably, there is much more life that thrives in these local places than one would think.

The college pond, for example, was recently examined for an ecological assessment by a group of Castleton Ecology students led by Prof. Cynthia Moulton. Using sophisticated techniques, we were able to net a variety of minnows, sunfish, snails and crayfish. We recorded the different species, and their relative sizes, to get an idea of how healthy the fish as well as the other organisms are, and how their development is progressing.

CSC Ecology students collect samples at the school pond.

Photo by Janelle Wilbur

We also did a variety of chemical tests, which would serve as an indicator of the pond's overall health. The same group of students also netted fish from one section of the Castleton River, and performed the same chemical tests for comparison. What we found, other than a drastic difference in temperature, is that the typically muddy pond not only had a greater variety of fish, but better overall diversity.

These are the five fresh-water tanks in Dr. Hampton's Aquatic Lab.

Photo by Janelle Wilbur

Another group of CSC science students has spent the last four weeks analyzing Lake Bomoseen's water quality. With Dr. Anne Hampton as our guide, the Aquatic Biology class has tested the lake water using many of the same tests as we did for the pond and river. The tests ranged from Hardness, Alkalinity, Chlorine, Nitrate, and Phosphate, to pH and temperature. With these results, we will be able to monitor many changes to the lake and possibly foresee the cause.

A prime example of such a change would be the recent problem with invasive species being introduced to the lake, such as Zebra mussels and Eurasian milfoil. Although they may be small in size, their populations are numerous and not under control. Zebra mussels are filter feeders, which means they feed on tiny zooplankton and phytoplankton, which are food for many native fish species, including the primary source of food for young fish hatchlings. What this causes, in effect, is a shift in the food chain and it could cause other animals to die off.

Zebra mussels also use up valuable dissolved oxygen in the water, which is the basis of life for many other species. The milfoil reproduces so rapidly that it suffocates other plants and takes over. In order for the lake to remain in balance, it must have proper Nitrogen and Phosphate levels. As you know, plants require both of these nutrients to live, but an excessive amount of plant-life could use up too many of these nutrients. If the lake's delicate ecosystem is thrown off balance, an algal bloom could result and the clear-watered, recreational lake as we know it would become a very different place.

In an effort to see the importance of chemical balance in a lake, we have set up five freshwater tanks in Dr. Hampton's Aquatic Lab, as part of a class project. Each tank has a unique set of organisms and plant-life. It is up to us to take care of the tanks and feed the animals something as similar to their natural diet as possible. It will be interesting to see how the tanks do throughout the semester, especially with one containing both Zebra mussels and milfoil. Anyone who is interested is invited to stop by the lab and check out the tanks.

What's Ale-ing you?

By Grant Kohler & Elizabeth Hanafin,
Contributing Writers

Back in America, we have a stereotype about Europeans -- beer has a large presence in their lives and entire European cities shut down at 5:30 and the pubs fill up. Well, after just about 10 days in Europe's most famous capital city, we can tell you that these stereotypes are true.

There is a pub on every corner, including one right below our "flat" as the English call our apartment. It is common for the locals to go to a pub for lunch, order "fish & chips," and drink a pint of draft beer. If you are fortunate enough not to be working that day, or if you are a traveler, then it's common to sit in the pub for a pint of ale between taking in the sights.

We quickly learned that few people order bottled beer. In fact, the only people who seem to order bottled beer are foreigners. Americans are not used to the density and rich flavors common in European beer. Every beer over here has tasted quite good, especially with lunch! Some favorites include Old Speckled Hen, Carling, Grolsh, Heineken (it doesn't taste skunky in Europe) Guinness and Abbott ale, which most natives consider to be the best beer on the continent.

It only took a few visits to the pubs for us to wonder about the history of pubs. The pubs of today evolved from early beginnings of the city, when London was part of the Roman Empire. They were called tabernae --a place to eat food and drink wine. Over the years, despite invasions from the Anglos, Saxons, and Vikings; primitive pubs remained popular, along with a thirst for ales. As the need for ale steadied the overall skills of brewers improved with it. This led to the beginning of the alehouse. In 7th century AD, the King of Kent restricted the quantity of beer for sale. Brewers would often make more beer than allowed for sale, and the unused ale would be wasted. Eventually, the brewers found a way to use the surplus good -- selling it to patrons at the brewer's house.

Three hundred years later, a different King of Kent regulated the size of the containers for drinking. Patrons shared the vessels, and a peg marked each measure. The drinker would drink down to the peg, and then pass it on. The problem was that most people drank more than their share of the vessel, thus taking the next drinker, "down a peg or two."

With the middle Ages came the rise of industry. The Thames River had become a nasty dumping ground for the industries, making the water unsafe to drink. The only safe drink was ale. At the same time trade was increasing too. Traders would travel to dangerous roads to deliver their goods to people. Monks began to establish inns for travelers who needed food and shelter. Soon monasteries were full of Christians making pilgrimages to the Canterbury Cathedral. As these pilgrimages became ingrained in English life over more than two centuries so did inns.

The dawn of British Imperialism brought with it population growth and an economic growth resulting in urban sprawl from the heart of the city to the country. The tavern was established in local areas as a place for leisure, much like the pubs today. What made the tavern different from the alehouse was the clientele. While alehouses were now frequented by the destitute, who needed a cheap, if not free, way to forget about their plight, taverns catered to the wealthier citizens, who wanted to kick back, have a few drinks by an open fire, and engage in conversations with their pipe-smoking friends. Paradoxically, taverns were also popular places for con-men and prostitutes, because the heavy drinking by the rich made it easy for them to earn their living. Since then, "pubs" (from public places) have remained a place to get a good meal, good ale, and some good talk.

There is a big difference between the social acceptance of drinking in Europe and in the U.S. This is not surprising, considering the popularity of pubs in London culture. But it goes further than that. The drinking age here is 18 years. However, most people say that doesn't matter. In many pubs, a 14-year-old youth can order alcohol if she or he is with a parent. When people need to prove their age, all that is necessary is something with their name on it and their date of birth. In the US, a valid photo ID is necessary everywhere as part of various, "Zero-Tolerance" laws.

Albert, a patron of Exmouth Arms, an upscale pub a few blocks from us, told us that he was shocked that when he visited a bar in the US, he had to prove that his son was 25. Albert said he was used to drinking 3 pints a day, 21 days of the month. When he asked Danielle, the bartender of Exmouth Arms if there was a problem with rowdiness with younger drinkers, she said "no." However, when we asked her if there was a problem with drinking and driving, she admitted that it was indeed a problem. Drinking doesn't cause too much violence here as it causes vehicular accidents. Although the US has a "zero-tolerance" policy, and penalty for drunk driving in the UK is much harsher. On their first offense, people lose their license here. In the US, it usually takes two such offences for the same penalty.

With so much drinking, surely, one needs to eat some food. And once again, London offers a great experience in that too. After just a few days here, we can see that London is a microcosm of the former British Empire in terms of cuisine. When eating in the city, the first thing we noticed is how "un-English" its cuisine is. In addition to the pubs, our neighborhood has many Indian restaurants, Middle Eastern restaurants and many others. The ubiquitous presence of these Asian restaurants can be traced directly to the many years of colonization of west and south Asia. Some Indian restaurants have an American twist to them – they are really at fast food restaurants, what Dr.Ghosh calls "hurry-curry" places. When we spoke to Mr.Romand, a chef at, Diwana, an Indian curry house, he confirmed a fact that Dr. Ghosh revealed to us earlier – that 95% of all Indian restaurants in London are actually owned by people from Bangladesh, a neighboring nation. He also told us that the major difference between true Indian food and the food served in London's Indian restaurant is the degree of spiciness. The food here is less spicy and the taste is toned down a bit.

This is hardly surprising;! The Chinese have been serving Americans fake Chinese food for years. After all Chop Suey is an American invention.

For immigrants who want to prepare food for themselves according to their own customs, there are Halal foods. Halal food is the Islamic version of the Judaism's kosher food. Before an animal is slaughtered, Muslim prayers are said, and in processing, the blood is drained from the animal first. Only "Halal" meat is considered clean by Muslims.

So why is there such a difference between the culinary and drinking practices of the British and the Americans? The United States still lives in a Puritanical society, though most Americans barely notice. "Zero-tolerance" laws have been passed to "crackdown on the problem of underage drinking." The legal drinking age is 21, although it once was 18. Most liquor stores won't accept any other form of identification other than a driver's license or a US Passport. Add to this the ethnocentrism of Americans. Most ethnic restaurants in the US are in small buildings in areas where there is not much retail. They are not found in the same areas as burger-joints or steakhouses. If not that, they are cleverly packaged and "de-cultured" in shopping mall food-courts. Americans usually do not extend their taste past re-invented Chinese food. Compare that with the imperialistic British, whose empire has been consolidated into their nation. The views of the Puritans are non-existent here because they all emigrated to the Americans centuries ago. The British do not consider underage drinking to be sinful; the term "underage" barely means anything here. Additionally, it is legal to walk around with an open container.

The result is a city mixed with different cultures and different peoples—which, to us, is far more interesting, than the monoculture of back home.

Note: The authors are CSC students participating in the London semester lead by professors Linda Olsen and Sanjukta Ghosh. We look forward to hearing more from them!

SPOOK US!
Share your ghost stories, fact or fiction, but please specify which.
Winners will be published on October 31.
Get your stories in by October 23!

Be thankful!
Is there someone, or something, you are thankful for? Share it with the world, or the CSC community, at least, by sending in an essay about your favorite people and things.
cairn@castleton.edu

Women's Tennis Team Defeats Green Mountain College, more

NAIA National Tournament

Last Fall, Castleton's women's tennis team captured their sixth straight NAIA Mayflower Conference Championship and first ever Northeast Regional title. This qualified the Spartan women to travel to Lexington KY in May to compete in the NAIA national tournament.

Castleton competed well at the nationals, but lost in the first round to a very tough team from Southern Nazarene College of Oklahoma. "It was a great experience for the players to compete at this level; very inspiring. The best way to get better at tennis is to play tough competition" cited Paul Cohen, head coach.

The Women's Tennis Team. Front Row: Lisa Terwilliger, Maggie McCarthy, Lisa Maxham Back Row: Head Coach Paul Cohen, Stefanie Coulombe, Christina Gill, Jesse White, Asst. Coach eorge Kuhn.Not Pictured: Asst. Coach Steve Prosowski, Gayana Badalyn Photo by Kim Keller

RPI 9, Castleton 0

This year, the Spartan's first match was against the always-tough team from RPI. Although we didn't win any matches, we won a number of games, especially in doubles. According to coach Cohen, "RPI plays at a very high level, they always have a deep line-up of very experienced tennis players, many of whom have been playing and taking lessons since they were young children. They always play well and can really expose a weakness in their opponent's game".

Castleton 7, Green Mountain 2

Castleton's second match was against former NAIA arch-rival Green Mountain College. According to coach Cohen, "Green Mountain was definitely out to beat us this year, knowing full well we captured the conference championship for six years in a row". The Spartans played very well; sweeping the doubles and winning four out of six singles matches. Winning for Castleton were Lisa Terwilliger and Christina Gill (#1 doubles), Maggie McCarthy and Jesse White (#2 doubles) and Lisa Maxham and Stefanie Coulombe (#3 doubles). Maxham and Coulombe are new to the team this year. "They both have a real affinity for doubles; they love it at the net, which is rare among tennis players at all levels" says their coach.

Gill, McCarthy, White and Coulombe also won their singles matches, clinching a victory for Castleton. In an extremely well-played match at #1 singles, Lisa Terwilliger took Green Mountain's Kristen Chisholm (the reigning regional singles champion) to a second set tie-breaker. "Lisa was the aggressor in the match. She ran Kristen all over the court. A couple of points could have easily swung the match the other way. I look forward to seeing their rematch in a few weeks", says Cohen.

Men's and Women's Fall 2001 Sports Schedule

For further information contact the Athletics Office: (802) 468-1252

Men's Soccer-Head Coach: Chris O'Brien
October
17 Notre Dame College (NH) Home 3:00
19 Newbury College Home 3:30
20 SUNY - Plattsburgh Home 2:00
25 Green Mountain College Home 3:00

Women's Soccer-Head Coach: James Tyson
October
19 Skidmore College Away 6:00
21 Elms College Home 2:00
24 Lyndon State College Home 3:00

Women's Tennis-Head Coach: Paul Cohen
No more this season

Cross Country-Head Coach: John Klein
October
20 Southern Vermont College Away (W) 11:00
Bennington, VT (M) 11:45
27 William Smith College Away (W) 11:00
Geneva, NY (M) 12:00

Men and Women's Soccer Status

By Julie Lapham,
Staff Writer

The CSC men's soccer team has been pretty triumphant so far this fall season. With a record of 5 and 3 the team is lead by sophomore Luke Laroche. Laroche currently has eight goals and three assists with an average or 2.38 points per game.

The team showed well against long time VSC rivals Johnson State and Lyndon State Colleges with impressive wins. The Johnson game showed goals from Laroche, Jake Bennett and Mike Bloechle, with a final score of 3-1. Against Lyndon State the men stepped it up a bit more, with two goals from Laroche and additional goals from Bloechle, Lucas Tatro, and Jason Peters.

On September 15, 2001 goalkeepers Jason Apruzzese and Joel Leichtnam gave a valiant fight against University of Maine- Farmington. The Spartans of Castleton were out shot by UMF 21-12 with a 3-0 loss. Against our neighbors up route four, Middlebery, Jesse Kyhill scored the lone goal in a 9-1 defeat.

The next few games against College of St. Joseph (Vt.), Skidmore College and Elms College are all away.This fall season has been difficult for the Spartan Soccer team. Their current record is two and seven. The leading scorers for the team are Kendra Sobiech, and Bethany Selerni. Selerni has six goals and two assists, while Sobiech has seven goals and two assists.

The lady Spartan's were able to conquer over Southern Vermont College and St. Thomas Aquinas. They were able to do this with impressive showings by Sobiech, Selerni and freshman goalie Lisa Hasch.

The Spartans have not fully recovered from losing seven key seniors last year. For a young team, the women are learning to work together and accomplish common goals . Another reason the Spartans are having some difficulties is Captain Meghan Wendell recently tore her ACL. "The games have been a a learning experience," said Sobiech, "and hopefully next year we will come together as a team and improve our record."

Their next few games are home so go support the Lady Spartans of Castleton.

CSC Hall of Fame Honors Athletes of our own

By Danielle Saleski
Staff Writer

When you hear Hall of Fame, you think of Michael Jordan, Yogi Berra, and Venus and Serena Williams. However, our school is fortunate to also have a Hall of Fame of incredible athletes that have passed through the gyms and fields of Castleton State College.

The 2001 Hall of Fame Induction Ceremony was held Saturday, September 22, and three more of Castleton's Alumni were recognized for their outstanding athletic achievements and their over all positive attitude on and off the court.

NASCAR announcer, Mark Garrow was asked to speak as a special guest. Tracy Boudreau, Rachel Clayton, Michael Wilhelm as well as the 95' Men's Basketball Team were acknowledged.

Stevie Chepko, Bonnie Foley, and Jay Sullivan introduced Boudreau, Clayton, and Wilhelm respectively. The Men's Basketball Team was introduced by Paul Albro.

Each presenter spoke to accredit the inductees with all they've contributed to the Castleton Community and to just reminisce some of the "good old days."

All presenters took a trip down memory lane as they recalled the good times and the amazing accomplishments of their athlete(s). These athletes have made a significant impact on Castleton State College and we are very lucky to have the opportunity to recognize these fine individuals.

The Hall of Fame is a wonderful way that the achievements of these athletes as well as the preceding and the following will be remembered at Castleton forever.

Thanks to the following business for their generosity and support of Homecoming/Parents' Weekend:

Ben & Jerry's of Rutland
South Station
Lakehouse Pub & Grille
Trak-In Restaurant
The Weathervane
Sweet Tomatoes
Bird's Eye Diner

Thanks to all the volunteer and staff who gave their time, energy and enthusiasm to make Homecoming/Parents' Weekend a success:

Aramark Staff
Chad Voghell and Crew
Physical Plant Staff
Rob Fogarty
Liz Garside
Erin Fernandez
Donna Wolski
Mike Buckley
Lori Phillips
Ennis Duling
Martha Farmer
Joe Mark
Jeff Freeman
John Klein and the Cross Country Team
Deri Wills
Christie Wilkerson
Greg Stone
Sarah Stomieroski
Meg Welch
Lyn and Allison Sawyer
Melissa Disorda and "Cheyenne"
Tim Barrett and Crew
Deanna Tyson
Jim Thieser
Ted Shipley
Diane Saltis
Mariko Hancock
Benjamin Pomeroy
Liz and Amanda Regimbald
Jane Foley
Harry McEnerny and the cast of "Crimes of the Heart"
Michael Bonner
Erin Howard
Vicki Chambers
Peter Auclair
Haskell-Adams Hall Council
Spanish Club
Lluvia Mulvaney-Stanak and J.A.M. committee & concert crew

The Hidden Station

By Sean Comeau,
Contributing Writer

Hidden beneath Haskell Hall in Castleton State College there lives a great secret. It is the Castleton State College radio station: 91.3 WIUV. There, student (and a few adult) D.J.'s play music for all to enjoy. But who is actually enjoying it?

I have become apart of the closely-knit radio station family this fall. I am currently doing a show called The Damage Manual with my friends and fellow D.J.'s Andy Bouchard and Sander Falzone on Saturdays from 8-10 pm. I enjoy doing the show and love the little attention the station gets from students at the college.

But is Castleton students what it should be primarily geared to? I talked to some faculty of the station who believe our target audience could be much wider than that.

So how do we accomplish such a feat with little money and help?

That is where the managers of the station come into play. Managers Mike Pylkowski, Ryan Roberts and Lluvia Mulvaney-Stanak have purchased a new antenna that has been placed on top of Haskell Hall. When installed, the new tower will be able to reach further towns and communities, thus bringing in a wider audience.

This is a great and proud moment for this little station and it could not have been fulfilled without the great managers who dedicated their time and energy. But that is not all the managers have been busy with. Hopefully, with a little help from the school, a production studio that will allow hosts of shows to record bits before there time allotment will soon be up and running. It is something that most radio stations should all be equipped with. It is an exciting time for this station.

WIUV
91.3
Castleton

"WIUV has more potential than I have seen in the last three years I have been here," says Mulvaney-Stanak, who has her own show, The Lluvia show on Wednesdays from 10- 12 p.m. She plays some great local and mainstream music and gives away tickets to upcoming concerts.

"People listen, and enjoy the music," says Jason Bullett host of The Bullet's Mix on Monday from 12-3 pm. "I run the musical gambit, the musical spectrum, figuratively speaking." Bullett has a call-in show where he emphasizes clean, wholesome music. "I ask people to request music with no four letter words."

"This station rocks," Dan Wooding, host of The Dan show. "I play upbeat pop music that is pleasing to the ear."

If pop is not your cup of tea, or you would like to hear some rap music, Uncensored is a show to tune into. It is aired every Saturday from 10 p.m. to midnight.

That is just a small taste of the shows you can listen to at WIUV. If you would like to hear a band, or a certain genre of music that is not being played, give the station a call and they can fit it right in, just don't knock on the host's style. The station is getting bigger, and with the new tower, 91.3 WIUV just might make its way out of the basement.

Have you ever hiked Bird Mountain?

Most of us call it Birdseye, and you can get to it by driving down Birdseye Rd. (Take a right out of campus, go past the turn for the highway, and look for Birdseye Rd. on your left about 2 1/2 miles down.) This is a great hike and once up top, you can see our school and the surrounding area. It is well worth the trip.

The Cairn would like to formally apologize for printing incorrect information. Last issue, a quote appeared, which when summarized, stated Nostradamus predicted the WTC incident. You may have received an email with similar information. It is up to you to determine just what Nostradamus predicted, but he did not say the quote we printed last issue. It was someone's interpretation of something he had said.

CROP WALK

Start: Fair Haven Park, Fair Haven, Vt., Sunday, Oct. 21st, 1:30p.m. Rain or Shine!!!!!

Route #1 - Walk the Park • Route #2 - 1.7 miles • Route #3 - 4.7 miles

Church World Service (CWS) organizes walks around the world to raise funds to aid in Domestic Terrorists Recovery Projects and to stop world hunger. CWS has already provides many of the supplies used by the New York Recovery Workers such as the blankets handed out by the American Red Cross. Volunteer to walk, sponsor a walker or help us organize the Castleton State College Walkers. We are asking the whole campus community to join us for this worthy cause. The larger the group of walkers, the more money we will raise. Stop by the Center for the Support and Study of the Community (Moriarty House) to pick up a sponsor sheet.

For more information call or email a member of the CSC organizing team: Chrispin White, 468-1431; Judith Carruthers, 468-1339; Mary Giordano, 468-1232; Larry Caruso, 468-1496/3347#; and Jan Rousse, 468-1371.

A cheerleading club has formed. Their goal is to establish a team of individuals whose main purpose will be to provide and encourage school spirit. Nicole Root '04 is the organizer. Twenty people attended the first informational meeting.

October 1 - 29
Calvin Coolidge Library Gallery

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STUDENTS!!!
The NEASC accreditation visit is coming up October 22- 23. Your attendance is crucial at the meeting, October 22 at 4 p.m. in the Campus Center. Show you support your school and make time for this important event. Watch for emails regarding this.

Come learn the ins & outs of VTreap - new link to finding teaching positions in VT. VTreap,representative, Mike Rinaldi, will explain how to access & get the most out of the new program.
VTreap Info Session/Workshop:
Thursday, November 15, 2001 at 4:00 PM
in SAC 157

Deep Banana Blackout lifted spirits far and wide

Event has overwhelming turnout, students praise efforts of J.A.M. committee

By Lluvia Mulvaney-Stanak,
Staff Writer

Just as Sept. 11th will remain engraved in the minds of all Americans as a somber reminder of the negative and violent world in which we live, Sept. 23rd will be remembered on this campus as a joyful and uplifting night, in which everyone set aside their fears and sorrows for a moment and got down and boogied.

The ever hard-working Activities Board finally listened to the requests of many students and brought the New England favorite band Deep Banana Blackout to town.

Over the course of the four-hour show, the Campus Center amphitheater was filled to capacity as swarms of concert goers gathered to hear the bands. Despite the delayed start of the show, the crowd greeted

the New York City reggae band Now Serving #38 with warm cheers as they opened. This band was quite good and brought a following of Green Mountain students with them. A mix of ska beats and solid reggae rhythms made them a crowd favorite.

When Deep Banana Blackout took the stage the crowd went crazy. The majority of the crowd was not in fact Castleton students. A quick survey of the audience proved that people had come as far as UVM, Bennington and beyond to hear Deep Banana Blackout for free. This band drew a crowd so large that even Castletonalumni from five years ago remarked it was the biggest turn out they had ever seen.

When final figures were estimated, over 500 students and surrounding community members showed up to watch the jazz/funk in the cool September night. Deep Banana Blackout was by far one of the best bands musically that Castleton has ever seen. (For those of you who saw the Toasters last year around this time, think that level of talent.) DBB kicked it into song after song, feeding off the dancing frenzy in front of them. The feeling in the air was uplifting and joyous. Most of this campus missed one hell of a show!

A collection for the NYC Relief fund was taken and about $100 was donated for victims and workers of NYC. The concert went off with out a hitch thanks to the diligent efforts of the J.A.M. and Tech Committees of thae Activities Board. Folks left with a smile on their faces and a spring in their step.

Truly it is music which enlightens the soul and brings people together.

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Tori, even more creative than usual

For Fans Of: PJ Harvey, Ani Difranco, Melissa Ferrick

By Lluvia Mulvaney-Stanak
Staff Writer

Tori Amos is at it again, creating mellow beats with harsh lyrics. After almost a two-year break she has produced her seventh album entitled Strange Little Girls. The conception of this album is truly unique for Amos. An avid songwriter, Amos collected previously written songs by male performers. She then recorded each song as an actress; creating different characters for each song and performing them from those characters' perspectives.

album review
who: tori amos
what: strange little girls
where: toriamos.com
why: she redid eminem!
when: october 14 in conn.

The overall theme of Strange Little Girls is how men view woman in our society and culture. If you make the wise choice of picking this record up, take careful note of the songs. Some will seem strangely familiar to you. Remakes of Llyod Cole (Rattlesnake), Tom Waits (Time) and even Eminem (*97 Bonnie and Clyde) are all peppered throughout the 12 track CD.

I enjoyed the entire album, especially buzz-worth tracks *Strange Little Girl* and *Enjoy the Silence.* Amos is one of the few artists who has put together an album as an entire piece of work and not as a compilation of singles that are radio friendly.

She is currently on tour supporting this album across the U.S. The date and locale closest to Castleton is Oct. 14 in Hartford, Conn. (All other New Englan dates have long been sold out).

For more information on Amos or on her pas albums, check out www.toriamos.com.

The Wizards of Ozomatli know there's no place like home

For Fans Of: De La Soul, Jurrassic 5, Dilated Peoples

By Lluvia Mulvaney-Stanak,
Staff Writer

The high energy, Afro-Latin/Salsa/Hip-Hop band Ozomatli has finally produced its second album, Embrace the Chaos. The nine incredible performers in the group come from diverse musical backgrounds and hail from the indie music scene of inner Los Angeles. Started in 1995, Ozomatli was named after the Aztec god of dance, and rightly so as a live performance of these guys is insane.

album review
who: ozomatli
what: embrace the chaos
where: ozomatli.com
why: multiclutural explosion
when: can't say. Higher Ground some day?

This band stems from the same musical explosion that brought us Jurrassic 5, De La Soul, Dilated Peoples and more. (Most of these bands collaborate with Ozo on the album.) Luckily, some of us who keep our finger to the pulse of the shows that hit Higher Ground in Burlington know of the fabulous music that these bands produce.

To get in inkling of an idea of the eclectic beats of Ozomatli go pick up this new album. Ozomatli is a socially conscious band that uses Spanish and English lyrics to "embrace the chaos" of the world. They accept the world as it is, and are doing something via music to change it. Check out all about them at www.ozomatli.com.

If those that reproduce more do better, what are we going to do with 100 different Pearl Jam wannabes?

By Gary Sloan, Jr.,
Entertainment Editor

Sounding like the bastard offspring of bands such as Creed, Fu and Tantric; Nickelback is hoping to latch onto the fame train with their second album Silver Side Up. Unfortunately, outside of the first single off of this album "How You Remind Me," there isn't really anything of substance on this album. The group sounds more like a mediocre Creed cover band. But whereas Scott Stapp knows how to write a catchy rock song that moves you, the boys at Nickleback are merely poseurs.

album review
who: nickelback
what: silver side up
where: nickelback.com
why not: super unoriginal
when: opening for creed somewhere in seattle?

This album is just a handful or two of mediocre power rock songs that strain to say something of importance, yet can't even hold your attention long enough for you to pretend that you care. If you love the single you hear on the radio, tape it off the radio, download it off the net, or try to find the single in the record store. But by all means necessary, STAY AWAY FROM THIS RECORD. Highest recommendation to avoid.

Tough-Enough: better than Prozac

By Gary Sloan, Jr.,
Entertainment Editor

Oh My God!!! I have been waiting for an album like this for some time now. An album you can pop into the player on a bad day, when you just want to vent. Finally it has arrived.

album review
who: various artists
what: tough enough soundtrack
where: tough enough.com
why: gary liked it (!)
when: when you put it in your cd player

The obligatory soundtrack to the MTV reality series that follows a group of wannabe wrestlers vying for a contract with the World Wrestling Federation has made for compelling television, and now an even more compelling album. MTV has gone all out for this soundtrack, getting heavy rock acts such as Drowning Pool ("Bodies"), Godsmack ("Awake"), Papa Roach ("Dead Cell"), Deftones ("Digital Batch"), Saliva ("Superstar"), Disturbed ("Stupify"), and Alien Ant Farm ("Smooth Criminal"). The album is a virtual who's who of modern heavy metal.

If you can listen to this album and not fin yourself either thumping your foot or bangin your head, then there is something medicall wrong with you. This is a must-have album fo anyone who loves hard roc music, who loves to pop in a CI and just trash around the room and for anyone who's ever ha one of those days when they jus want to vent all that pent-u rage. Here's an album just feste ing with ferocious beats an touching ballads of pure unadul terated loathing. The only thin this album is missing is a track by Rob Zombie Besides that this album is as near to perfectio as anything I've seen in a long, long time.

Blink182 in that Classic "Singing in the Rain"

By Gary Sloan Jr.
Entertainment Editor

In what could only be called "a torrential downpour", we sat waiting for the boys from Blink to take the stage. And we waited. And when we got done waiting, we waited some more. Until finally at 9 p.m., the boys were given the clear to take the stage for their 7 p.m. show. Unfortunately, this meant that opening band New Found Glory was scratched from the bill. Damn the rain, damn it to hell. But c'est la vie mess amis, we still have Blink.

The guys came out and were everything I thought they'd be, and that's saying a lot. They spent the show playing the songs we all knew by heart, sliding from one end of the stage to the other. One of the highlights being when Tom fell on his gluteus maximus, and commented aloud that he believed he'd broken his balls. Besides playing everything from "What's my age again?" to "All the Small Things" to "Rock Show", the Mark and Tom show took center stage with their classic onstage banter. The boys gave us props for our maple syrup and wondered aloud if this was where they made those coats for the Burlington Coat Factory. They slowed the show down slightly for "Adam's Song" before leaving the stage for Travis's drum solo. Usually I hate drum solos, but this one was quite the sight to behold. His drum kit slid around the stage and was lit up, and looked really party. The boys then took the stage again, playing through a few more of their hits, including a different version of "Josie", before leaving the stage at the point in the show where they wait to do the encore. After a mere 3 minutes, they came back out and brought New Found Glory with them. It was at this point that it dawned on me that I'd forgotten that it was still pouring out.

The guys from New Found Glory got to perform their hit song "Hit or Miss", since their performance had gone down the proverbial toilet due to the great weather we were having. They put on a great performance of that song, and I lamented the fact that we missed out on their show as well. Ah well, hopefully they'll play around here again soon.

Blink then came out and played a small tidbit of "Timmy and the Lords of the Underworld", before launching into the only song I'd been waiting for that they hadn't played yet, "Dammit". We were on our feet, hooty hooing and dancing the funky chicken as they played my favorite song, before shimmying off the stage leaving us with just these touching last words from Tom, "You guys can go home now and talk about how great I looked tonight". How great indeed.

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Symposium provides insight and answers to issues of terrorism

By Jessica Eade
Staff Writer

On September 26, 2001, the Planning Committee hosted a Community Forum in the Glenbrook Gymnasium called "Understanding the Recent Terrorist Aggression against the United States."

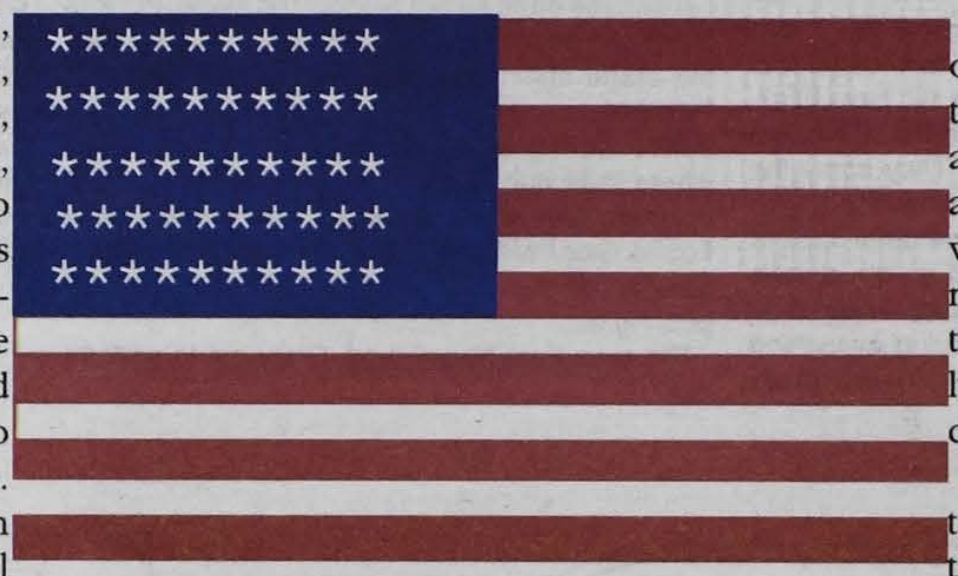
The Planning Committee, which consists of John Tigue, Lillian Jackson, Melisse Pinto, Carrie Waara, and Mike Austin, felt that holding a forum open to Castleton community members and students would help everyone present understand the recent acts of terrorism, and provide an opportunity to express any ideas and questions.

The program began at noon Wednesday and extended until two. John Tigue served as moderator and introduced each of the following speakers who each spoke on various specific topics that are directly related to the events of September 11. Assistant Professor of Geography, Joseph Taparauskas, gave a detailed geographical prospective of Afghanistan, utilizing an overhead projector to provide various maps of Afghanistan and its surrounding neighbors.

Taparauskas also provided information about Afghanistan's ethnic minorities, and multiple languages.

Following him was Assistant Professor of Political Science, Dr. Melisse Pinto. Pinto spoke on the ideological foundations of militant Islam. In her speech, Pinto addressed such frequently asked questions as: why would the United States be hated for its democracy and freedom? Why do these Muslim radicals commit these crimes? Why do Muslim radicals feel and act differently than the majority of the Muslim population?

Pinto gave a detailed description of the contrast between the United States' prospective on modernization, and the Muslims' prospective on modernization. A topic, which many feel is the motive behind these recent horrific, acts of terrorism.



Associate Professor of Sociology, Dr. Philip Lamy, spoke next on globalization, terror, and the new world order. In his speech, Lamy explained how the terrorist acts of aggression were designed specifically to hurt the United States and the world, seeing as, victims ranged from 60 different worldwide nations.

By attacking the World Trade Center towers, the radicals were attacking the United States' industrial success, through globalization and modernization. He used the travel industry as an example. By using airplanes as their tool of destruction, the radicals effectively shut-down the United States' air travel industry for a number of days, thus resulting in a large loss of income and resources.

Chrispin White spoke next to let every one present know what we could do to help in this time of need. White explained that there are many people living locally that could benefit from the aid of volunteers, and that when we help take care of those within our community we help make our community, as a whole, become stronger.

He described two volunteer opportunities, such as reading to and mentoring, children, and visiting the elderly. He also added that if an individual wished to volunteer and could not find an opening that fit their schedule, he would gladly help research an activity that did.

M. J. Raleigh discussed how to address our personal emotional needs. Raleigh explained that we will all deal with this crisis in our own way and that the Wellness Center is a great resource if any one should ever need someone to speak to, or simply just to listen.

Judith Robinson stood up to the podium next and explained the effect war has on the economy, focusing on what causes the economy to prosper and what causes the economy to decline.

Charles Pregger-Roman discussed the United States' covert activities in the Middle East, and Thomas Conroy ended the informative aspect of the community forum by discussing the media images of the devastating event.

The end of the forum was reserved for questions and comments; however, no one took advantage of the opportunity. Perhaps the forum was so successful at educating the crowd assembled that every one's questions were answered during the program.

The Cairn
Castleton State College's Student Newspaper
Free
10.31.01

CSC Students' Fantasies

By Ruby Reilly
Contributing Writer

You were on of the last to leave the discussion with Henry Ferrini on his Lowell Blues film two days ago. It was time well spent but it didn't get your paper done so you have committed to the library tonight, taking advantage of the newly extended hours. As the clock edges toward midnight your aching neck alerts you to the idea that you need a break from your work. They will be serving Java for another hour and the jolt of espresso will enable you to give the paper a little more energy before surrendering to the gentle arms or Morpheus.

You stretch before you temporarily abandon the books and head out the door. The last of the leaves crunching under your footsteps still smell of autumn, it's a good sensation, surprising since a Friday night dedicated to academic pursuits usually holds little joy. Two tables at the coffee shop in the student center are still vacant; most are full, and at one sits Stephanie. You like her energy both on an off the court, she looks good and in need of company. Okay, it is you who wants the social interaction nevertheless you approach, she smiles, and a half and hour later you are down tot he lemon peel. Stephanie says she's back to the dorm, early practice tomorrow, so you head back to the library. The British, the French U.S. sailors; they aren't coming into focus; you realize that your thoughts have not really been dedicated to "Mr.Madison's war" since your spotted Stephanie in the café. The Pub will be taking the last call before closing so you pack it in and head over for a brew. Tomorrow you may look in on the women's basketball practice on your way to the Fitness Center that is also sporting newly extended hours. After a quick workout you'll have time to dedicate that final hour to the paper before enjoying the first of the flicks at the International Film Festival on campus this weekend. Jaime won't be there, he likes film but he's responsible for procuring a political pundit for the rally of Campus Democrats next month. He's on the road, not with Jack, but rather with fellow social and political activists from CSC who keep connected to university students throughout the country.

Fiction or a real possibility for campus life at CSC? Our new president David Wolk said that he is looking for ways to improve the activities of campus life. He sounds like he's ready to listen to students and move forward.

continued on page 15

LAST ISSUE OF THE YEAR
SEE PAGE 2

The Jack-o-Lantern: From the Beginning

By April Garvey
Staff Writer

Turnips, beets, and hollowed out potatoes made up the first Jack-O-Lanterns according to ancient Irish tradition. Large orange squashes or pumpkins didn't come into the scenario until Irish immigrants settled in the United States, where pumpkins were cheaper and more plentiful than turnips.

In Europe glowing Jack-O-Lanterns were set on porches and in windows to welcome deceased loved ones. The Jack-O-Lanterns also represented protection against evil spirits. Unlike today, where individuals put candles inside Jack-O-Lanterns, early Europeans used lumps of coal.

Pumpkins were unknown to Europe before the expeditions of Jacques Cartier. Cartier reported from the St. Lawrence that he had found "gross melons", which under the English translation meant pumpkins.

There are many Irish folklores explaining the significance of Jack-O-Lanterns during Halloween. Irish legend tells of a man named Stingy Jack, who invited the Devil to have a drink. When it was time to pay for the drinks, Jack convinced the Devil that he should turn into a sixpence coin so that he could pay for the drink. The Devil did so and Jack instead pocketed the coin. When Jack returned home, he set the coin next to a silver cross, which prevented the Devil from changing back. Jack began to bargain with the Devil, asking him if he could be free from all evil in the world if he let the

continued on page 15

What's Inside?

News, p.4
Features, p.6
Entertainment, p.8
Campus pulse, p.17

Special Halloween Section Page 10

No forms, no Cairn

When the visitors from NEASC visited the school last Monday, students showed up to voice their concerns about our college. After some discussion about funding, the way students are treated at different offices, and parking situations, they began to tell the interviewers just how special of a place Castleton is. "We're pretty funny kids," said one student. "We're surrounded by good people, and our teachers really care if we learn," said another.

Castleton is a special place, but sometimes the frustrations of administration overpowers that.

This is the last edition of the Cairn for the year. It was not approved for funding this year, after a long process that started this summer and finished around 1 p.m. Thursday, October 25.

Last year our advisor, Marjorie Ryerson, was on sabbatical. Someone not familiar with the Cairn took her place for the year. With a staff of plus or minus four, the Cairn tried very hard to be a newspaper worth reading. Last year's editor was about to put on her cap and gown, and the Cairn had no future.

Mary Serkalow and I took the paper on, without a clue about budgets, funding or advertising, never mind worrying about the content of the paper. We got a notice in May saying that the Cairn did not submit a budget to the Student Association, and therefore would not receive any funds for this year.

In a panic, I contacted Marjorie, and she contacted Victoria Angis, who suggested we apply to the Senate Club Committee for our "special situation." We developed a very apologetic, pleading letter stating the need for a campus newspaper. Our budget request only included enough money to print 10 issues of the paper over the course of the year, ($500 each,) and $200 in film developing costs, bringing our total to $5,200.

A meeting was scheduled for the start of the year, and a notice about this was sent to my personal school email, one I check very infrequesntly. I didn't get the message until close to the date, and got the date wrong. No one from the SCC notified Mary, Marjorie, or Emily (our business manager), and no one from the Cairn showed up. The SCC was not impressed.

The meeting was rescheduled for Oct. 25, and Emily Colburn, Marjorie Ryerson and I attended with a notebook full of receipts from all the advertising revenue we have been working very hard to collect. We talked with Victoria Angis and members of the SCC explaining what had happened. It turned out the Cairn owed the Rutland Herald money from last year. Fortunately, we had the money from last year's budget to cover the Herald bills, all except for $34.

There is a provision that says a club may not apply for funding if there is an outstanding balance from the previous year. Even though we could repay this bill with ad revenue from this year, we have been denied funding. We over-drew last year's account by $34.

The email we received after the meeting read: I regret to inform you that the exec. board did not pass the request because of your end of the year balance situation. If you would like to meet with them next Thursday at 9:45 in the SA office, they would be happy to discuss the situation. Sarah Stomieroski,SCC Chair.

Taking away the paper leaves one less activity in our seemingly dead campus. Does administration really have NO idea why the retention rate is so low? Students trying to get something done around here could use help from the SA and the SCC. We have been written off.

The school paper is something that has been with us since the middle of last century. It's not like it's something new that the SA never saw coming. When students ask why nothing exciting ever happens around here, it could be because a staple of college life, the student newspaper, can't even get money to print 10 issues. And you want concerts?

Yes, we were wrong for not getting the budget in on time. Yes, we were wrong for missing the initial meeting in September. But no, we are not wrong for being upset that we will have to end our school paper because of a technicality.

I don't blame students for leaving this school. I don't blame faculty either. Whoever wrote the signs calling the people in the Campus Center bureaucrats, well, I don't blame you either.

Sigma was given the runaround about Oktoberfest. They got the "here's a form to fill out," speech from the boards. Oktoberfest almost didn't happen at all.

One less club leaves just that much less to do. No one from the Cairn will decide to now occupy their time with vandalism, but with all this free time on our hands we will have to find something to do. There are more options off campus. Party, anyone?

Will admissions decide to tell prospective journalism students that there is no student newspaper? Maybe in place of the journalism program the school could start a course called FORMS101: Projects that require 10 forms or less. Then, the more sophisticated students move up to FORMS201: Trying to do something fun. Projects that require 20 to 30 forms and 10 to 12 meetings.

If you think the campus needs a student newspaper, I urge you to write to the SCC. You can drop your letters off at the Student Life office in the campus center, or you can email them to cairn@castleton.edu and we will send them in for you. Tomorrow is the big day, so although it is short notice, we need your letters now. Thanks, Sky Barsch

Bottome Line:

The SCC denied funding for The Cairn. Thursday, Nov. 1 the SCC meets to explain the situation to Cairn staff. Write a letter to the SCC if you want to see The Cairn continue.

The Cairn

Castleton State College's Student Newspaper is published five times a semester. Students are solely responsible for the content and distribution of the paper.

Sky Barsch.....Editor-In-Chief
Mary L. Serkalow.....Managing Editor
Gary Sloan Jr.....Entertainment Editor
Emily Colburn.....Business Manager
Andrew Buck.....Chief Photographer
Marjorie Ryerson.....Advisor

Staff Writers
Robyn Coyle
Janelle Wibur
Scott Lanpher
Lluvia Stanak
Julie Lapham
April Garvey

The Cairn
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cairn@castleton.edu
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THANK YOU
CSC WOMEN'S RUGBY
FOR SPONSORING THIS EDITION OF THE CAIRN
WE COULD NOT HAVE DONE IT WITHOUT YOU!!

Your Voice

Dear Editor,

I wanted to take this moment to thank a few different people for helping with the Oktoberfest and Community Fair.

First, Lyle Hadely, Public Safety Officer was a tremendous help with everything. He treated us like the young adults that we are, which sometimes the Public Safety Officers forget to do.

Second, Victoria Angis, Assistant Dean of Campus Life, showed up to the event just to donate money to the United September 11th Fund, on her extremely long shift on Saturday.

Third, the Art Department's Printmaking class for face painting: You did a beautiful job!

Fourth, Phil Lamy, you are a very inspiring person. Thanks for the continuos vote of confidence.

Last and most important, the two people who make this possible with their lack of sleep and countless hours of planning, meetings at Tomasi's Tavern, and patience to deal with me. You know who you are, Joseph Eysie and Becca Epler..

Thank you very much CSC Women's Rugby, Phil Lamy's Community Class for not giving up on us, and Sigma Delta Sigma. Without your help we could not have done this.

I believe that this could possibly set a precedent for others to provide the community and student body with something constructive to do on campus.

Thank you,
Rocky Hazelwood, Sigma Delta Chi

Dear Castleton College Students,

During Sept. of this year irreparable damage was done by vandals to one of Castleton's great treasures. The Cobbler's Shop, standing on the corner of Main and Cemetery Streets, is one of the oldest brick buildings in Vermont, dating from the late 1700s. The Castleton Historical Society acquired ownership of it in 1947, and has preserved it since. The windows, with their small panes and ancient mullions, and the hardware on the doors is irreplaceable. In two separate incidents: a door has been smashed in and the hinge, held in place by old nails, ripped off; and three of the windows have been destroyed, two of them by having objects thrown through them.

We will repair the damage, but the repairs will be with 21st century materials, very costly, and the building will never be the same. Castleton police have not made an arrest, but evidence points squarely at Castleton College students.

Castleton is proud of having the college here. We welcome the students on our streets, we enjoy your public events. And we ask you to please consider yourselves as residents of Castleton Village as well as of Castleton College. Please respect our traffic laws. Please consider your neighbors when you party. Please do not vandalize our treasures in the name of youthful spirits. Remember that although we understand that the troubles between college and town are often caused by the same few people,m the ill will engendered can spread to the whole college community.

Mary Willamson,
President, Castleton Historical Society.
CC: Martha Farmer, Mike Davidson, Rutland Herald

Campus Chat

"What are the first 5 CD's you can think of that are in your car?"

By April Garvey
Staff Writer

Megan Hildebrindt
Albany, N.Y./Freshman
1-Dead ends and Girlfriends- Allistr
2-The best of American Hi-Fi
3-America Town- 5 for fighting
4-Throwing the game- Lucky Boys Confusion 5-A life of Saturdays- Dexter Freebish

Zach Monforte
Waarnsburg, N.Y./Freshman
1-No joke- Meat Puppets
2-Bruce Springstein's greatest hits
3-Free Wheeling- Bob Dylan
4-Title of the record- Filter
5-August and everything after- Counting Crows

Seth Howard
Poultney, V.T./Sophomore
1-Bob Marley's greatest hits
2-My own prison- Creed
3-Every breathe you take- The Police
4-Guns and Roses Live
5- The Essential- Lynrd Skynrd

Gary Anderson
Madison, N.J./Senior
1-Mars hotel- The Grateful Dead
2-Wake of the flood- The Grateful Dead
3-Dark side of the moon- Pink Floyd
4-Atom heart mother- Pink Floyd
5-Animals- Pink Floyd

Matt Dailey
Springfield, V.T./Freshman
1-The best of Lynrd Skynrd
2-License to ill- Beastie Boys
3-The best of Led Zeppelin
4-The black album- Metallica
5-The wall- Pink Floyd

Ben Gregory
Boston, Mass/Senior
1-Journey to the center of the funk- George Clinton
2-Wake of the flood- The Grateful Dead
3-Quality control- Jurassic 5
4- II – Led Zeppelin
5-The Chronic- Dr. Dre

Sheila Brogan
South Portland, Maine/Junior
1-Momentary lapse of reason- Pink Floyd
2-Rift-Phish
3-Crash-Dave Matthews Band
4-No need to argue- The Cranberries
5-The best of Stevie Nicks

Mandy Mazerolle
Burlington, Conn/Senior
1-Play it loud F*****- Voo Doo Glow Skulls
2-Trainspotting soundtrack
3-Inna heights- Buju Banton
4- Musical Bar-b-que- Space Ghost Soundtrack
5-The will to live- Ben Harper

Rhyan Ashworth
Chester, V.T./Senior
1-Transistor- 311
2-Harvest moon- Neil Young
3-Bricks are heavy- L7
4-Californication- Red Hot Chili Peppers
5-Aqualung- Jethro Tull

Deanna Eckerman
Stillwater, N.J./Freshman
1-Nothing gold can stay- New Found Glory
2-Under the table and dreaming- Dave Matthews Band
3- New Kids On The Block greatest hits
4- Black sails in the sunset- LAFI5-Saves the day- Too Cool To Say

Breakfast Moves to Campus Center

By Jen Clifford
Contributing Writer

Sleepy and exhausted students are commonly seen waiting in line at the Fireside Café each morning awaiting a hearty breakfast that they hope will get them through the day.

This change began on Aug. 27. Breakfast will no longer be served in Huden Dining Hall. Officials decided to move breakfast to the Fireside Café.

"I liked breakfast at Huden… there was more selection. The only good thing about the change is breakfast runs until 10:30 A.M., so it gives students a chance to sleep later" said sophomore Mary Ann Roberts. There are mixed feelings about the last minute breakfast change among the students at Castleton State College.

"I prefer Huden. There were wider selections of food; there were less lines and confusion. Sometimes I can't even get breakfast because the lines are so long. It's hard to believe that there is only one cash register to ring in all those sales," said freshman Kristen Baker.

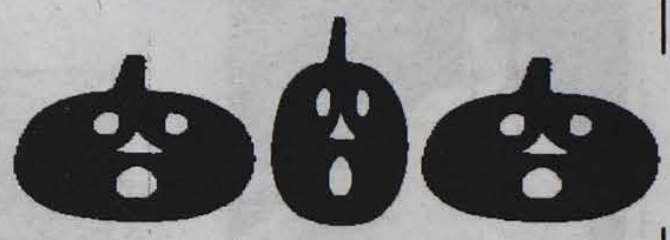
"I prefer Huden, there was more variety and bigger portions. At the Fireside you are only allowed $3.50 worth of food; whereas, at Huden you could help yourself to as much food as you wanted", said freshman Mike Pacitti.

David Ondria, director of food services said the primary reason for the change in service areas was an economic issue and how it affects the current board rate for CSC students.

According to Ondria, it was changed to keep Board Plan rate increases to a minimum. They had to cut operational costs and since Board Plan rates have not increased in four years, they increased the breakfast by 3.5 percent.

"Labor costs associated with opening Huden for breakfast are extreme when compared to the number of students that actually eat breakfast at Huden", said Ondria.

Ondria said he believes that there are more advantages than disadvantages because extended hours allow students to "sleep in". Students who had class conflicts in the past can now eat breakfast or take it to go. "We are anticipating that breakfast at the Fireside Café will facilitate increased interaction between the entire college community", Ondria said.



HAPPY HALLOWEEN

Community has few Choices

HAPPY HALLOWEEN

By Mandy Mazerolle
Contributing Writer

For many people in the Castleton community, traveling can be quite an obstacle, especially when it is a necessity. If you are a college student without transportation who just spent a little too much on something and are now paying the price, well, you are doing just that—paying the price.

Recently, I took a look at the various facilities offered for community students, residents and visitors. John Rehlen, owner of the Laundromat, Castleton Pizza Place and Deli, Birdseye Diner, and Castleton Village Store is well known for supplying the area with goods; many students can access his stores conveniently.

Birdseye Diner and the Deli offer a combination of good, home-style foods in a snazzy 1950's style setting, in addition to pizza delivery, calzones and grinders from across the street. Literature is scattered about and an aquarium is displayed for entertainment while waiting for food.

The Laundromat stands beside the Village Store and provides affordable washers and dryers. Unfortunately, only a small portion of these appliances function properly. Whether it is jammed quarters or cold-heat dryers, it's a good idea to bring extra change.

Finally, there's the Village Store. This particular store offers a variety of items usually found in a Vermont country store; food, movies, Green Mountain coffee, crafts, knick-knacks and wines give a true sense of what Castleton is. However, there has been a commotion going around about several of Rehlen's prices.

Item	Prunier's	Village
Spaghettios	$ .79	$1.69
Dinty Moore Beef Stew	1.29 on sale	2.09
Del Monte Corn	.89	1.19
Budweiser 12pk cans	8.78	8.59 on sale
Gatorade	1.49	1.79
Thomas' gallon milk	2.79	3.39
Motrin (24 tabs)	3.99	3.99
Cocoa Puffs	3.59	4.99
Charmin 4 roll T.P.	1.49	1.99

Upon further investigation, I decided to compare village store prices to those of Prunier's Market, located about one mile past the Castleton four corners. Choosing ten diverse items, some prices differed significantly.

Although Rehlen declined an interview, the store spoke for itself. All too often, students must sacrifice extra pocket change and it can be disappointing when it is just not necessary. Most students already have low-income budgets, so when it comes to food, it is especially important to have items available at reasonable prices. With hopes of lower prices in the near future, everyone would benefit, especially those already buried with tuition bills.

Chain Letter Horrors

By Gayle Morris Malinowski
Director of Computing Services

It happens every day. An unsuspecting person, like Joe@hotmail.com, opens his e-mail to find a message from an old classmate with the following heading "FW: FW: FW: URGENT – Please read & forward!!!". Joe opens the message, scrolls through at least three pages of e-mail header information, and finally finds a story about Timothy Flyte, who is suffering from ostriopliosis of the liver.

Little Timmy claims that Joe can help save his life by forwarding this message to everyone he knows and that Valley Hospital will donate $.07 per message to find a cure for his disease. Timmy closes his letter by reminding Joe that what goes around, comes around and anyone too lazy to forward an e-mail will get what they deserve. (Could that be ostriopliosis of the liver?)

Joe has received the classic chain letter hoax. The anatomy of which contains three things – (1) a hook to suck the reader in; (2) a threat of harm and/or promise of a reward; and (3) a request of the recipient, usually to forward.

Chain letters have been around since the 19th century. But the invention of the Internet and e-mail has managed to turn something that was once a mild annoyance, into an entity capable of provoking fear, defaming reputations, and clogging networks with a few mouse clicks

Some will argue that forwarding these messages is harmless, but here are several reasons proving otherwise:

1. They generate a huge amount of e-mail traffic and waste mail server space. For example, a chain letter is sent to ten people, those ten each send it on to ten more, those recipients each send it to ten more, and so on. In this instance, it only takes four generations of a chain letter to generate 10,000 messages. Six generations would create 1,000,000 messages. More clearly, that's 1,000,000 messages containing nothing but crap!!

2. Chain letters are the tools of SPAM mailers. Spammers (bulk mailers of unsolicited e-mail) use and frequently create chain letter hoaxes in order to harvest e-mail addresses. As mentioned above, many of these letters contain hundreds of good addresses after just a few generations. So now, all those nice people who were so worried about the poor little girl dying of cancer find themselves not only laughed at for passing on a hoax but also the recipients of tons of SPAM mail.

3. They cause people to ignore real virus warnings. There are so many virus hoaxes out there that sound convincing; that it can be tricky to tell whether a virus warning is real or not. If you receive a questionable virus warning, consult a professional source such as the web site of an anti-virus manufacturer (see below) or the administrator of your network or mail system. Don't forward it.

Web Resources Regarding Hoaxes and Chain Letters:
√ **Urban Legends and Folklore at About.com** (This one covers everything!!) http://urbanlegends.about.com/
√ **HoaxBusters**: CIAC and the U.S. Department of Energy: http://hoaxbusters.ciac.org/
√ **Symantec Corporation** http://www.symantec.com/avcenter/hoax.html
√ **Stiller Research Virus Protection** http://www.stiller.com/5

4. They DO cause damage! A recent virus hoax that emerged in June 2001 claimed that a highly volatile and undetectable virus existed that placed the worm SULFNBK.EXE on your computer. The reality: SULFNBK.EXE is not a worm. It is a Windows 98 and Me system file that is SUPPOSED to be on your computer. Computing Services received reports that some local companies had actually started deleting the file off machines without checking into the validity of the threat. Fear makes people do stupid things.

5. They waste valuable human and monetary resources. The virus hoax mentioned above wasted a lot of people's time, but other types of hoaxes are just as bad. Such organizations as the American Cancer Society and Mothers Against Drunk Drivers (MADD) have been forced to divert resources earmarked for real aid in order to issue statements and cope with inquiries resulting from fraudulent chain letters. Companies including Gerber, McDonald's, Proctor & Gamble, and AOL have had to spend millions in PR and legal fees in order to debunk false claims about their companies and products.

6. They propagate by preying upon people's emotions. This reason infuriates me more than all the others. Chain letters manipulate and exploit the goodness in people by claiming that we can help cure cancer, stop drunk driving, or save the rain forest just by forwarding an e-mail message. Nothing could be further from the truth. The truth is, forwarded e-mail cannot be tracked. Period. No organization will know that you forwarded a message to twenty friends and donate $.05 per message to breast cancer research.

If you really want to feel that you're contributing to society in some way, get

continued on page 14

Anthrax: Americas Newest Battle

By Richard Elnicki
Contributing Writer

After the events of September 11th things seemed to change and people began to worry about what could potentially happen next. Now anthrax has become a household word across the United States and the world, with new reported cases of exposure to anthrax being reported every day.

Bush officials are officially calling these anthrax contaminations bioterrorism attacks. Although officials do not really know who did this the first group that comes to mind is the Al Qaeda terrorist group, who is thought to be involved in the September 11th attacks. Anthrax letters seem to be everywhere, however its not just the United States who is dealing with this problem. There have been anthrax scares in Berlin, Paris, and Switzerland also, however none of these cases have been deadly like the cases in the United States.

In New York a letter addressed to anchor man Tom Brokaw contained anthrax and was opened by his assistant, who contracted the skin form of the disease. In Florida a photo editor at a tabloid died after he was exposed to airborne anthrax, the most deadly form of the disease. And now two more deaths have been reported at the nations capital, where workers in a mail room were exposed and contracted the virus. In all there have been three deaths and nine confirmed infections. On top of that there have been numerous more cases where there have been exposure to anthrax without contracting the disease. In most of these cases, those who were exposed to it were put on antibiotics. While officials look for an answer as to where this anthrax is coming from, America will continue to be on high alert.

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Coming Out

By Lluvia Stanak
Staff Writer

"That's so gay!" Ever heard this comment from a friend, co-worker, family member? Ever uttered that phrase yourself? When you suck the marrow out of that statement what is it? It is a verbal slam against homosexual people. That statement, with the word black or latino inserted for gay would not be accepted at all. This begs, why is it ok to slander gay people? Socially, homophobia is the bias of choice. Racism, classism, and so many other things are unacceptable in this new millienium---so why is it still ok to make fun of anyone?

In an attempt to combat the homophobia which runs rampant on this campus--yes it is here folks---the campus GLBTQA club, 1 in 10 held a Coming Out Week. GLBTQA is an alphabet soup for gay, lesbian, bisexual, transgendered, questioning, and allies. National Coming Out week is traditionally the first full week of October. This week always seems to land on the Castleton State mid-semester break week. So, 1 in 10 decided to hold their own Coming Out week and planned five days of events that were geared toward the campus, in hopes at opening the minds and hearts of the students, faculty, administration and staff.

The week began with the kick off to the movie series by the activities board with a British film entitled: Get Real. The campus was then chalked with factoids, quotes and random sayings related to being queer. The chalked messages were by far the most far reaching effect that the week had on the campus.

These queer blurbs envoked numerous conversations among the campus life. As with any event that is a bit jarring to the nice social status quo in which most of us dwell, there was negative feedback. Many students were insulted that there was a chalking at all. Remarks were made that if straight students were to chalk that there would be a huge uproar over it. On the contrary. All messages that were chalked were postive and not evoking---as in turn queer you will be more popular. The biggest message this part of Coming Out week was trying to convey was that no one chooses to be gay, it chooses you. If straight people want to chalk---all the more power to you. Keep it positive and spread the love.

The biggest message this part of Coming Out Week was trying to convey was that no one chooses to be gay, it chooses you.

Tuesday, the campus was visited by VT AIDs Cares who spoke to the situation of those infected with HIV and AIDs in Vermont. Our own resident scholar on biblical interpretations, Meg Welch, presented on homosexulaity in the Bible. Both speakers were very informative and thought provoking.

Wednesday's event brought six young queer woman from around the state to campus to read poetry to the small crowd that gathered. This was a great shin dig, as the poets got up and slammed their words through the mic to the audience. All who attended thoroughly enjoyed the break from the normal coffeehouse scene. The poets, who bill themselves as "Secrets Between Girls," all were published in the self produced zines that they sold to the crowd afterward.

Thursday's cold twilight brought out a small intimate crowd of students to the Speak Out. This event is geared toward support, the actual verbal speak out of admitting to yourself and your peers that you indeed are gay, or simply that you support everyone's right to find love in whoever they find it in. In a very moving and empowering hour, the students involved walked away with a new sense of confidence in themselves. Speaker Barbara Dezotes expressed happiness that there were so many students that were out and active in promoting alternative lifestyles. She went on to say that it is because of the hard work of those who came out before, years ago, that coming out is becoming easier for people.

Finally, Friday brought an end to Coming Out week and a beginning to fun. Everyone let their hair down, or up, and got all
gussied up for Drag Ball. The guys came in mini skirts and the gals game in tails. For a few hours everyone thumbed their noses at the socially correct fashions of boys and girls and crossed the line.

All in all, the week was a huge success. Where the numbers of people lacked in attendance, the quality of events made up for. Major kudos to the 1 in 10 group for providing our campus with a taste of diversity.

A Look at the Man they call Adam Burke

By Danielle Sileski
Staff Writer

Adam Burke, an individual in every possible way. Nobody was, is or ever will be like the Adam Burke Castleton State College is so lucky to have. When someone hears the name Adam Burke, a great many words come to mind. Some will say he is mysterious, some will say he is artistic. Others will simply say he is "freakin' amazing." If you ask Adam himself, he will describe himself as all of the above along with compassionate and interesting.

Adam, a sophomore, is involved with several activities here at Castleton. He is most known for his role as a SOS leader. His electrifying personality rubbed off on his SOS group and brought along some good times, great laughs and a plethora of new friendships that will last a lifetime. Thanks to his SOS group, he has a new appreciation for orange tic tacs, lanyards and Destiny's Child. Adam is also a Resident Assistant on the third floor of Adams Hall and with the popularity he has, the Hall could very well be named after him. Adam is the type of RA that has people from Haskell, Ellis and Wheeler coming to talk to him while he is on duty. He is also involved with 1 in 10, Out Reach, SAAB, and he has his own radio show, Dedications and Requests, Live, Sundays 6-8 PM with Sheila Brogan. In his free time he's usually hanging with Sheila, Lluvia, or even his suite mates in Rutland, his room or his chosen location for his current photo shoot.

Adam is an accomplished artist and model photographer. Art, whether it is photography, drawing, or painting is one of his greatest passions. The other is working with children, which brings up an important career decision he will soon have to make. Model photography brings fame, money and the chance to be known for something you love but fake people, back stabbers and lack of privacy and opportunity come into play. If he chooses elementary education, the experience of working with children is priceless but there is a lack of money, time and one has to be in constant schooling. This is a typical situation many of us, as students, are facing. What are we going to do for the rest of our lives? Will we pick the right career? Will we be happy?

Adam's simple message to incoming freshmen is to get involved and don't be afraid to take risks. Adam has had his share of embarrassing moments including getting attacked by a poisonous caterpillar and spraining his ankle trying to impress someone. But without risks like this he would not be Adam Burke, the guy who slammed dance to hard core techno at freshmen orientation or the guy who will not hesitate to ask to photograph someone wearing just a string of chains and a splash of CK1. All these risks make Adam Burke more than just another face in the crowd. Adam wants to be remembered as an artist, a leader and an inspiration. He's clearly an artist, he's guided his SOS group and this article is apparently on him. Looks like his legacy has already come true.

HALLOWEEN

Halloween: The True Story

By Scott Lanphear
Staff Writer

It's that time of year again. It's time for little children to dress up as ghosts, goblins and witches and go walking around their neighborhoods collecting candy. It's time for haunted houses to be set up in communities, and time for families to pick a pumpkin and carve it into a scary looking jack-o-lantern to peer out the window at all passersby. That's right. It's Halloween again. While many people celebrate it, probably not too many people know the meaning behind it. Is it a celebration of evil worship? Or is it just a weird holiday that has no meaning whatsoever? To find out the true story behind Halloween, I surfed the internet and found two web sites explaining the history behind Halloween and the customs that go with it. One web site is titled, "History and Customs of Halloween" and the other is titled "The Hallowed Evening."

According to the information on the internet, Halloween started out as a Celtic holiday called Samhain (pronounced sow-en), which was celebrated on the evening of October 31st, which at the time was considered the end of the year. On this night, they believed that the spirits of those people that died in the past year came back to search for living bodies to possess for the next year. This was believed to be their only hope for the afterlife. Living people, not wanting to be possessed by the spirits, would parade around the neighborhood in scary costumes in order to frighten them away.

In the fifth century A.D. when Christianity spread into the Celtic world, the holiday was changed to Halloween. The Christians tried to convert the Celts, but they would not abandon their traditions and celebrations. The Christians decided to change some of their holidays to conform with the Celtic holidays, hoping that the Celts would adopt them. In 800 A.D , the Roman Catholic holiday All Hallows Day or All Saints Day was moved from May to November 1st in order to coincide with the Celtic Samhain. The night before was called All Hallows Eve, and eventually shortened to just Halloween. It continued many of the Celtic traditions, including witches, ghosts, goblins, apples and nuts, and bonfires. Halloween was brought to America in the 1840's by Irish and Scottish immigrants. It has evolved to become one of the most beloved holidays of the year.

Many of the customs that we associate with Halloween have long histories. Trick-or -Treating, for example, originated from a ninth century European custom called souling. On November 2, All Souls Day people would walk from village to village begging for "soul cakes" which were made out of square pieces of bread. With each soul cake a person received a promise was made to pray for a dead relative of the person they received the cake from. This prayer allowed the spirit of the dead person to pass from limbo into heaven.

The custom of lighting jack-o-lanterns originated with Irish folklore. According to a legend they told, a man named Jack tricked Satan into getting stuck in a tree by carving an image of a cross in the tree's trunk. After Jack died, he was denied access to heaven because he had been so evil during his life. He was also denied access to hell because he had tricked the devil. Instead he was forced to roam through darkness forever with a single ember provided by the devil. This ember was placed inside a hollowed out turnip. The Irish used turnips for Jack-o-lanterns in remembrance of the legend, but when they came to America, they decided to use pumpkins instead, since they were more plentiful than turnips.

So, when you go out this year to celebrate Halloween, however you wish to celebrate it, remember that there is a lot of history behind the holiday and the customs surrounding it. Far from being a holiday of devil worship, it is a holiday that combines different customs from different cultures.

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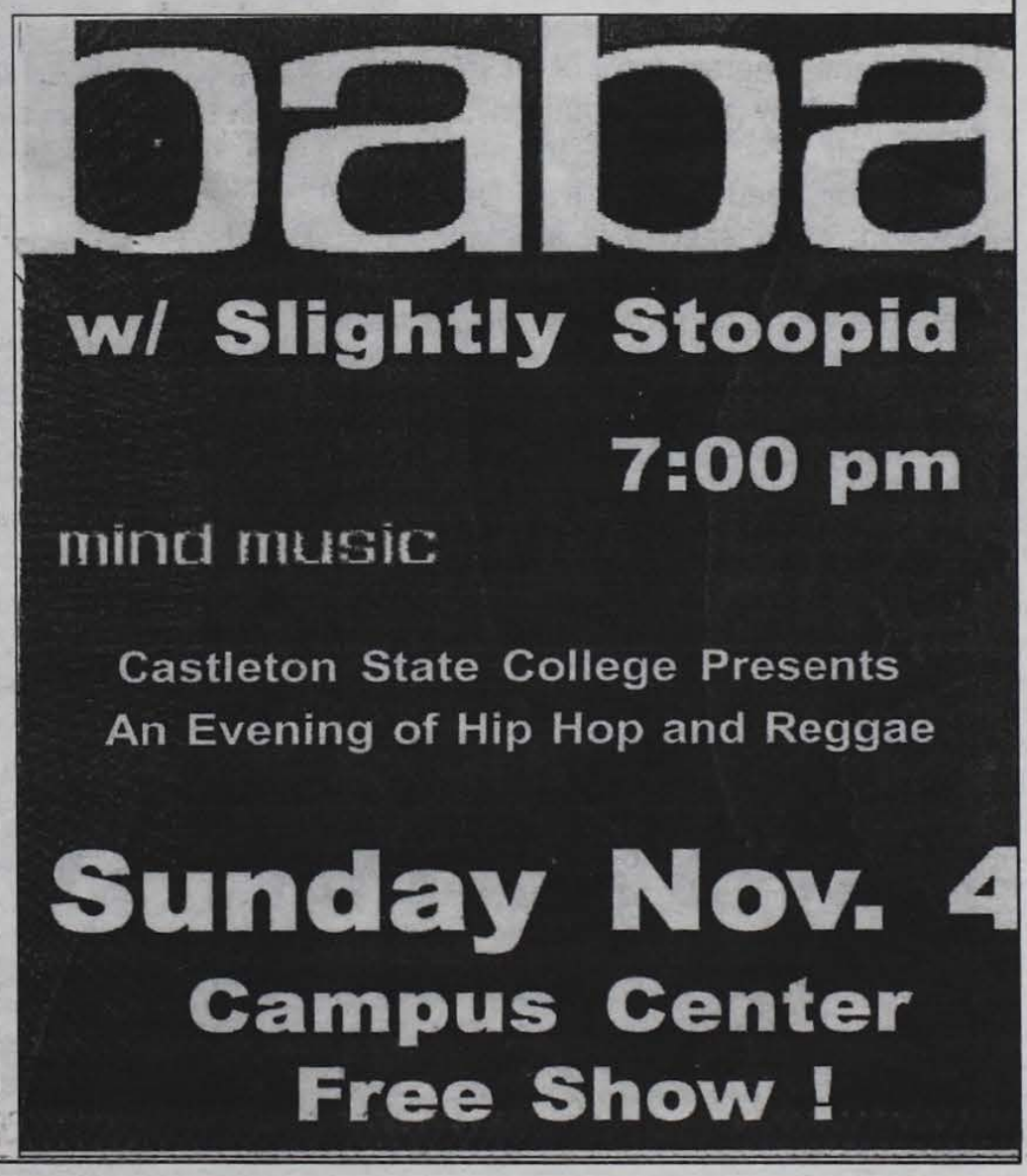

From Hell: The Story of Jack the Ripper

By Gary Sloan Jr.
Entertainment Editor

In this season of ghosts and ghouls, comes a movie about a monster all too human. A stunning visual and stylistic picture entitled From Hell is now playing in theaters around the country. Based on the story by Alan Moore, the Hughes Brothers (Menace II Society) have attempted to recapture the essence of the brilliant Moore's story, succeeding for the most part. The only failure in their attempt is that the source material is more appropriate for an unrated maxi-series on HBO, rather than a single movie. The minor flaws are only noticeable to those who have had the good fortune of reading the book, which if you haven't, I strongly urge you to do so.

The movie stars Johnny Depp who is the greatest actor of his generation in my humble opinion. He pulls off the role of Inspector Abberline beautifully in true Depp fashion. The inspector is an opium addict haunted by visions that foretell the horrifying crimes of Jack the Ripper. Those familiar with the tale know that Jack the Ripper preyed upon the women of the night in late 19th century England. Playing the leading role amongst those fair madams is none other than Heather Graham as Mary Kelly. In true Hollywood fashion, the leading actress is never shown to be a streetwalker and is glamorized in comparison to her fellow madams. While they are dressed in rags, she appears elegant and is never seen without her makeup just right. The other ladies are shown to be prostitutes by words and by actions. This double standard treatment just does not sit well with me in the least. Mais, c'est la vie. A mere minor complaint in what is by all other accounts a spectacular movie, stunning both visually and thematically.

Heather Graham and Johnny Depp
photo courtesy of the internet

The movie unfolds as a whodunit, laying before you a varied cast of characters amongst whom, you know the real killer lies within. Thi may unnerve some people, as a face is applied to the legend of Jack the Ripper. However, the book upon which this is based was written after many years of painstaking research into the mythos of Jack the Ripper. This is hardly another case of Hollywood creating history, rather a case of research done that supports likely possibility that this individual indeed Jack the Ripper. It gives a ca for his actions as well as an explanatio how he was capable of doing the hor ing things he had done to those wom These new tidbits are supported by hist ical evidence and make perfect sense explaining the who and why of J the Ripper. While purists may arg that this is merely a tainted new ac tion to the Ripper legacy, I beli that it is the logical and idyllic n step.

The unmasking of Jack the Rip leads to the final climatic scene which Depp's Abberline attempts prevent the final murder of Heat Graham's Mary Kelly. A cha through the cobble-stoned streets Victorian England ensues, that m be seen to be believed. As to whet or not Depp's Abberline reaches in time, I'll leave it to you to go a find out for yourself. Some of y may believe you know the answe that, but to you I say, don't be so c tain.

This is the first must see movie of fall, and is perhaps the best movie yet year. In the holiday season set aside ghosts, ghouls, and things that go bump the night, go the theater and be remind how horrifying reality can be. In the da est of times reality is more frightening th any book or movie could ever dream being. See From Hell and see what te a single person can inflict upon a comm nity in a very short time.

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Jay-Z: Still Making Hits

By Kris Rivera
Contributing Writer

It looks like "J-Hova" has done it again topping the music charts. This time around Jay-Z has made an album that he brings out a little of each from previous albums. After staying out of lyrical beefs for years he has brought the mic back to the streets. Addressing such rappers as Nas and Prodigy in songs like "Take Over". This song is totally dedicated to those that have been recently taking shots at the Michael Jordan of the rap game. Of course he had to throw in his radio and TV hits for songs like "Izzo" and "Girls, Girls, Girls". Like most of his albums he again has inserted and dedicated a song to the emotional aspect of his life. In "Momma Loves Me" he goes on to talk about the names and family members that were there to raise him before he hit rap fame. Another ear catcher to the album is "Renegade" featuring the controversial Eminem. This song flows like water and the lyrics are superb which he reminisces on his past and Eminem elaborates on his own bad boy image.

> Who: Jay-Z
> What: "The Blueprint"
> Where: Everywhere
> Why: He keeps making hits
> When: All Day-All Night

"Izzo and Girls Girls Girls" are his softer yet catchier songs for those TRL types of fans out there. But this album is far from commercial. J-Hova wrote and recorded most of the tracks for the album while awaiting trial for gun possession and assault charges. Ironically, the Godfather of Rap's criminal charges where dropped and his crime sheet remains clean. This album unlike his last, Roc La Familia, Jay-Z performs songs mostly solo with out many guest appearances from his Roc-A-Fella teammates. If you're looking to hear his sharp flow, charismatic rhymes, and influential style go out and cop "The Blueprint".

Albulm Jacket
Photo courtesy of the Internet

HALLOWEEN

No Values Like Family Values

By Gary Sloan Jr.
Entertainment Editor

There are moments in life, which will never be forgotten, no matter how hard you may try in certain instances. I can not remember the first girl I kissed, I can not remember my first Christmas or birthday, and I can hardly recall the names of most of the girls I've had the honor of being "acquainted" with, but one thing is for certain, I will NEVER forget the Family Values Tour of 2001.

Staind
photo courtesy of Internet

We arrived at the Pepsi Arena in Albany, NY slightly off schedule, arriving ten to fifteen minutes late. The we I refer to being my brother Dana (Spanky for the remainder of the article) and mi amigo Jay. We took our seats to the right of the stage, shocked to discover we were not in the nosebleeds, as we had originally feared, rather our seats were actually pretty sweet. A mere matter of minutes after we sat down, Static-X took the stage with their brand of heavy metal. Unfortunately I cannot claim to be much of a "fan" of their music, it is a desired taste, which I have yet to acquire. For those unfamiliar with Static-X, all I can say is that they sound very similar to Mudvayne. If you don't know Mudvayne, then you are better off not knowing. They played for roughly half an hour before leaving the stage and beginning the wait for Linkin Park.

During the intermissions, a red and white curtain that resembled the American flag surrounded the stage. In the front of this curtain was a, for lack of a better term, large blinking sign that said Family Values. While we waited for Linkin Park to take the stage, Spanky and I made the rounds in search of some grub. It was during our wait in line that we heard Linkin Park take the stage, only ten minutes after Static-X had left. After doing a classic double take, Spanky and I sprinted across the Arena to our seats, but not before being robbed at the concession stand for an astronomical $12 for a burger, fries and water. We scurried to our seats and put on our best rock faces and sang along to such hits as "In the End" and "Crawling". For their smash hit "One Step Closer", Linkin Park asked for the aide of their good friend Aaron Lewis (for those of you in the dark, Lewis is the lead singer of Staind). Needless to say, I was in full on mark out mode, feeling like a little boy on Christmas morn. This moment and the scene of the lead singer standing within a mass of people in the mosh pit screaming out the lyrics of "Crawling", are two scenes that will never stop playing and replaying in my head, until the day senility overtakes my frail mind.

Stone Temple Pilots
photo courtesy of Internet

Staind were the next to take the stage playing their newest single "Fade". Aaron Lewis, born ingood ole' Springfield, VT I might add, stood in the center of the stage as smoke billowed around him. The stage was filled with smoke and added an air

continued on page 14

Penelope

By Kris Rivera
Contributing Writer

"We all left for the weekend, the room was left clean , and everything was in place as usual. All three of us arrived back to college on Sunday, and what we saw freaked us out. One of the desks was missing books, papers, notebooks, binders and some lotion that was left on the desk top before we left." When they looked around the room they found all of these materials thrown into the garbage can. "We made sure we locked the door and window before we left, so we don't know how someone could have gotten in our room without a key." "Another time when two of us were in the room the computer was off when the screen and hard drive immediately turned on. Seconds later the computer shut itself down completely and again came back on moments later. When we went to go and look what was going on with the computer we looked down and saw the mouse on the mouse pad moving back and forth slowly. We all screamed and ran out of the room." These are the experiences of three female Ellis Hall dormitory residences on campus. When I asked them if they thought Ellis Hall was haunted they replied: "At first we just thought that weird things were just happening but now after all these experiences we definitely think that this place is haunted".

The myth or "story" on campus is that the Ellis Dorms have a ghost that likes to show its presence every now and then. Supposedly there was a girl by the name of Penelope that lived on the third floor of Ellis Dormitory and in the late sixties or early seventies she hung herself in a shower stall. Story has it that all the showers and sinks come on periodically by themselves. People say that they can sometimes hear noises coming from the bathroom, but when they enter, no one is there.

The following are other experiences of another female Ellis Hall resident. "One late night after my roommate fell asleep, I was in my room and I heard a voice in the room call out my name in a whispering tone. I then a heard it again moments later and it totally freaked me out. One time while I was in the bathroom all alone, all the shower stalls turned on at the same time. I heard no one and saw no one else in the bathroom. Another time my roommate and I were up one late night and we heard a girl crying outside of our room and when we got up it seemed like the voice was moving away. Our room is right by the bathroom so we opened our door and saw no one outside. A few minutes later, we heard the voice again. It seemed like it was coming from the bathroom area. We checked the bathroom and found no one. I'm not sure if this place is haunted but a lot of things that have happened are out of the ordinary. I am definitely scared to sleep in my room by myself at night."

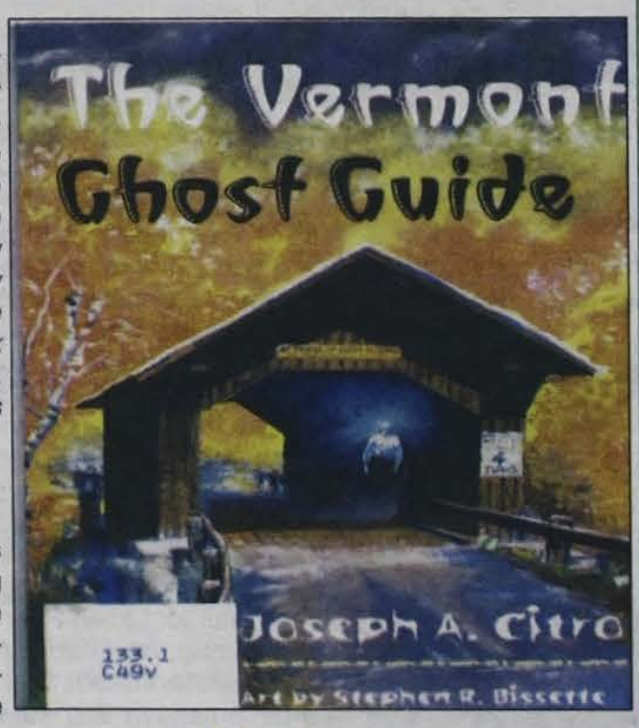
After hearing all these rumors and stories I decided to conduct a little research on my own. First, I went to the library and checked all the school newspapers that dated back to 1970. I found nothing regarding a suicide or a girl named Penelope. I then conducted an interview with Tom Smith who has recently retired but had worked at Castleton as a professor in the early sixties to mid nineties. "I have never heard of this such story regarding a girl by the name of Penelope nor has a suicide occurred during the years I worked at Castleton". After that I talked to another staff member that is currently working on campus and was a student in the early seventies at Castleton College. "I never heard of that story but it sounds interesting. I have never heard of a death at Castleton in all my years here." I spoke with an RD on campus that conducted a little research on her own and found the same answers that I found. "There was never a suicide on campus in the sixties or seventies by a girl named Penelope. That is just a story that they have been telling freshman for the past twenty years and it is an urban legend."

From the works of Joe Citro

Vermont native Joe Citro has written a collection of ghost stories that can raise the hair on the back of even the thickest-skinned. Look in the Vermont room of the Calvin Coolidge Library for more Green Mountain ghost encounters that Mr. Citro has crafted into much fun to read literature. The following two stories were taken from The Vermont Ghost Guide, (University Press of New England, Hanover NH, text copyright 2000 by Joseph A. Citro), and reproduced with the author's permission. You can purchase this book at Annie's Book Stop and Book King in Rutland. Listen for Mr. Citro's stories of strange encounters on Vermont Public Radio, unless, you're scared!

"Ghosts on the Fly"

In the days when Castleton State College was the Castleton Medical Academy, grave robbing gave the place an unpleaant reputation. The medical school--now called the "Old Chapel" -- inspired its share of ghosts. Sometimes they wander around campus, occaisonally visiting the nearby Fine Arts Center. In addition to unexplained sounds and shadows, a ghostly young man is frequently spotted in the fly gallery of the theater. He just stands there watching. Then he disappears. The "Old Chapel" has its resident ghost. Though infrequently encountered, it is presumably a victim of old-time resurrectionists. Though the poor phantom is headless,its body is clearly that of a young woman. Supposedly her corpse was stolen by medical students and partially dissected. Relatives managed to recover most of the torso, but her head had been removed and hidden by the doctors-to-be. So far no one, including the phantom, has been able to find it.



"Whipple Hollow"

About three miles north of West Rutland sits the abandoned town of Whipple Hollow. Little visible evidence remains of its heyday in the marble industry...but something ghostly lingers. It is an especially haunted and mysterious area. There's a spot by a pond where voices call out at midnight. A profound and unnatural darkness occasionally descends, so dense car headlights won't penetrate it. Frank Kurant recalls meeting the beautiful phantom of Whipple Hollow Road. He stopped to offer her a ride on snowy night, but when he reached to open the passenger door, she vanished. Only her footprints remained, ending abruptly in the undisturbed snow.

True Story

Attributed to Susie Spandex

I was married to a man whose mother died in 1989; I never met her. I thought ghosts were figments of the imagination much like Santa Claus and the tooth fairy. My ex-husband was into Wicca. One day my toddler told me "Lady play with me" and since I was the only one around I said, "Sure, I'll play with you". He said, "No, Lady". I thought he might have an imaginary friend and I was getting into the spirit of things, and said, "Ok, do you know the lady?" and he said, "Yup, she's here." I said "No, only Mommy is here." and he said, "No, Lady." and I said " Where is the Lady?" and he pointed to a picture on the wall of his deceased grandmother who died years before his birth. That picture of her would fly off the wall sometimes, regardless of where it was put or what kind of nail was used to hang it. One particular light in the kitchen would turn on without human or mechanical intervention, as would the tv. At first I thought it was my then husband playing jokes on me, but this happened when he wasn't there, too. The worst of my experience with her occurred in a 'dream' one night. She was dead but her skin was very white and her eyes were sunken in and dark. She was playing with my children and looked right at me and said "I love them SO MUCH". Then she said, "You tell (my son) to BUY ME A HEADSTONE!". I woke up immediately. The next morning I told him about the dream and he admitted he'd been casting spells to try to lure her back because she'd come to him once in a dream complaining about being cremated and swore she'd never 'visit' him again. After that, I was so desperate for answers, I sought out a psychic who told me to put salt in the corners of the home and near windows. A born-again Christian told me to bless oil and to go around the property and drop the oil as well as to put it on the windows. I wasn't bothered by her spirit after using oil and salt on the property.

Haunted Heartland

By Gary Sloan Jr.
Entertainment Editor

Buried deep in the heart of the Vermont countryside, nestled within the majestic Green Mountains, lies a small town virtually unscathed by the hands of time. A town where the woods still whisper to you with their tales of magical myths and legends time has tried valiantly to forget. On the clearest darkest nights one can almost hear the voices of the past echoing in the wind, calling to them. This town that I speak of: Mount Holly.

The tales told in hushed whispers among those native to this town are legion. From hushed tales of a once exquisite mansion upon the hill cursed, to the tales of a bigfoot seen wandering the countryside under the cover of night instilling fear in all those who crossed it's path, there are a plethora of tales to leave one sleeping with one eye open nestled up to a flashlight. Out of all the tales that I have come across, none resonate with as much power as the one I am about to tell to you.

A lone white farmhouse that predates the birth of our nation, sits innocently on Gates Road, a road named after the family long supplanted within this deep rooted community. A lineage that descends back to the original settlers of this sleepy eyed village. The quiet exterior contradicts the peculiarities that lie within. The ethereal inhabitances of this innocuous farmhouse easily outnumber those of the living. While one lone living individual, George Gates, is accounted for, at least two different spirits are known to also take up residence there.

On a bitter winter day, a group of hunters returned to the Gates farmhouse seeking refuge after a long arduous day of deer hunting. Once they arrived they were met with an astonishing sight. One of the hunters who had set out on his own, sat atop a snowmobile, clad in nothing more than his long johns. The wind and the chill cut through him, yet it was not due to the cold that he shivered. The man refused to reenter the house and had his friends gather his belongings for him. Once the man was calmed down, he told a tale that was not new to his friends, but a tale nonetheless that would induce shivers down the spines of the bravest of men. The man had stopped back at the farmhouse to take a nap while he waited for his friends to return. He awoke from his nap to find a strange man standing at the foot of the bed staring at him menacingly. Clothed in an outfit not seen in this century, the man pointed a finger at him as his dark eyes penetrated straight through him. Then in an instant the specter evaporated before his eyes. In a matter of seconds the man fled the building and has to this day refused to return.

Many people have spotted the being that was seen by this poor man over the years. A little historical research discovered that this specter fits the description of the man who originally built the farmhouse. It seems he had a nervous breakdown and hung himself in the upstairs bedroom, yet he refuses to leave to this very day. This ethereal being is blamed for footsteps heard during the dead of night, up and down the hallways and stairs, as well as for an attic door that mysteriously opens during the course of the night. A door that is locked and can only be reached by a ladder. A frightening sight to behold first thing in the morning no doubt.

While the old man is a less than inviting spook, there is a friendly being still lingering about the confines of this sturdy old farmhouse. Catherine Gates passed from this mortal plane more than 30 years ago, yet many argue that she has never left the place she knew as home during her long life. She spent her days quietly sitting in her rocking chair staring out into the country sky. With yarn by her side and a knitting pin in her hand, she sat there passing the days. In her passing, the rocking chair sat solemnly in front of the window, perhaps longing for the companion it had known for all those years. The chair was not alone for long. In the days following her death, the chair she had always been found in began to rock. And rock. And rock. Open windows were the first possible cause, but none were found. A source for a breeze was sought out, but again none were found. Incredulously the chair continued to rock. Not for a night, not for a week, not for a month, but for years and years and years. The chair would not stop rocking. Finally George Gates had had enough and took the chair and placed it in the attic. And to this day, if you visit the farmhouse and walk upstairs, you can hear the floorboards creek and the undeniable sound of a chair still rocking. Catherine Gates did indeed die, yet her spirit is still strong in the farmhouse she once lived in. Maybe, just maybe, she discovered heaven was a lot closer than she ever dreamed that it was. I for one would be hard pressed to argue with her.

This is my tale to you the readers of the Cairn. I am not merely a storyteller, but rather a part of this haunting story. The blood of the Gates pumps through my veins, and it is my family from whom these tales have been passed down to me. Yet not all the tales are second hand. On more than one occasion I have seen things that baffle my mind, heard noises where none should be, and felt the hairs on the back of my neck stand on end as the air around me turned to ice. I also have seen my great grandmother, Catherine Gates rocking in her chair, as content as ever. This is merely one of many tales that lay hidden within the histories of communities scattered in the Vermont countryside. The next time you see an old building down a dirt road, think to yourself "What kind of tales lurk within those walls?"

Another True Story

Attributed to Susie Spandex

My father died unexpectedly in 1994. The day before he died we talked and he wanted to know when I was going to get married in the church since I'd had a civil ceremony years before. I told him I had a priest bless my marriage in 1992 and didn't invite him because he'd made plans to go hiking that day. The conversation was odd, because my father didn't usually talk about religion or tell me what to do; I think maybe he knew time was limited.

In 1996 I had polyps removed under local anesthesia and went home that night. My then husband refused to take me to the hospital or pick me up, so someone else did it. I was in a lot of pain the next day. I was in bed at home and woke up to see my father standing next to me in his uniform that he'd worn about 10 years before that. I was confused and asked why he was there. He told me he was sorry I was in so much pain, he knew what it was like because he'd had the same surgery. He hugged me; I felt his arms around my shoulders. He told me he loved me, then he walked around the bed and vanished before he got to the door...the vanishing was sort of the way a rainbow breaks down...you can see it breaking down, but are powerless over it. I know I was not dreaming because I dream in 20/20 vision. His figure was blurry as he left the bedside and that's the way things look when I don't wear my glasses. I truly believe my Dad was there and felt my pain. Yes, I believe in ghosts; not everyone is as sensitive or as enlightened as I am.

The Eddy Brothers

By Billie Pisaniello
Contributing Writer

The 19th century was a time of religious revival in America, but also a time when more and more people began taking stock in paranormal phenomenon. People sought the answers to life and death in places beyond conventional religious boundaries. They began to search the afterlife.

People who communicated actively with the "other side" were known as spiritualists or mediums. This practice was controlled by a group of certain famous mediums; many of whom were charlatans. They boasted the ability to communicate with spirits from the other realms, and even to make these spirits appear when called.

The local mediums of Vt. were the Eddy brothers of Chittenden. When William and Horatio were young children, people noticed strange phenomena whenever the boys were present.

Their father, Zephaniah, wasn't pleased. On one occasion, William, the elder brother, fell into a trance from which he could not be roused. His father placed a hot coal in the boy's hand, which

continued on page 13

More tricks than treats in Castleton

By Roberta Signoracci
Contributing Writer

Halloween is a time of year when people feel creative and innovative, conjuring up stories of all kinds to share with others. Ghost stories may be the most popular, but often times an urban legend might linger in the autumn mist as well. Here on the Castleton State College campus, one story seems to keep coming back each year and with each Halloween that passes, more CSC students are left asking the question, "Is trick-or-treating in the town of Castleton illegal?

How on earth did a myth like this get started? And more curiously, why would someone create such a pointless rumor? Around campus the majority of students that have heard the tale have all heard a somewhat similar version. Blair Grossman, a CSC junior, heard that trick-or-treating was banned after a child was beaten by college students who then stole his candy.

"I heard that someone was killed by a drunk-driver on Halloween a while ago," stated CSC senior, Jeffrey Thompson, "That's why they started the tradition in the gym."

This "tradition in the gym" that Thompson speaks of refers to the festivities that occur in the Glenbrook Gymnasium on Halloween night. The program is for children in preschool through sixth grade, and it allows them to engage in fun activities such as trick- or-treating, face painting, apple bobbing and other Halloween pastimes. The event is coordinated primarily by the Castleton State College Physical Education Department, with help from many other CSC organizations, and funding by the Lions Club. The tradition was started at least fifteen years ago with the intentions of granting children a safe and fun way to participate in Halloween, but there is no evidence that an accident contributed to the program's creation.

TRICK OR TREAT!

The Town Manager of Castleton, Beverly Davidson, was very surprised to hear that such a rumor had been floating around campus. In fact, she had no idea that this rumor even existed. " I think they'd go in to sugar shock," she said jokingly referring to Castleton's residents. She also confirmed that no drunk-driving accident had ever occurred causing the cessation of trick-or-treating.

Jeff Grady, a Castleton resident for over 70 years also found the rumor a surprise. "Oh no, I've never heard that," stated Grady sounding shocked, "I have trick-or-treaters at my house every year!"

Anita Larson, CSC STEP Center Administrative Assistant and Castleton resident, has heard the rumor drifting about campus for years. She is convinced that someone at the college created the story around the same time that the tradition in the gym began, and for some reason the myth caught on. She even recalls a time when she began to wonder if the rumor was true, but then on her way to campus she saw other children trick-or-treating. "I always took my kids trick-or-treating in town and then we came to the party in the gym afterward," she said.

Beth Williams, a CSC student and Castleton resident since her birth in 1980, also confirmed her active role as a trick-or-treater in Castleton. "I grew up here, and I always trick-or-treated," stated Williams.

It seems that this myth about trick-or-treating being banned comes as a surprise to most Castleton town residents, but a significant number of campus residents and students have heard the rumor and actually believe it to be true. Although the reason for the fascination with this urban legend remains unclear, perhaps it was just a lack of reliable information that made it so easy to accept. In any case, trick-or-treating is definitely NOT illegal in the town of Castleton, so don't be surprised if there's a new urban legend circulating around CSC next year.

Samantha

By Jeffrey Durrenberger
Contributing Writer

It was a very dark and cold night in late October. Samantha tried furiously to protect her face from the driving wind as she ran in terror, from something that she knew was following her. At the last moment she managed to reach the front door of her dorm and got inside. Out of the corner of her eye she was sure that she caught a glimpse of something that was following her, but it was too dark to tell. The next morning Samantha scolded herself for such an irrational fear. Samantha began to study for a big Sociology exam she had later that day. The whole day went by quickly and uneventfully and then once again Samantha found herself walking home again from the library around 10:00 at night. All of a sudden Samantha heard something behind her. Fear made her turn around

"Is anyone out there?" Samantha called out hesitantly. There was no answer. Samantha then continued to walk to her dorm. "Boo! Haha I got you!" Mike said in half a laugh.

"Mike, you moron. You scared me half to death. One of these days..." Samantha warned

"You'll what; beat me up? We both know that you couldn't do that. If I really scared you I'm sorry, I won't do it again. Tell you what, I'll walk you home to make it up to you." Mike replied.

That's all right, I'll walk myself" Samantha said. Mike left Samantha alone. Then again Samantha heard a noise behind her. It was the unmistakable sound of a person's shoe crinkling a dry leaf.

"Mike if that's you, you're in for it" Samantha called out.

"It's not Mike, Samantha, and I have been waiting for a long time to get my revenge. First I'll destroy your reputation, then I'll make people think that you are insane, and then after many years of torment I will finally kill you. And there is nothing that you can do to stop me," a deep and raspy voice echoed out from the darkness.

"Who are you?" Samantha could think of nothing else to say, but there was no response. The next night, a Saturday, Samantha conned Mike and another friend to play a game of Ouija she used the pretense of a game to get this done. That night in her room, lighted only by candles, the trio sat.

"Is anyone in here in danger? Samantha asked. The board slowly spelled out y-e-s.

"Who?" Samantha begged.

"You" a voice whispered in Samantha's ear. " I told you that last night, did you think I was lying? Well don't worry about that. I was not. In time I will kill you, for what was done to me."

Samantha immediately got up and ran outside to the top of the building. She felt herself be pushed off the building. The next thing was nothing.

"I Lied"

Samantha Greenwood died at the age of 20.

A Roommate's True Story

By Tara M. Gilbar
Contributing Writer

There are some things one must understand about my roommate. She is first and foremost my best friend, a person with whom I share an unreal and almost fantastical relationship with. We half-joke about knowing each from a previous life, that is how well we have adjusted to each other. Everyone is surprised to learn that we have only known each other for three years, and have lived together for only two, so intimate is our knowledge of each other. More than once we have been mistaken for sisters.

During our three years together we have shared more usual and almost frightening experiences within the realm of the super-natural than any other two people I know of. My roommate, I will call her Ellie, has had an extensive history with the world of the dead. Since she can remember ghostly apparitions have visited her in the night. During the day she can still feel them around them her. Since meeting her I too have shared some of these events, or at least better learned to recognize them for they are.

When I think of these events one in particular comes to mind. Last fall, around this time I had been experiencing a strange sensation of being watched. The reader will say of course that this does happen in almost everyone's life from time to time.

But my feeling of being watched was different. Whenever I happened to be alone I would catch something in the corner of my eye, when turning to face whatever it was it would vanish. Often these episodes were facilitated by a chill down my spine and the raising of hairs on the back of my neck. I was never scared per say, but there always seemed a sense of urgency to quickly remove myself from the site. I would quickly forget the episodes in the course of the day and not bother to mention them to anyone. I wasn't even sure what was going on. I hadn't thought about the occurrences for some time when Ellie one day confessed she had a feeling she had been followed. She related her occurrences to me in a slightly nonchalantmanner. I could tell she was, if not scared, at least perplexed by the occurrences that had preceded the story.

Around the same time I was having my 'watching' episode Ellie had been feeling like she was being followed everywhere she went. On the way to classes she heard foot steps, in buildings she would hear someone come up behind her and when she turned to face whoever it was there would be no one there. She even confessed she had been scared more than once in the shower when an invisible set of hands had helped her wash her hair. I told her about my experiences with my watcher and we ended up laughing the whole thing off. Then one day about a week later we were walking out of our suite together talking and laughing like we usually do, suddenly we both stopped and turned. Something had come up behind us, little chills traced my spine, I turned and looked at Ellie. We both must have heard the same thing because Ellie had turned as white as I must have. At the same time we both asked "Did you hear that?", nervously we laughed. We chose not to talk about it right then, but we both understood there was some urgency to remove ourselves from the suite right then. So we left, and didn't talk about it until late that night, in the dark we both confessed to what we thought we thought we had seen. After that the visions and feelings grew quieter and less frequent. After a time I still feeling them altogether, but Ellie says she sometimes still feels that presences and has learned to identify it from others. She claims that our experience together is the most frightening she has ever had, before she had never felt frightened of dead. She feels that this spirit was different somehow. We have yet to figure out who it is or what they want.

If you're not trick-or-treating...

As everyone knows winter is approaching us quickly. One of the greatest things to do in the winter especially during a huge snowstorm, is to have a movie day. Start tonight!

HOW TO HOLD A MOVIE DAY

1. Gather five to 10 people and invite them to your house or dorm. Tell everyone to come a half-hour before you really want them. They'll be there about a half hour after.
2. Go to the grocery store and pick up snack food. Movie basics include Velveeta Shells and Cheese, Coke, Frank's Red Hot for the banana-pepper and pineapple pizza you'll be ordering, and something from the chocolate food group.
3. Next is the fun part renting the movies. For girls, try Steal Magnolias, Bridgett Jones's Diary, and How to make an American quilt. For the guys, you might have to get movies like Cannonball Run, Thirteen Days and Braveheart. If it's going to be one of those co-ed movie days you will have to get movies everyone will agree on, like Outside Providence, Half-Baked and Remember the Titans. If you're not sure, the stoner movies usually are a sure bet.
4. Watch your movies, hang out with your friends and have a great time.

PRECAUTIONS:

1. Watch out for those who talk really loud during the movies. Keep an extra pillow handy to throw at the offender in such a case.
2. Beware of the SPOILER. This person will tell you the whole movie before the previews end.
3. Also on occasion the STINGY person will come over. This person has the popcorn bag glued to their hands and will not share. If you have one of these attending your movie day kick them out.4. Even on Halloween, be careful of scary movies, you don't want to be too paranoid.
5. Watch out for the mess left from intense munchies.

GOOD LUCK!

-The Guy on the Couch-

Chittenden Brothers

continued from page 11

which burned him for life, but did not jolt him out of the trance. Eventually Zephaniah took advantage of his sons. He displayed them all over the country as a side-show oddity.

When their father died, the brothers returned to Chittenden, and began holding public seances in the family barn. Their fame spread and they built a larger building, complete with a stage in an upstairs room.

People would pay good money to see the brothers' talents. It was called the "Ghost Shop." On this stage was a large, upright, coffin-shaped box called the 'spirit cabinet' into which William would climb. Throughout the show, Horatio would summon different spirits out of the box, which would manifest onstage. None of the manifestations could have been William; none were built like he, nor were they near the same age.

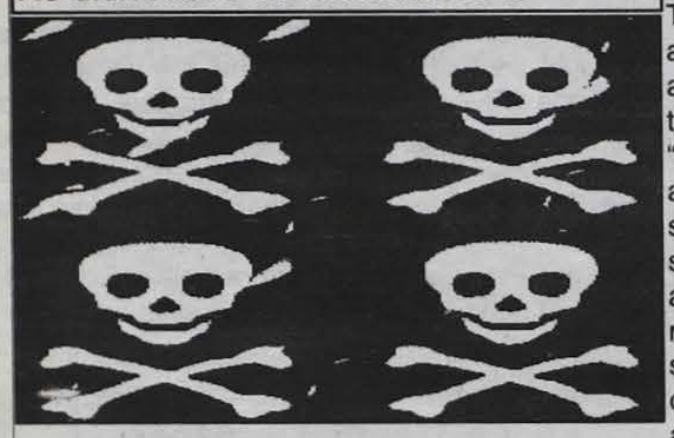
Occasionally, even women appeared. These spirits ranged from old Vermonters to Russian soldiers to the deceased relatives of audience members. In the end, William would emerge, exhausted, and invite the audience to examine the cabinet for any tricks.

To this day it is said that some of these spirits still run amok at the Eddy house. The house itself is said to levitate and rotate on its foundation, moved by these spirits. William Eddy died in 1930 at the age of 100. Horatio had died 10 years earlier, the epitaph on his grave reading "Passed into Spirit Life".

HAPPY HALLOWEEN

Skeleton kes

***Who won the skeleton beauty contest?**
No body
***When does a skeleton laugh?**
When something tickles his funny bone.
***What type of art do skeletons like?**
Skull tures
***What does a skeleton order at a restaurant?**
Spare Ribs
***Why didn't the skeleton eat the cafeteria food?**
He didn't have the stomach for it



Chain Letter Horrors

continued from page5

out your checkbook and make an actual donation to the charity of your choice. Better yet, go to the Department of Community Service and Internships in Moriarty House and find out how you can donate some time to a worthwhile cause. It may not be as easy as point-and-click, but the rewards will definitely be real.

More recently, chain letters have become a vehicle for sick individuals to exploit tragic events. A rash of chain letters and hoaxes have emerged concerning the World Trade Center attacks. Forwarding them only gives the demented people who created them the publicity they crave.

Family Values

continued from page9

Staind were the next to take the stage playing their newest single "Fade". Aaron Lewis, born in good ole' Springfield, VT I might add, stood in the center of the stage as smoke billowed around him. The stage was filled with smoke and added an air of melancholy to the somber songs they played. Occasional moments of pure unadulterated rage shimmered through the blinding stage lights as hits like "Mudshovel" and "Suffocate" blared through the speakers. The lights dimmed for a moment in mid-set, and when they lifted the opening chords to "Outside" were heard, as Lewis and the boys sat in their stools strumming their acoustic guitars. The mosh pit became a sea of lighters as every one in the arena sang along word for word. As the song ended, still echoing in our heads, they took things up a notch, as Lewis invited the lead singer of Static-X out for "Spleen". The two of them took turns screaming from the bottoms of their souls. Other classic Staind songs such as "Me", "Open your Eyes", and "Change" filled the air around us, inducing us into sporadic outbursts of attempted singalongs. Finally the lights dimmed one final time as the boys grabbed the acoustic guitars again, giving all the fans what they'd been salivating for the entire show, an acoustic version of "Been Awhile". The entire arena stood on their feet, lighters in the air, singing along as though it were a hymn being sung at church on Sunday morning. The lights dimmed and the curtain closed as the chords still hung in the air.

The Stone Temple Pilots were the last act to take the stage, and stole the show. Their performance included a rotating stage setup, typical Weiland theatrics, and all the STP hits one could ask for. Instead of playing songs off of the new album "Shangri- LA DEE DA", the boys played for the crowd and went through a greatest hits performance. Classic STP songs such as "Vasoline", "Wicked Garden", "Big Empty", and "Interstate Love Song" threw the crowd into a frenzy. For "Creep Weiland grabbed five kids from the audience and dragged them on stage to sing along with him. All the while, I sat in my seat cursing them for their luck, wishing I could've been so fortunate. I couldn't believe how great Weiland sounded live as he belted out "Sour Girl" and "Tumble through the Rough". Finally Weiland stopped things and stated that the time had come in the show to either play something new or one of their hits. The decision would rest on the drummer, and one could feel the audience collectively lean forward in anticipation. I felt the tingles down my neck as they jumped into "Plush" one of the two songs of theirs that I loved, that I had not yet heard. Weiland climbed up to the second level and sang along with th crowd in another classic moment never to be forgotten. The song died down and the boys left the stage, while uneducated concert goers began to filter out. Within moments, STP retook the stage and Mr. Weiland tore off his pants, in a moment that will possibly mentally scar me for life, and wrapped himself within the American flag, wearing it as a skirt. My horror soon turned into pure joy as they played my favorite STP song, "Sex Type Thing". I stood on my feet, attempting to dance along, shouting out the lyrics to the dismay of Spanky and mi amigo Jay. That one moment was a culmination of a once in a lifetime experience.

As the cool October wind hit my face as I exited the arena, I was content knowing the events of that evening would never be forgotten by those who were fortunate enough to have been there.

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SCAAARY JOKES

Where do baby ghosts go during the day?
Dayscare centers

What's a ghosts favorite fruit?
Booberries

Why are ghosts bad at telling lies?
Because you can see right through them

***What do you call a ghost with a broken leg?**
Hoblin Goblin

***What kind of ghost has the best kind of hearing?**
The eeriest

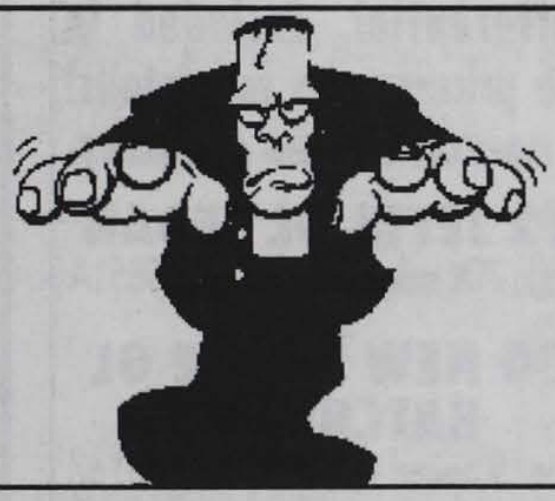
***What does a ghost swim in?**
The Dead sea

***What do ghosts eat for breakfast?**
Dreaded Wheat

***What kind of cars do ghosts drive?**
Boo---icks

***Why are ghosts cowards?**
Because they have no guts

HAPPY



HALLOWEEN!!

Jack-o-Lanterns

continued from front page

could pay for the drink. The Devil did so and Jack instead pocketed the coin. When Jack returned home, he set the coin next to a silver cross, which prevented the Devil from changing back.

Jack began to bargain with the Devil, asking him if he could be free from all evil in the world if he let the Devil go.

The next year Jack died and was sent straight to the gates of Heaven, where he was rejected. Jack was then sent to the gates of Hell, where the Devil told him to go away. Jack didn't want to leave because it was dark and gloomy which made it impossible for him to find his way back.

The Devil tossed Jack a glowing coal, Jack placed it inside a turnip, and ever since, Jack has been roaming the earth with his Jack-O-Lantern..

What CSC Students Really Want

continued from front page

as an example; he suggested that the existing dynamic theatre program might be another force to tap into. "Good music, more bands," says sophomore Pearl Dennis. Would there be a full house for more groups like the Kenny Werner Trio or Deep Banana if the incoming president were to find funding? Are CSC students looking for poetry slams or talks from and forums with notable literary and political people? Jay Parini, John Irving and Julia Alvarez come to mind as possible speakers. Are you political? If we were to have a strong political force on campus might our own Governor Howard Dean choose Castleton State College as the place to announce any future political plans? Would students at Castleton patronize performances from alternative music groups at a campus pub, comedians, alternative movies, and visiting art shows? What could a renovated and revitalized student center offer? Mitch Terriciano power player for the rugby team at CSC suggests an affordable independently owned restaurant for students; and if it were there, hat would we want from it in the way of entertainment, live jazz, son from Cuba? Gary Sloan, entertainment editor for the Cairn, recommends other food options for a refocused student center, "a small grocery store or sandwich shop, café, someplace where students could kick back," "We need a reason to make the trip to the student center" says Raymond Mason, "a music store, a movie theatre," "Maybe we need Thursday evenings if the promise of good music at a student pub were available," said Mr.Sloan.

"Whatever the establishment is, it needs to have an inviting ambiance," says Jaime Granger. Vermont's own Sabra Field exhibits her works around the state, why not here for a grand opening month at our new center. What would work? What wouldn't? Do we need a consultant to really investigate and learn what is working on universities and colleges around New England before we begin our revitalized campus and student center? Where do your interests lie? More and stronger intramural sports clubs, state of the art physical fitness facilities? Maybe CSC students want to extend their reach, cultivate more of an international flavor to the campus; pursue academic clubs and forums. Are we interested in a religious center that would bring in evangelists from different faiths offering us glimpses into new spiritual realms as well as affording us new insights into our own? Stephanie Newell recommends a student association that truly represents the students; one that has the freedom to act on what the students really want.

Of course it is the individual and collective energy of the student body and faculty that give life to a campus; are we ready to couple this energy with our creativity and ambition in order to present to incoming President David Wolk our vision of what we want our campus to be? He has made the offer to bring new life to campus; it falls on us to have our package ready for him. Let's formulate and solidify plans for a vital new campus. "Stand-up comedy would do it for me," says junior Rich Elicki. What works for you?"

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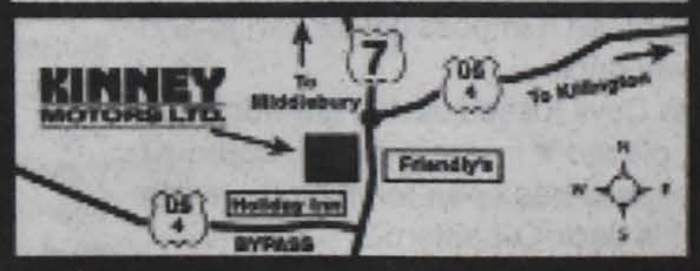

GUEST LIST CSC Career Fair Nov 7th, 2001

NEW FEATURE: Dressing for the World of Work: Mary Kay Cosmetics VT working hand-in-hand with CSC Professor Ann Chiesa's : "Dressing for the Interview UNDER $100" McNeil-Ready Mens' Wear * Dressing for the Interview for Men.
NEW FEATURE: Thinking of being your own boss? Hey website designers, personal trainers, etc! Vermont Small Business Development Center
NEW FEATURE:Advice & Info from LIVE media folks: WNYV-WVNR Radio * live broadcast Catamount Radio WJJR/WEBK-WJEN/WJAN Cat Country
NEW FEATURE: Environmental Organizations: Massachusetts Audubon Society Wildwood - MA. Farm & Wilderness Foundation - VT, VT. Dept of Forests & Parks

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Albany Medical Center * NY
Rutland Regional Medical Center * VT
Dartmouth Hitchcock Medical Center - NH
Porter Hospital - VT
Springfield Hospital - VT
Glens Falls Hospital * NY
Central VT Medical Center * VT
THE SOCIAL SIDE
National Association of People with Disabilities NY
New England Children's Center - MA
Rutland Mental Health Services VT
Prospect Child & Family Center NY
Southwestern Council on Aging * VT
Glens Falls YMCA * NY
Boys & Girls Club * Rutland - VT
SCHOOLS
Derry Cooperative Schools * NH
Becket School - NH
MIXED ORGANIZATIONS
Anderson (formerly Anderson Consulting) * Hartford, CT
Enterprise Rent-a-Car
City of Burlington * Administration - VT
City of Burlington * Police - VT
South Burlington Police * VT
Rutland Sheriff's Department * VT
New York State Troopers - NY
VT Agency on Transportation * VT
VT Department of Employment and Training
UPS- VT
Rutland Police Dept. * VT
VT Agency of Human Services * Department of Corrections * VT
Peace Corps * Boston
Vermont Association of Chiefs of Police - VT
ROTC
VT National Guard
American Express Financial Consulting * VT
Forum Financial - ME
Northwestern Mutual Financial - VT
United States Immigration & Naturalization
Progressive Insurance
Fastenal * VT
TEMPORARY AGENGIES
Kelly Services
Northlands Job Corps
Triad
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Killington
SPECIAL CSC SERVICES
Department Table: "CSC History - and Liberal Arts Careers & Graduate Schools"
Department Table: "CSC Career Development"
Department Table: "CSC Internship, Community Service, Service Learning"
Department Table: "CSC Careers in ART"
Department Table: "CSC STEP Center"
Department Table: "CSC Admissions"
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Castleton State College - VT
College of St. Joseph - VT
Green Mountain College - VT
Goddard College - VT
Springfield College * MA
Sage Colleges - NY
University of Vermont * School of Grad Studies / NURSING - VT
Quinnipiac University * CT
Universidad Autonoma De Guadalajara - NY
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ATTENTION FACULTY!!

The Cairn wants to publish your student's scholarly work! Please encourage your students to submit research papers, opinion pieces and artwork! Please notify The Cairn of items you feel should be published for all to read. Email cairn castleton.edu or call 468-6067. We look forward to reading and publishing the fine work of Castleton State College Students!
Next deadline: October 23, to be distributed Halloween.
After that, the next deadline will be November 14.
Topics encouraged: hate crimes, literature interpretations, education articles, nursing interests and music students have written.

Below, you will find a list of internships opportunities that are still available for the Fall semester. While some of the opportunities are paid or offer other benefits, the majority are unpaid. But, all of the opportunities offer a chance to gain some great experience within your degree program. If you would like more information about any of the internships listed below, please give me a call at 468-1431.

Century 21 - Web Site Intern - Intern needed to improve and enhance and connect information on 5 different web sites (vthomes.com, realtor.com, century21.com, vermontvacations.com and a multiple listing web site). Paid.

Girl Scout Girls Sports Day - Event Coordinator - The Girls Scouts will be sponsoring a Girls Sports Day at Castleton State College on November 17 from 1p.m. - 6p.m. Over 100 girl scouts will attend and try various sports like softball, basketball, volleyball, swimming and lacrosse. An intern is needed to organize and run the program.

Keytech - Marketing and Sales Intern - Compiling mailing lists, developing color flyers, phone calls to determine interest/need for company that provides on-site cleaning for all electronic and computer equipment. Paid.

Rutland Amateur Hockey Association - Accounting Internship - Payroll, budgeting, reconciliations and recording of payments. General bookkeeping using Peachtree Accounting Software 8.02. Stipend available.

PR/Marketing Internship - Organize and track sponsors for hockey team and rink signage, send out correspondence, maintain excel spreadsheet and coordinate monthly newsletter.
Web Page Coordinator - Design and update RAHA web page with Fireworks 3, Dreamworks 3 and Flash 5. Laptops welcome.

Fair Haven Fitness - Fitness Center Intern - Intern will learn all aspects of running a successful business from the ground floor. Excellent majors in Exercise Science, Physical Education or Business.

Rutland Area Visiting Nurses Association and Hospice - Editorial Assistant - Assist in planning, interviewing and writing stories for Home Care Connection, the external newsletter for RAVNAH.
Human Resource Intern - Assist in the staffing, compensation and benefits process. Will be given independent projects. Will gain experience in job description writing and evaluation, interviewing and hiring, developing compensation and benefits program and other employee relation programs.
Photo Journalist - Assist RAVNAH staff in building a photo library documenting different disciplines and services offered by RAVNAH.

Russell Corporation - CIS Assistant - Provide staff with company network, voicemail, PC, printer and web support. Paid.

I.B. Munson House B&B - Marketing Consultant - Assist owners with implementing marketing plans to help improve occupancy rate. Season ski pass to Okemo and other possibilities.

Rutland First Night - Marketing Intern - Assist with the coordination and presentation of Rutland s New Year s Eve celebration. Paid.

Health and Allied Science Publishers - Office Assistant and Accounting Intern. Bookkeeping duties using Peachtree and Quickbook Pro software. Will gain experience in shipping, processing of orders, and credit card processing. Web site knowledge helpful, but not necessary. Stipend available.

The Vermont Country Store Operations/ Production Management Intern - Assisting with day-to-day operations. Dealing with administrative, personnel and productivity issues. Paid.

The Old Homestead Community Center - Computer Intern - Develop computer training workshops for elderly residents and middle school students. Training could be in keyboarding, email, word processing, data management, and internet familiarity. Work-study eligible.

Rutland Head Start - Classroom Assistant - Assist classroom staff with daily activities, such as reading, game playing, singing with children and outdoor recess.
Video Intern - Video tape specific classes and create a 1 2 hour program, with the help of the teachers, that can be aired on Channel 15 in the Rutland area. Work-study eligible.

Tutor for Autistic boy - The family of a 3 1 2 year old autistic boy, is seeking a Special Education major who would be interested in tutoring their son on Tuesdays and Thursdays. All day is preferred, but mornings only will work as well.

Cross Roads Art Council
- production assistants
- press release and article writers
- theater techs
- graphic artists
- digital photographers

Paramount Theater - Theater Tech Interns - Assist the theaters technical crew in a variety of productions. Box office and administrative help is also needed.

Sherman V. Allen Petroleum Company - Marketing/Business Management Intern - Position requires receipt of customer orders via telephone and walk-ins. Data entry and retrieval of customer accounts via the company s petroleum software program, as well as standard software programs such as Lotus, MS Word, Excel, etc. Paid.Vermont Industries - anagement Intern - Customer service, order processing, order fulfillment, email management, and web updating. Paid.

www.castleton.edu/communityservice
for more information

Tickets for the following events are now on sale at the Box Office:

November 5 -- **Panel Discussion, "Reflections on Election 2000."** Science Auditorium, 7 p.m. Soundings

November 8-11 -- CSC Theatre Arts Department production, "**Getting Out**." Award winning playwright Marsha Norman creates an intriguing story exploring the ability of the individual to break free from the expectations of society.AC, Nov. 8 - 10 at 8; Nov. 11 at 2 p.m. Soundings

November 14 -- **Noche Flamenca, dance.** Born of passion, Noche Flamenca was founded in Madrid in 1993 by artistic director Martin Santangelo and his wife Soledad Barrio. FAC, 8 p.m. Soundings

Soundings students,
Please bring your student ID to purchase your tickets. We do not reserve Soundings tickets unless purchasing additional ticket(s) at student discount price.

Box Office Hours: Mon. - Fri. 8:30am-12:00pm, 1:00pm-4:30pm.
For reservations, please call 468-1119

SHAPE Gym and Fitness Center hours

Fitness Center
Mon, Wed, & Fri: 7:30 am - 9:00 am
Mon & Wed:12:00 pm - 8:00 pm
Fri: 12:00 pm - 7:00 pm
Tue & Thu: 12:30 pm - 2:00 pm,
4:00 pm - 8:00pm
Sun: 6:00 pm - 9:00 pm

Front desk, gym & racquetball courts:
Mon & Wed: 7:30am - 9:00pm
Tue & Thu: 8:30am - 9:00pm
Fri: 7:30am - 8:00pm
Sat: 1:00pm - 8:00pm
Sun:1:00pm - 9:00pm

*Non-Members Gym use fee $3.00 per person.
*Non-Members using the Racquetball Courts must pay $10.00 per court, per hour fee.

A cheerleading club has formed. Their goal is to establish a team of individuals whose main purpose will be to provide and encourage school spirit. Nicole Root '04 is the organizer. Twenty people attended the first informational meeting.

Do you enjoy web design? The Cairn is in need of someone to post the electronic version of our paper on the web at www.castleton.edu/cairn. Please call or email, 468-6067 or cairn@castleton.edu if you are interested. It can be a simple posting, or a really creative web page. You're the boss!

Come learn the ins & outs of VTreap - new link to finding teaching positions in VT. VTreap, representative, Mike Rinaldi, will explain how to access & get the most out of the new program. VTreap Info Session/Workshop : Thursday, November 15, 2001 at 4:00 PM in SAC 157

Sports Schedule for November

Nov. 16th

Men's Basketball	Pepsi Classic vs. Plattsburgh State	Away	8 p.m.
Women's Basketball	Wheaton college Tip-Off vs. Wheaton College	Away	8 p.m.

Nov. 17th

Men's Basketball	Pepsi Classic vs. TBA	Away	TBA
Women's Basketball	Wheaton College Tip-Off vs. TBA	Away	TBA

Nov. 20th

Men's Basketball Oneonta State
Home 8 p.m.
Women's Basketball Oneonta State
Home 6 p.m.

Nov. 28th

Women's Basketball Southern Vermont College Home 7 p.m.

Nov. 29th

Men's Basketball Southern Vermont College Away 7:30 p.m.
Nov. 30th Women's Basketball Pepsi Classic vs. Elmira college @ Plattsburgh State Away 6 .m.

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Oktoberfest!

The day in photographs By Schuyler Barsch

The Green Bros., featuring Dr. Phil Lamy and Dr. Worthy rocked a combination of jazz and funk.

The flag of the United States proudly hung at Octoberfest. All proceeds went to the Sept. 11th fund.

Rocky Hazelwood, who helped coordinate the event, collects donations with a little helper during Oktoberfest.

The Conn. band Grapes of Vuadvillian Fantasy got people up to dance and boogie.

CSC Women's Rugby members work at the fish toss booth.

The Cairn

Castleton State College's Student Newspaper

Free

12.05.01

Final exam schedule page18

Women's Basketball First Win of the Season

Spartan Defense keeps SVC down

By Kris Rivera
Staff Writer

The Spartans earned their first victory at home against Southern Vermont College. They won the tip-off and junior Andi Kaufman scored off a three point shot to put Castleton up 3-0.

With 15 minutes left in the first half the Spartan defense stopped Southern Vermont as they forced a shot clock violation. Lora Johnson answered on the offensive end of the court as she swished a 15 footer at the top of the key.

The Spartan defense was superb as they went on a 7-0 run before their opponents got their first basket six minutes into the game. Beth Ratner dominated down low and outside shooting by Casey Wedge led to quick baskets for the Spartans. The lady Spartans played amazing defense in the first half as the held there opponents to seven points in the first half.

Coach Barrett went deep into his bench as most of the team saw significant playing time. Sophomores Crystal Hughes and Elizabeth Martin came off the bench as they added baskets to maintain the lead. The last shot of the half came with seven seconds left when freshman Kathryn Vreeland swished a perfect shot from the top of the key to give the Spartans a 40-7 lead into halftime.

Beth Ratner scored six of the Lady Spartans first eight points of the half from the post position. Casey Wedge held it down from the three-point arc as she hit her fourth 3 pointer of the night 2 minutes into the second half. Adrienne Venne played most of the second half and helped keep the Spartans on point with great on ball defense and play making as she also scored of jump shots and lay-ups.

Although the Spartans scored at will they did not let Southern Vermont College reach double digits on the scoreboard until 15 minutes left in the game. Elizabeth Martin helped keep the spark alive, as she was the leading scorer in the second half and gained trips to the foul line with her hustle and determination to get to the hoop. The Spartans played great as a team as they defeated Southern Vermont College 78-30. Casey Wedge lead the team in scoring with 16 points off of four 3-pointers. Beth Ratner followed with her 12 strong points from the paint area and Crystal Hughes also added double figures with 11 points. Elizabeth Martin chipped in 9 points in her strong performance.

Coach Tim Barrett gained his first victory ever as the Spartans head coach. The coach added that "the team played great tonight and is improving in every game: we are playing

Continued on page 19

Take a Walk on the WIld-Side

Photojournalist Shannon Cantara explores the interesting farm life of Michael and Thomas Audets' farms, both located in Orwell, Vt.

See page 13

Legend Lost:

Honoring Beatle George Harrison

A Sunrise doesn't last all morning..,
A Cloudburst doesn't last all day;
Seems my love is up and has left
you with no warning..., but its
not always been that gray.., and all
things must pass., All things must pass away

– George Harrison

By R. Coyle
Staff Writer

The legendary George Harrison, of the Beatles died Thursday at a friends home in Los Angeles.

Harrison had been dealing with lung and throat cancer, and a brain tumor. His wife Olivia and son Dhani were with him on his passing. He was only 58.

George was the youngest member of the Beatles. From the very begining of the Beatlemania period he was a major vocalist in the band.

He became a very serious musician who worked intensely on the perfection of his playing.

Harrison moved on after the break-up of the Beatles. He had a series of solo albums and was the executive producer of handmade films. The guitarist also released two albums with the Traveling Wilbury's a group that included Roy Orbison, Bob Dylan, Tom Petty and Jeff Lynne. Harrison was also a huge philanthropist.

Harrison will be remembered as a man of intelligence and a man of great talent. The world has lost a legend.

Editorials

What a semester it has been. Becoming the editor of the student newspaper two weeks before we were bombed by terrorists, ten months before college graduation, and during a budget crisis, has not only taken its toll on my sanity, but also my passion for journalism.

That was, until the student body and much of the faculty came through for The Cairn.

I feel very privileged to be involved in a major where your work never goes unnoticed. For better or for worse, the Castleton Community will say what is on their mind. This ranges from, "The Cairn sucks," to the heartfelt quotes laid out for you on the facing page. The latter definitely outweighs any negative feedback The Cairn has heard in years.

There are many students here at Castleton who spend just as much time on their projects as I do on The Cairn. Here's to you, because although you are probably more than stressed out with finals right now, you will emerge victorious. Make sure you take the time to reflect back on just how hard you have been working, and where it's getting you. It's easy to forget that sometimes.

The Cairn is in good hands for next semester, Mary Serkalow will become Editor-in-Chief, and Gary Sloan, Jr, will assume the role of Managing Editor. I have thoroughly enjoyed being part of something so special. I never really knew just how much the printed voice means to our Community, and now that I do, I will never stop writing.

To a school full of people who's hearts are bigger than their egos, thank you.

Sky Barsch, Editor

The Cairn
Castleton State College's Student Newspaper is published five times a semester. Students are solely responsible for the content and distribution of the paper.

Sky Barsch.....Editor-In-Chief
Mary L. Serkalow.....Managing Editor
Gary Sloan Jr.....Entertainment Editor
Emily Colburn.....Business Manager
Andrew Buck.....Chief Photographer
Marjorie Ryerson.....Advisor

Staff Writers
Robyn Coyle
Janelle Wibur
Scott Lanpher
Lluvia Stanak
Kris Rivera

The Cairn
Castleton State College -
Castleton, VT 05735
cairn@castleton.edu
802.468.6067

Letters to the Editor

To the Editor:

"There is no community here." This phrase has been uttered by many students, faculty, staff and administration on campus for years now. Attempts at changing this fact have been made as well. A community club was formed, events were held to "bring us together," forums were held, rallies stirred up, President Farmer changed the name of the Community Service office into a pomp and circumstance "Center for the Study and Support of Community." But, the facts are that we still find ourselves with a lack of togetherness. What is community? Is it getting together around a fire and singing songs? Is it sharing a pint of beer with someone? Is it watching a concert? I have asked many people on this campus what they think would help remedy this problem.

An overwhelming thought is that if we introduce a pub onto campus. By opening a place to have everyone, faculty and students, staff and administration come and partake in a frosty brew our problems are solved. Perhaps this would help. The college can stop pretending that underage college student drinking doesn't happen. Perhaps some of the off campus cess-pools will see a decline in nightly visits. (Oh yes I do consider some of these "party houses" to be more unsanitary then a NYC subway stop.) The early start that many of my young peers are getting on alcoholic dependence can be college-sponsored. Don't get me wrong, I am all for a pub, as like food, alcohol brings people together. (How many bars line Main streets in our communities?) I am not saying alcohol is bad either. Moderation friends, in everything: booze, sex, rock and roll. I am saying that a conversation and education needs to happen along with the introduction of a pub. Whoa...learning something in college that could benefit my life? No way!

We all need to realize that a community does indeed exist on this campus. It may need a revamp, well a major overhaul, but it is nothing that can't be done. The problem is that our generation is so now now now, that we can't handle a long-term commitment for change. We want results immediately and are not happy with using a process. Sometimes a process needs to be changed, sometimes it just needs to be used and tweaked to be more efficient. But, the system, the process, the pub all is useless unless people take active roles in this campus.

Everyone can talk trash. No one has taken a dedicated role in changing this place. Don't complain, unless you want to change! Don't take no for an answer. Organize your peers to make the change you wish to see! This college is here for you. You pay enough money and work enough hours to have it be a place that you want to hang out at. Use the Student Government, the administrators as your allies not your enemies in this movement. A divided campus is a useless campus. Together is the only way things will change.

As a side note. I feel that I can talk the smack, because I got involved. I hit many a brick wall, but I refused to let it stop me. I feel as though I have changed what I could here. I am only one person, but one person can do SO very much. I helped ditch the bus, change the Snack Bar hours, go the State House a couple of years ago to demand more money, and so much more. I can only hope that the Castleton I graduate from in May will be better then I found it.

--Lluvia Stanak

To the Editor:

The front page of the Rutland Herald had a picture of people waiting in line at 5:00 a.m. to "take advantage of the sales" at the Diamond Run Mall. November twenty third is the traditional kick off day for Christmas shopping. You can find all the crafty little booths lined up and down the mall. They sell everything from beanie babies to cheap jewelry. Everything an American consumer could ask for.

Now think about this for a minute. This is a perfect example of what our society's values are. Christmas is supposed to be a family holiday. A warm and fuzzy holiday full of love and appreciation. What does that mean? How do you show appreciation for ones you love? Do you buy them everything they have ever wanted so they can say, I had a wonderful Christmas? No. Love cannot be measured by expensive material items from the trendiest store. Send your loved ones a true message of love this holiday season. Do something nice for them that they may not have time to do themselves. Make them a special gift from the heart. Use your heart and mind instead of the cash in your pocket this year.

I've included some ideas to help you out...

THINGS TO MAKE OR DO AS A GIFT OF LOVE

1. Put those photos to good use. Frame a photo or make a special photo album.
2. Clean their house or car for them.
3. Baby sit youngsters in the family or neighborhood.
4. Pet sit the pets in your family or neighborhood.
5. Use your artistic abilities and draw or paint a picture and frame it.
6. Bake or cook something.
7. Hand something special and meaningful down.
8. Personalize a CD or tape.
9. Write a letter telling them how your really feel.

--Shannon Lowcock

THE CAIRN WELCOMES YOUR LETTERS: CAIRN@CASTLETON.EDU

To all those who spoke out on The Cairn's behalf,

Shannon Lowcock
Lluvia Stanak
Scott Lanphear
Candy Daniels
Bill Kuehn
Bridget McGuire
Heather Marie Carragher
Rebecca Epler
Sarah Spear
Jessica Eade
Lua Amaden
Cindy Kilic
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Erin Hopkins-Jocks
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Melissa Burbank
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Stephanie Williams
Christopher King
Johanna Roy
Ethan Morin
Ben Ilkovich
Robert J. Cassidy
Theresa Doty
Jessica Buchanan
Roberta Signoracci
Shannon Cantara
Julia Ljungvall
Corinne Casella
Jennifer A. Pyrik
Jennie Schoonejongen
Bob Gershon
Phil Lamy
Kelsey Dangelo
Elizabeth Martin
Kim Lapinski
George Kuhn
Amanda Scott
Amanda Church
Carolyn T. Jackson
Daniel Kowalski
Bobbie Godin
Mandy Mazerolle
Crystal Saric
Julia Ljungvall
Robyn Coyle
Emily Colburn
Andy Buck
Marjorie Ryerson
Gary Sloan, Jr.

CSC Women's Rugby

"I am a Commuter student...By reading The Cairn I feel more of a part of the CSC community, something that I think all students and faculty need more of."

-- **Joshua Puchalski**
CSC Business Marketing Student

"I am a Commuter student...By reading The Cairn I feel more of a part of the CSC community, something that all students and faculty need more of."

-- **Joshua Puchalski**
CSC Business Marketing Student

"A school paper shows outsiders that students on our campus think, and care about their community. It is for this reason that potential students often leave this campus with a copy of our newspaper in their hands."

-- **Christopher King**
CSC History Student

"To not have a college newspaper should not be an option... Save the paper!"

-- **Shannon Lowcock**
CSC Student

"A college without a newspaper is truly a dead college."

-- **Bill Kuehn**
CSC Professor of Sociology

"The Cairn is the closet thing this college has to community. I have been reading the Cairn since I first came to this college three years ago. The press is the voice of the people. The importance of the Cairn stretches w"ell beyond budget deadlines."

-- **Mitch Terricciano**
CSC Communications Student

"If the school paper is to be taken away the campus will lose a vital voice to inform students of the news and other goings on at Castleton."

-- **Daniel Kowalski**
CSC Student

"If we are able to succeed in funding it, then perhaps a greater interest in the paper will occur because people will realize how lucky we are to have the Cairn."

-- **Roberta Signoracci**
CSC Student

"Fund The Cairn, because the students do care and need a voice on this campus!"

-- **Shannon Cantara**
CSC Communications Student

THANK YOU.

It Takes only One Drop to Start a Waterfall

By Mandy Mazerolle
Contributing Writer

To most people, information like this can make one think twice about their surroundings. Issues such as this one were discussed in Waltham, Massachusetts at the Second Annual Campus Environmental Student Summit of New England.

On November 9 and 10, over 150 students from New England attended the Summit at Brandeis University, which allowed students to network their ideas to publicize issues such as genetically modified foods (GMFs), climate change and energy policy, and environmental sustainability on campuses.

There were nearly two dozen workshops offered to sharpen the students communication of environmental issues, and strategies for creating change included accounts of area-wide success stories. Speakers with various environmental and political credentials painted pictures in our minds of what could happen to our environment if we don't make the change for a greener society.

Charlene Garland, director for Clean Air-Cool Planet explained how a global warming of 6-10 degrees (F) could change a Boston climate into a Virginia climate within the next century. Air quality will worsen and human health risks will increase significantly, including more cases of Lyme Disease and West Nile virus. Garland later emphasized the importance of taking action.

In a 1999 study conducted by Garland and colleague Adam Wilson at the University of New Hampshire, nearly 80 percent of students claimed to have left their computers on at any given 24-hour period. After contests were held to see which dorm could conserve the most energy, the dorms together cut emissions by over 50 percent. The combined efforts to turn off a computer, light switch, television or stereo made a dramatic difference. Now just imagine what carpooling could do.

Another highlighted campaign topic about health and environmental importance were on PCBs in the Hudson River. Since the 1940's, over one million pounds of PCBs have been discharged into the river, largely from General Electric. PCBs are a combination of chemicals that have been proven to increase human health risks of melanoma, cancers of the liver, gall bladder, gastrointestinal, brain, and breast. Fish and wildlife in the area have absorbed these chemicals in their fat, making these animals inedible. Fortunately, PCB discharge has declined but only minimally due to GE's (unwanted) compliance with the Clean Water Act of 1972.

One organization that deals a lot with issues involving the Clean Air and Water Act, GMFs, and climate change is U.S. PIRG (Public Interest Research Group). Janet Niver, a senior at Smith College is the current Chair of the Board for MASS student PIRG, 1 of 25 student PIRG chapters across MA. Smith PIRG's campaign has been dealing with GMFs and toxins in water supplies.

Although Janet spoke for the GMF workshop, I also had the pleasure of working alongside her as field manager with ConnPIRG this past year. The 60 PIRG

> A young girl was given a piece of grape candy for her good behavior. Upon consumption she began to have an allergic reaction; her throat swelled and she was unable to breathe. When the hospital was clueless as to which "artificial ingredient" made her ill, the parents of the child went after the candy company for the answer. The company refused to release the ingredient which led to lawsuits after lawsuits. The courts finally ordered the company to release the information so the child would not suffer another allergic attack.
>
> The ingredient: a pesticide used on golf courses to keep the geese off.
>
> --Janet Niver

Castleton's Women Moving Forward Together

By Heather Marie Carragher,
Contributing Writer

At 8:00am, when the majority of people are enjoying sleeping in, members of Castleton's Women's' Issues Group and One in Ten gathered together, coffees in hand, to embark on a journey to Fairlee, VT. There they took part in a NOW conference titled, "Moving Forward Together." For those not familiar with NOW, it is the National Organization for Women, a nationwide sistership fighting for the social changes necessary for the advancement of women. It is a binding force for feminists, who may hold varied opinions on many issues, but all share the one ideal that brings a woman to call herself a feminist, that women and men are equals and should be treated equally and given the same opportunities.

The conference took place at the Lake Morey Inn Resort Country Club. It's mission statement was made clear in the program attendees received, "To bring together lesbians, bisexual and transgendered people and our allies… to break down barriers that splinter our movements… to build coalitions that will strengthen and unite our causes… To Move Forward Together… to strategize for our future and celebrate our victories and lives."

After registration, NOW offered a number of workshops. Castleton students attended "Recognizing and Challenging Homophobia" and learned a bit about themselves. An exercise led by an Outright Vermont representative showed them how it felt to be a member of a minority group. Following a lunch break, students separated to participate in the next set of workshops, and regrouped excitedly sharing their experiences.

Alix Dobkin, a woman in the spotlight of the seventies as a major feminist voice, sang before dinner in a comfortable café setting where women had a chance to mingle. They could not have anticipated the incredible entertainment to come. The performers included Antara, Meg Wright, Pamela Means, and the spellbinding Alix Olson, who created intensity that could only be followed by the magical meteor shower that was to accompany the students back to Castleton. Each woman took something very special back from the conference. Whether it was knowledge, new music, new friends, or the strength to stand up for herself and her sisters, it was an incredible day for all of us.

Be sure to attend Castleton's World AIDs Day Concert to catch Antara and Alix Olson in action along with a number of other talented performers.

Biological Control of Eurasian Watermilfoil in Lake Bomoseen

Mary Frances Mooney ,
Contributing Writer

Lake Bomoseen, located in the towns of Castleton and Hubbardton in Rutland County, is the largest lake that lies entirely within the state's boundaries. With a surface area of approximately 2,370 acres, Lake Bomoseen has an average depth of 26.8 feet, a maximum depth of 65 feet, five major inlets, and empties to the Castleton River. The lake has recreational accommodations including a public beach, marinas, and public boat launches, in addition to the Bomoseen State Park. Restaurants and other commercial facilities surround the lake, as well as about 1,000 residences.

Lake Bomoseen has had a long history of weed problems. By the early 1980's, Eurasian watermilfoil (Myriophyllum spicatum L.) was a dominant weed species in the lake.

Eurasian watermilfoil (EWM) is a submersed vascular plant in the family Haloragaceae. It is native to Europe and Asia and arrived in North America sometime between the late 1800's and the 1940's. EWM is a particularly problematic exotic weed due to its ability to reproduce from fragments and spread rapidly, its high growth rate in a wide range of salinity, pH, and temperature conditions, and it's tendency to reach the surface and grow laterally to form a canopy, which can allow it to shade and out compete native vegetation. Since its accidental introduction, EWM has spread to at least 40 states and three Canadian provinces, making it one of the most widespread nuisance macrophytes in North America. The rapid spread was likely due to inadvertent transport by boaters. Once introduced, EWM frequently becomes the dominant species in a lake. At one point the watermilfoil covered nearly 585 acres of the lake, almost 25%. This invasion impaired the recreational and commercial uses of the lake.

The best approach for control of EWM is to prevent invasion. Once an exotic weed is established it is highly unlikely to be eradicated. However, prevention will likely not be 100% effective. As with most weeds, there are three general control strategies that can be employed: mechanical or manual, chemical, and biological. There is much interest in developing safe, cost-effective control measures for this nuisance species. Currently mechanical and herbicides are most often used to control watermilfoil infestations. These methods can be expensive, from $150 to $2000 per acre. There is also concern that these methods might harm certain non-target organisms, such as native species. Biological control offers several potential advantages over conventional methods, including reduced cost, long term effectiveness, and little or no negative impacts on other aspects of aquatic life. The native milfoil weevil, Euhrychiopsis leconntei, has shown potential in the control of Eurasian watermilfoil in Lake Bomoseen as well as other bodies of water.

The milfoil weevil is a small, herbivorous aquatic beetle, belonging to the family Curculionidae. It is a milfoil (Myriophyllum spp.) specialist, meaning that it feeds and develops only on plants in this genus. The weevil completes all life stages fully submerged and lay eggs on milfoil meristems. The larvae eat the meristem and bore down through the stem, consuming the cortex, and then pupate (metamorphose) lower on the stem. Development from egg to adult occurs in 18-30 days at summer temperatures. The consumption of the meristem stem and mining by the larvae are the two main effects of weevils on the plant and this damage can suppress plant growth. These characteristics are precisely why the milfoil weevil has shown promise as a potential for biological control of Eurasian watermilfoil.

The weevil, being responsible for the destruction of EWM, and already a present species, had its population augmented in Lake Bomoseen in 1993 and 1994 by the Vt. Department of Environmental Conservation. Cedar Mountain, Inshore Island, and Ackley Point were three sites in Lake Bomoseen that had the weevil added. Monitoring was conducted through 1995 at these sites. Monitoring consisted of collecting stem samples for weevil counts and examination. The weevil successfully established itself in Lake Bomoseen. The weevil is surviving and thriving in the lake environment. Although an overall reduction in the EWM population dramatic enough to be noticeable to lakeshore owners has not yet occurred, the technique has shown promise in controlling the weed growth. Over time, the weevil might be able to reduce the nuisance growth in Lake Bomoseen if introduced in larger colonies or by successful reproduction. This will allow for the recreational and commercial uses of the lake to continue and grow well into the future.

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The Green Mountain Table Tennis Club would like to announce its new season at a new location, in the Athletic Center of the College of St. Joseph in Rutland. The club invites anyone in the community to come join them play on some wonderful new equipment, tables straight from the U.S. Open! The club plays every Wednesday evening from 7 until 10 p.m., and will play through April. This exciting club has been in existence for nearly 20 years and offers a variety of activities, including regular practice, a challenge board, clinics for beginners and advanced play, singles and doubles, inter-club events with other clubs and several state tournaments. If you are interested in table tennis as a recreational or athletic activity, we're interested in you. There is a modest membership fee of $30; you can come twice free as our guest. Bring your sneakers and paddle (or use one of ours) and have some fun playing a great game of "Pong"! For further information, call club representative Ronald Lewis at 247-5913.

VSC Wire

We're more than excited to bring to you news from Lyndon State College and Johnson State College. The Cairn has been working with the editors from these schools to share news throughout the state. Some of our articles will appear in their papers as well. Read on...

Terror in Johnson

By Scott David Monroe
Johnson State College

A JSC student has been suspended following an arraignment in Lamoille district court on felony charges of making explosive devices and growing marijuana.

Much of downtown Johnson was cordoned off and evacuated at approximately 5 p.m. on Thursday, October 18 after police searched an apartment of Kristopher Fon Eison on Railroad St. and discovered bomb-making materials.

Fon Eisen, 20, was taken into custody according to Lamoille County Sheriff Roger Marcoux after police uncovered chemical mixtures for explosives, a fake bomb and several marijuana plants at his residence. They later found him at his mother's home in Hyde Park.

Eisen pleaded innocent the following day to four felony charges of making explosive devices and growing marijuana. He was released on $10,000 bond and on conditions which include taking medication to treat depression; possessing neither firearms nor explosives; living with his mother and stepfather; leaving only to go to work or with their supervision.

Overdosing on drugs shortly after his release, Fon Eison was taken to Copley Hospital in Morrisville, police said. Fon Eison was brought to the hospital late Friday afternoon and he was in fair condition by the evening according to a Copley spokeswoman.

The Lamoille County Sheriff's Department in cooperation with the Vermont State Police and Morristown Police Department had begun investigating the matter two days prior according to Dean of Students Ron Chesbrough.

Chesbrough said a JSC student offered concerns on Tuesday, October 16 that Fon Eisen, a second semester freshman, had brought a gun to school on at least one occasion. Chesbrough then contacted Marcoux and also indicated that Fon Eisen was an occasional substitute teacher at Lamoille Union High School, where his mother, Pamela Porter, is an associate principle.

"The police interviewed the student who had come forward on that same day for three hours. On the basis of that, [the police] sought out a search warrant, which it took them a day to get because they did not have physical evidence," Chesbrough said. "What we saw [Thursday night] was the execution of that search order."

While the Sheriff's deputies made the arrest, the Vermont State Police Bomb Squad and Disposal Unit contained the incident in Johnson. Morristown Police officers secured the West End of Main Street and found an explosive device according to Officer Eric Dodge.

JSC President Barbara Murphy and Chesbrough decided to keep the Dewey campus center open 24 hours for those students affected by the evacuation.

"Some people probably felt that he (Fon Eisen) is innocent until proven guilty, but my sense is that there are certain levels of early indication and certain kinds of potentially violent behavior," said Chesbrough. "And it's my duty to respond in the best way possible.

JSC freshman Mark Martell, who used to be friends with Fon Eisen at Lamoille Union High School, was shocked when he heard the news.

"I never thought he would do something like that," Martell said. "He was always a pretty quite kid."

Chesbrough is currently developing ideas for communal discussion in light, also, of the recent assault of a JSC student on campus.

"There's not a sense of safety in the world right now," Chesbrough said. "And I think when that's in the air and you have a couple of back-to-back local incidents that feel threatening; it is part of our responsibility to start a dialogue."

Kathy Noyes, who lives at the bottom of French Hill, was unable to return home that night because of the evacuation.

"Nothing like this has ever happened here. It's kinda scary...it's very close to home," Noyes said.

VSC Student Association Elects Officers

By Dave Crossman
Johnson State College

The Vermont State Colleges Student Association (VSC SA) held its second meeting of the year on Saturday, October 27, at the Community College of Vermont offices in Montpelier.

VSC Chancellor Robert Clarke previewed a presentation he will be giving on all campuses, as well as before the legislature. VSC SA officers were also elected and priorities set for the upcoming year.

JSC SA president Rob Heim was elected VSC SA president, while Mary Theoret of CCV/St. Albans was elected Vice President. Jim Vayo of Vermont Technical College was elected treasurer and Erin Martin of Castleton State College was elected secretary.

Topping the list of priorities for the coming year was, once again, funding of the VSC. In his presentation, Clarke emphasized the growing role of the VSC in higher education.

According to Clarke, many people don't realize the VSC is the sixth largest private employer in the state. The system also serves the greatest percentage of Vermont students in higher education. He also emphasized that in terms of revenue, Vermont is the only state in the nation in which more revenue is generated by higher education (4.3 percent) for the state than is received in funding (3 percent).

Alcohol and drug abuse was another priority for the VSC SA, as the system has received a $150,000 grant to develop pilot programs to address use on campus.

Matt Meyers, a consultant to the VSC for the grant, spoke to the group about the effects of drug and alcohol use on academics and other areas, including retention of students, in a system where tuition accounts for a large percentage of the overall funding.

Other areas the group will address this year include campus employment and Work Study money. The VSC SA will look into the reliance on federal Work Study money for filling positions at each campus and the effect that has on student services.

The VSC SA also plans on opening discussion of student activities fees, their uses and the legal questions that have arisen throughout the nation.

Corporate Coffee Crummy:
Students Boycott for Green Mountain Coffee

By Dana Amey
Lyndon State College

Over the past summer, Aramark, the food service provider at LSC, replaced Green Mountain Coffee Roasters with Java City, a new and some say inferior brand of coffee. They also increased prices of all items, including coffee, by 4%. Both the change in coffee brand and the increase in price have since been a sore subject with many students.

Bill Lacy, manager of Aramark food services on campus, says that the switch to Java City coffee was a ìcorporate level decisionî rather than a campus level one, and was effective across the board for all Aramark clients. ìWe are allowed to buy from certain distributors,î he says. GMCR is simply no longer carried by the distributors available to LSC or other Aramark clients.

A number of people on campus feel that an increase in price for an alleged decrease in quality is a poor exchange. A protest began on September 27, when two students papered the campus with fliers reading ìHow do you like your corporate coffee?î and suggesting a boycott on the product. A week later similar fliers appeared again, and on October 23 the Green Mountain Buzzmobile arrived with free coffee, mugs, magnets, and T-shirts advertising GMCR. Available at the Buzzmobile were petitions to sign demanding that Aramark return to GMCR.

Each event gained more support and recognition for the movement; 345 names appeared on the petitions at the Buzzmobile in only the first four hours. There are no immediate plans for another such event on the LSC campus; the next step, according to Marc Tamiso, who with a group of six students has been responsible for the fliers and other protests, is to ìcontact other campuses and local media, and continue to voice discontent.î

Rather than begin at campus level with LSC Aramark management, the protesters are going right to the top: ìThereís no sense in starting with them because itís not their decision,î says Tamiso. ìItís a corporate decision.î

Tamiso says the group feels tactics such as boycotts demonstrate most effectively the strong sentiment among the students. ìThis is an effective grassroots way to send a message to a corporation [such as Aramark],î says Tamiso. ìCorporations are about profit and loss, and if thereís a chance of a loss theyíll listen.î Tamiso encourages students to participate, suggesting fear that oneís voice will not be heard is no reason not to speak. He makes a comparison to people who donít vote because they donít believe their votes count for anything: ìAs consumers the only vote you have is the dollar you spend. You get to vote every day.î

GMCR has been cooperative but not aggressive in Tamisoís campaign; he says they were at first reluctant to send the Buzzmobile to LSC, but agreed because the base of support for their product was so large.

The outer office of the presidentís suite has traditionally made coffee available for public consumption, and although GMCR is no longer available in the dining hall or the snack bar, it is still available there. President Moore was unavailable for comment on this matter.

$25 REWARD for information leading to the whereabouts of two table tennis (Ping-Pong) tables and nets that were stored in the Glenbrook Gymnasium earlier this year for a tournament; these items belong to the Green Mountain Table Tennis Club. The tables come in two sections each, and fold independently of each other; they are manufactured by Harvard. The nets are black with cloth netting, and are made by Butterfly. The manufacturers names are prominently located on both the tables and nets. To report their location and receive the reward, please call Ronald Lewis at 247-5913.

Castleton Students Connect with Local Girl Scouts

By Janelle Wilbur
Staff Writer

It was a blustery, Saturday morning when 12 young girls, one boy, and their troop leaders recently made a trip out to the Castleton campus. Their purpose was to learn as much as they can about seasonal pond life, water conservation, and fresh versus salt water organisms from two eager CSC science students. In doing so, the girl scouts would earn their relative badges. Laura Lynch and I succeeded in educating the scouts by showing them a variety of animals and familiarizing the group with environmental issues. Needless to say, both Laura and I were impressed by how smart and perceptive all of the scouts were.

We started the lesson by introducing ourselves and personally welcoming the troop to Castleton. This was followed by an animal search, and a display for the girls to know how and what we feed the organisms temporarily contained within the lab. Next, the group was introduced to a variety of marine organisms. A brief review followed, as well as a lesson on water conservation. Finally, Laura and I proceeded to take the group outside to the college pond for further observations.

After getting into my new, rubber chest waders and grabbing a net, I stepped into the pond in an attempt to gather interesting things for the girl scouts to observe. After walking around a bit, I came upon an unusual obstruction. I reached down and pulled out a metal chair, most likely from a nearby dorm. It was apparent that only the aquatic snails had found the piece of furniture appealing, since they had covered the entire chair. Is this how we want these children to remember college students as? I was mortified as I attempted to explain to the confused youngsters why some students would do this to the environment, while others were teaching them how to respect it.

Girl Scouts® Where Girls Grow Strong

I opted to continue my mission along the bank and have Laura help the girls to put the snails back into the pond.

As the visit came to an end, I felt as though Laura and I had made a good impression on the scouts. We introduced the troop to a variety of freshwater animals including amphibians, reptiles, arthropods, gastropods, and fish. Many marine species like jellyfish, crabs, sea urchins, sponges, sea cucumbers, and clams were also shown. Even if it is slight, I believe we inspired the young girls scouts to be more interested in science education and to be more aware of their surroundings. As we said our good-byes and posed for a picture, it made me wish I had stayed a girl scout just a little longer.

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The First Thanksgiving: The True Story

By Scott Lanphear
Staff Writer

What was the first Thanksgiving really like? What food did they have at it? To find out, I surfed the Internet and found two websites about the history behind the first Thanksgiving.

The Pilgrims who came to America in 1620 were members of the English Separatist Church. They fled their home in England to escape the religious persecution they faced there. They first sailed to Holland, but they found the Dutch way of life ungodly, and decided to go to America instead.

They landed at Plymouth Rock on December 11, 1620. The first winter was so devastating that they lost 46 of their original 102 who sailed on the Mayflower. However, the following year's harvest was plentiful. The pilgrims decided to celebrate the wonderful harvest with a feast. They invited 91 Indians who had helped them survive during their first winter. Unlike the modern Thanksgiving, their Thanksgiving feast lasted three days.

What food was available during this first feast? According to the web, the meal consisted of many things that many people today would not consider "traditional" Thanksgiving food, and also lacked much of the food which is considered traditional. They ate different kinds of fish and seafood, as well as different kinds of fowl, including the usual turkey, along with duck, goose, and they even ate eagles. However, many modern day staples were left out of the first Thanksgiving feast. First of all, there were no potatoes, because the potato had just been discovered and was considered by many Europeans to be poisonous. There was also no pumpkin pie, because their supply of flour had been diminished. Cranberry sauce was also missing. Although cranberries were available, there was no sugar.

The Thanksgiving that we celebrate today was not permanently established until 183, when President Lincoln proclaimed the last Thursday in November as a national day of Thanksgiving. The date was changed a couple of times, including when Franklin Roosevelt moved it to the next-to-last Thursday in order to make the Christmas shopping season longer. In 1941, Congress finally made Thanksgiving a legal holiday, on the fourth Thursday in November (which depending on the way the calendar falls could be either the last week or the next-to- last week). This has been our Thanksgiving day ever since.

Body Image and Eating Disorders

By M.J.Raliegh
Director of Conseling Services

We live in a society filled with messages about how our bodies should look. Men and women struggle with these limiting images and we internalize the messages. We are trained to see any fat on our bodies as a sign of weakness and controlling the body as a sign of strength. This thinking leads to increased negative attention on the physical self. Feelings of physical inadequacy impact our self-image and in turn our self-esteem. These feelings create a distorted body image, interfere with relationships, distort our sense of sense and create destructive eating patterns.

What can you do to help support positive body images on our campus? How can we overcome our national obsession with weight?

Read something other than popular media. Popular fashion magazines are not the only ones selling us disturbed images of women and man. Be aware of advertising on television and the Internet. Allow positive body images to become part of your daily media intake.

Choose healthy foods. Each body has a metabolic setpoint. Self-starvation stimulates a very efficient metabolic process, which preserves calories. These are Pleistocene bodies with millions of years of evolution behind their development. We have survived because of our body's clever ability to store calories during times of famine. This is how self-starvation can actually lead to weight gain and binge eating as the body works to stay alive. So eat healthy and wisely.

Identify your own feelings about weight and challenge them. Fat oppression is still acceptable. People who would never allow a racial epithet to go unchallenged will allow a joke at the expense of a person who is seen as overweight. We have accepted the lie that fat is always unhealthy.

Stop criticizing yourself in the mirror. The body you see in the mirror maintains and nourishes your life on this planet. Treat it with the respect and love it deserves.

Refuse to accept criticism from anyone about your body. Significant others, friends and family can make it hard to maintain a positive body image. Ask them if they would pour acid on a houseplant and expect it to grow. Each negative comment has the same effect on your body image that pouring acid does on a houseplant, each comment eats away at your sense of self.

For further information about the connection between body image and eating disorders try "Desperately Seeking Self: An Inner Guidebook for People with Eating Problems" by Viola Fodor (1977), Gurze Books or "When Women Stop Hating Their Bodies" by Hirschmann & Munter (1995) Fawcett Columbine.

For more information, contact M.J. Raleigh Wellness Center

"Imagine a woman... a woman who believes her body is enough. Who celebrates her body and its rhythm and cycles as an exquisite resource. ...A woman who celebrates the accumulation of her years and wisdom. Who refuses to use precious energy disguising the changes in her body and life."
--Patricia Lynn Rielly

Ellis Hall Grows Up:

Next Year's Freshmen Won't Live in the Hall Famous for First Year Experiences

By Andy Buck
Chief Photographer

Starting in the fall of next year, there will be a major change in Residence Life. The change is the relocation of upperclass and underclass living. Babcock, Adams, and Haskell Halls will be designated first year student housing while Morrill, Wheeler, and Ellis Halls will become upperclassmen halls.

Ellis Hall
Photo courtesy of Internet

The purpose of this change is to address the transitional needs of traditional first year students and create a more self-governed system of living for upperclassmen.

The idea of the first year student side of campus is to bring the freshmen closer to the campus center and the STEP center. Ellis Hall, on its little hill has always been a kind of outcast building and it separates the freshmen there with the freshmen on the other side of Huden. This change will bring them all together in the hopes that they will create tight bonds that will remain through all four years of college.

The advantages of having the upperclassmen buildings separate are quite good. Students will be allowed more freedom with their living situation. for example, students will be able encouraged to create suitemate and roommate contracts which should create better communication between them. Residence Life hopes that these changes will promote a more community oriented atmosphere.

Each floor will be represented by a floor council. The floor council's purpose is to bring suggestions for activities or concerns of that floor. Two members of the floor council, an executive officer and a representative will attend an Area Council which consists of representatives from the other floors. Issues brought up in the floor council's meetings will be addressed by the Area Council

Residence Life has also agreed that transfer students will be placed in the upperclass buildings. There are also no worries about there being enough room in the three first year buildings. All together Adams, Haskell, and Babcock can hold about 330 students and admission numbers are looking okay.

Room for Environmental Improvement

from page 4

environmental issues of concern to the public interest. ConnPIRG's campaign worked on the preservation of the Roadless Rule enacted by President Clinton, which protects 60 million acres of our pristine national forests from being down-sized or destroyed. ConnPIRG also worked on reinforcing the Clean Air and Water Act, and preserving the National Arctic Wildlife Refuge from oil drilling.

Each PIRG office has the opportunity to campaign an issue of their choice, especially one of local importance. The "Sooty Six" coal-burning power plants in Connecticut have been a major local issue; since its existence it has increased occurrences of asthma and other respiratory illnesses to local residents.

Many organizations are available everywhere for people to get involved in. One thing that was drilled into everybody's minds at the conference is that it only takes one drop to start a waterfall. If each individual were to do his or her own part and help protect and keep our environment clean, we will have dramatically made a difference in the well-being of all our lives.

For more information on these issues, check out these web sites:
www.cleanair-coolplanet.org
www.sustainableUNH@unh.edu
www.green-e.org
www.energyforme.com
www.uspirg.org

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Public Safety Tackles Winter Parking

By Michael Davidson,
Director of Public Safety

Parking on the Castleton campus has been very limited this semester. A couple factors that play a major role in the parking situation are an increase in residential students bringing cars and an increase to our college enrollment. Approximately 55% of resident students have cars on campus, based on the number of permits issued.

The Student Association (SA) and several college administrative offices have been reviewing, suggesting, and implementing changes to help expand available parking.

One initiative is the use of the grassed overflow near the Observatory lot. We plan to be plowed through the winter to keep it available for students. Other areas are being reviewed to see if reorganization of the lots would have a positive change. An area that is not being considered is the restriction of resident first-year students having cars. Limited public transportation in a rural campus setting makes this restriction difficult.

The parking regulations have been designed and modified over the years to represent all of our community members. There are four distinct lot designations on campus: Residential; Commuter; Faculty and Staff; SHAPE. Students must park in their assigned areas, and faculty and staff must park in their areas or one of the available lots. SHAPE parking is restricted to non-students who have purchased a membership through the SHAPE facility. Many of these members are in their later years and have difficulty walking. All parking lots except for resident lots and overflow lots are closed from midnight to 7 a.m.

Over the past months, Public Safety has received numerous complaints. These complaints come from all areas of our community about other people violating the rules and taking away from their parking areas. Respect for each of the other groups has contributed to the violations on campus. Public Safety has issue parking violations to some of our community members, but the majority of them understand the importance of allowing for each group to have parking. Enforcement must continue to assure that all members of the campus are allowed reasonable access.

Winter is fast approaching and we all need to help in keeping the parking lots open for everyone. Winter weather emphasizes the importance of parking lot designations. Following a winter storm, the Physical Plant employees plow the commuter and staff areas to assure safe and accessible parking for those who drive to our campus. Resident cars are then moved at a designated time to allow plowing of these lots. This notice is advertized by voice mail and posted by residence life. Community members need to plan ahead in the event of a storm, especially if you are going to be away from campus. Vehicles that prevent the clearing of lots for the rest of the community will be removed by a towing company, at the owner's expense.

CSC Works with Community in Rutland

By Brie Tuttle and Amanda Carleton
Contributing Writers

As students in the social welfare policy class, we have been working on a project to benefit the community. We have been working with developer Doug Griswold and Caprice Hoover of the Rutland County housing to figure out how to develope 9 1/2 acres of land off of Forest street. Eventually, this land will be used in some way and we have set out to find what the way may be. There has been organized community meetings in which we have been attending . Our class project developed a survey to ask neighbors of this community what they would like to see happen with this land. The point of the survey is to get a general consensus from the neighbors about what they feel would be the most beneficial to their community. Recently we went door to door and talked to the neighbors about their ideas.

Now we are in the process of putting together all the surveys and coming to a conclusion based on the opinions of the neighbors. We would like to include everyone on the changes that are taking place in the southwest section of Rutland. We feel it is important that people are satisfied with their surroundings and that they have a voice in the process of change. From this project we have learned to integrate social values and opinions with political and legislative processes which influence social welfare policy. Even though we have only spent one semester on this, we hope to have created the basis of positive change in our community.

Reduce that Holiday Stress

From the Wellness Center

For many people, the worh "holiday" paints pleasant images in their mind such as decorative Christmas trees, family members sitting around a table loaded with food, etc.

However for a lot of people the holiday season can be a very stressful and emotional draining time.

Some people may be expierencing loneliness especially if they have lost a loved one and this is their first holiday without them around.

Others may be stressed out trying to buy gifts for everyone on a limited budget.

College students in particular may find the holiday season due to the end of semester crunch , exams, flu season, and the stress that may go along with planning for the holidays. Many people end up feeling drained and stressed out. Below are some tips to stay healthy during the holidays.

[1]**Be sure to try to leave some time to get some excercise every day.** Excersising can be a great stress reliever.

[1]**Take vitamin supplement** to make up for gaps in your diet.

[1]**Moderate your intake of sugars caffeine, and alcohol** which can leave you feeling drained in the end.

[1]**Get enough sleep**. Changing your schedule can take many days for your energy level to recover.

[1]**Spend time with friends** who you enjoy being around. It is important to have people you can talk to in order to vent your feelings.

[1]**Above all**, if someone you know is feling depressed during the holiday, take advantage of the wellness center. Their services are here to help.

No Breakfast for You!

By Sky Barsch
Egg and Cheese Connoisseur

What is it with fast-food restaurants and breakfast? After my experiences in the past few weeks, I've come to think that ordering eggs after 10:30 is either a HUGE faux pas my mother never warned me about, or some kind of mortal sin.

As if I shouldn't have known, the Snack Bar will be the first to deny you at 10:31. No eggs, no omelets, no nothing Breakfast Bill. This is particularly frustrating when meat isn't an option, and the lunch/dinner menu isn't chock full of vegetables. Ah, Aramark.

We all know McDonalds loves to see us smile, unless, of course, smiling is the direct result of ordering a Mcegg and cheese sandwich or Mcpancackes. I wonder if there is a McDonald's pool running behind the scenes for "How many people will ask if we're still serving breakfast today."

My one and only savior, Dunkin' Donuts, has just recently let me down. I'll admit it; I'm a fiend for an egg and cheese on an English muffin. It's a Saturday morning ritual, in hopes that along with a medium ice coffee, (with one cream, one sugar), will get me out of the fuzz I self-inflicted the night before, and allow me to be functioning like a human being in the ACC. This past Saturday, the woman behind the counter at the Mobil in Fair Haven had fire in her eyes after I ordered one of my most coveted items in life.

"We don't have any eggs," She said.

"Hmm," I pondered, "Last Saturday I came and you didn't have any eggs either. It's only 11:30, do you usually run out that fast every Saturday?"

"WE DON'T SERVE BREAKFAST AFTER 10:30!" She threw at me. When did this start happening? Thoughts ran through my head: Isn't Dunkin' Donuts going to lose a lot of money? Am I going to have to wake up extra early, just to get a cheap breakfast? Is there no god?

Relief, I thought, when I looked out the door at the Full Belly Deli. "Does the new deli have egg and cheeses?" I didn't drive all the way to Fair Haven for nothing.

"Deli's closed."

Huh.

I guess I'll switch to granola bars.

Holiday Specials

Dear Santa,
I want all AAAAAAA's!!!!!!!!!
Love ya, Willa

Dear Santa,
I've been quite good this year. (Although that is debatable.) I would really like a whole bunch of postage stamps, some Duck tape for my lovely roommate, a date with a certain cute boy named Mike-from-volleyball, and lots of candy canes! Merry Christmas!

Love, Brigitte

Dear Santa,
I'm 3000 miles away from my parents, and well I don't like it. I'm terribly homesick. I miss my mommy and daddy, not to mention my mommy's cooking. That's besides the point, I just miss Idaho period! I wanna go home, so if you could I would like a ticket back to Idaho, my home for Christmas.
Thanks Santa,
Mary Haisty

A Christmas Wish

Nauty or nice
I would like something nice
Blue, red, pink or gold
I'm getting to old
Maybe a puppy
Could I be so lucky
What I want most of all
you can't find in a mall
I want all the joy in our hearts
and the love we all share,
may we never grow apart
We have no time to spare.

Patricia Murphy

Dear Santa,
The only thing I want for Christmas is my fiance, Michael. Please bring him home safe and sound for his leave from the Navy. Thank-you.
Love,
Kristie

Merry Christmas!

Dear Santa.
I'm sure YOU cannot grant me this wish, but maybe you have some pull with the powers that be. I'd like some reassurance that the world will show more advancement in the progress with medical research in genetic diseases. I pray all the time to hear this good news, but it doesn't come. So can more funding be allocated to this research? This would be a wonderful present. Once in awhile I will read that some progress has been made in this research, but it sure is going slowly. I do, however, read where men and women can take newly developed drugs to keep I'd like some reassurance that my granddaughter (and all others in her situation) can live a more normal and healthy life to 50 or beyond, but it will take that medical research to reach the goal of a cure with these types of diseases. Thank you Santa. I know you'll do your best with challenging request such as mine. I'll keep the faith. Merry Christmas. God Bless America.

Holiday Specials

Dear Santa,
Was i good this year? Ha ha.... what can I say? I would think so... But it really would depend on who you asked. Though that's a whold diffrent story! Anyways, the point of this letter is to inform you that i would like to see my friend Day, to come home from the ARMY saftly. The BEST thing i could get for christmas... his discharge papers from the ARMY. But if I have to, I'll settle with him here safe and sound. ~KSLB

I want to sell my 1997 Honda Accord. It has low miles,(39,700) and most options. The price is $11,999.00. This would make a great Christmas present for someone.

Linda Wetherby
Physical Plant

Merry Christmas!

Dear Santa,
I have been naughty and nice....but mainly nice. Could you please bring me for christmas this year:
1) Yard sheers: to trim the shrub that runs our country.
2) Heavy Duty bio-suit to wear when opening my mail.
3) A bright orange helmet that says American, so I don't get mistakenly targeted as "the enemy."
4) World Peace. We need it more now then ever. Why are we bombing people that we aren't sure are repsonsible for this terror? This is the first step to a chaotic miltant state. Please educate the masses Santa. Oh, and since I am a good little capitialitst, can I have a new CD player too?

Thanks,
Lluvia (the one who left you no cookies that year. Sorry, I was hungry.)

Dear Santa,
This year I hope to receive money. As a poor college student and many of us feel that way I hope to get money. I would also like very much to receive a new computer and a fridge full of Long Trail!!

Brian Leno

Dear Santa,
I do not want much for chrstmas. I would really like it if you would pay my car insurance for the next year. (money is tight and I could use a few extra dollars) I would also like it if you could speed time up a little. Skip a few months maybe you know what I mean. Move time ahead til say May? May would be nice... no snow, and I could graduate and then I would not have to do all the work for next semester....PLEASE!!! I promise I have been a good girl (well, most of the time I am good). I promise to be even better next year.
Ok...Thank you very much.
Yours, patiently waiting for graduation.

Dear Santa,

This Christmas I want a pony, a toy truck, and my tuition paid off for the next 4 years, including room and board.

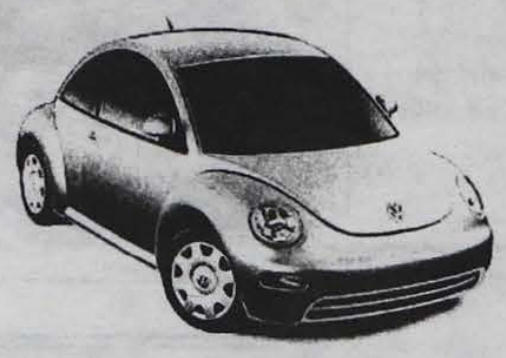
-Mike
P.S. And this year could you maybe leave at least a few cookies you fat bastard?

Christmas

Ho Ho Ho Ho Ho Ho Ho Ho Ho Ho Ho

Santa -
I would REALLY like a really cute, single, mild-mannered guy under my tree wrapped in a huge red bow. If not, a phone number would do splendidly.
Kelly

Dear Santa,
The only thing I want for Christmas is my fiance, Michael. Please bring him home safe and sound for his leave from the Navy. Thank-you.
Love, Kristie



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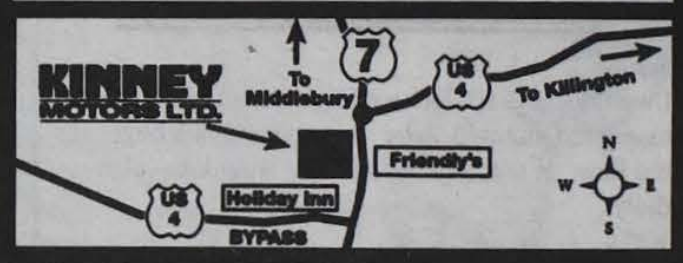

Just Around the Corner...

Photojournalist Shannon Cantara captures the essence of our neighbors. She shot and developed these photographs last month at Thomas and Michael Audets' farms in Orwell, Vt.

Arts & Entertainment

Little Harry's:
The Cultural Mecca of Downtown Rutland

By Sky Barsch
Editor

I don't know why it took me so long to get to Little Harry's, and now that I've had a taste, I'm kicking myself in the bum for not making it there earlier in my college career.

If Downtown Rutland is the cereal of life, Little Harry's is my prize in the box. The menu has to be the most eclectic I've ever seen. The atmosphere is mellow and the decor is quirky yet comfy.

The food at this place would have me back even if the photo-covered table-tops were converted to McDonalized plastic ones. Any restaurant that has a separate vegetarian menu earns four stars easily.

How's this for service: I told our waiter that I couldn't decide between a Greek salad and the Curry Thai Vegetables.He said go with the Thai, and he would hook my starter salad up with feta cheese and olives. Needless to say, tipping below 20 percent as not an option.

Although Harry's is a little pricier than the college budget allows, for a treat after finals or a special date, it's worth the money. My meal was $10.95, and was enough to last as leftovers for two days. Stockpiling leftovers for late-night is such an added bonus of going out that you can't get with Huden.

Try Little Harry's, if you like really, really good food. West St, DTR.

DINIG OUT
Who: Little Harry's
What: Great food, live music
Where: West St., DTR
Why: Variety, quality, service
Rating: * * * *

Interested in Graphic Design?
Come join a QuarkXPress workshop!
Kathryn Van Sant, multi-talented journalist, editor and adjunct professor at Castleton and UVM, will give an interesting and informative Quark workshop in December. Although the date is not set, it will be a Saturday afternoon. Look for an email with exact dates and times.
QuarkXPress is a program that is used to create many publications, including The Cairn. Please join us!

DMX
More than you Bargained for

By Kris Rivera
Staff Writer

DMX has dropped his fourth album entitled "The Great Depression". Taking a break from doing movies and concert tours, he has spent more time in the booth and less in the doghouse.

Now the big dog with the loud bark has delivered once again and has picked up right where he left off. His previous albums include "It's Dark and Hell is Hot, Flesh of My Flesh-Blood of My Blood, and, And Then There Was X" which all topped the Billboards on there releases.

Music Review
DMX
The Great Depression

DMX recorded all 17 tracks of his album during a three-month period in Scottsdale, Arizona on a ranch. The rapper decided to go out West so that he could concentrate in an isolated atmosphere and record songs without any distractions.

Multilayered in meaning, DMX wanted the title not only to signify his own internal struggles bus also to describe what he saw in the hip-hop world around him as he has stated in a BET interview.

X has stayed true to his style with hardcore tales of street life from which he has experienced in his Big Apple upbringing. With his aggressive raspy tone and voice he has everyone bun the tracks off his album, v has already gone platinum.

He's got heads bobbing t radio and television video h songs like "We Right Here "Who We Be".

The only awkward mome the album is on "Bloc Anthem". The guitar m track has a rock an feel to it that just n't seem like the per's style as it do Puff Daddy or P-I or whatever the shiny suite calls himself these days.

X also teams up with queen Stephanie Mills on " I'm nothing" which has a tone and melody than most other songs on the albun then dedicates an entire sc his family in which he giv names of his grandmother, cousin, and sisters in "I You". In this song you can feel the emotions that X going through while growi with his family.

If you like DMX's resu albums in the past then yo for sure like this one. This is definitely a keeper an should go out and cop this rotation in which I rate a 4 on the hip-hop scale.

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One to Add to Your Christmas List

By Sky Barsch
Editor

For some reason human nature encourages us to laugh at others while they are down. If you've ever watched someone from afar, and wondered why they were acting in such a way, I highly suggest you read Riding in Cars with Boys.

Author and narrator Beverly Donofrio (played by Drew Barrymore in the recently released film of the same name) takes you through her latter teen years, through her twenties, with honesty, sincerity, and laughter. If you think the sixties were all peace and love, read on through the wonderfully wild ride of Bev's life.

The daughter of an old-school Italian Catholic police officer, "Bev" as we come to know her, searches desperately for some stability in a time when Betty Crocker meets Vietnam. Sex, drugs and rock and roll pull at this teen mother while she tries to make sense of life and herself.

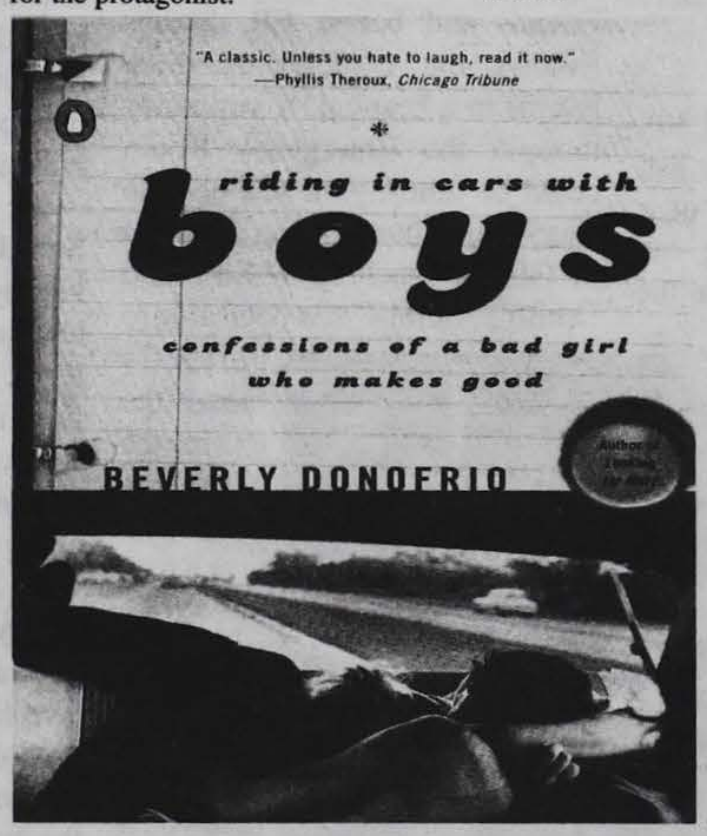
The characters are lively, the plot develops well and the description of Wallingford Conn., Donofrio gives us is just too real. I was equally impressed by the author's style that consistently says she knew she wasn't perfect. There's no self-righteous bantering or "feel sorry for me" tone throughout the book. Even if there had been, I probably would have had some sympathy for the protagonist.

Book Review
Riding in Cars With Boys
By Beverly Donofrio
©1990 Beverly Donofrio/Penguin Books

This story was so great I didn't want it to end. Lucky for me, I have a glimpse of what Bev's life is now, from hearing stories from my mother and her friends, who are the backdrop in this true tale. In this book, I found a bridge in the generation gap that for so long, I thought would never be built.

Save Riding in Cars for a time in your life when things could be going better. It will cheer you up, and make you realize that no matter what life brings, you are always growing.

* * * *


"A classic. Unless you hate to laugh, read it now."
—Phyllis Theroux, Chicago Tribune
riding in cars with
boys
confessions of a bad girl who makes good
BEVERLY DONOFRIO

There's Life Beyond Britney?

By Gary Sloan Jr.
Entertainment Editor

If you're one of the lucky few, you've managed to catch their video on MTV in between the latest from *NSYNC and Britney "I'm a Slave for Gary" Spears. This is perhaps the best album out there currently that no one knows about, thanks to the pop obsessed media. Hopefully, this does not remain the case. With a guitar driven sound that brings back memories of recent bands such as Matchbox 20, Vertical Horizon, the Goo Goo Dolls, and local faves Missing Joe, The Calling deserve to break out. The standout track is the current single "Wherever You Will Go", a song that has already been featured on Smallville, which can only help to boost recognition of this amazing band. There is no such thing as a bad track on this album, from "Unstoppable" to "Adrienne" to "Thank You" to "Could It Be Any Harder", every single track is deserving of a shot as a single. So run to the record store and pick this album up now. Matter of fact, pick up a few and give them to your friends as Christmas gifts.

1 1 1 1

Incredible. Breathtaking. Inspiring. These are just a few words that spring to mind after listening to the music of John Mayer. With a soothing calm sound reminiscent of the Dave Matthews Band and David Gray, Mayer is simply waiting for his chance to be heard. Listening to this album is an experience. The songs deal with subjects almost all of us can relate. The song "Love Soon" deals with a person who finds themselves in a one way relationship that the other one refuses to acknowledge as becoming something more than just a fling, and the song "Love Song For No One" is for all those people out there waiting impatiently for that special someone to finally show up in your life. All of these tracks are outstanding, especially "Whole Again" which is the current single. This is yet another of those less publicized albums that tend to get lost in the marketing shadow of such "wonderful and inspired" (cough, cough) efforts from Michael Jackson and Britney Spears. So do your part in putting it to the man and buy this album. Pick substance over flash this season, you won't be letdown.

Music Reviews
The Calling/Carmino Palmero,
John Mayer/John Mayer

Something to Ponder- At the back part of the building of the ACC, there is a random brick arch with no roof. It as if Mario Brothers has returned. Now we just have to wait for the magic mushroom...

Need a New Author? Look no Further...

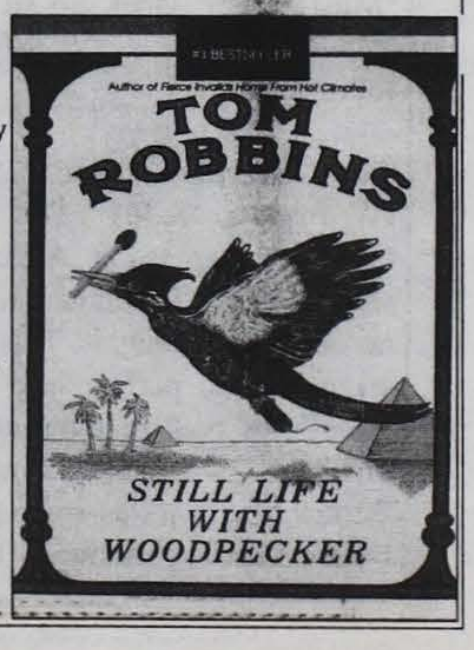
By Sky Barsch
Editor

To say Tom Robbins is enjoyable would be an understatement. A master of parallels, a crafter of metaphors, Robbins is never afraid to take on society and shake its contradictory head. If you enjoy Simpsonesque humor, make sure you find your way from Maui to the pyramids with two very smart red-heads, in Still Life With Woodpecker. You'll be sent for a magical ride via Leigh-Cheri, a politically correct princess with a passion for trouble. Grew up Catholic, and a little annoyed by it? Read Fierce Invalids Home From Hot Climates, where you will meet a group of excommunicated nuns who meet up with a meat-eating vegetarian.

Robbins is also the author of many books, including Jitterbug Perfume, Even Cowgirls get the Blues, Skinny Legs and All, and Another Roadside Attraction. At first, Robbins may appear as nothing more than a schizophrenic guy who doesn't believe in a plot. Keep your mind open, and realize not only can he can give life to a dirty sock, but Robbins will never let you forget him.

I found the easier of this collection to be Woodpecker and Invalids. The others aren't what I would call "light-reading," but they are definitely worth some of your time during Winter or Summer breaks.

If you are looking for a new author with depth, humor and society-stricken sass, pick up a Tom Robbins book, and don't put it down.



TV Guide, Shme-Vee Shmide,
Gary Knows What's Hot and What's Not

By Gary Sloan Jr
Entertainment Editor

Yes boys and girls it's that time of year again. Every year the great people in charge of the networks toss out a smorgasbord of new shows at us, in the hopes that at least one or two of them will stick instead of stink.

For every "Friends" and "Ed" there's sure to be a "Danny" and a "Costello".

If you're asking what at those last two, then you've demonstrated my point.

This season has already seen it's casualties as the aforementioned "Danny" was axed after a couple episodes and another Seinfeld alum (The Michael Richards show having bombed horribly last season) showed that there isn't life after Jerry as Jason Alexander's much promoted steamer "Bob Patterson" was mercifully taken to slaughter earlier this month. Ditto for "Emeril", another comedy that forgot the golden rule of comedy: jokes. I'm still baffled as to why "According To Jim" is still on the air, where is Robert Stack when you need him.Yet amidst the sea of mindless drivel, I have found a select few shows that are already attaining the coveted "Must Watch" label. So sit back and relax, and set the VCR for the following.

The Bernie Mac Show (Wednesday 8:30)- The anti-Cosby show. Jason Alexander should watch this show and take notes on what funny is. This show serves as the perfect lead in to "Titus", as both of them are the blackest of black comedies. Bernie Mac stars as (who else?) Bernie Mac in this surreal television show in which Uncle Bernie takes in his nephew and nieces. The laughs come at you from every direction as Bernie finds his nice tidy life thrown for a loop by the walking germ bearers as he affectionately refers to the children as. It isn't long (only episode two) before the social worker makes what can only be the first of many many many many trips to the Mac household. Bernie gets to say all of those little things that those of you with kids, or those of you who have baby-sat in your life, have wanted so desperately to say, but thought better of.

Not your ordinary ER: Scrubs
Photo courtesy Internet

Scrubs (NBC) is a show screaming to be moved to Thursday nights in the time slot after Friends and before ER. Scrubs follows the exploits of three interns in a hospital. If you never thought the Emergency Room could be funny, then you need to watch this show. In the tradition of shows such as "Ed" and "Mash", "Scrubs" has been able to perfectly blend the dramatic with the hysterical, without seeming to be forced. If you liked "Mash", then you'll love "Scrubs", so do yourself a favor and check it out on Tuesday nights.

The Tick (FOX, Thursday 8:30), The second new show on my list, which follows the exploits of a superhero who is anything but sharp. In the second episode the hero is overwhelmed when he discovers that stuff dies, not just dead people. It could even happen to you. In the tradition of Monty Python and Mr. Bean, the Tick is a naive simpleton to whom everything is exciting and new. If you do not find yourself laughing out loud at this show, then you my friend, are seriously lacking in the humor department.

The Tick: Just another action figure, or a decent show worth watching?
Photo courtesy Internet

24 (FOX, Tuesday 9) It is rare that a show actually lives up to it's hype, but that is the case with 24, a show set in real time starring that Lost Boy Kiefer Sutherland. Every episode this season will be an hour in the course of one day in the life of the special agent played by Kiefer Sutherland.

There is going to be an assassination attempt on a presidential candidate that only he can prevent, and as if that wasn't enough for him to deal with, it seems that his daughter has also been kidnapped. The two seem to be linked, and he has one night to set things right. Each episode ends with a cliffhanger that leaves you drooling for the next episode. This is how action/drama shows are supposed to work. You find yourself being unable to miss the first fifteen minutes of each new episode, just to find out how they resolved the cliffhanger from the previous week. This is a definite must see.

Smallville (WB, Tuesday 9) Finally, my favorite show of the new season . I do not miss this show, I can not miss this show. I find myself waiting throughout the week in anticipation of the new airing of Smallville, each and every week. Everyone that I know who has seen this show, now watches it religiously. I was skeptical at the beginning of the season, figuring it would be a corny or hokey take on the Superman mythos. However, it is arguably the best written show on television. I love everything about this show. From the music selections, to the plot-lines, to the characters, to the actors (especially Miss Lana Lang herself, Kristen Kreuk), I am simply obsessed with this show. If you watch only one show a week (if so, then WHY?) this must be it. Tune in for an episode or two and see if you don't find yourself coming back week in and week out. I bet you do.

Students Ask, Where is the Community?

By Andrea Dion and Corinne Tarbox
Contributing Writers

Have you ever questioned the true sense of community here on the Castleton State College campus? We, like many other students here, never gave a second thought to a community until we enrolled in the course, Community in American Society. Dr. Phil Lamy brought to our attention that the majority of the students are uninvolved in building a real sense of community here on campus.

We, unlike many others, have not had the privilege of traveling to other countries, in particular, European countries. It came as a surprise when we were assigned to read The Great Good Place and learned about the sense of community and the third place. A third place is a place where your private life is unaffected, where you meet new people, where you can come and go as you please, and where you have no restrictions. Most common third places are taverns, pubs, or beer gardens, and let us remind you that the drinking age is different in European countries.

The book impacted us and made us realize that we don't have a third place here on campus. We have heard a lot of good ideas on how to make Castleton a better community, but not a lot of people know how to go about trying to do something about it and they don't know where to start. Those who have made an effort have found the process to be long, drawn out, and complicated. This makes it hard for people to be enthusiastic going about making a change in our community life.

Since we both live on campus and in suite-style dorms, we couldn't help but notice the empty lounges that are located at the bottom of each hall. What we have noticed is students forming their own small "cliques" within their suites. The suites normally consist of eight students. No one wants to go out and interact with new people. Programs and events are great ways for people to interact, but the ideas for hall programs have not lured students into taking part. It's not the lack of space, because we feel there is plenty of space to hold events. The lounges on the first floor of every dorm building are a perfect example.

The campus center or "The Living Room" of our community (as a small few would like to call it) serves the purpose of mainly picking up mail and getting a bite to eat between classes. That is, when it is open. We feel the campus center should be the heart of the campus, as stated on the Castleton State website. The building has many open rooms in which social gatherings could be made possible. The problem is, the hours during which the campus center is open do not provide an adequate time frame for gatherings or interactions to take place. It wasn't until this summer that we learned the official name of the place where we buy and sell back our books each semester. It is called the multi-purpose room, and we only learned this because one of us has a job at admissions and you can't give a tour and say, "um...this is just a room that is always locked." Should we automatically know this, or is it written in the Castleton Rule book somewhere?

So, now that we all know the proper name to the "buying and selling books place," why can't it be something else too? The buying and selling of books only takes place in the beginning and end of the semester. It could easily be turned into a cute coffeehouse. All that is needed is some decent tasting coffee, a few really comfy chairs, tables, and bar stools. These are chairs tucked in a back corner of the Fireside "Lounge and Café" that could easily be brought upstairs and used in a relaxed and unre-

Continued on page 18

Cocaine and how to Ditch it

By Kate Moses and Devin Mason
Contributing Writers

It is recognized that on Castleton State College Campus there is indeed a a drinking problem among the school's students, but many do not recognize that there is also a problem with the use of harder drugs including cocaine. Though students use of the drug is lower than the national average it is important to realize its adverse affects. In the August 13th issue of NCAA News Digest survey it was found that
35.2 % of college athletes have tried cocaine or crack. According to last years CORE survey conducted by the school's Alcohol and Other Drug Problem only 6% of Castleton students have or will try cocaine within their lifetime. It was also found that most first time users try cocaine between the ages of 18-20, 20% of students report using cocaine once a year.

Because cocaine is a stimulant it's immediate effects are dilated pupils, hallucinations, blurred vision, delirium, severe chest pain, increased blood pressure, increased respiratory rate and an increase in body temperature. This drug causes immediate feelings of pleasure, but also leads to addiction even after only short term use. This makes the drug very dangerous. Cocaine can kill on the first use, because some people just cannot handle the chemical's interaction with their
own body's system.

Are you or someone you know addicted to this dangerous drug? Some sure signs of addiction include the loss of control of the drug and
dependency upon it. If you or a friend is addicted to cocaine or any drugs there is help available through the Wellness Center which can be contacted at extension 1346. The professionals here can refer those in need to other off campus services.

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Next deadline: First week after break.

Topics encouraged: hate crimes, literature interpretations, education articles, nursing interests and music students have written.

EVERY SUBJECT WELCOME!!!

FINALS SCHEDULE

PLEASE check with your professor! Dates may change!

Exam Day	Class Day	Class Time	Exam Time
Monday, Dec. 17	MWF	9-9:50 AM	8-10 AM
	MWF	11-11:50 AM	10:30-12:30 PM
	MWF	1-1:50 PM	1:30-3:30 PM
	MW	4-5:15 PM	4-6 PM
	M	4-6:30 PM	4-6 PM
	MW	7-8:15 PM	7-9 PM
	M	7-9:30 PM	7-9 PM
Tuesday, Dec. 18	TH	9:30-10:45 AM	8-10 AM
	TH	2-3:15 PM	10:30-12:30 PM
	MWF	2-2:50 PM	1:30-3:30 PM
	MWF	3-3:50 PM	4-6 PM
	TH	6:30-7:45 PM	7-9 PM
	T	7-9:30 PM	7-9 PM
Wednesday, Dec. 19	MWF	8-8:50 AM	8-10 AM
	MWF	10-10:50 AM	10:30-12:30 PM
	MWF	12-12:50 PM	1:30-3:30 PM
	W	4-6:30 PM	4-6 PM
	MW	5:30-6:45 PM	4-6 PM
	W	7-9:30 PM	7-9 PM
Thursday, Dec. 20	TH	8-9:15 AM	8-10 AM
	TH	11-12:15 AM	10:30-12:30 PM
	TH	3:30-4:45 PM	1:30-3:30 PM
	T	4-6:30 PM	1-3:30 PM
	H	4-6:30 PM	1-3:30 PM
	TH	5-6:15 PM	4-6 PM
	H	7-9:30 PM	7-9 PM
	TH	8-9:15 PM	7-9 PM

The Castleton State College Chorus presents it's Holiday Concert Thursday, December 6, at 8 P.M. in the Fine Arts Center Auditorium. The concert features a diverse blend of seasonal and secular pieces from the Renaissance, Classical, and modern eras. The program includes works by Jacob Arcadelt, Michael Haydn, Thomas Morley, Jan Sweelinck, Vermont composer Gwyneth Walker, as well as folk songs from Israel and Sierra Leone. The concert is free; plenty of close parking is available. For more information, please call the Fine Arts Center at (802) 468-1119.

SHAPE Gym and Fitness Center hours

Fitness Center
Mon, Wed, & Fri: 7:30 am - 9:00 am
Mon & Wed:12:00 pm - 8:00 pm
Fri: 12:00 pm - 7:00 pm
Tue & Thu: 12:30 pm - 2:00 pm,
4:00 pm - 8:00pm
Sun: 6:00 pm - 9:00 pm

Front desk, gym & racquetball courts:
Mon & Wed: 7:30am - 9:00pm
Tue & Thu: 8:30am - 9:00pm
Fri: 7:30am - 8:00pm
Sat: 1:00pm - 8:00pm
Sun:1:00pm - 9:00pm

*Non-Members Gym use fee $3.00 per person.
*Non-Members using the Racquetball Courts must pay $10.00 per court, per hour fee.

CSC Needs A Third Place

from page 17

stricting third place. Another idea that has been well discussed in our class is allowing a pub night on campus. Mike Davidson, head of public safety, has been known to support the idea of a pub on campus, and Dave Ondria, Aramark head, has informed our class that Huden Dining Hall has a liquor license. Those of you who are of age have agreed that it would be worthwhile to spend time in Huden Dining Hall (yes, Huden) enjoying a few drinks with fellow peers. Our class even discussed the possibility of Sunday being devoted to football and having a couple of TV's wheeled into the dining hall, so that people could hang out with friends while sipping on chilled beer. Why can't this happen? Restrictions and lack of enthusiasm have slammed the door in the face of opportunity at this school.

Our class has talked excessively about these issues in trying to provide ways to establish a better community. The problem is, there are only 20 students in our class and Castleton's student body exceeds a thousand. In order to improve the sense of community on campus, our whole student body needs to function as one. We need to voice our opinions and express our interests in order to make the community we pay to live in a stronger one.

www.castleton.edu/communityservice
for more information

A cheerleading club has formed. Their goal is to establish a team of individuals whose main purpose will be to provide and encourage school spirit. Nicole Root '04 is the organizer. Twenty people attended the first informational meeting.

Do you enjoy web design? The Cairn is in need of someone to post the electronic version of our paper on the web at www.castleton.edu/cairn. Please call or email, 468-6067 or cairn@castleton.edu if you are interested. It can be a simple posting, or a really creative web page. You're the boss!

The following is a schedule of the women's and men's basketball games (respectively).
Bold indicates a home game.

December
7 @ 7:30 Regis College Tournament
vs. University of Redlands
8 Regis College Tournament
vs. T.B.A.
11 @ 7:00 Worcester State
January
8 @ 7:30 Emmanuel College
11 @ 6:00 University of Maine @ Farmington
12 @ 6:00 Notre Dame College (NH)
15 @ 7:00 Green Mountain College
19 @ 2:00 Johnson State College
22 @ 5:30 Lyndon State College
26 @ 2:00 SUNY- Utica Rome
28 @ 7:00 Green Mountain College
30 @ 5:30 Johnson State College

December
10 @ 6:00 Curry College
13 @ 7:30Green Mountain College
January
5 @ 3:00 Norwich University
8 @ 5:30 Emmanuel College
10 @ 7:00 New England College
12 @ 3:00 Middlebury College
15 @ 5:30 Notre Dame College (NH)
19 @ 4:00 Johnson State College
22 @ 7:30 Lyndon State College
24 @ 7:30 Plymouth State College
26 @ 4:00 SUNY- Utica Rome
29 @ 7:30 Green Mountain College
30 @ 7:30 Johnson State College

Spartans Smush SVC

Continued from cover

The CSC Women's Basketball team in action.

Photo by Kris Rivera

in the Plattsburgh State tournament this weekend and our schedule only gets tougher as we go through the season."

After interviewing team leaders Beth Ratner and Casey Wedge they seemed humble in the overwhelming victory. Wedge added, "we had great patience on offense and we did not rush our shots as we normally do and the entire team contributed to this victory. My coach told me not to think so much mentally when I'm shooting and to let it come naturally."

When asked what the difference between tonight's game as opposed to the first few losses, she added, "We came out with intensity as we were fired up and we played real good defense." Sophomore forward Ratner added, "I felt the difference in tonight's game opposed to our first few was our fast break points. We really bonded as a team as we gained our first victory under our belts. It helps that we got a win before entering the Plattsburgh Tournament because we now have confidence in our ability to win."

Feature Photo

Junior Lisa Terwilliger has helped Castleton Women's Tennis become one of our school's most successful teams.

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Have Yourself a Merry Little Christmas Page

The usual large flamboyant typeface associated with the seasons greetings has been downsized this year commensurate with the trend toward corporate downsizing. [And the fact that SMTP does not support typeface control]

The recent announcement that Donner and Blitzen have elected to take the early reindeer retirement package has triggered a good deal of concern about whether they will be replaced, and about other restructuring decisions at the North Pole.

Streamlining was appropriate in view of the reality that the North Pole no longer dominates the season's gift distribution business. Home shopping channels and mail order catalogues have diminished Santa's market share and he could not sit idly by and permit further erosion of the profit picture.

The reindeer downsizing was made possible through the purchase of a late model Japanese sled for the CEO's annual trip. Improved productivity from Dasher and Dancer, who summered at the Harvard Business School, is anticipated and should take up the slack with no discernible loss of service. Reduction in reindeer will also lessen airborne environmental emissions for which the North Pole has been cited and received unfavorable press.

I am pleased to inform you and yours that Rudolph's role will not be disturbed. Tradition still counts for something at the North Pole. Management denies, in the strongest possible language, the earlier leak that Rudolph's nose got that way not from the cold, but from substance abuse. Calling Rudolph "a lush who was into the sauce and never did pull his share of the load" was an unfortunate comment, made by one of Santa's helpers and taken out of context at a time of year when he is known to be under executive stress.

As a further restructuring, today's global challenges require the North Pole to continue to look for better, more competitive steps. Effective immediately, the following economy measures are to take place in the "Twelve Days of Christmas" subsidiary:

* The partridge will be retained, but the pear tree never turned out to be the cash crop forecasted. It will be replaced by a plastic hanging plant, providing considerable savings in maintenance.

North Pole Annual Report

* The two turtle doves represent a redundancy that is simply not cost effective. In addition, their romance during working hours could not be condoned. The positions are therefore eliminated.

* The three French hens will remain intact. After all, everyone loves the French.

* The four calling birds were replaced by an automated voice mail system, with a call waiting option. An analysis is underway to determine who the birds have been calling, how often and how long they talked.

* The five golden rings have been put on hold by the Board of Directors. Maintaining a portfolio based on one commodity could have negative implications for institutional investors. Diversification into other precious metals as well as a mix of T-Bills and high technology stocks appear to be in order.

* The six geese-a-laying constitutes a luxury which can no longer be afforded. It has long been felt that the production rate of one egg per goose per day is an example of the decline in productivity. Three geese will be let go, and an upgrading in the selection procedure by personnel will assure management that from now on every goose it gets will be a good one.

* The seven swans-a-swimming is obviously a number chosen in better times. The function is primarily decorative. Mechanical swans are on order. The current swans will be retrained to learn some new strokes and therefore enhance their outplacement.

* As you know, the eight maids-a-milking concept has been under heavy scrutiny by the EEOC. A male/female balance in the workforce is being sought. The more militant maids consider this a dead-end job with no upward mobility. Automation of the process may permit the maids to try a-mending, a-mentoring or a-mulching.

* Nine ladies dancing has always been an odd number. This function will be phased out as these individuals grow older and can no longer do the steps.

* Ten Lords-a-leaping is overkill. The high cost of Lords plus the expense of international air travel prompted the Compensation Committee to suggest replacing this group with ten out-of-work congressmen. While leaping ability may be somewhat sacrificed, the savings are significant because we expect an oversupply of unemployed congressmen this year.

* Eleven pipers piping and twelve drummers drumming is a simple case of the band getting too big. A substitution with a string quartet, a cutback on new music and no uniforms will produce savings which will drop right down to the bottom line.

We can expect a substantial reduction in assorted people, fowl, animals and other expenses. Though incomplete, studies indicate that stretching deliveries over twelve days is inefficient. If we can drop ship in one day, service levels will be improved.

Regarding the lawsuit filed by the attorney's association seeking expansion to include the legal profession ("thirteen lawyers-a-suing") action is pending.

Lastly, it is not beyond consideration that deeper cuts may be necessary in the future to stay competitive. should that happen, the Board will request management to scrutinize the Snow White Division to see if seven dwarfs is the right number. Happy Holidays!

THE END

*Photos and story on this page courtesy of the Internet

The Cairn wishes a safe and happy holiday to everyone and their families. And to all a good night...

The Cairn

Castleton State College's Student Newspaper

Free

03.13.02

Resident Halls Expect Changes

By Jennifer Clifford
Staff Writer

Keep your eyes open for new changes in resident halls starting in the fall of 2002.

On campus housing will be drastically changing next year. Ellis, Morrill, and Wheeler Halls will house upper class and transfer students. Babcock, Adams, and Haskell Halls will house first year students. All housing sign-up will come from a priority list. For the first time in years there will be no squatting of current rooms by anyone.

According to Deri Wills, director of Resident Life, CSC will have two resident communities. On the Babcock, Haskell, and Adams side of campus will be completely dry. On the Morrill, Wheeler, and Ellis side of campus; students who are at least 21 will be able to possess alcoholic beverages.

Also next year there will be no longer resident directors or resident assistants. There will be two community coordinators, one for each side of campus. Community adviser will take the place of the current resident assistants. There will be four community advisers in each residence hall. The purpose of this change is to have a full-time office worker available during the day. They will work out of their office; which will be located on the first floor of Babcock Hall. If a student gets locked out of their room during the day, all they need to do is call the office worker on duty to be let back into their room.

> "We're here to build a community and this is the best way..." said Wills.

A community advisor from each building will be on duty from Sunday through Thursday from 6 p.m. –8 a.m. They will be on duty all day on Saturdays and Sundays.

"We're here to build a community and this is the best way to make CSC more of a community," said Wills.

There are mixed feelings among students. Several students have petitioned the hall changes over the past few months.

"Students are the main support of this campus and for Dei to ignore what students want is wrong," explained Rebecca Towne, a fifth year student.

"I don't like the idea at all, I got 250 students to sign my petition, but apparently Deri doesn't listen or care to listen to any student's opinions. Did Deri consider where handicapped students will live next year? Babcock is the only hall with an elevator.

Students in wheelchairs will have no choice, but to live on the first floors of the other halls," said Ryan Cymerman, a second year student.

"He's not very intelligent for uprooting upperclassmen," said freshman, Kristen Baker.

While the majority of students living on campus protest the change. There are some who don't mind.

"It's not a big difference, living close to the STEP center will be good for freshman," said sophomore Gayana Badalyan.

The fall of 2002 incoming freshman class is expected to be a very large number. There is room for 354 residents in Babcock, Adams, and Haskell Halls.

"I expect to fill every room with at least two residents," said Wills.

In the past, vacation housing has always been in Babcock Hall, but starting next fall, every hall will remain open for break.

Students will be able to choose any building and not have to worry about where they will stay over breaks, according to Wills.

Students staying in their residence halls will be charged for heating costs.

Wills hopes that the community advisors on the freshman side of campus will educate and inform their residents more about First Year Seminars and Soundings events. While on the other side of campus, he anticipates community advisors informing their residents about graduate schools and life beyond graduation.

"Once everyone is able to accept the changes, I think everyone will see how beneficial the changes are going to be, Wills commented.

Commencement Change Concerns Seniors

By Lluvia Stanak
Staff Writer

Many seniors discovered a change in the date for Commencement over Winter break, as Graduation will be held a day earlier this year on Saturday May 18th instead of the traditional Sunday. In addition Graduation will now be a candidate ceremony, meaning that graduates will not receive their actual diploma during Commencement.

There has been a letter drafted by the President explaining the reasons that the date has been changed. In the letter President Wolk writes, "There are several reasons for the Saturday commencement. Every year there is a conflict with UVM's Sunday graduation. This has caused hardship for our staff and for parents who must face a difficult choice. Indeed, I have this conflict this year and, of course, I want and need to be present at both events."

The Commencement Committee worked very hard for over four months in weighing the pros and cons for changing the date. First a change in time, from 1:30pm to 4pm, on the traditional Sunday was considered. This plan was rejected due to the strain it would put on traveling families after the ceremony. Committee members were concerned that parents and friends who had to work the next day would not get home at a decent hour after Graduation. Academic Dean Joe Mark remarked that the change in the date "will now make it possible for graduates and their families and friends to enjoy this special day without having to jump into the car for what could be a several hour trip home."

The change to Saturday was only decided upon after the committee considered all possible compromises for keeping the date the same. Finally, with help from offices across campus and the approval from Faculty Assembly, a revised and condensed schedule for Commencement weekend was made. Basically all events that were originally going to be held over the course of three days will now be fit into two. Starting Friday May 17th Seniors will have a rehearsal, a dinner, and the traditional candlelighting. Early that evening the Nurses will have their Pinning Ceremony. Saturday will consist of Honors and Department Receptions in the mor-

continued on page 7

What's Inside?

Campus Chat - 3

News - 4

Entertainment - 8

Special Section - 10

Features - 12

VSC Wire - 14

Humor - 19

High School Isn't What it Used to be

Last week I had a conversation with my fourteen year old brother that sent me into a shock of complete disbelief. He told me that three weeks ago, come sophomores in HIGH SCHOOL were caught snorting pills WHILE IN CLASS.

I sat in silence, frozen over this. I myself, only twenty-one years old, graduated from this high school only four years ago. Did I know kids who smoked pot? Yes, of course. Kids who did other drugs? Yes. One's who did them during school? Very few. One's who did them while in class? None. Four years ago I was a senior at this very same high school. It was not as if I was blind by drugs or alcohol. But at that time, it was something you only bragged to your friends about, not the whole school. And you never even thought of doing them while in class.

We are talking about fifteen year old kids, doing these kinds of drugs, while in school. No matter how many times I repeat this to myself, the desensitization that normally comes with such things just won't come. I look at my brother and remember what is was like to be an early adolescent. Sexual exploration, individual exploration, independence exploration even some early drug exploration. Some, not much and not everyone. But to so blatantly disregard adult authorties and other peers innocence is not what it was like four years ago.

What pushes children of this age to do such a thing? I would love to know how the parents handled this suspension news of their child when they came home. Are they as horrified as I am?

What about the other kids who didn't even know that you there were such pills that could be crushed and snorted for a high? Doesn't this now prompt them, feeling like they were in the dark and not in touch, to try these things themselves?

Whenever I sit and listen to my brother, I appreciated his flare for life, his innocence that makes him still "cute" in my mind. I used to see him as fourteen. Now I see someone so much older and informed. I would give anything to be able to protect him from things like this, just so he couldn't grow up, allowing him to live what fourteen should be living. But I can't. I know that someday he too will be trying things. And I can only hold my breath that we are as close then as we are now. At least I will know what is going on.

I share my outrage with you as a 21 year old woman. This is not the ramblings of a forty-five year old person who hears this story and can't form an understanding because his high school days were nearly thirty years ago. Instead, this is coming from a person who was there only a couple of years ago. A person, still in school who at this point has seen so much worse then pill snorting. Watching my brother catch up to me in this manner, I can only sit in my horrified stupor.

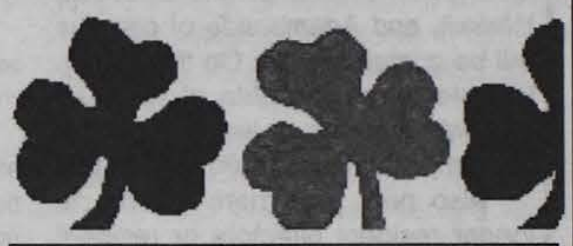
Mary L. Serkalow

Requiem for an American Dream

I am sick. Americana stuck in my throat as I watch the telly. War for wholesale, lives bought and sold for a dream we've tattooed on the carcass of all that it once stood for. Excuse me if I don't worship at the temple of Lord Bush and his backwater prison yard love he is showing to us and Lady Liberty. I am enraged at the flocks I see forming, freedoms in hand, discarding them one by one in the name of all that is right. We stand engaged in a war that will have no winners. We fight for the very same freedoms that you are so willingly discarding at this very moment. The only true winners will be the corporations which are knee deep in the government's pockets. This is their war. They are selling it to you and you poor pitiful sheep are eating it up like Pac-Man on crack. And those of us who are blessed with a mind that can think on it's own, can do nothing but sit back and warn you while you scream "Hippie" at us as though it were a four letter word. The only pleasure we will gain is to go up to you one day in the not so distant future, when 1984 is a feel good book, and tell you with reddened itchy eyes "I told you so."

I curse myself. I curse the brain that won't conform to the opinionated facts of the world according to Dubya. I want to form a mob and attack indiscrimate people. Force open their eyes, close their mouths and let them see the world for what it is. Pull back the curtain and reveal the secrets of OZ. Words are meaningless when no one is listening. I want...I want the world to wake up and see what is happening before it's too late. There is no joy in knowledge when ignorance rains down upon us. I have only regret and pain for knowing what lies ahead. Powerless to stop the beast a my brothers and sisters in arms turn against me. I stand upon shining sea blowing my conche, but none will listen to my cries. As i look back upon the horrors flickering upon the screen of memories best left forgotten, I know deep down inside, the worst has yet to come. There is a wolf in sheep's clothing amongst you, seducing you with his promises built upon a foundation of lies. I for one will not fall. I for one will not bend to his Freudian desires. We are supposed to be the best the world has to offer, if one is to believe what they read in the propaganda they distribute, it is time we began to act the part. We are not reacting with bravery and strength, we are reacting with cowardice and the classic mine is bigger than yours mentality that Dubya and his cohorts are reknown for. A peaceful solution is out there. It is ours for the taking. Unfortunately force makes for higher approval ratings. Damn us for what we are, damn us for what we've done, and damn us for that which we will do down the road. Lives are no longer a precious commodity, no matter how many times we state the contrary. The only precious lives are American lives, the rest are simply targets in the eyes of millions. The American Dream has been perverted, Liberty's message tarnished. We have taken the huddled masses and declared them public enemy number one. It is time we took a cue from the true heroes of 9-11. They selflessly sacrificed their lives for the preservation of strangers. We honor their memory by selfishly taking the lives of strangers. Am I the only one who finds this repulsive? It is wrong for them to take the lives of our civilians, but it is alright for us to do the same. Past, Present, and Future; we have killed innocents in the name of preserving our freedoms at the expense of theirs. If you doubt me, ask the survivors from the fishing villages we dropped the bombs on. Think of that and tell me if we're any better than those we oppose. Sweet dreams America, welcome to the nightmare...

Submitted by Gary Sloan Jr.



The Cairn
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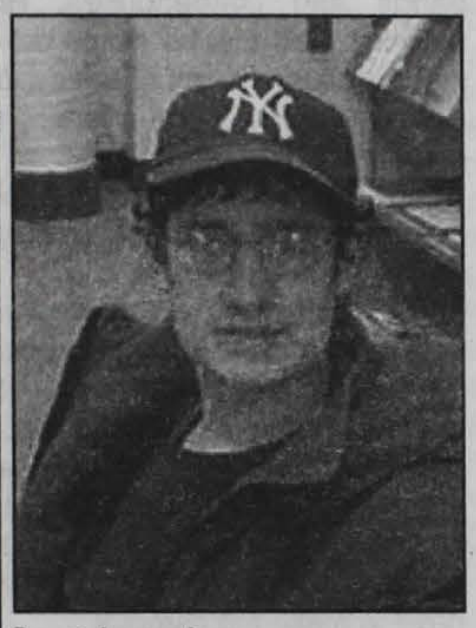
Gary Sloan Jr.....Managing Editor
April Garvey.....Features Editor
Mandy Mazerolle.....News Editor
Marjorie Ryerson.....Advisor
Mary L. Serkalow.....Layout Design

Staff Writers

Janelle Wibur
Scott Lanpher
Lluvia Stanak
Jennifer Clifford

The Cairn
Castleton State College -
Castleton, VT 05735
cairn@castleton.edu
802.468.6067

"How do you feel about the administrators separating freshmen from upperclass next year in the dormitories?"



Scott Lamphar
Jericho, V.t.
Freshmen

" I don't like it, I'm in a freshmen dorm now and its all screwed up."

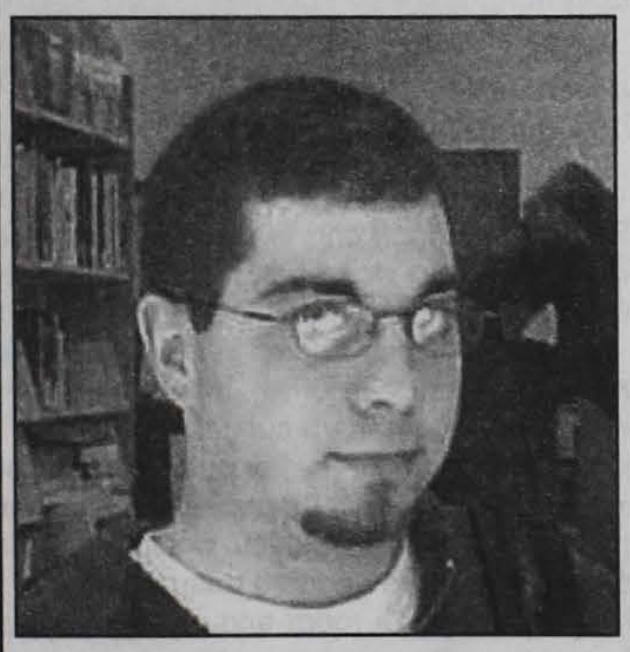
By April Garvey
Features Editor

Tarrah Thomas
Merrimac, Mass
Freshmen

"I don't think it's a big deal, when freshmen get here they just want to hang out with other freshmen anyway."

Iuvia Stanak
Barre, V.t.
Senior

"I think it will bring destruction, chaos, and cause disunity among students. The Director of Residence Life doesn't realize what this will do to Castleton."

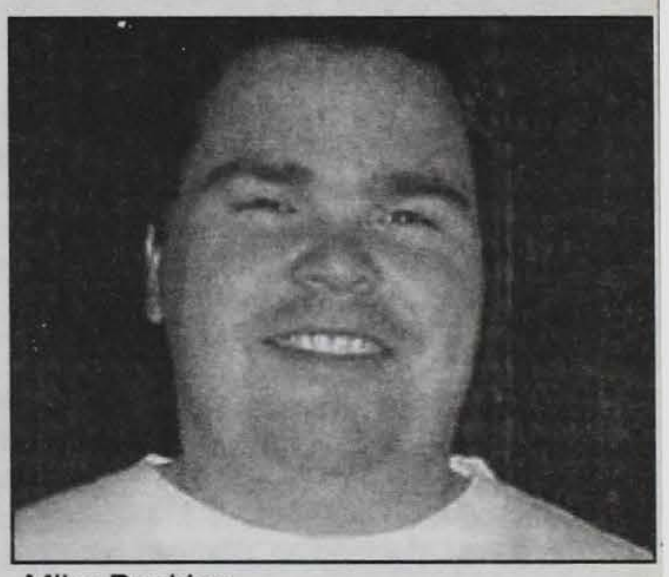


T.J. Hooker
Rutland, V.t.
Somphmore

"I don't think its a good idea to separate the classes because students won't get the full college experience, and freshmen won't have an example to follow."

Kenny Hayes
Martha's Vineyard Island
Freshmen

" I haven't given it much thought, I mean I'm rooming with people my own age next year."



Mike Buckley
Setauket, Long Island
Senior

"I think the freshmen not living with upperclassmen is unfortunate, they won't have anyone to model after, behavior and academic wise. It is also unfortunate that they are breaking the tradition of first year students living in Ellis Hall."

Thomas Shares New Book with Castleton

By Jennifer Clifford
Staff Writer

Grading exams and assigning omework to her classes are not e only things that Professor oyce Thomas is up to nowa-ays.

On Wednesday, Feb. 27, the SC library was filled with stu-ents, professors, faculty, and eople from the town to celebrate homas's first published book, kins. CSC President David Wolk as also among the audience.

"Her poetry exemplifies what ood poetry is," said Doe Dahm, junior with a major in English.

Thomas has een a member f the CSC nglish department since 1980. er first published work was Judy's Lullaby".

She began the night by explain-ng the title of her book, Skins. Thomas said, "Skin is a kind of nask which gives us form." She aid, "What I aim for in my poetry s to make one's skin crawl." She vent on to say, "Skin is what tands between us and the world; kin is also a point of connection."

Thomas selected eight of her poems to read to the audience. In several of her poems, there was mention of her mother; for example, My Mother's Nylons, refers to her growing up and always noticing her mother's nylons hanging in the bathroom.

"She is phenomenal. She's a real treasure and gift to have as a colleague," said Elizabeth Sumner, a CSC History professor.

Several of Thomas's students were seated in the audience. "An auditory, but visual inspiration," commented Jennifer Newton, a CSC English major.

"No matter how much you read her poetry, hearing her read brings a finer understanding. It is a real treat to have such a talented professor at Castleton," said Ellie Corrow, a CSC English major.

"I really like her nature of images, I'm currently teaching her book in my poetry class," English professor Tersh Palmer said.

Skins is now available at the CSC library.

"Her poetry exemplifies what good poetry is," said Doe Dahm.

Yearbook Rumors - Untrue

By Shauna Perrin
Contributing Writer

Rumor that Castleton State College has decided to dismiss Spartacus, the schools yearbook, has been spreading rapidly across the college's campus for the past seven weeks.

Victoria Angus, Assistant Dean of Campus Life, said that this rumor is "absolutely untrue. It is a historical record as well as a memento that has meaning to students."

Danielle Sullivan, a sophomore Sociology and Spanish Literature major from Ellington, Conn., is the current editor of Spartacus. The current rumors are "totally false," claims Sullivan. She has verified that 30 pages have already been submitted, and the staff is currently working on the next 30 pages for their April 1st deadline. The committee has received $6000 from Student Activities Fees to put towards the cost of the yearbook.

Castleton's yearbook dates back to at least 1923, although it has not been continuous. With

continued on page 7

Student Concerns Over Limited Campus Activites

By Scott Lanphear
Staff Writer

"There's nothing to do around here!" This is a complaint that many students at Castleton have uttered at one time or another. The quality of community involvement on our campus is a very important factor to the enjoyment of one's college life. Being a small college in a small town, one would expect a community that is very close-knit and involved in many activities. Is this a reality or a fantasy here at Castleton? To find out people's opinions about this topic, I am starting an ongoing series that looks at this issue from many points of view. For this article, I interviewed several students to find out how they feel about the opportunities they have to get involved in the community, and in what ways the community of Castleton can be improved.

***Editor's Note**: Due to the overwhelming response and concerns by students on this matter, follow up stories will continue in upcoming issues. This will be an ongoing series. To share your opinion or comments, contact The Cairn office by email or at ext.6067*

Many of the students interviewed stated that they felt that community involvement on the campus is not very high. Kathryn Redmond said she feels that a lot of the people on campus hang out mostly with their suite mates or other groups, without much involvement in the community at large. Kate Carnahan described the level of community as a little better than average, noting that there are many clubs that students can get involved in but that "3/4 of the clubs aren't interesting to [her]."

While many feel that the level of community involvement is lacking, many have ideas on how it can be improved. Redmond suggested having "more activities for people to get together" in a community. When asked what events or activities they would like to see on campus, many suggested having more bands and coffeehouses. Ron Maynard said that he would like to see a greater variety of bands, but added, "make sure there's no country."

An anonymous student suggested having an indoor skate park and maybe even a half-pipe.

The center of the community is supposed to be the campus center. But judging by the way many students use the campus center, it seems like simply a building where they go to check their mail and maybe have a quick bite on the run. What suggestions do students have to make the campus center more inviting? Jessica Guerrette suggested having a campus pub where students can hang out. She also suggested having a better game room with arcade games as an addition to the pool tables and Ping-Pong table. Sean Gilbert also had ideas on what to do with the game room. He suggested fixing the pool and Ping-Pong tables and putting in a new fooseball table. He also suggested having logs for the fire places located in the Fireside Café and in the Informal Lounge. Carnahan suggested having the campus center opened for extended hours, especially on weekends. Alison Custeau would like to see more updated board games in the game room and more activities in the campus center. .

What other events do students suggest having? Jess Daniels suggests having more events where free stuff is given away. She also said she would like to see bigger concerts. Hope Abarno and Elisa Beatty said they would like to

continued on page 7

A Look at Alcohol Abuse on Campus

By Ruby Riley
Contributing Writer

College students drink an estimated four billion cans of beer each year—and over 430 milion gallons of alcohol in all according to a paper by the Center for Substance Abuse and Prevention. Dean of Students Greg Stone cites alcohol abuse as one of the main reasons for lack of academic success at college, and Donna E. Shalala, Secretary of Health and Human Services during the presidency of Bill Clinton reported on the enormous health problem of alcohol abuse on college campuses.

At a moment when talk about a campus pub is circulating on campus, might it be appropriate to examine the prevalence and impact of alcohol consumption on college campuses and how it all relates to CSC?

The Harvard School of Public Health College Alcohol Study (CAS) is an ongoing survey of over 14,000 students at 120 four-year colleges in 40 states. The schools and students selected for the study and its findings provide a complete national portrait of student drinking behavior. The CAS introduced the term binge drinking. Binge drinking is defined as having five or more drinks in a row for a man, and for women as having four or more drinks in a row. Some of the principal findings of the CAS were that overall 44 percent of U.S. college students engaged in binge drinking during the two weeks prior to the survey, very few students—even those who binge drank three or more times during the past two weeks-said they had a problem with alcohol at the time of the survey, and compared to non-binge drinkers, a higher percentage of binge drinkers had experienced alcohol-related problems since the beginning of the school year.

Studies indicate that a primary reason for alcohol abuse among college students is the perception that others are drinking more tha they are. Dean Stone explained that while this perception is not the reality in the Midwest and the South, in the Northeast the perception of the level of binge drinking is consistent with reality. In recognizing that the problem is real, CSC has on staff a Resident Director/Alcohol and Drug Coordinator who along with hired consultants will begin a social marketing campaign in January. The goal of the campaign will be to offer students valid information about how to assess and manage their personal risk for alcohol abuse. Dean Stone hopes that students will be enlightened as to the detrimental affects that alcohol abuse can have not only on the abuser but also on those who are in close contact to him/her—i.e. missing valuable study time to care for ailing friends.

The purpose of college is to obtain a higher level of education, but it also affords the opportunity for social and economic growth. Is drinking an inherent part of this process in our culture? How does a beer become too many and are students prepared for the consequences of binge drinking? The CAS study found that frequent binge drinkers were seven to 16 times more likely than non-binge drinkers to have missed class, gotten behind in their school work, engaged in unplanned sexual activity, not used protection when having sex, gotten in trouble with campus police, damaged property, or been hurt or injured. There was also a positive relationship between binge drinking and driving after drinking.

Is drinking simply a sociocultural phenomenon or are students drinking to relieve stress? Studies indicate that social support is a positive influence on limiting student dependency on alcohol as a stress reliever. Would a pub provide a sheltered place wherein students felt a sense of camaraderie that would lessen the propensity toward excessive drinking? Dean Stone said, "I don't think alcohol makes community." The results of Harvard study appear to indicate that social intercourse does not serve as a deterrent to alcohol abuse. "I remember the first ime I ever binge drank. It was the first weekend of school my freshman year," says Joe, 21 a junior at Indiana University. "The whole experience was so new to me. I had so much to drink that I had to be carried home. Since then, I've become a frequent binge drinker. There really isn't much else to do here," he says. Joe, like many binge drinkers, is white and in a fraternity. He differs from his peers around the nation in that he had not begun his pattern of binge drinking while in high school. Arriving freshmen at CSC, however, do not differ from students at other colleges. They arrive with a mindset for drinking according to Dean Stone. The Harvard study found that white students are twice as likely to binge drink than other racial or ethnic groups, and about two-thirds of fraternity or sorority members are binge drinkers.

For students who engage in binge drinking, intoxication is often the main goal. The CAS study found that of all frequent binge drinkers, drinking to get drunk was cited as an important reason for drinking. Studies have shown that students drink more when they serve themselves. Does it follow that the fact of a pub bartender would lower the inclination of some college students to binge drink? Or, would a pub sanctioned by the faculty and administration of CSC be an endorsement of campus drinking and in the end serve as a catalyst for excessive alcohol consumption?

As students press for a campus pub, should they also think in terms of working with CSC administrators to make changes in the social environment of the campus? Dean Stone noted that the main business of the college is to educate the students. The school does, however, make an ongoing effort to "get students involved in campus life; to help them become engaged in their own education and life," said Dean Stone. He cited the two semester requirement of Soundings, campus coffee houses, Outdoor Club, Friday Night Club, Monday night movies, and Sunday evening concerts.

Some colleges are establishing zero tolerance policies foralcohol use and trying to change the factors that influence students to drink, such as the campus social norms. Colorado State University, Fort Collins has encouraged safe tailgating at football games and provided alcohol-free events on Saturday nights. In response to the idea of adopting a zero tolerance for alcohol on the CSC campus, Dean Stone stated that this would be an unlikely approach here. "In an educational institution it makes little or no sense to have zero tolerance for inappropriate alcohol behavior. Young people need to make their own mistakes; we discover things sometimes by our failures."

While Dean Stone is opposed to the idea of a campus pub, he did express interest in a compromise to the pub, "a pub night might be appropriate," said Dean Stone. "The college administration is open to hearing about alternatives from the students. We want to communicate with all students, not just a few," said the Dean. He suggested that students should take responsibility to see him, to let him know what you personally are willing to do. Dean Stone said, "If you want it to happen, make a commitment, organize, take responsibility. Dialogue on campus is so important, it is a big piece of college life."

Some Ponderous Thoughts

√ Why do they sterilize needles for lethal injections?
√ Why is there an expiration date on sour cream?
√ What do they use to ship styrofoam?
√ Do blind Eskimos have seeing-eye sled dogs?
√ If you shoot a mime, should you use a silencer?
√ What was the best thing before sliced bread?

Vandalism - Still an Issue on Campus

By Jenn Gessner
Contributing Writer

The vandalism on the Castleton State College campus has been an issue all year long with the students perspective resulting in no change, where as the Public Safety on campus feels as though they are doing all they can.

This year on campus many students have either had to deal with vandalism to their cars or watch their friends deal with it.

"I fell unsafe, not knowing whether my car is going to be ok or not the next time I go to take it out for a drive." Said Trudy Frasch, a sophomore living in Wheeler Hall.

The Public Safety on campus feels as though they are doing all they can and are following the handbook guidelines. They fail to see this threat of vandalism as an issue right now. The PS also goes as far as to say they feel confident in their work.

"I feel that Public Safety is taking a more diligent approach," said JC Sharrow, who works a number of different jobs for the Public Safety, "They are being seen more in the community when they are needed most." JC has to deal with vandalism to his own car when it was parked in overflow one night. He reports that his case is still open.

"Destruction, defacement of, or tampering with college property or property of others is prohibited." (Castleton Handbook pg.8)

This is a known rule, yet many students here do not feel as though it applies to them. The problem doesn't lie in numbers, but rather in one person who when caught, will be penalized. JC Sharrow explained the process such that, once a crime has been committed the student needs to report it and any other details that will be of help to the Public Safety. Then, if the issue is big enough, the police will be notified. All this leads into investigations and the appearance of any evidence. If the person is found guilty, they will attend a judicial hearing on campus and the sanction will then be decided.

If you see or know someone who is vandalizing something, speak up. It could happen to you next time. Call Public Safety at ext 1215

When discussing the concerns about safety in all areas on campus with fellow students, it comes down to the fact that there are just some times when students feel unsafe. Most students go on to say that all they see the PS doing is driving around campus and issuing tickets. Most feel as though this is petty work and the PS could be doing more. There is a list of things that most students touched on such as; lighting on campus, only one call box in the commuter lot, the ticketing, the lack of parking, and the list goes on. "My seventeen thousand sure didn't cover a lot around here," says Alyssa Mease, a sophomore.

UVM's Dental Hygiene Department Relocates

Rebecca Becker
Contributing Writer

BURLINGTON, VT- Concluding the weeks of debate amongst the Vermont State and community colleges, the University of Vermont has decided to relocate its dental hygiene department at the Vermont Technical College in 2004, due to the University dismissing all of their two-year associate programs.

The Department of Dental Hygiene is currently the last of UVM's two-year associate programs still in existence. The two-year program offers a curriculum leading to an Associate's degree in Science and a certificate in Dental Hygiene. The curriculum is highly structured and semester course loads are heavy. David Wolk, the new president of CSC, proposed that the Department of Dental Hygiene should remain in Chittenden County where there are more internship opportunities for students, and where the funds for the program could be met. First-year Dental Hygiene students add approximately $1,800, for an instrument kit and clinical attire, to their tuition.

Out of three of the Vermont State Colleges including Lyndon and Johnson State, Castleton State was the most likely to adopt the hygiene program for 2004. Castleton State College already has an up-to-date nursing department established, and a hygiene program wouldn't be impossible to attach to the existing department.

"There are too many needs at Castleton that need to be addressed before a program like this is to be placed here," mentioned Wolk.

"The program didn't make sense at UVM, it makes sense for a two-year program such as Dental Hygiene to be located at a state or community college," Wolk stated. "However, it doesn't make sense to place such a program in an area where there are few Dental Hygiene positions available. There are too many needs at Castleton that need to be addressed before a program like this is to be placed here," mentioned Wolk.

The Vermont Technical School, a small community college located in the heart of Burlington, would be ideal for a Dental Hygiene Department. Students currently enrolled in the program can transfer without jeopardizing their already established lifestyle in Burlington.

"Students interested in entering the hygiene department for this upcoming Fall 2002, shouldn't be alarmed," says Tacy Lincoln, a staff assistant at the school of Allied Health Sciences at the University of Vermont.

Even when the associate program moves to VTC, there will only be four available bachelor programs left under the School of Allied Health Science - Biomedical Technology, Medical Laboratory Science, Nuclear Medicine Technology, and Radiation Therapy. There are currently 250 students and 21 faculty members in the School of Allied Health Sciences, including those in the Dental Hygiene program. "After the Dental Hygiene program is removed, there is a predicted number of 200 students that will be left," reported Tacy Lincoln.

Trivia: True or False?

√ The world's youngest parents were 8 and 9 and lived in China in 1910.
√ The first couple to be shown in bed together on prime time TV were Fred and Wilma Flintstone.
√ Coca-Cola was originally green.

Weezer - A Night Out

By Gary Sloan Jr.
Managing Editor

In the midst of a winter storm, one of the few that we've had this year, I along with mis amigos Spanky and Casey ventured into the unforgiving night in hopes of reaching Albany, NY to see Weezer at the Pepsi Arena. Cars decorated the sides of the road during our excursion due in a large part to the wonderful job that the town trucks had done to Route 7. When I say wonderful job, I'm actually saying that they did nothing, nada, zilch. Yet nothing, not even a storm of epic proportions and hazardous road conditions could stop us from reaching our destination. An hour and forty-five minutes after take off we arrived at our glimmering jewel in the night, the fabled Pepsi Arena.

Saves the Day were the opening act and we arrived just in time to see them take the stage. Unfortunately the guy mixing the set had the instruments louder than the vocals, thus while we strained mightily we could hear nary a word that the singer sang.

Besides the inability to hear them, they still put on a fairly good show. I might like to see them once again when I can hear them as well. As they left the stage and the lights came on, I found myself in need of some liquid refreshment. My friend Casey and I took the time to do just that, giggling like little schoolgirls as we took in the lovely Pepsi Arena scenery. Next time we are coming equipped with binoculars and a book of cheesy pick up lines in order to work our magic. Magic indeed.

photo courtesy of the Internet

We ran back to our seats just as the lights began to dim, excitement or that bean burrito from Taco Bell churning in my stomach. The opening chords to "Island In The Sun" filled the air as Weezer took to the stage amidst the roar of the crowd. For the next two hours I sat on the edge of my seat, not so much out of excitement but rather due to the internal struggle between the Taco Bell food and my digestive system,but I was content as Weezer played great tune after great tune. I sang along to the chagrin of my comrades to such Weezer faves as "The Good Life", "El Scorcho", "In the Garage", and "My name is Jonas". I only paused once as the sound of a car backfiring beside me made me realize that bean burritos were a very bad idea before a show.

But my pausing was only momentary as I made like a teenybopper at an Nsync concert and got up to shake my groove thing.

However, as is life, all good things must come to an end. Weezer left the stage and I broke down in tears. My eyes red and my heart empty, I whined to mis amigos "B...bu...but they didn't play Buddy Holly yet". As though it were a sign from the Rock gods above, Weezer must have realized their oversight as they once again took to the stage as I wiped the tears from my eyes and squealed like a pig in heat. I sang along with hoarsened voice to "Buddy Holly" and "Surf Wax America." We departed, catchy pop lyrics still bouncing in our head, as we ventured back home. Our adventure was not quite over however. Down the street from the Pepsi Arena, a man ran across the street never looking at the traffic. I hit the brakes, screeching to a stop as the man collided with my car, bending my antenna and scratching the side. Mis amigos and I looked at one another bewildered as the man peered in and in a confused manner told us "Just go." With the fear of the good lord in our hearts we drove on into the cold bitter night, eyes on the road and looking out for any other strange people who may be inclined to run into my car. All in all, it was a night no amount of liquor will ever make me forget.

Farmclub.Com Live

By Gary Sloan Jr.
Managing Editor

Finally, Farmclub.com has released an album. From its inception on the USA network, I amongst many others flocked to the show for great live performance after great live performance. A step ahead of the curve many bands debuted on the show before MTV sank their slimy hooks into them. Bands such as Staind, Papa Roach, and Alien Ant Farm were performing live for those fortunate enough to be in attendance, long before anyone knew who they were. Unfortunately only Staind appears on this album with a menacing version of "Mudshovel", with what I believe to be one of the greatest guitar riffs of all time.

Much like the show the songs come from, this album is peppered with the best of hip-hop and metal. The new NWA starts things off with a version of "Nuthin' but a G Thang" and things only get better after that. Appearences are made by Eminem ("The Real Slim Shady"), DMX ("Party Up"), Ja Rule ("Between Me And You"), Nelly ("Country Grammar"), Limp Bizkit with Method Man ("N 2 Gether Now"), Mystikal ("Shake ya Ass"), and even Powerman 5000 ("Nobody's Real"). This is what a party album is meant to be. The beats never stop and the energy from the live performances are bound to get even the dryest of parties up and jumping. The crowd chanting the chorus to "N 2 Gether Now" is something that has to be heard to be truly appreciated.

photo courtesy of the Interenet

Just in case you have any questions as to whether or not I believe this album to be worthy of your attention, I will reiterate clearly and concisely.....BUY THIS ALBUM!!! It is incredible and any other adjective in any other language you may use to fully explicate just how stupendous this album is. So run don't walk to the store and buy this album. BUY IT NOW!!!! You won't regret it and if you do, listen to the advice Fred and Meth dispense in their little ditty.

Career Fair

Good grief! What can you do?! If there is any good news at all in this economy, it's at the Castleton Career Fair: Enterprise Rent a Car needing to hire 15-20 management trainee people this Spring! Internationally based UPS used to only hire management folks IF they had first worked as a driver part-time. For the first time, UPS is hiring straight out of college! Some UPS jobs are incredible.... and they work in far off countries! Use your Spanish! Come to the Career Fair and find out what else is new...

CASTLETON CAREER FAIR 2002

March 21st - 9:00 to 3:00

Glenbrook Gymnasium, Castleton State College

(Closed 11-noon for lunch)

500+ Students Participate

Law Enforcement Agencies / Military - Hire all majors.

27. Brandon Police Department
28. Colchester Police Department
29. City of Burlington Police
30. South Burlington Police
31. US Army
32. US Border/Immigration
33. VT National Guard
34. VT Air National Guard
35. Vermont State Police

Medical Centers - Hire all majors!

36. Albany Medical Center
37. Glens Falls Hospital
38. Porter Medical Center
39. Central Vermont Medical Center

Schools:

40. Northlands Job Corps.
41. Derry Cooperative Schools

Grad Schools:

42. Clarkson University
43. College of St. Rose
44. College of St. Joseph
45. Green Mountain College
46. Goddard College
47. Manchester School of Law
48. Plymouth State College
49. Roger Williams University School of Law
50. Sage Colleges
51. Springfield College
52. Vermont College of Union Institute & University
53. Woodbury College

Although many companies across North America have scaled down the number of career fairs they will visit this year, recruiters remain loyal to Castleton State College Spring Career Fair. As well, many new companies are signing on for the event.

According to National Association of Colleges and Employers (NACE) companies are hiring 19% fewer grads this year!

CareerBuilder.com doubled its resume data base to 4 million to cover only 350,000 listings. BrassRing.com has700,000 resume on their database, but their job postings are down 40%. And don't forget many of these job postings are duplicated across all the services!

Special Features:

54. Dressing for the Interview for MEN: McNeil - Ready
55. Dressing for the Interview for WOMEN: Ann Chiesa/Science Dept. & Judith Carruthers/Career Development office

PREVIEWING: "Career Clothes Closet" CSC Career Development presents at least 1 new outfit suitable for interviews for each size, men & women. Students are encouraged to borrow an outfit, have it cleaned and return it to the Career Clothes Closet for the next new graduate. There is no cost for this new service.

Special Department Presentations:

56. History / Geography / Economics / Politics
57. Art
58. Career Development
59. Praxis / ETS
60. Internships, Community Service, Service Learning
61. STEP
62. CSC Admissions & Grad School

Crisis in the economy wiping out dot com job search engines - but NOT hurting CSC Career Fair!

Career Fair

CASTLETON CAREER FAIR 2002

March 21st - 9:00 to 3:00

Glenbrook Gymnasium, Castleton State College

(Closed 11-noon for lunch)

500+ Students Participate

According to the news broadcasters, the job market is the worst it has been in seven years! The job search dot coms are crashing!

Who's out? Who's in? Jobtrak, JobDirect, Jobs.com are gone - either bankrupt or absorbed by Monster. Hotjobs.com has 7.2 million resumes for only 7000 employers. Monster.com doubled its database to 14.5 million resumes but only claims 1 million jobs posted.

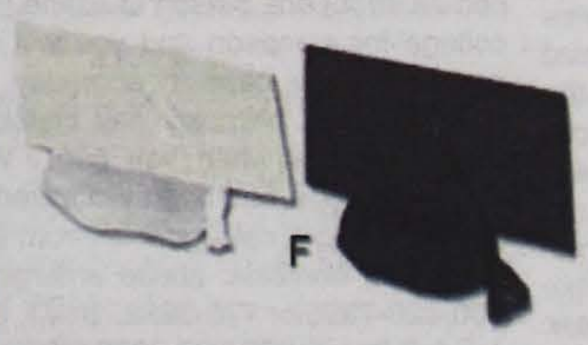
Employment Agencies:

1. Kelly Services
2. State of VT Dept. of Employment & Training

General Businesses / Service Agencies / Working with the Community:

REMEMBER TO CHECK THE MEDICAL CENTERS!

3. American Express Financial Advisors
4. Americorps
5. Castleton State College - Human Resources Dept.
6. City of Burlington -
7. City of Manchester - Parks & Recreation
8. Competitive Edge - Community Works/Glens Falls, NY
9. Crossroads Arts Council - Rutland, VT
10. Dismas House
11. Enterprise Rent a Car - Business Division
12. Farm & Wilderness Foundation
13. Girl Scout Council of Vermont
14. Killington Ltd.
15. Kurn Hattin Homes
16. Mary Kaye Cosmetics
17. Progressive Insurance
18. Rutland Herald
19. Social Security Administration
20. Southwestern VT Council on Aging
21. State of VT Buildings & Grounds
22. State of VT Department of Personnel
23. State of VT Department of Forests & Parks
24. UPS
25. YMCA - Burlington
26. YMCA - Albany Capital Region



Largest Career Fair in the State - 4 colleges involved: Castleton State College, Vermont Technical College, Green Mountain College, College of St. Joseph

We welcome the general public to attend and students from all other VT colleges.

The Resume Writing Contest Deadline March 15th 4 PM Drop off at Career Development / Campus Center

We like to "road test" resumes to make sure we are giving you the correct, up-to-date information. Every Career Fair, we host a "Resume Writing Contest" to give students the opportunity to showcase their skills and talents to our guest recruiters right on campus.

Often, because there are such different styles - including web-based and CD based - we actually choose several "winners."

These students are then presented to the guests at the President's breakfast right before the Career Fair. Great way to make sure the guest recruiters remember you!

Then, every recruiter receives a copy of the resumes in their Guest's Package with an evaluation sheet. We invite our guest recruiters to review the resumes and let us know what they really like, what they would like to see changed. The student(s) can then get a copy of the review sheet. It's a super way to "road test" your resume with a friendly, supportive group of professionals!

There are several different types of resumes, but basically there are two themes: Skills Based and Experience Based. The Skills

Based resume gives you the opportunity to high light your "transferable skills." This type is great if you don't have a great deal of experience in your chosen field but have tons of worthwhile experience gained through part-time jobs and volunteer work. The Experience Based resume is good for people with experience in their chosen area. Most resumes end up being a "mix."

Resumes are VERY personal and YOU have the last word on how it looks at what goes into it.

Drop in or make an appointment and I will be happy to give you a hand.

So What Are You Going To Do After Graduation?

By Janelle Wilbur
Staff Writer

For those of you with a couple of years at Castleton behind your belt, don't those words just make you cringe, because you've heard them so many times? Whether it be from family members, professors, employers, or friends, somewhere along in your college education I'd be willing to bet you have heard those words uttered to you enough times that it is irritating just to read them.

If this is the case, I recommend being creative in your answer until you really know for sure. Try to answer with phrases like," I plan to...", or "I would like...". This way, at least it sounds as if you have future plans even if they aren't definite. This is how I managed to appease my parents for the last year or so, anyway. But don't worry, if you're still actively searching for an answer, there are many local resources available to use. For instance, Career Development offers services such as senior email service, which contains a list of opportunities for graduating seniors, a job search kit to help with writing your resume and cover letter, as well as tips to achieve a successful interview.

There is also plenty of information available on the web at www.castleton.edu/careers, including links to FOCUS II, a program that is a resource in narrowing down job types according to your personal preferences. If you plan on going to Grad school, you will find links here as well, along with information on taking the LSATs and GREs. If you prefer one-on-one help, I personally recommend all majors to go see the Director of Career Development, Judith Carruthers for both career ideas and opinions. A wealth of sample resumes and contacts are available for reference, as well as magazines that contain all sorts of different companies and organizations that would pertain to your area of expertise.

It is my understanding that employers these days are looking for people who are flexible, as well as knowledgeable in a variety of areas, instead of primarily one. So, it is always good to consider adding a minor or two in a subject that interests you, but that isn't necessarily related directly to your major. The key to nailing a great job after graduation is to start your job-hunting process early. Our next Career Fair is March 21, in Glenbrook Gymnasium. Having a resume available to hand out at the Career Fair is an extremely valuable tool for making a good first impression. For fellow environmental science majors, The Environmental Careers Organization at www.eco.org, is a great site for environmental career ideas and suggestions. Now, just think of how satisfying it will be the next time someone asks what your future plans are, and you know exactly what to say. The resources are out there, it is now up to you to utilize them, good luck!

Child Abuse Does Happen

By Roxanne Shelton
Contributing Writer

Recently my cousin suggested I read A CHILD CALLED 'IT' by Dave Pelzer; his story of being an abused child may sicken readers, but his story proves good may come out of suffering and struggling. Today he lectures and provides resources for children and adbults struggling to fight child abuse and the abusers who ar shielded by various social service and legal systems in various states.

I want to plant seeds in your minds and advocate for children; it has to start somewhere and may as well be me. You make choices each day of your lives: what to wear, what to eat, what to do with your waking time. Someday you may live in an apartment with crummy, thin walls and overhear your neighbors' fighting and the next day notice someone has been battered.

What do you choose to do? What do you want to do? What should you do? I am not God and won't tell you what to do.

However, you are involved whether or not you assist that person. You knew about the problem. Maybe the police will help, maybe they won't, maybe the victim could have received medical and psychological care; that choice may have been available with your help and now is gone; you played God.

I've found few people willing to get involved with fighting child abuse, but they proclaim to be against it. If you don't fight it, then you ARE tacitly condoning it. Societal change comes about one person at a time. You are in college for a reason and you will work with people in some capacity someday. Do more than collect a biweekly pay check; make a true difference when you can. When you know someone has been victimized, address it, offer support, call agencies from 911 immediately, to domestic abuse emergency at 1-800-228-7395 or 775-3232. In VT, NH, or ME call toll-free 1-800-639-3130 24 hours a day for support. Report to Department of Social andRehabilitative Services in Vermont or Division of Child Youth, and Families in NH.

Report, report, report. By law, medical personnel, teachers, and psychotherapists are required to report child abuse, but I have met some who do not.

When child abuse, spousal abuse, elder abuse occurs and you know it, then you are involved. Someone's life could and probably ultimately does depend on your action or inaction. An abuser can be a talented actor who can charm a case worker or cop who does a one time visit. If you choose to turn your back, then you are enabling abuse and allowing someone to be emotionally, mentally, and physically abused. Make a real difference; someone's life may depend on it.

If you have stories about abuse you are willing to share, then pleas send them to me @ roxrn2b@yahoo.com

I want to compile stories and prepare an expose of abuse and how the legal and social systems fail in Vermont and New Hampshire. I don't want children to live in abusive situations; children do not vote and have limited resources and a weak voice.

If I graduate with my nursing degree in May, then I plan to spend more of my time advocating for children; there are not many of us out there. Make a difference.

Look Out for the Look Out

By Sky Barsch
Contributing Writer

Most of the restaurants on the mountain claim they have the best Happy Hour in town.

If you hear the Look Out make this claim, you can believe them. Apres Ski or Apres School, go where the locals go for free wings, pints of Vermont microbrews, and great apps, salads and satisfying entrees.

From 3 to 6 p.m. an assortment of people gather at the Look Out, which has roots in western U.S., to warm up, eat up and drink up. Everyone's friend Franco the bartender serves up the best Bloody Mary this side of the White River. If you're into dipping, you must try the artichoke dip, which, like all appetizers, is half-price on Thursdays.

Another creative Look Out creation is the Black & Tan. Silly, you say, black and tans are common place at any bar! Well, this B&T is not beer. The Look Out combines their kick-but Cheddar Ale Chowder with a black bean soup to make the perfect solution for the "I can't decide between the two" type.

There are burgers, Portobelo burgers, and veggie burgers on the Look Out menu as well. This bar and grill offers a little bit of everything to satisfy that day on the mountain hunger.

Happy Hour Haven is essentially three rooms: the bar area, a table area, and a game room. Non-smokers, listen up! The only room cowboy killers can do their dirty business in is the game room. This keeps the rest of the place breathable and in my opinion, much more enjoyable. On Wednesdays at 9 p.m., the Look Out hosts a comedy hour, presenting some of the Boston area's finest comedians to you and your friends for a night filled with laughs.

And location, they've got it, providing you've actually been skiing that day, and not just driving from Castleton (not that I ever do that.) All the way at the top of the Killington Road, the Look Out perches next to the Darkside (on the right, if you're driving upwards.) Call 422-LOOK for more info.

An Inside Look at CSC's Senate

By Corinne Casella
Contributing Writer

Lately I have heard a lot of complaints about the senate and how it works, so I decided to interview someone who was on the inside. The person I interviewed is a sophomore at Castleton and has been a member of the senate for two semesters. We discussed her motives for joining and what brought her to the decision to almost quit at the beginning of this semester.

Every person has his or her reasons for joining the senate and the girl I interviewed was no exception. She decided to join because she wanted to get a better feel of what goes on around campus, as well as to know what her tuition money goes towards, and to get a few of her own personal questions answered. Despite the fact that Castleton is a small school, the process in which to join the senate is quite intricate. At first, you have to apply. Then, three weeks or so later you get an email asking to set up an interview for you. This interview is with the Executive Board, an organization that oversees the senate and helps at times with the decision-making. After this, you are scheduled to have another interview this time in front of the existing senate members. At this interview, questions are asked and the final vote commences. If all that is not enough, the members have to re-run when election time comes around.

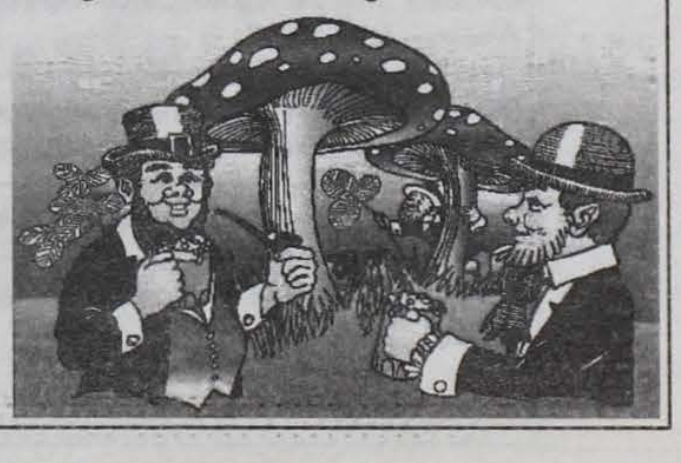
The senate is a pretty organized structure in the way that it is run. There are various committees that the members can join.

The girl I interviewed belongs to two of these committees, Health & Safety and Political Action. The Health & Safety Committee is in charge of lighting and call boxes for the campus. They help to make sure that Public Safety is doing their job, and to handle any student concerns. The Political Action Committee deals with school elections and town meetings. The Political Committee, however, is not currently active because of its lack of members. In fact, the girl I interviewed was the only member that had joined it.

Lack of student participation is one of this student's greatest difficulties in the senate. She feels that the members themselves do not communicate well with one another. She says they never bother to get to know each other and therefore never feel comfortable enough to explain why they voted the way they did. She also goes on to say that they are not very helpful in getting new members set up in committees. After dealing with the Public Safety directly, she also has a few criticisms with them as well.

She feels that the Public Safety officers should become friendlier and more helpful to students who need their help.

Despite her problems with the system, she decided to stick it out and stay on the senate a while longer. She came to this decision by realizing that she was just starting to get into her committee and realize how it works and she still wanted to be a part of something and feel as though she was making a difference.



Lyndon Rescue is Getting a Facelift

By Matthiew Otis
Courtesy of Lyndon State College

Lyndon Rescue is planning on building a new three bay garage next to the Brown House. This garage will be placed where the long ramp currently stands. The garage has been estimate to be $250,000 or more. "The grants have been sent out," says Stephen Pitman IV, Lyndon Rescue paramedic and retired Marine Corp. Sergeant, "but they are still being processed."

The Brown House was originally built around 1974 with help from the community. Lyndon Rescue is hoping that the community will help with this project as well. The current location of the garage is in the back of the Brown House in the basement with a very narrow and cornered driveway coming off it. Pitman explained that, it is hard to get the trucks around the corner when there is an emergency. With the garage being in front, this will solve the problem and create more space.

The space that he is referring to is the current garage and living area.

There are only two bays, a living room, an office and a small sleeping area for four people. With the new garage, the old one will be used for more office and living space for the people on shift. Lyndon rescue asked an inspector to come in to check the current conditions to see what needs to be altered. The inspection came back with most of the living areas and the building to be totally redone since it did not meet EDA standards. The reason, explained Pitman, is that since the building was built in the 1970Æs it met the standards then, but today there are different standards to be met.

During February break, the upstairs portion of Lyndon Rescue was remodeled. The kitchen and bathroom areas were totally stripped of all appliances and wall coverings, and new ones were put in. The cost of the remodeling was about $15,000, but Pitman feels it was worth it. He said " no matter how hard you cleaned the stove, or some of the other surfaces, they were never fully clean." Pitman and a couple of other rescue personal are pleased with the remodeling and feel that it is a big improvement over what it used to be. Jim Gallager, Director of Physical Plant for LSC, and Mike Harre, Lyndon Rescue Chair, are over seeing all of the work being done to the Brown House and Lyndon Rescue.

At Lyndon State College next semester, there will be an Emergency Medical Technician course. This class, EMT-B, is an introductory course for becoming an EMT. There will be multiple instructors for this class, each teaching a different area of training. After students have finished the course, they can continue with more training to join Lyndon Rescue. Also, Lyndon Rescue is always looking for more people to join. There is a program they have where one can ride along as an observer to see if he is interested.

If any student is interested, continued training is available at Lyndon Rescue and in Newport, Vermont. For more information go to www.lyndonrescue.org.

More Trivia: True or False?

Every day more money is printed for Monopoly than the US Treasury.

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Men can read smaller print than women can; women can hear better.

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The state with the highest percentage of people who walk to work: Alaska

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The percentage of Africa that is wilderness: 28% (now get this...)
The percentage of North America that is wilderness: 38%

~~~~~~

The cost of raising a medium-size dog to the age of eleven: $6,400

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The average number of people airborne over the US any given hour: 61,000

Finding a Job is a Job

By Ray Wofford
Courtesy of Lyndon State College

The job market for college grads is tougher than in the past two years, according to the National Association of Colleges and Employers (NACE).

The class of 2002 will have to work a little harder to find a place in the work force. A survey by NACE projected a twenty percent drop nationally for graduate placement. Linda Wacholder, Director of Career Services at LSC, said, "WeÆve had some economic downturns, but we shouldnÆt allow that to discourage us, or use that as an excuse not to try our darndest to find a job."

In a second survey, to which employers responded to the effects of 9/11, all stated that they would increase their use of data bases, online portfolios, telephone interviews, and videoconferencing. And two out of five will visit fewer schools this year, indicating a somewhat different atmosphere for recruitment. Grads should be prepared to take a new approach to the job search.

Opportunities are still available, though. Approximately half of 2000Æs graduates who responded to the LSC Graduate Survey Report are employed or attending school in Vermont, and 70 percent reported making salaries in excess o $20,000. According to Wacholde Lyndon State has good representa tion for interns among employers especially in the northern tier, bot from alumni who are in positions t afford opportunities to recent grads and those who have had good show ing in the past. Locally, a good percentage of the human service field are LSC grads. Education, TV graphic design, and natural science have strong job markets also.

As per the Job Outlook Surve annually put out by NACE, internshi is the number one route for ne hires. Interviewers say they plac high emphasis on communicatio skills, honesty, team work, groomin and experience. Non-traditiona interview attire only bears a sligh influence on their decisions.

Hot jobs are in the fields of eng neering, computers, and busines for holders of associateÆ bachelorÆs and masterÆs degree with a strong showing around th country for both accounting an electrical engineering.

For Ph.D.Æs, the top fields are th same, with the exception of bus ness. Government/non-profit organ zations project an approximate 2 percent increase in college hiring a well.

Faculty Member Remembered With Scholarship

By Kelly Palleschi
Courtesy of Lyndon State College

The late Martha "Marty" Wood is remembered as enthusiastic about everything, according to Sean Parker, junior. Wood passed away on November 9, 2001. She was a retired professor of the allied health sciences and physical education. She worked as a faculty member at Lyndon State College for 15 years.

"She did the job of three people and kept a smile on her face the entire time she did it," Parker said. All of her students had nothing but positive experiences they shared with her and will forever carry with them all she has taught.

As a way to share that impact that she made on studentsÆ lives with future students who were not as fortunate to have her as an educator, the development of a scholarship in WoodÆs name is in its beginning phase. It is hoped the scholarship will reach an endowment level $10,000. "Once this happens, th scholarship will then be presented the Vermont State College Board Trustees for approval," said Tam Cady, Director of Development a Alumni Affairs, in a February 5 e-m message to the LSC community.

"We are confident the scholarsh will reach the endowment level soo Once that happens, the Office Institutional Advancement will wo with MartyÆs family and t Department of Allied Health to wo out the specific scholarship criteri said Cady of the process for t scholarship set-up.

Marty Wood is definitely a nam that will continue to be spok throughout the future years Lyndon State College and this sch arship is just the first of many wa to forever impact students with t life-lessons she has taught all of h pupils.
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Campus Activities

continued from page 4

to see more ice cream socials and more opportunities to win things.

Other ideas were raised concerning the meals on campus. Daniels said she would like to be able to use meal plans at Fireside as well as Huden, instead of having to use cash or points. She also suggested having more variety at breakfast. Redmond suggested having breakfast served at both Fireside and Huden, and having the hours for breakfast extended.

While many students think there is not a great sense of community involvement, others disagree. Suzette Cyr said she thinks the community on campus is pretty close-knit and involved in activities. However, she noted that she would like to see more publicity for college events. A student who wished to remain anonymous stated that many people are involved in sports and intramurals.

While students have different views on how involved the community is on campus, most seem to agree that much improvement is needed to make this college a more close-knit community. In the next issue, I will interview faculty members to find out their opinions on how involved the community is, and to what degree the faculty is involved in that community.

Yearbook Rumor

continued from page 4

lack of student interest, there were various years that Spartacus was not published.

"It is a huge task because there hasn't been a yearbook in two years," says Sullivan. With only three current staff members on the yearbook committee it makes this task much more difficult. "We are looking for more people," requests Sullivan.

Inter Wrap-up, Spring Athletics to Begin

By Mandy Mazerolle
News Editor

With the end of this year's basketball season, Castleton's athletes are getting ready for spring sports.

Coach Tim Barrett led the Women's basketball team to a season finish with 12 wins and 13 losses.

Players Crystal Hughes, Beth Ratner, Andi Kaufman, Casey Wedge, Lora Johnson, and Amanda Cornett each chipped in double figure points throughout the season to boost the Spartans' record.

Cornett, Hughes, and Ratner proved their proficiency by each landing a spot on the All-Tournament Team.

Men's basketball coach Ted Shipley led players Aurie Thibeault, Dan Bevis, Joel Leichtnam, Jeff Weld, Jason Hall, Sean Manovill, and James Fifield to finish the season with over 50 points each.

Jeff Weld and Jason Hall were named to the All-Tournament Team.

The team's record for the 2001-2002 winter season was 7-18.

With the winter season complete, most of these athletes will move on to either lacrosse, tennis, baseball, or softball. Come check out the Spartans and show them your support!!!

Log on to www.castleton.edu/athletics for a schedule of the teams' games or stop by the athletics office to pick up your own copy.

Commencement

continued from front page

ning and the Commencement at 1:30pm. A new mingling and post-ceremony gathering is being considered so that graduates can have time to say goodbye to friends after Commencement. Victoria Angis, the chair of the Commencement Committee said that the goal of the Committee was to "host a Commencement celebration for all members of the College community. Which has the right mix of fun, tradition, and pomp and circumstance. We are confidant that we can achieve this goal no matter what the date." Reaction from students about the change in the date has been mixed. Senior Class Treasurer John Chenette said, "I think it is far better than having to graduate with out our president. I think Saturday will be good, and it gives us and extra day on the weekend." Senior Mike Bache remarked that the problem with the change in date "is not that it was changed, but the lack of communication about it to the student body."

The change from a Sunday to a Saturday will be the new tradition from now on. President Wolk explains in his letter "many people liked the idea of a more leisurely celebration. There is now an "opportunity to celebrate with family and/or friends Saturday night, and the use of Sunday as a travel day."

The letter from President Wolk, addressing the change in depth is going to be sent out to students soon. Despite some negative reactions about the change in tradition, most seniors are happy to be graduating a day early.

DR. WORTHY TO LEAVE CSC

By Mandy Mazerolle
News Editor

Music Department Chairman Dr. Michael Worthy has announced his resignation from the college, making the spring 2002 semester his last one here.

Worthy made the announcement to his students last week while preparing for the wind ensemble concert.

Another job offer came to Worthy over February vacation. Due to his acceptance of the position, he quickly resigned from CSC so that the difficult search for his replacement next fall may begin.

"It was a very tough decision to make and I'll always be thinking of Castleton," Worthy said. "It's a career change, not a job move," and added, "a career change I want to make."

In his five years with the Castleton community, Worthy has made great improvements in the music department. The wind ensemble has increased not only in size, but in quality as well.

Before accepting his offer from the University of Mississippi at Oxford, Worthy spoke as a guest lecturer at the University in the past. His new position will allow him to teach exclusively in his area of specialization.

Many Castleton students have expressed their thoughts on Worthy's move and his impact at Castleton.

"When I transferred here, he was my advisor and personal instructor so when I found out [he was leaving], it really stunk," Senior Pete Roach said.

"It's a great move on his part," said Junior Amy Costantino.

Although students will miss him deeply, it is a change Worthy had wanted to make.

"It's even more difficult to [move] after you make the decision," Worthy said, "the students and I have accomplished a lot here and I'll miss them."

The entire Castleton community wishes Dr. Worthy the best of luck on his new embarkment.

Dragonfly Delivers An Unexpected Surprise

By Mary L. Serkalow
Editor-In-Chief

To say that I strongly dislkike Kevin Costner and his acting capabiliites (ha, ha, ha, ha, ha), is an understatement. (Excue me, I had to wipe my eyes from laughing so hard at actually seeing the words Kevin Costner and acting capabiliteis together in the same sentence). And while he certainetly will not be remembered for years to come due to his "acting" in this film, it was obvious that someone hit some extra theatre workshops. (No prizes are being awarded if you guess this one right- it just means that you can read).

The only thing about this movie that pulled me to the theatre was the plot. Costner stars as a doctor, who loses his wife while she is on crusade in Africa as a pediatrician. Though her body is never recovered from the landside, Costner begins to believe that she is alive. Children in the ward of the hospital where he works tell him of visions they have while they are near death of his wife. Costner, in hearing so many messages from these children that his wife is trying to reach him, decides he is sick of being called crazy and goes to Africa to try and find out just what the hell this all means.

photo courtesy of the Internet

The plot of the movie, although a bit quacky in parts, was overall extremely intriguing. As an audience member who paid six dollars to see this film, I thank the writers and producers. If they had not succeeded in keeping my interest, it would have fallen to the job of Costner. I feel that Costner, a man whom I am convinced runs on batteries that have needed to be re-charged for years, would have sadly let me down.

In any film I have seen Costner in, there is always a junior high acting quality to him. He comes across as mechanical, bored and more than slightly stupid. And while he still could have passed for at least a relative of Bicenntennial Man, apparently someone in those workshops he was taking figured out how to make him sound less stupid. It was really quite simple - don't let him have more than a maximum of more than 25 lines throughout the film. This way he only has to concentrate on deep, ponderous and meaningful looks. Even better, if he can nail at least three different expressions, they can just change his clothes and the lighitng and...wala! He can ACT!

Overall the plot was enticing and if I could only admit outloud that a Costner film had some depth, I am sure that everyone would ignore my trashtalk to go and see this film. At the very least, your six dollars will help Costner aquire a couple more expressions.

Course of Nature – Superkala

By Gary Sloan Jr.
Managing Editor

God bless Creed. Since they've hit the mainstream we've been blessed with a wave of guitar driven bands with a knack for writing catchy anthems. Add Course of Nature to that ever expanding list. Their debut album Superkala is a melodic masterpiece from start to finish and is also dedicated to those who "needlessly gave their lives, and to all of the heroes that saved lives that horrible day, September 11, 2001." From the first chord of their single "Caught in the Sun" to the last note hanging in the air of "After the Fall", I was mesmerized. The single "Caught in the Sun" is filled with poignant lyrics of longing that we have all felt at one time or another. This is an album that I believe will speak to anybody much the same way that Creed's albums do.

photo courtesy of the Internet

This is not to state that Course of Nature is a cheap carbon copy of Creed, they are just very similar musically. The voice of Marc Wilkerson is filled with a vulnerability and pain that resonates in every song. This is an album that any fan of guitar rock and songs that say something.

Binocular

By Gary Sloan Jr.
Managing Editor

Great. Fantastic. Incredible. The self-titled debut album from Binocular is a masterpiece. Littered with catchy songs and impactful lyrics, Binocular should become a household name in no time at all, or at least once MTV begins to air videos again.

photo courtesy of the Interent

This album is full of great lyrics and songs such as the inspiring "Everything Turns", a melodic jewel that tells us to hang on because "The prince becomes the pauper and the king becomes the clown because everything turns around. The slave becomes the master and the fool receives the crown and everything turns." The single "You" is the epitome of what a love song should be. The lyrics such as "When you are here with me I just want to lose me in your love that rises to the sun and says everything I never could-think of" speak clearly to anyone who has ever found themselves lost in the throes of new-found love. This album is a classic that I can simply not get enough of. I am listening to it as I write this now and no word can describe how wonderful this album truly is. I can not recommend it highly enough. Simply put: Buy this album.

Up in Smoke: JSC Dorms to be Tobacco Free

By Isaac Olson
ɔurtesy of Johnson State College

iting safety and health issues, Dean of dents Ron Chesbrough said that, ·ting in the fall, Lyndon State College l Johnson State College dormitories become tobacco smoke-free.

'he main concerns are safety and lia- y issues surrounding the fire hazard smoking, according to Chesbrough, ɔ pointed out that most college cam- ɜes across the nation have been mak- or already have made the move to oke-free dorms. For example, stleton went smoke free two years ɔ. Chesbrough also pointed out that re had been an inconsistency in the icies.

Chesbrough has reviewed admissions a from other smoke free schools and ls confident that the change will not atly affect admissions considering that all the other smoke-free schools are "bursting at the seams with dorm students...a problem we'd like to have," he said.

First and second hand smoke are extremely unhealthy. That is not the primary reason for the change; however, Chesbrough did point out that health issues are a concern. "We don't expect people will up and quit smoking," Chesbrough said. "But, there will be information and support available for students that want to quit."

That help will come from a variety of sources. Coordinator of the Lamoille Valley Tobacco Task Force Amy Shollenberger said, "Right now the resources that are available [to people that want to quit smoking] are mostly at Copley hospital. Students can acquire them by either coming here and talking to one of the counselors and then get referred or they could call Copley directly." She also pointed out that the 1-877-YES-QUIT line is available to anyone over the age of 18.

"Johnson State College is working with Copley and also with the local Tobacco Task Force to increase the support services that will be available," Shollenberer said. "One of the discussions in the works is to bring a cessation program actually onto the campus so students wouldn't have to go Copley hospital."

A cessation program is a support group that meets for an hour each week and lasts eight to ten weeks. The group can be composed of anywhere between three and twelve people.

"There is a curriculum for it so each week you work on a specific topic," Shollenberger said.

The first couple weeks are dedicated to preparing the individuals by warning their families, roommates, and friends about the change. Then the group quits together and meets to discuss specific topics and support each other. Usually at the end of the program the quitters receive a certificate of completion.

Shollenberger said that support for quitters is free. It is funded by the state of Vermont and additional grants that Copley has received.

Through the services offered at Copley quitters can acquire a twelve week supply of nicotine patches free of cost.

Bringing a cessation group onto campus is still in the works, but Copley is willing to do it as long as there were enough students wanting to participate, according to Shollenberger.

JSC freshman Sean M. Cullen is against the idea of having smoke-free dorms. "Smoking tobacco products in our dorm rooms should certainly remain permitted as a way to guarantee that the on campus student population is entitled to their personal privacy," he said.

Sex Education: The Johnson Way

By Isaac Olson
ourtesy of Johnson State College

Due to lack of privacy, JSC dorm resi- nts who find it hard to enjoy sexual ations with their significant others, will her lock their roommates out or plore their daring and adventurous le.

Some students like JSC junior Tim ɔoster would either receive or give ıple time for intimate ɔments. Students will her make verbal reements, leave a ck on the doorknob, or ıer such forms of com- ınications. Many have led to use this practice d have had many expected intrusions.

In past semesters Wooster used hiero- ɣphics to communicate with his room- ate in Governors. "My roommate and I d a system where, if we were occupy- g the room with a girl, we would leave a ar on the message board," he said.

Other students have long been finding ıer places to fornicate. Custodian ane Benware has been on staff since 75 and can account for many bizarre haviors on behalf of the students.

Benware has been cleaning Governors over thirteen years. One time back in e '80s she went into the bathroom ard the shower running, and a bit moe. went in, heard a couple doing their ng, turned right around, and headed t."

During quiet hours Residential sistants will stroll the halls quieting students with loud radios, televisions, or voices. On occasion RAs may be confronted by obnoxiously loud sexual sounds emanating from the dormrooms. Some find it hard to tell fornicating students to keep it down.

SA president and RA Rob Heim said that he has heard many things go bump in the night. "Often, when on duty, we will hear interesting noises coming from some rooms, after quiet hours, and just keep walking," Hiem said. "It's hard to handle such situations tactfully."

> "My ex-girlfriend and I wanted to do the deed, but my roomate was in my drom room, " he said. "So, we went into the laundy room in Governors and did it."

A student, who wishes to be known only as "Softie," has explored his voyeuristic side. "It was the young lady's birthday and she was feeling quite randy," Softie said. "She thought it would be a swell idea to make sweet, sweet, sweet, passionate love in the back of the Badger Bullet, in the Brooks parking lot in Burlington, VT. It was wild," he said.

Softie also remembered a moment that took place in Arthurs. "I was in my room studying for a psychology examination when a young lady calls me up and is obviously in a very saucy mood. She said she would like to make love to me in, shall we say, a more risqué type of fashion," he said. "So, I proceeded to go downstairs to the particular young lady's room and have sex with her on the wooden chair to the desk in her dorm room while her roommate was sleeping directly above that chair. Not only were we having sex but we were also watching porno. Yeah that's right, porno," Softie said.

> "So, we went upstairs to one of the study booths and had sex for about an hour. No one ever noticed. After everything was done, we went downstairs."

An ex-student, who wishes to be known only as "The Kid" also has voyeuristic tendencies. "My ex-girlfriend and I wanted to do the deed, but my roommate was in my dorm room," he said. "So, we went into the laundry room in Governors and did it."

"The Kid" has sowed seeds in Arthurs as well. He was doing laundry with his ex-girlfriend and they got bored. They made their way into the vacant room adjacent to the laundry room and did their busines while their clothes dried.

Another unnamed student, "Soccer gal," and her boyfriend found exhibition appealing. "It's great. The secretiveness. The rush of almost being caught. It's fun."

"I was in the library, studying for my Holocaust exam, of all exams, and my boyfriend at the time came in and said 'come on let's go up stairs,'" Soccer gal said. "So, we went upstairs to one of the study booths, and had sex for about an hour. No one ever noticed. After everything was done we went downstairs. I continued studying and he left." The couple has also had sex in a bathroom stall in the Shape facility, dorm lounges, and even the soccer field.

"When I tore my ACL on the soccer field I made it my mission to have sex on the soccer field on the same spot that tore my ACL. So we did; in the middle of winter," Soccer gal said.

VSC Copes with Death of Colleague

By Scott David Monroe
Courtesy of Johnson State College

Chancellor Robert Clarke announced on Saturday, Feb. 9, a service to honor deceased VSC Vice President for Finance and Administration Bob Nicol in late March.

Nicol, a 13-year veteran administrator, apparently hung himself in the basement of Stanley Hall at the state office complex in Waterbury on Thursday, Feb. 7. A note was found at the scene, but according to Police Chief William Wolfe, "it didn't allude to why [Nicol hung himself]." Wolfe said there is no evidence of foul play, however, standard procedure is to conduct an autopsy.

Clarke said that Nicol, 53, will be "greatly missed," adding, "life will go on."

Nicol's wife, Cynthia, requested that there not be a fueral or memorial service; however, she authorized the VSC to celebrate- her husband's contributions to the Vermont State College System.

"She (Cynthia) knows how much Bob meant to all of us," Clarke stated in the memo.

Clarke said that he has met with Mrs. Nicol on several occasions since the apparent suicide and will continue to help out in any way that he can. Plans are underway to establish a scholarship fund in Nicol's honor for his three children.

A transition strategy is currently in place, Clarke indicated, to cover Nicol's responsibilities until a long-term replacement is found.

JSC President Barbara Murphy also expressed sadness in light of Nicol's death.

Project Easter Basket

Castleton State College, in partnership with Project Easter Basket, Inc. will be accepting donations to fill baskets for disadvantages families, low-income senior citizens, and victims of tragedies in the Castleton, Poultney, Bomoseen, Hydeville, West Rutland, Middletown Springs, Wells, and Tinmouth communities. Project Easter Basket, Inc. is a non-profit organization created by Pati Papineau of Rutland, VT, that has fed approximately 2,000 individuals since 1997.

The baskets include food and non-food items. Special baskets will be made up fro children that included previously loved stuffed animals and children's books in excellent condition. We Need Your Help!

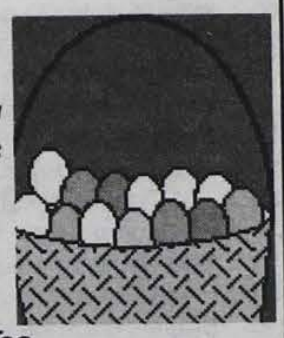
You can help Project Easter Basket by:

- sponsoring a food drive
-collecting previously loved stuffed animals and used children's books
- making Easter cards to be placed in the baskets
- decorating boxes and baskets to be used in donation deliveries

Donations may be dropped off at The Center for the Support and study of the Community (Moriarty House) during the week of March 25th - March 30th. Attatched is a list of suggested items that we will be accepting for donations as well as a list of dates and times when volunteers are needed for this ambitious endeavor. For more information, volunteer or sign up to let us know how you will be helping this cause by contacting me at 468-1431 Thank You For Your Continued Support Of Our Community!

Project Easter Basket Suggested Donation Items:

Spaghetti Sauce
Shampoo
Peanut Butter
Jelly/Jam
Spaghetti/Ziti/Macaroni
Canned foods
Paper Towels
Tissues
Instant Potatoes
Rice
Cereal
Tuna
Jell-O/Pudding
Paper Napkins
Soap
Band-Aids
Soup



Juice/Coffee/Tea
Laundry Detergent
Previously loved stuffed animals
Used children's books in good condition

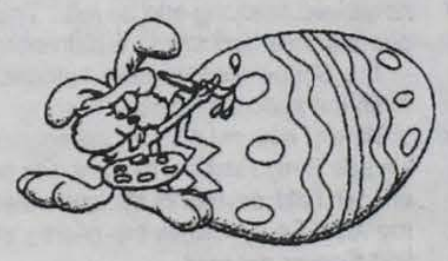
Cash donations are tax deductible and are used to purchase hams, bread, butter, etc. Place make checks payable to: Project Easter Basket, Inc. For more information please contact Chrispin White at 468-1431

Volunteer Schedule for Project Easter Basket

Monday, March 25th, 26th, 27th, & 28th 3 pm - 5 pm Fine Arts Center Courtyard Area businesses and organizations will be dropping off their donations. Volunteers will be needed to bring the donations to the Moriarty House

Friday, March 29th 10 am - 5 pm Moriarty House Volunteers are needed to assemble Easter Baskets for Saturday pick-ups and deliveries Saturday,

March 30th 12 noon - 4 pm Basket Pick-up and deliveries Campus Center Lobby



Travel Safety Information for Students

As the time approaches for spring or summer breaks, many college students are getting ready for that much anticipated trip abroad. Most will have a safe and enjoyable adventure, but for some, the trip will be a nightmare. A number of ruined vacations are caused by one or more of the following: drugs, alcohol, and disorderly behavior.

Each year, more than 2,500 American citizens are arrested abroad-about half on narcotics charges, including possession of very small amounts of illegal substances. A drug that may be legal in one country may not be legal in a neighboring nation. Some young people are victimized because they may be unaware of the laws, customs, or standards of the country they are visiting.

Besides drugs, alcohol can also get US citizens in trouble abroad. Students have been arrested for being intoxicated in public areas, for underage drinking, and for drunk driving. Some young Americans go abroad assuming that local authorities will overlook such conduct. Many believe that they are immune from prosecution in foreign countries because they are American citizens. The truth is that Americans are expected to obey all of the laws of the countries they visit, and those who break these laws sometimes face severe penalties, including prison sentences.

Disorderly or reckless beh is also to be avoided. In countries, conduct that wou result as an arrest here in th US constitutes a violation of law. It is crucial that y Americans be aware of thi as they are enjoying their ti abroad.

Being arrested is not the thing that can happen on eign vacation. Young Ame have suffered injury or even death from automobile acci drownings and falls, in addi other mishaps. While these dents are sometimes c occurrences, many are c by alcohol or drug abuse. other Americans have raped or robbed because have found themselves in miliar locales or are incapa exercising prudent jud while under the influenc drugs or alcohol.

Remember: Reckless be while in another country c more than ruin your vaca can land you in a foreign worse! To have a safe trip risky behavior and become iar with the basic laws an toms of the country you visit before you travel. To more information about tra abroad, check the Departm State's web http://travel.state.gov.

Calvin Coolidge Library

Castleton State College 2002 Spring Hours
Monday-Thursday 8:00 am - 11:30 pm
Friday 8:00 am - 5:00 pm
Saturday 10:00 am - 6:00 pm
Sunday 1:00 pm - 11:30 pm
Watch for special hours during Spring Break, March 29th - April 7th
Exam Period, May 5th - 16th

Spring 2002 Referenc Hours
Monday - Thursday 9:00 a 4:30 pm 6:00 pm - 9:00 p Fridays 9:00 am - 4:30 p Saturdays 1:00 pm - 4:0 Sundays 6:00 pm - 9:00

Media Center Hours
Monday - Thursday 8:00 a 7:00 pm
Fridays 8:00 am - 4:30 p Saturdays Closed
Sundays 6:00 pm - 9:00

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SUNDAY, TUESDAY, & WEDNESDAY- (TWO) 16" DEEP DISH CHEESE PIZZAS W/ 2 TOPPINGS EACH- $14.95 + TAX

AFTER 9 P.M. EVERYDAY- LARGE CHEESE PIZZAS ONLY $5.00

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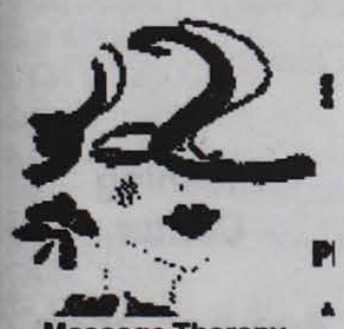

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Experience relaxation with Swedish & deep tissue massage with June Camara

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Castleton Beauty Shop Will Do For You!
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√28 Washers, 32 Dryers
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6 a.m. - 8 p.m. Daily
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I used to have a handle on life, but it broke.

Don't take life too seriously, you won't get out alive.

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Out of my mind. Back in five minutes.

I don't have to be dead to donate my organ

The gene pool could use a little chlorine.

It IS as BAD as you think, and they ARE out to get you.

I took an IQ test and the results were negative.

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"NyQuil - The stuffy, Sneezy, why-the-hell-is-the-room spinning-medicine."

The History of St. Patrick's Day

By Gary Sloan Jr.
Managing Editor

In order to understand the holiday of Saint Patrick's Day, it is integral that we know about the man whom the holiday is named in honor of. Saint Patrick is widely known as the patron saint of Ireland, and is one of the most well known figures in Christianity, however the life and times of Saint Patrick are not so well known.

photo courtesy of the Internet

His life is shrouded in myths and legends that have no grasp in reality. The most famous of which is his banishing of all the snakes from Ireland. What is known of the man is that he was born in Britain near the end of the fourth century to wealth parents. When he was 16 years of age he was taken captive by a group of Irish raiders who were raiding his parents estate. They took young Patrick to Ireland where he spent six years in captivity. It was there that he sought refuge in religion, becoming a devout Christian.

photo courtesy of the Internet

After six years of imprisonment, Patrick escaped when a voice he believed to be God's spoke to him in a dream telling him it was time to leave Ireland. The escape consisted of walking nearly 200 miles from Count Mayo to the Irish Coast. Once he escaped safely back to Britain, Patrick had another vision, this time of an angel. The angel spoke to Patrick and told him that he must return to Ireland as a missionary. Patrick spent the next 15 years studying to become a priest, and once he was ordained he returned to Ireland, to teach Christianity to those who were already of the Christian faith and to attempt to convert those who were not.

photo courtesy of the Internet

His time spent trying to convert the Irish, saw Patrick attempting to incorporate Irish traditions into those of the Christian faith. On Easter for example, they would hold a bonfire, since the Irish were used to honoring their gods with fire. He also superimposed a sun on the cross, the sun being a powerful Irish symbol, in creating what is known today as he Celtic cross.

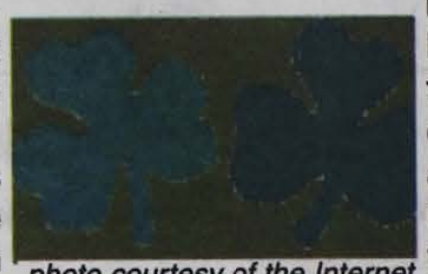
photo courtesy of the Internet

Saint Patrick is believed to have passed away on March 17th around the year 460 A.D. The holiday of Saint Patrick's Day has been celebrated for thousands of years on the anniversary of his death. It falls during the Christian season of Lent, yet Irish families would attend Church in the morning and at night feast and party, waiving the Lenten prohibitions against the consumption of meat.

The first Saint Patrick's Day parade was not held in Ireland as one may believe but rather in the United States. Irish soldiers who were serving in the English military marched through the streets of New York City on March 17, 1762. The parade and their music allowed them to recconect to their irish roots and to better relate to fellow Irishmen serving in the English army. The parades were originally portrayed in a distasteful light, caricatures were drawn and stories told of how the Irish were merely drunks and "violen monkeys. However wit the discover of the age ol adage, powe in number the Irish bega to organize an created a voting block know as the "green machine Suddenly the Saint Patrick Day parade became a show power and unity among those of Irish heritage, not mention a must-attend f political candidates. In 194 President Truman attended th Saint Patrick's Day parade New York City, a sign of hc the Irish had finally bee accepted.

photo courtesy of the Internet

Today, Saint Patrick's Day celebrated by people of backgrounds within the Unite States, Canada, and Australi It has also been celebrated such places as Japa Singapore, and Russi Modern day Ireland had lo viewed Saint Patrick's Day a strict religious holiday, ev mandating that pubs be clos on March 17th, however 1995 they decided to use t holiday drive touris encouragi people come and vi Ireland. La year close to million people celebrated Sa Patrick's day in Ireland duri the Saint Patrick's Day festi in Dublin, a multi-day celeb tion including parades, c certs, theater productios, a fireworks.

Senior Gumbo:

One Last Look at the Class of 2002

A publication by Castleton State College's Newspaper Editing Class
May 15, 2002

Humor Page

We the staff of the Cairn found the following things to be of humorous content. Unfortunately, not everyone has the same warped sense of humor. It is due to this reason, that we the staff, kindly warn you, that some of the following material may be deemed by some as offensive. This is our official disclosure so consider yourselves warned and now our gluteus maximus' are covered from legal action. Enjoy!!!

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What is *Senior Gumbo*?

Over the past few months, the News Editing class has been working to put this publication together. We brainstormed a lot of topics and decided to focus on the seniors, with interesting and funny stories about their college experiences. We wanted to put together a piece that would be informative to underclassmen and students looking to attend Castleton, and give them an inside look at a select number of graduates.

We chose to include stories on internships and student profiles. With the help of the News Gathering and Writing class, we also incorporated short articles on the clubs that are offered here at Castleton. We want this publication to help students understand the challenges and triumphs of college life.

Our class has worked hard to put this publication together. We have spent a lot of time gathering information, writing, editing, taking pictures, and laying out this publication. We hope you enjoy and learn something new about Castleton and its students after reading Senior Gumbo.

Senior Stats

292 seniors	
119 male	41%
173 female	59%
196 resident	67%
96 non-resident	33%
247 full-time	85%
45 part-time	15%
115 B.S.	39%
166 B.A.	57%
11 Assoc	4%
122 4 years	79%
32 5 years	21%

For Rent: Space at CSC

Space at the oldest institution of higher learning in Vermont. Situated on 130 acres of verdant, rural splendor, Castleton State College offers rooms to let for up to five years for the discriminating student.

Founded in 1787, Castleton's 20 buildings are located within easy walking distance from each other, and a short drive from Rutland, Vt., that magnificent model of mediocrity. Should Rutland prove to be too exciting, New York State is but a mere six miles to the east.

Spectacular views are a benefit of living here, with the Green Mountains to the east and the Adirondack Range to the west. For the water lover, the shimmering immensity of Lake Champlain, that famous "sixth Great Lake," lies just to the north. Ski areas virtually surround the area, keeping 'boarders and two-plankers happy during the cold months (September through May).

One need not leave the campus, however, to enjoy a robust life. A full complement of activities and facilities is available, from a fully equipped gymnasium to the communal feeding hole, the dining hall. And for those in the know, there is always a dorm party going on somewhere. The neighbors can be a bit noisy at times, but in the interest of harmony it's usually best just to join in and enjoy.

The best feature of coming to Castleton, however, is the rent. For those with employed parents, the expense is borne by them for the duration of your stay. That means all your disposable income is, well, disposable.

What more could a young adult ask for? Food, shelter, companionship and activities galore. Come to Castleton State and enjoy those precious years you have left before entering the work force.

Oh yeah, and if you get really bored, they offer classes, too.

The Editing Squad

Marjorie Ryerson ~ Da Boss
Jessica Dewey ~ Editor-in-Chief
Les Bartus ~ The Inform-er
LIndsay Choiniere &
Renee Bishop ~ Editing Assistants
Billie Pisaniello ~ The Thesaurus
Kevin Therrien ~ Layout & Design
Jen Clifford ~ Revisions Crew
April Garvey ~ Photography & Creative Consultant
Mandy Mazerolle ~ Photography & Safety Inspector
Amanda Miler ~ Organizational Assistant
Steve Coote ~ Layout & Design
Jenny Arthur ~ Photography & Layout
Dale Schaafma ~ Quarkmaster
Gary Sloan ~ Wizard of Oz

News Editing Crew 2002

P\assion for Action

By Jessica Dewey

You don't have to know Erin Odegard for very long to know that she is the kind of girl who lives to have fun. Clearly she thrives on activity. Anything but a couch potato, Erin can always find something to do—whether it's playing lacrosse, heading out for a jog, or planning community service events with the girls of her sorority, Alpha Pi Omega.

As a freshman, several years ago, Erin certainly took advantage of her new freedom. She enjoyed the college scene a little too much. Erin looks back on herself as a "party girl"—which did not sit well with her parents. "They weren't happy and pulled me home," she explains. "There I struggled with a full load every semester to get my Associate's and come back to CSC."

Erin learned to balance fun and her schoolwork, and her hard work has paid off. Erin is graduating from Castleton with a degree in Sports Administration, but she does not plan to end her education there. She will attend graduate school this fall to obtain her Master's in Sports Psychology. She plans to put her degrees to use as an athletic director and coach. Eventually, Erin intends to pursue her dream of earning a Doctorate in Sports Psychology.

Castleton has provided many opportunities for Erin to enhance her passion for sports and recreational activities. In addition to playing varsity lacrosse, Erin found time in her busy schedule to coach middle-school lacrosse this past year. She has been an active member of the Physical Education Club and also landed an internship with the Rutland Amateur Hockey Association. This experience has allowed Erin to apply the skills she has learned in the classroom to a real-life sports administrative process.

Having grown up on the ocean in a New Jersey town of about 90,000, Erin was certainly in for a change of environment when she arrived in little, rural Castleton. Erin says the change was a pleasant one. She feels right at home in the close-knit environment that CSC provides. "I love the fact that as you walk across campus, you get smiles and hellos from so many people," Erin says.

The Campus Center, home of the Fireside Cafe and Lounge

The Castleton Opportunity

By Renee Bishop

The small school of Castleton has a wide range of degree programs than one would think given the college's size. Seniors graduate in almost every major year after year with the pleasure of really having gotten to know their professors, compared to being a student at a big university where the odds of a teacher knowing your name could be slim to none. Being able to learn so many different things here has made many students switch to a different major or pick up one of the 32 minors offered.

There are 24 bachelor degree programs here at Castleton in addition to three Education and Special Programs degrees. Students also have the opportunity of a two-year associate degree in seven areas ranging from Computer Programming to Chemistry.

Students who attend Castleton for a bachelor's degree gain an in-depth look into an area of concentration that really interests them. Students in the Business Administration program have the choice of Accounting, Management, or Marketing as a field of study. Earning a Bachelor of Science degree in Communication has five specific areas students can concentrate in: Digital Media, Journalism, Mass Media, Public Relations, and a concentration by contract. The Theatre Arts degree includes Acting and Directing, Technical Theatre and Design, Theatre Studies, and Theatre and Media Studies as concentrations.

Students graduate from Castleton with a broad range of education in music, psychology, physical education, Spanish, history, sciences, nursing, art, math, criminal justice, social sciences, business, communication, literature, or computers. With all the different studies available, Castleton has remained a close community of students and faculty both with the desire to learn from each other and share ideas. There is a wealth of knowledge in this small town that has been flourishing since the college was founded in 1787.

Funniest CSC Memories

"Getting shot in the leg by a pellet gun."
Mandy Mazerolle
Communications

"Listening to Megan and Billie fight."
Beth Denicolo
Spanish &Psychology

"The Green Mountain softball team stole our mascot while we were playing an actual game against Southern Vermont College. They sent us a ransom tape that night and we met up on their campus for war that night. Water, paint, and signs made our attack the better of the two."
Leslie Swenson
Criminal Justice

DownWard Spiral: Adam's Story

By Mike Buckley

When I decided to apply as a Residence Assistant, I was very excited about the challenges and rewards that the position would bring. I soon learned that the challenges were abundant, and the rewards, not so much.

On my very first day as an R.A. I met Adam's* mom. (Name has been changed) Adam's mom and I discussed her worries about her son going away to college. "He's not the college type," I remember her telling me. "I'm really not even sure that he wants to be here, but he really didn't have a choice."

I drew on the past week of training that I had just gone through and shared with her all of the resources on campus. We discussed Student Support Services, the Wellness Center, and most importantly what my role as an R.A. was and how I might be able to help her son. I assured her that there wasn't anything that I couldn't help with, or I could at least steer Adam in the right direction to get help.

When I met Adam that night, I was immediately taken aback. He did not in any way look like he wanted to be here, and was more interested in where the girls were and where the best place to party was.

Somehow I knew that this was not going to be as easy as I had anticipated. When I introduced myself as his R.A., he saw me as the enemy from there on out. For the first few weeks of classes Adam was doing rather well, and seemed to be attending all of his classes. But then the downward spiral started.

Adam continuously missed appointments with both counseling services and Student Support Services. I constantly received voice mail messages..."Do you know where Adam is?"... "Adam missed another appointment, if you see him please have him call us." After a while these messages became quite annoying. My role was as his R.A., not as his keeper or secretary. I tried to explain to him the importance of keeping appointments and explained that I wasn't in charge of looking after him. This advice fell on deaf ears.

By November of fall semester things were extremely bad. Adam wasn't going to any classes and pretty much went out every night with the intent to get drunk, get high, have sex or a combination of the three. Adam was headed for disaster and wasn't willing to admit that he had a problem. I went as far as to do a program centered on Drug and Alcohol Abuse and prayed that he would show up. When he didn't, I finally approached him about the problems he appeared to be having. He told me to shut up, that I didn't understand, and that he could stop anytime he wanted to.

Shortly before Thanksgiving break, my floor was buzzing when I got back from class one afternoon. Everyone was asking, "Is Adam moving to a different building?" "Did he finally get busted?" "Why is he moving all his stuff out?" Before I had a chance to even think about what was going on, I looked out the window to see Adam's car driving away, with most of his stuff tied to the roof. I went into his room and found nearly everything gone. His plan was to travel out west and "live a better life." I immediately pictured a life full of drugs, alcohol and lots of partying.

When Adam left I felt as if I had failed. He was there, with an obvious problem that I knew how to fix, so why couldn't I? Was I a bad R.A. or was he just one of the people I couldn't reach? The Resident Director kept telling me, "You can't touch them all- there are just some people that don't want to be touched. You do what you can for those who want to be helped." I continued dealing with everyday matters, but I wondered how Adam was and if he was staying out of trouble.

Before I knew it, spring semester was upon us. A new semester with new challenges and little time to think of the past. But one night I was sitting in my room when the phone rang and I heard a familiar voice yell, "Buckley! It's Adam. I'm willing to bet you never thought you'd hear my voice again!" It only took him a few months out in California to realize what life was really like. He was back home, had been clean for a month, and had settled down in a stable relationship. He had also mended fences with his parents and was on the right track. When I asked him why he had called me, I got an answer I hadn't anticipated. While I had expected, 'I was wondering if I can still get my key deposit back,' he said, "I just wanted to let you know I was still alive, doing better and getting back on track. I called because I knew that you would still care."

Ellis Hall

Being an R.A. certainly has its challenges. The amount of work you do is not accurately reflected in your paycheck, the benefits, or the appreciation you receive. But one day something will happen to you that will cause you to say, "That's why I do it!"

"As you think so shall you be."
-Ray Mason

Lluvia: The Leader of the Pack

By Jennifer Clifford

Lluvia Mulvaney-Stanak is a 21-year-old Communication major from Barre, Vermont. She is currently the senior class president.

She has been involved in numerous activities on campus such as, being a Resident Assistant as well as a Student Orientation Staff leader for three years. She has been involved all four years in WIUV, the One in Ten club, the Activities Board, the Student Senate, intramural sports, the college executive board, she's been concert chairperson, a writer for the Cairn, and involved in the Women's Issues Group.

"I'm not the typical college student. I have helped bring a lot of things to Castleton," Lluvia said.

Stanak completed an internship at 99.9 The Buzz in Burlington during the summer of 2001.

One of Lluvia's favorite CSC memories is when she lived in Babcock over the summer of 2000. She worked for camps and conferences and had a lot of fun with the other staff.

Lluvia's funniest story about Castleton was when she was an RA in Ellis, she was woken up at 8 a.m. on a Sunday morning to help another RA remove a dead cat from someone's doorway.

Lluvia's one piece of advice to underclassmen is; "Don't take no for an answer. Follow your passions. Get involved with college life, it's more valuable in the world than educational values are."

After graduation, Lluvia plans to be an On-Air disc jockey or a resident director at another college.

Lluviia

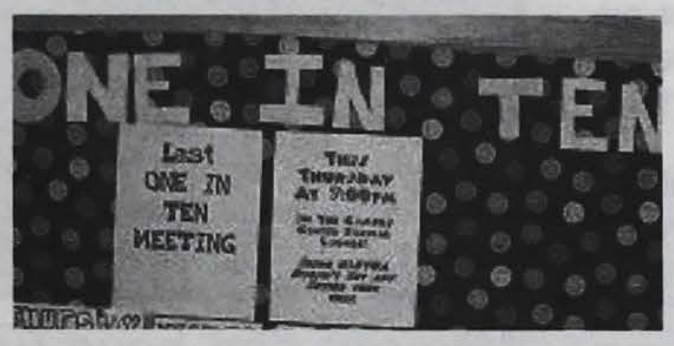
"I have learned a lot from student involvement. The people I have met have taught me a lot," Lluvia commented when asked how CSC has affected her outside the classroom.

Intramurals

The Intramural program at Castleton provides an excellent way for students to be active, participating in a wide variety of different sports.

Intramural sports are co-ed and are not as serious as being part of a Varsity team, which means you will not get kicked off the team for poor grades. It is a good way for the students to have fun and compete with friends.

The program also consists of more than just games. There are tournaments and the champions often receive T-shirts. Many students take pride in their accomplishmentss in the games they play.



The One in Ten Club, also known as the GLTBQA Club, is Castleton's very own support group for gay, lesbian, transgender, and questioning people.

Along with Allies, trustworthy individuals, and strong supporters of One in Ten, the club's mission is to educate and make others aware of the issues that exist on campus.

In the fall, One in Ten holds a Coming Out Week, where anyone interested is supported in their decision to come out.

In the spring, One in Ten has an entire week devoted to GLTBQA pride. The week is filled with musical performances and speak-outs to educate the college community.

Not only is One in Ten a strong supporter of CSC students and faculty, they are affilitated with students from Fair Haven High School who are unable to have a club of their own.

WIUV

The campus radio station, WIUV, is housed in the basement of Haskell Hall. WIUV provides information, entertainment, and education through radio. It provides a public service by broadcasting news, sports, weather, music, and special features.

Membership is open to students and non-studens alike. While WIUV's main programming is progressive new music, all musical tastes from rock to jazz to classical are welcomed.

The Cairn

The Cairn is the college newspaper. It is managed and published by the students. *The Cairn* is supported by funds from the Student Association and by advertising revenue.

Ten to twelve issues are produced per year, and membership is open to all students. Students seeking experience in journalism, graphic design, advertising sales or business management are invited to join.

The Cairn office is located in Leavenworth Hall.

How to Walk The Dogg

By Mandy Mazerolle

Unless you've been living under a rock on that island Balk Bartokamus comes from, you've heard about the infamous tradition that takes place every May at the Lake Bomoseen Inn. (We'll just call it the D-0-double G.)

Seniors "Walk the Dogg," celebrating together one last time before they walk to the podium to receive their diplomas. This tradition has held strong for over forty years and has yielded surprisingly few fights and toss-outs.

Bartenders at the Dogg have become quite accustomed to the tradition of seniors jumping onto the bar, wearing beer-soaked shoes. The seniors then march down the length of the bar.

Recent rumor had it that the tradition would be ended due to rowdiness of past seniors. Bartender Mandy NoLastName assures us that this isn't the case. "Oh, no, it's definitely happening this year," she says.

Yet, after finding out that graduation has been postponed one day, NoLastName replied, "Good! That means I'm not on the schedule! Ha!"

"Go out and have fun while you can, because you can't always do it forever- enjoy college the most you can."

-Andrea Nystoriak

The Maine Reason to Get Involved

By Jennifer Clifford

"I have learned so much from getting involved at CSC," proclaimed Erin Martin, a graduating senior.

Erin is a 21-year-old double major in Social Work and Sociology. She is a native of Hollis, Maine.

While at Castleton State College, Erin has been involved in Emerging Leaders, the Friday Night Club, the Student Association, the College Court where she was the associate chief justice for a year, the Social Issues group; in which, she was treasurer her senior year. She was secretary of the Vermont State College Student Association her senior year. She participated in lacrosse, the Babcock Hall Council, the Student Orientation Staff, she was a resident assistant for a year and a half. Erin was secretary of her sophomore and junior class and is currently president of the senior class.

Erin's favorite CSC memory is meeting and making friends while involved in SOS (Student Orientation Staff).

Erin did an internship at an elementary school in Clarendon, VT. After graduation, she plans on moving back home to Maine and will be getting a job in social work.

Her advice to underclassmen is "Get involved, it makes your time at CSC so much more fun."

"The college works for you; never take no for an answer. Find your passion and get involved. The world will not come to you, you have to go to the world."

- Lluvia Mulvaney-Stanak

La Experiencia Mejor de La Vida

By Mandy Mazzerolle

"Quiero la piña colada?" she asked, laughing as though she had had some extra practice using the phrase.

It was only one of the many phrases Beth Denicolo had the perfect opportunity to use when her study abroad requirement took her to Costa Rica and Chile.

Beth has been a Spanish and Psychology major for her four years at Castleton. She spent the summer of 2001 in Costa Rica going on volcano hikes, visiting the Cloud Forest, and exploring various beaches.

After the completion of the geology portion of her studies, she turned to the more familiar Spanish language. While in Costa Rica, Beth lived with a Spanish family and was awarded six credits toward her major.

"Costa Rica filled up my science core and also my Spanish major," Beth said.

She received a total of ten credits for the Costa Rica study abroad. Her travels didn't end there, however. She spent last fall as a student in Chile.

One of the more difficult aspects of the experience was "getting used to the Spanish in Costa Rica and then going to Chile." She mentioned how the difference in slang between the two countries was not what she was used to.

Beth earned not only an additional 16 credits towards her major, but also gained a greater appreciation for different cultures.

"The traveling was great. It's been the best experience of my life thus far." Then she added, "I would absolutely recommend this to anyone."

Beth comes from Chicago and has long experienced sensitivity to diversity.

From her experience in different cultures, "I'm more aware of how big the world is, and it's a different outlook from city to country," she said. She also agreed that the best way to learn a language is to immerse oneself in it.

Eager to see what else the world has to offer, Beth plans to leave the United States for a while and contemplate graduate school, as well as possibly majoring in Criminology and studying jury consultation.

A Revelation At Friendly's

By Mandy Mazerolle

College graduation may not seem like a huge accomplishment to some people, but Billie Currier's experience could say otherwise.

About half a year after dropping out of high school in Woburn, Mass, Billie knew there was not much he could do if he didn't have a piece of paper that certified his education.

"I want to go to the West Coast before Financial Aid chases me down."

But then a revelation occurred while in the break room, dazed from the hassle of work at his hometown Friendly's. Right then and there he decided to get his GED.

Consumed with the idea of wanting more for an education, Billie decided to apply to two undergraduate colleges.

To his surprise, he was accepted to both. He first attended Middlesex College in Bedford, Mass.

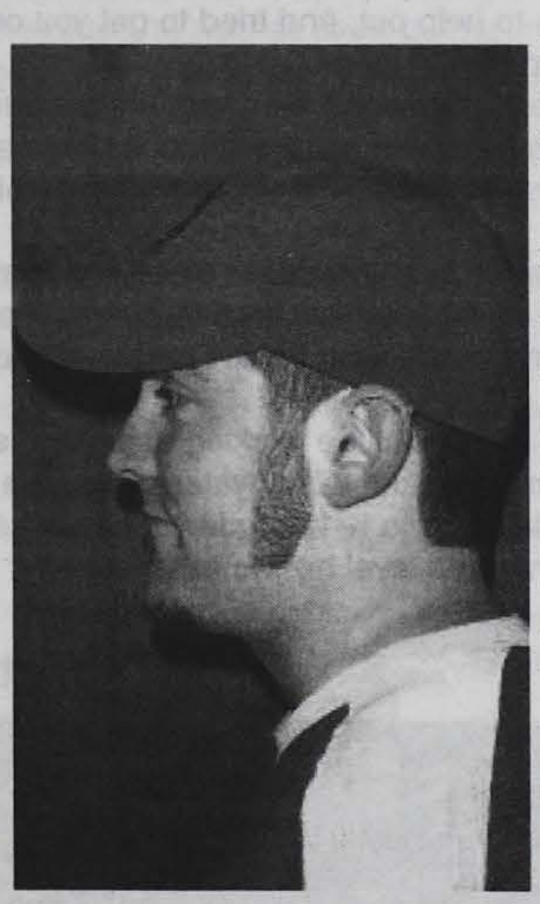
"I went there to get my brain back in school mode," Billie said.

It must have worked because he made the Dean's List at the college each semester there. After three semesters there, Billie made the switch to Castleton.

Currier discussed how coming to Castleton and continuing his education after first dropping out of high school has affected his experience in college.

"It's calmed me down a lot because there are no big cities for me to go crazy in," he stated.

When asked whether or not he was happy with the decisions he's made he replied, "Absolutely, maybe not with my major, but it'll be nice to actually graduate with something. That's a little more personal to me."



Now, at the age of 22, Billie's perseverance and self-assurance will lead him down the carpet and to the podium to accept a Bachelor of Science in Corporate Communication.

With the door of opportunity wide open for him, Billie plans to start a new degree in a separate field and eventually become a firefighter.

"I want to go to the West Coast before Financial Aid chases me down." He also added a bit of advice to undergraduates, "Take more than twelve credits per semester or you'll get @#*!ed in the end."

"Don't get on Financial Aid's bad side."

-Melissa Gilman

"Be your own advisor."

-Bob Mahoney

Eating Jell-O Off the Ground

By Les Bartus

Peter Auclair, 23, is from Rochester, New Hampshire. A Physical Education/Education major, he also carries a minor in Psychology/Sociology.

Peter is an ambitious kind of guy, with many interests. He is President / Treasurer of both the Outing Club and the Physical Education Majors Club. He also belongs to the Friday Night Club.

A unique part of Peter's story is that while he could have attended the University of New Hampshire for less money and stayed close to home, he chose instead to separate himself from familiar surroundings and come to CSC.

One of his favorite experiences from CSC was the time he put in helping to build a nature trail behind the campus for those who wished to backpack and/or mountain bike the area. Times here haven't been all serious however, as another of his memories was eating Jell-O with friends off the ground during spring week in order to win a T-shirt.

Peter also did an internship student teaching at Rutland Elementary School and Mill River Union.

Personal experiences that helped Peter along his path are the guidance and assistance he has gotten from the faculty and administration in the Physical Education Department. He says, "They were always anxious to help out, and tried to get you on your feet towards the right path."

Outside the classroom, his involvement with the various clubs and extracurricular projects has helped him build his leadership skills, and given an idea of just how important a sense of community is in life.

If he could leave one piece of advice for those anticipating attending Castleton, or any college for that matter, it would be to "Meet with your advisor early, and get on track. Don't waste any of your four years here."

Peter's plans for the future include working at a summer camp this year teaching canoeing and white water rafting. He wants to teach Physical Education to K-12 students, with an eye towards deciding just which grade level he wants to teach for the forseeble future.

Trainer in Training

By April Garvey

The Rutland High School football team needed a trainer for the 2001 season. That is where Jess Moore stepped in. Jess is an Athletic Training major here at Castleton. This was a perfect opportunity for her to participate in an internship.

Working as the trainer, Jess attended all of the football team's games and practices. She was at as many tear events as the players. From September through November Jess was with the team almost every day.
Jess tended to all types of injuries, taped ankle, and did an thing else that had to be done. She said the hardest part was "assessing an injury, trying to decide what was actuall wrong with the player."

Jess felt that this internship was very worthwhile. Sl hopes it will help her in her future schooling and in getting job.

Outing Club

This club provides a wide range of activities for those who love the outdoors. Activities include hikes, backpacking, canoeing, rapelling, caving, winter camping, cross-country skiing, and much more. The Outing Club also maintains a complete rental shop located in the basement of Haskell Hall.

"Take part in all the extracurricular activities you can."

-Leslie Swenson

Eye On Politics

By Eleanor Hand

The most valuable experience of my studies at Castleton was my internship. I was lucky to get a position in the office of Governor Jeanne Shaheen of New Hampshire the summer following my sophomore year.

The experience was incredible. I was able to work side-by-side with almost everyone in the Governor's office.

It was great to see where my degree in History could lead me. I also learned precisely what is involved in running the office of a high political official.

Through my summer internship, I established many contacts and acquired many skills. I also managed to receive a glowing letter of recommendation that I can include with my resume.

Take the time to do an internship. It may be the best and most valuable experience of your four years.

The Art of Education

By Renee Bishop

This is the semester that 27-year-old Jeremy Pratico has begun to make his dreams a reality. Jeremy is a senior attending CSC and is taking part in a rewarding internship position.

Jeremy is student teaching at Rutland Town Elementary School. This is not the first time he has worked in the school; he took a couple of semesters off from college to spend a year substitute teaching. Jeremy is now majoring in Elementary Education and in Art.

Jeremy was able to spend seven weeks at the town school teaching fifth graders everything from math to science to languages. This semester he is spending his time teaching art to first through eighth graders. He has a lot of fun showing the kids everything from sculpture to shading. "It's great to see the kids smiling and learning," he said, "it's a good ego booster; they think you're real cool."

Jeremy's time spent at the Rutland Town Elementary School has helped him in several ways and his future is much clearer now. He enjoys working with children and teaching them all the things he knows.

Childbirth, Anyone?

By Dale Schaafsma

An internship can be pivotal in determining a career path. That turned to be the case for Denise Lautenberger.

During her junior year Denise worked at Rutland Regional Medical Center in the Maternity Unit. Through this experience she discovered her love for children.

The most enjoyable aspect of Denise's internships was observing live births. "I got to see two lives births and they were pretty amazing, " she said. She also had the moving experience of watching the newborns with their mothers.

Denise enjoyed working with other nurses in the Maternity Unity. She followed the nurses around all day, carefully noting their work. She then applied the knowledge in her senior internship as she gave patient care two days a week at Rutland Regional Medical Center.

She is receiving her Bachelor's Degree in Social Science with concentrations in Biology and Psychology and her Associates in Nursing in 2002. She wanted to "incorporate all [her knowledge] into the nursing field.

Funniest CSC Memories

"A huge group of my friends and I went to Denny's at 2:30 a.m. My roommate didn't want to go because he was so tired, but he went anyway. He fell asleep at the table, so we got some whip cream and syrup and made him look like a clown."

David Levis
CIS

"Trying to overflow the washing machine in Haskell by throwing garbage, lint, and a half-bottle of laundry detergent in the machine."

Eleanor Hand
History

"Hanging out with the girls in the dorm next to mine freshman year."

Michael Curtis
Business

Beer, Women and Mullets

By Steve Coote

"I like beer and women who love mullets, because in fact I have a mullet". This is what twenty-one-year old senior Peter Roach said when asked about what he enjoyed at Castleton State College. Peter, a native Vermonter, the only son of Doris and Peter Sr. Peter, has seven sisters, six of whom are older.

Peter spent most of his life I in the small town of East Wallingford. Life in East Wallingford was dull and Peter spent most of his time playing sports. When he entered high school at Mill River UHS, he lettered in two varsity sports (soccer and golf). Peter was also an active member of the student council, band, chorus and National Honor Society and other organizations during his time at Mill River. In 1998 Peter graduated from Mill River in the top of his class, which earned him academic scholarships at the University of Vermont.

College was an exciting and new experience for Peter. He was the first person in his family to attend college. "I was both excited and nervous about receiving a higher education," he said.

Peter chose law as his major when he entered UVM. "I wanted to become a lawyer, or judge; something that had to do with the judicial system." This changed, however, just as many things did for Peter when he entered the world of college. He was on his own, and many of his friends attended schools closer to home. The change from a small rural school, to a large university was a tough transition for Peter. The pressure of college life proved to be overwhelming for him. "Lets just say that my life and Cheech and Chong movies had a lot in common." Waking up next to a different girl on a regular basis was not unusual, and Peter realized that his priorities were not straight.

Peter Roach

"I really loved the town of Burlington, because it offered so much more than the town that I grew up in. UVM was a great place to be, but eventually I needed a change." Peter decided to transfer to Castleton State College, half way through his sophomore year at UVM.

"I wanted to be closer to home, my job, and friends. Castleton seemed to be the right fit for me," he said. When Peter transferred to CSC, he also changed his major to Music Education, with a minor in English. "I love music and I thought it would be an area I would like to major in. Also, the law program I was in at UVM was one dimensional."

Since transferring to CSC, Peter has been able to coach high school soccer and snowboarding, which he enjoys very much. As a snowboarder, Peter been able to spend more time at his home mountain of Okemo practicing his pipe riding and cab backside 900's.

"I like CSC , but I find myself spending too much time on the mountain, too much time chasing women and way too much time drinkin' 40's," he said. Peter has managed to keep his grades solid while coaching, working, playing in bands, snowboarding and enjoying college life.

Peter is now less than a year from graduation and he continues to meet new female companions, but on a more limited basis. These days, Peter is dedicated to becoming a good music teacher, a good student, and a good citizen.

From Brooklyn to Castleton

By Lindsay Choiniere

It is always interesting to hear about people who go the extra mile to earn a degree in two different fields. John Augusta is a 30-year-old Education major who is attending Castleton for his second degree. He already holds a Bachelor's in Criminal Justice, and will receive his Bachelor's in Education. He was born and raised in Brooklyn, NY, and currently lives in Castleton.

"It took a lot of getting used to transitioning from New York to the small-town atmosphere of Vermont," John says. He has, however, enjoyed his time here thus far.

While earning his first degree, John interned as a public defender in Rutland. This is what helped him earn the position of an investigator in Orange County, NY.

John has student-taught at Proctor Elementary School for grades K-6, and at Mill River for grades 9-12. One of his favorite CSC memories was attending a teacher's conference in Baltimore, Maryland, with other people from around the country.

John is a part of the Physical Education Club and the Outing Club at Castleton. "I'd never been hiking or camping so it was something new for me to do," he says. "I had a good time."

John would like to one day teach Health and Physical Education for grades K-12, although he is open to anything. In the future, he would also like to attend a big school for his Master's in Education. He is currently looking at St. John's in Queens, New York.

"You can only depend on yourself to accomplish your goals and to make the most of a college education."

-Mandy Mazerolle

"Graduate on time. Education majors: watch your GPA, or you may not be able to student-teach."

-Rebecca Dus

Riding in Cars With Cops

By Jenny Arthur

Tim Gibbard is a transfer student from Champlain College where he received his two year degree in law enforcement. He came to Castleton State College two years ago because it was highly recommended for the Criminal Justice program. From what he has gone through so far he says, "It is excellent, challenging, and the professors are very good. I am really happy."

As part of his major he has had to take Field Experience 1&2 the first semster of his junior year. Tim rode with two different troopers form the State Police in Rutland for a total of 60 hours. They were on the road for about seven hours out of a nine hour day. He got to see what they went through everyday; routine traffic stops, calls for accidents, family disputes, and DUI. Tim stated that DUI's were a common call that he saw. He also filed paperwork, made contacts with the citizens in the county to say hello, and made sure everything was all right. He did not realy have anything unusual happen.

Tim admits being nervous on the firat day but states, "They welcome you with open arms, are helpful, and are willing to have you there, so I was fine." He felt it was a good experience because everyone was so open to having him there. Also, he saw it as a great benefit to get his foot in the door, "networking" and meeting people, getting his name out there. His highest point was when he got to talk to the troop ers and learn about their backgrounds and training.

It is always better to be *behind* the police car."

-Erin Odegard

Underage? Busted!!!

By Jenny Arthur

Rebecca Towne was a 23-year-old senior here at Castleton State College. She majored in both Criminal Justice and Communication. Rebecca studied at Trinity College in Burlinton for two years before it was shut down due to financial problems.

Beginning in January of her senior year, she had an internship with the Department of Liquor Control. She enjoyed it, saying, "The first day was good because I leaned so many new things, like the lawa and regulations of the department."

Rebecca's job in the department was to go with a liquor investigatior into bars and stores to make sure they were licensed and were not violating any liquor laws. They ran compliance checks for alcohol and tobacco. They sent a minor into a store to attempt to purchase alcolhol or cigarettes to verify that the establishment properly checks for identifcation. If the store sells to the minor, they receive a heavy fine.

Rebecca also put together a pamphlet and posters about alcohol to hand out and hang up around campus. Keep an eye out for her work!

Funniest CSC Memories

"Outside for a fire drill at Ellis, I decided not to wait in the cold, so I went over to Babcock, only to discover Babcock really was on fire."

Janelle Wilbur
Environmental Science

"When they told me Huden had good food."

Mitchell Terricano
Communication

"At a Soundings event, a female stood up to ask a question and the speaker said, "Yes, The gentleman in the back..." The audience laughed hysterically."

Ray Mason
Criminal Justice

"When two of my suitemates would get drunk, one would slap the other's ass. The slapped guy would say, 'thanks, Coach!'"

John Chenette
Business Marketing

"Holding my roommate's 5-pound Chex Mix bag for ransom and making him meet me in the Ellis parking lot."

Jake Maddocks
History/ Sociology

Kyle Abrahamovich * Patrick Ainsworth * Eileen Allen * Loren Allen Gary Anderson * Melissa Appleton * Rhyan Ashworth * Peter Auclair * John Augusta * Christina Augustine * Toni Avery * Danielle Ayotte *Michael Bache * Jennifer Baird * Susan Baker * Beth Anne Baldwin * John Barbieri * Schuyler Barsch * Megan Bast * Bjorn Behrendt * Bobbi Belden * Heather Bennett * Amanda Bero * Thomas Best * Christian Bienvenu * Joyce Binder * Travis Bingham * Astrid Blake * James Blakely * Dustin Blanchard * Michael Bloechle * Nancy Boise * Nicole Bottass * Bridget Boutwell * Molly Brady * Angela Brayton * Christopher Breton * Pamela Brouillard * Shawn Buckes * Michael Buckley * Jenny Buono * Melissa Burbank * Jennifer Bushee * Joseph Caligiuri * Renee Capen * Amanda Carleton * Kathi Cassidy * Emily Cecot * Jennifer Newton * Jordan Noury * Adam Nylen * Andrea Nystoriak * Cassandra O'Donnell * Steven O'Neill * Walter Ochs * Erin Odegard * Allison Oquendo * Edinson Oquendo * Michael Orrick * Gail Paige * Jennifer Partch-Whitehurst * Danielle Passinault * Jerry Pelton * Deborah Perkins * Sherrie Perkins * Shauna Perrin * Alexis Perry * Adam Peters * Tina Phelps * Heather Pierce * Melinda Piper * Tammy Platt * Erin Pockett * Benjamin Pomeroy* Jeremy Pratico * Jessica Prescott * Michael Pylkowski * Krista Ragan * Amanda Rawson * David Raylinski * Carole Reddy * Thomas Reen * Patrick Reeves * Valerie Reed * Bette Reilly * Theresa Reynolds * Peter Roach * Luke Robins * Kelsey Rogan * Heather Rushford * Christopher Ryan * Bethany Salerny * Lacy Saunders * Thomas Sawyer * Brian Scharwath * Robert Francis * Richard Frank * Kari Fredette * Michael Gadway * Bronwyn Gagne * Jennifer Gallagher * Shanti Gallo * Cheri Garrison * Patrick Getchis * Timothy Gibbard * Melissa Gilman * Carlene Gleason * Jason Goguen * Amelia Goodrich * Luke Goyette * Jamie Granger * Andrea Grant * Chris Greco * Meghan Green * Julie Gudisman * Jessica Guerrette * Gina Hadeka * Detlef Hagge * Jill Hahn * Richard Hale * Catherine

Congratulations!

Halverson * Eleanor Hand * Meggin Hart * Kathleen Hasler * Katie Hazelton * Christopher Horton * Michael Hughart * Janelle Hulsebus * Lauren Hunter * Keith Ireland * Carolyn Jackson * Jami James * Debora Jasmin * Jennifer Jordan * Gabriel Kasper * Curtis Kaye * Kimberly Keller * Brienne Kelly * Kevin Kelly * Cynthia Kilic * Christopher King * Christine Knapp * Vicki Chambers * Peri Champine * Sarah Champine * Christopher Chapdelaine * Kristen Chapman * John Chenette * Christine Chesnutis * David Chess * Andrew Clark * Rebecca Clark * Tyler Clark * Isaac Clogston * Catrina Cmuchowski * Kevin Cobb * Emily Colburn * Christopher Cole * Elizabeth Conway * Shannon Cook * Steven Coote * Amanda Cornett * Alexander Coulter * Edward Coyle * Darryl Cremo * Adam Croteau * Christopher Currie * Jennifer Currier * William Currier * Michael Curtis * Terri Curtis * James Cushman * Gina D'Amico * Mary Daley * Michael Davidson * Edward Dechen * Beth Denicolo * Stacy Devivo * Diana Dominguez * Kelli Dubois * Brian Dufour * Rebecca Dus * Celine Edson * Jonathan Epler * Danielle Eugair * Joseph Eysie * Leslie Fernandes * Kristy Fletcher * Leeanne Flood * Adam Fortune * Heather Foster * Grant Kohler * Mary Kopacki * Gene Kules * Bridget Ladabouche * Gregory Ladieu * Gwen Lanfear * Jodi Lapenna * Denise Lautenberger * Kathryn Laux * Timothy Ledger * Gary Leigh * Chenoa Lenfest * Jody Lester * Kenneth Lewis * Paula Liguori * Amy Lovelette * Emily Lucas * Laura Lynch * Sharon MacFarlane * Debra Mach * Jake Maddocks * Christian Magnani * Robert Mahoney * Gregory Marantz * Stephanie Marcy * Melissa Martel * Erin Martin * Katherine Martin * Raymond Mason * Katie Mattison * Mandy Mazerolle * Mavis McCasland * Daniel McDonagh * Helen McDonough * Sarah McDonough * Caitlin McQuire * Molly Merkert * Matthew Miller * Megan Miller * Cynthia Mones * Sammantha Monsour * Mary Frances Mooney * Jessica Moore * John Morocco * Craig Mowery * Lluvia Mulvaney-Stanak * Stephanie Nailor * David Nesbitt * Andrew Newcomb * Susan White * Janelle Wilbur * Alicia Williams * Laurie Williams * Justin Wilson * Sarah Winchell * Deborah Wirkki * Samantha Woodard * Melissa Yantz * Travis Young * Robert See * Randi Sernyk * Matthew Shakin * John Sharrow * Jessica Sheldon * Roxanne Shelton * Michele Sienicki * Roberta Signoracci * Gary Sloan * Deborah Smith * Eric Smith * Erika Smith * Genevieve Sobel * James Soriano * Michael Sorrentino * Joshua Souza * Sandie Stacey * Sara-Jane Stark * Tamra Staudter * Barbara Stewart * Mikelyn Stewart * David Sweet * Leslie Swenson * Lisa Symonds * Lucas Tatro * Joseph Tegnander * Mitchell Terricciano * Ijahi Terry * Aurie Thibault * Jeffrey Thompson * Jason Thrower * Shannon Toner * Rebecca Towne * Krista Trapeni * Jerry Tucker * Brie Tuttle * Ross Tweedie * Cheryl Tyminski * David Vadnais * Jill Vandemoortele * Cory VanGulden * Sara Vasseur * Erin Wagner * Joshua Walczuk * Merritt Walker * Ann-Marie Wallace * Loni Ward * Tara Washburn * Andrew Wein * Jesse White